



California Public Employees' Retirement System
Health Policy & Benefits Branch
400 Q Street, Sacramento, CA 95811
888 CalPERS (or 888-225-7377) | TTY: (877) 249-7442 | www.calpers.ca.gov

Sample Letter: State Active

Addressee Name
Street Address
City, State Zip

Date

CalPERS ID: Participant CID

Dear Participant Name,

In advance of the 2022 Health Open Enrollment period, we want to inform you of key changes to your current health plan. Effective January 1, 2023, the total monthly premium for Health Plan Name will increase by Percent Increase.

Please note your share may increase by a different amount due to the state's contribution amount. Use the resources below to determine your share of your 2023 total monthly premium.

We'd also like to inform you of additional changes for 2023:

Primary Care Physician (PCP) Match

Preferred Provider Organization (PPO) members and their dependents will be assigned a PCP – for example, a general practitioner, family practitioner, internist, or pediatrician – based on factors such as location, age, and primary language. You are free to choose a different PCP, and it does not change your ability to see a specialist at any time without a referral. This change will not impact your premium.

New Benefits

All Basic health plans will include more equitable language for reproductive and fertility care, and hearing aids are covered at 100% in both ears every 36 months when medically necessary to treat speech and language development delay due to hearing loss.

Open Enrollment is September 19 – October 14, 2022. Beginning September 12, 2022, you can access your customized Open Enrollment information, tools, and resources online at my.calpers.ca.gov.

Discover your options and make sure you're in the best plan for you. Consider factors such as the available doctors and hospitals in your area and the location of care facilities. We want you to be well-informed so you can make the best decision for yourself and your family.

To compare 2023 health plans and premiums available to you based on your eligibility ZIP code log in to your myCalPERS account at **my.calpers.ca.gov** and use the **Search Health Plans** tool. You can also include a doctor in your search to see which plans your doctor is available in.

If you'd like to change your health plan during Open Enrollment, log in to your myCalPERS account at **my.calpers.ca.gov**. Check with your employer to confirm their participation in online enrollments.

If you have questions regarding your 2023 health plan options, contact your employer's personnel specialist or health benefits officer for more information about the health plans available to you.

If you would like to remain enrolled in your current health plan, no action is required on your part.

Tell us about yourself. Create your health demographic profile in myCalPERS. It takes less than five minutes to complete and is confidential and secure. Your response will help us better understand our members and improve the quality of care and health outcomes for all. If you've

Sincerely,

Health Policy & Benefits Branch