



Pension & Health Benefits Committee

Meeting Summary

September 15, 2026

This is intended as a guide for the Committee Chair. Other than the motions, this need not be read verbatim. The Chair may add context/comment as appropriate.

The Pension & Health Benefits Committee (PHBC) met on September 15, 2026.

The Committee received reports on the following topics:

- The Committee received a presentation from Sutter Health as part of the Health Spotlight series, and on Contracting Agency Health Regions: Refined Modeling and Scenarios.
- The Committee received public comment from Sara Granda concerning issues related to her care coordination, and Frank Ruffino about an inaccurate mailing from CVS.

The Chair directed staff to:

- Reach out to the call-in member from Merced about issues he and his wife have had with Blue Shield and Included Health.

At this time, I would like to share some highlights of what to expect next month and at the September PHBC meeting:

- Health Benefits Program Proposals for the 2028 Plan Year, Limited Duration Regulations, Normal Retirement Age and Bona Fide Separation regulations (or the names we sent to you earlier today) and Contracting Agency Health Regions will all be approved, and the CalPERS Health Benefits Program Annual Report for Plan Year 2025 will be released.

The next meeting of the PHBC is scheduled for November 17, 2026, in Sacramento, California.