

# CalPERS 2023 Regional COBRA Health Premiums

**Effective Date: January 1, 2023**

COBRA premiums are calculated at 102% of the Basic premiums, but some carriers may charge less than these maximum amounts.

<b>Region 1</b>			
Alameda, Alpine, Amador, Butte, Calaveras, Colusa, Contra Costa, Del Norte, El Dorado, Glenn, Humboldt, Lake, Lassen, Marin, Mariposa, Mendocino, Merced, Modoc, Mono, Monterey, Napa, Nevada, Placer, Plumas, Sacramento, San Benito, San Francisco, San Joaquin, San Mateo, Santa Clara, Santa Cruz, Shasta, Sierra, Siskiyou, Solano, Sonoma, Stanislaus, Sutter, Tehama, Trinity, Tuolumne, Yolo, Yuba			
<b>Basic Monthly COBRA Premiums</b>			
<b>Plan</b>	<b>Single</b>	<b>2-Party</b>	<b>Family</b>
<b>Anthem Blue Cross Del Norte EPO</b>	\$1,224.12	\$2,448.24	\$3,182.72
<b>Anthem Blue Cross Select HMO</b>	1,151.41	2,302.81	2,993.66
<b>Anthem Blue Cross Traditional HMO</b>	1,234.92	2,469.85	3,210.81
<b>Blue Shield Access+ HMO</b>	1,055.91	2,111.83	2,745.38
<b>Blue Shield Access+ EPO</b>	1,055.91	2,111.83	2,745.38
<b>Blue Shield Trio HMO</b>	906.72	1,813.44	2,357.46
<b>Health Net SmartCare</b>	1,197.99	2,395.98	3,114.77
<b>Kaiser Permanente</b>	932.01	1,864.03	2,423.23
<b>Peace Officers Research Assoc of CA</b>	841.50	1,912.50	2,346.00
<b>PERS Gold</b>	842.12	1,684.24	2,189.52
<b>PERS Platinum</b>	1,224.12	2,448.24	3,182.72
<b>UnitedHealthcare SignatureValue Alliance</b>	1,064.95	2,129.90	2,768.87
<b>Western Health Advantage HMO</b>	775.37	1,550.75	2,015.97

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<b>Region 2</b>			
Fresno, Imperial, Inyo, Kern, Kings, Madera, Orange, San Diego, San Luis Obispo, Santa Barbara, Tulare, Ventura			
<b>Basic Monthly COBRA Premiums</b>			
<b>Plan</b>	<b>Single</b>	<b>2-Party</b>	<b>Family</b>
<b>Anthem Blue Cross Select HMO</b>	\$780.68	\$1,561.35	\$2,029.76
<b>Anthem Blue Cross Traditional HMO</b>	953.82	1,907.64	2,479.94
<b>Blue Shield Access+ HMO</b>	859.46	1,718.92	2,234.61
<b>Blue Shield Access+ EPO</b>	859.46	1,718.92	2,234.61
<b>Blue Shield Trio HMO</b>	775.92	1,551.85	2,017.41
<b>Health Net Salud y Más</b>	712.89	1,425.78	1,853.51
<b>Health Net SmartCare</b>	851.34	1,702.69	2,213.49
<b>Kaiser Permanente</b>	771.33	1,542.67	2,005.47
<b>Peace Officers Research Assoc of CA</b>	836.40	1,683.00	2,142.00
<b>PERS Gold</b>	709.85	1,419.70	1,845.61
<b>PERS Platinum</b>	1,035.10	2,070.19	2,691.25
<b>Sharp Performance Plus</b>	780.26	1,560.52	2,028.68
<b>UnitedHealthcare SignatureValue Alliance</b>	809.50	1,619.01	2,104.71
<b>UnitedHealthcare SignatureValue Harmony</b>	797.21	1,594.42	2,072.75

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<b>Region 3</b>			
Los Angeles, Riverside, San Bernardino			
<b>Basic Monthly COBRA Premiums</b>			
<b>Plan</b>	<b>Single</b>	<b>2-Party</b>	<b>Family</b>
<b>Anthem Blue Cross Select HMO</b>	\$752.67	\$1,505.34	\$1,956.94
<b>Anthem Blue Cross Traditional HMO</b>	961.58	1,923.17	2,500.12
<b>Blue Shield Access+ HMO</b>	753.06	1,506.11	1,957.94
<b>Blue Shield Trio HMO</b>	674.72	1,349.44	1,754.27
<b>Health Net Salud y Más</b>	618.47	1,236.93	1,608.01
<b>Health Net SmartCare</b>	770.40	1,540.79	2,003.03
<b>Kaiser Permanente</b>	769.73	1,539.47	2,001.30
<b>Peace Officers Research Assoc of CA</b>	836.40	1,632.00	2,142.00
<b>PERS Gold</b>	693.98	1,387.95	1,804.34
<b>PERS Platinum</b>	1,012.44	2,024.88	2,632.34
<b>UnitedHealthcare SignatureValue Alliance</b>	806.27	1,612.54	2,096.30
<b>UnitedHealthcare SignatureValue Harmony</b>	727.82	1,455.64	1,892.33

# CaIPERS 2023 Out-Of-State COBRA Health Premiums

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<b>Out of State Basic Monthly COBRA Premiums</b>			
<b>Plan</b>	<b>Single</b>	<b>2-Party</b>	<b>Family</b>
<b>Kaiser (Out-of-State)<sup>1</sup></b>	\$1,178.54	\$2,357.08	\$3,064.20
<b>Peace Officers Research Assoc of CA</b>	953.70	1,936.98	2,295.00
<b>PERS Platinum</b>	1,023.98	2,047.96	2,662.34

<sup>1</sup>These premiums cover all Kaiser out-of-state areas.