

MEETING
STATE OF CALIFORNIA
PUBLIC EMPLOYEES' RETIREMENT SYSTEM
BOARD OF ADMINISTRATION
PENSION & HEALTH BENEFITS COMMITTEE
OPEN SESSION

CALIFORNIA PUBLIC EMPLOYEES' RETIREMENT SYSTEM
FECKNER AUDITORIUM
LINCOLN PLAZA NORTH
400 P STREET
SACRAMENTO, CALIFORNIA

TUESDAY, JUNE 17, 2025
8:30 A.M.

JAMES F. PETERS, CSR
CERTIFIED SHORTHAND REPORTER
LICENSE NUMBER 10063

APPEARANCES

COMMITTEE MEMBERS:

Ramón Rubalcava, Chair

Kevin Palkki, Vice Chair

Malia Cohen, also represented by Deborah Gallegos

David Miller

Eraina Ortega, also represented by Nicole Griffith

Jose Luis Pacheco

Theresa Taylor

Yvonne Walker

Mullissa Willette

BOARD MEMBERS:

Michael Detoy

Fiona Ma, represented by Frank Ruffino

Dr. Gail Willis (Remote)

STAFF:

Marcie Frost, Chief Executive Officer

Matthew Jacobs, General Counsel

Kim Malm, Deputy Executive Officer

Donald Moulds, PhD, Chief Health Director

Rob Jarzombek, Chief, Health Plan Research &
Administration

Julia Logan, MD, Chief Clinical Director

APPEARANCES CONTINUED

STAFF:

Jared Shinabery, Chief Health Data Strategy Officer

ALSO PRESENT:

Terry Battenburg

Margarita Brown

Catherine DeLou, Tahoe City Public Utilities District

Michael Friedman

J.J. Jelincic, Retired Public Employees Association

Brynnen Lopez, Truckee Sanitary District

Dolores Ridgeway

C.T. Weber

Larry Woodson, California State Retirees

<u>INDEX</u>		<u>PAGE</u>
1.	Call to Order and Roll Call	1
2.	Executive Report - Don Moulds, Kim Malm	5
3.	Action Consent Items - Don Moulds	12
a.	Approval of the March 18, 2025, Pension & Health Benefits Committee Meeting Minutes	
b.	Approval of the June 17, 2025, Pension & Health Benefits Committee Meeting Timed Agenda	
4.	Information Consent Items - Don Moulds	13
a.	Annual Calendar Review	
b.	Draft Agenda for the September 16, 2025, Pension & Health Benefits Committee Meeting	
5.	Action Agenda Items	
a.	Request for Proposal (RFP) No. 2024-9340 Long-Term Care Third-Party Administrator (TPA) Services Intent to Award Contract - Don Moulds, Jared Shinabery	13
6.	Information Agenda Items	
a.	Preliminary 2026 Health Maintenance Organization and Preferred Provider Organization Plan Premiums - Don Moulds, Rob Jarzombek	25
b.	Pharmacy Benefit Manager Contract Negotiations - Don Moulds, Julia Logan, Rob Jarzombek	75
c.	Summary of Committee Direction - Don Moulds, Kim Malm	96
d.	Public Comment	96
7.	Adjournment of Meeting	101
	Reporter's Certificate	102

PROCEEDINGS

CHAIR RUBALCAVA: Good morning, everybody. We're going to begin the Pension and Health Benefits Committee. And the first order of business is roll call, please.

BOARD CLERK ANDERSON: Ramón Rubalcava.

CHAIR RUBALCAVA: Present.

BOARD CLERK ANDERSON: Kevin Palkki

VICE CHAIR PALKKI: Good morning.

BOARD CLERK ANDERSON: Malia Cohen.

David Miller.

COMMITTEE MEMBER MILLER: Here.

BOARD CLERK ANDERSON: Eraina Ortega.

COMMITTEE MEMBER ORTEGA: Here.

BOARD CLERK ANDERSON: Jose Luis Pacheco.

COMMITTEE MEMBER PACHECO: Present.

BOARD CLERK ANDERSON: Theresa Taylor.

COMMITTEE MEMBER TAYLOR: Here.

BOARD CLERK ANDERSON: Yvonne Walker.

COMMITTEE MEMBER WALKER: Here.

BOARD CLERK ANDERSON: Mullissa Willette.

COMMITTEE MEMBER WILLETTE: Here.

CHAIR RUBALCAVA: Thank you. And before we go into closed session, I believe Don Moulds has an announcement.

CHIEF HEALTH DIRECTOR MOULDS: Thank you, Mr.

1 Chair. I just wanted to remind stakeholders in the room
2 that immediately upon adjournment of closed session, we
3 will be convening in Room 1140 to provide the stakeholder
4 update that we do annually. So we're slated to run about
5 an hour and half here. I think hour an half to two hours
6 is probably more realistic, so we will be convening there
7 sometime between 10 and 10:30, but upon adjournment.

8 CHAIR RUBALCAVA: Thank you, Mr. Moulds.

9 After that announcement, we will now recess into
10 closed session for items 1 through 4 from the closed
11 session agenda. We will reconvene in open session after
12 the Risk and Audit Committee.

13 Thank you, everybody.

14 (Off record: 8:32 a.m.)

15 (Thereupon the meeting recessed
16 into closed session.)

17 (Thereupon the meeting reconvened
18 open session.)

19 (On record: 11:34 a.m.)

20 CHAIR RUBALCAVA: Good morning, everybody. We're
21 back in open session of the Pension and Health Benefits
22 Committee. And we'll continue with the remainder of the
23 open session agenda.

24 Please call the roll.

25 BOARD CLERK ANDERSON: Ramón Rubalcava

1 CHAIR RUBALCAVA: Present.

2 BOARD CLERK ANDERSON: Kevin Palkki.

3 VICE CHAIR PALKKI: Good morning.

4 BOARD CLERK ANDERSON: Malia Cohen

5 COMMITTEE MEMBER COHEN: Present.

6 BOARD CLERK ANDERSON: David Miller.

7 COMMITTEE MEMBER MILLER: Here.

8 BOARD CLERK ANDERSON: Nicole Griffith for Eraina

9 Ortega.

10 ACTING COMMITTEE MEMBER GRIFFITH: Here.

11 BOARD CLERK ANDERSON: Jose Luis Pacheco.

12 COMMITTEE MEMBER PACHECO: Present.

13 BOARD CLERK ANDERSON: Theresa Taylor.

14 COMMITTEE MEMBER TAYLOR: Here.

15 BOARD CLERK ANDERSON: Yvonne Walker.

16 COMMITTEE MEMBER WALKER: Here.

17 BOARD CLERK ANDERSON: Mullissa Willette.

18 COMMITTEE MEMBER WILLETTE: Here.

19 CHAIR RUBALCAVA: Thank you. We're also going to

20 have to do the attestation for people who are -- or Board

21 members who are work -- are remotely -- attending

22 remotely.

23 So let me read the statement. Good morning,

24 Board members. We've just transitioned into open session.

25 Since we are not all present in the same room like we

1 usually are, I will -- I must remind you that this is a --
2 oh, this is the wrong one. Sorry. My mistake.

3 Thank you. We'll start again. Sorry about that,
4 folks. Good morning, Board members, because we are not
5 all present in the same room and Board members are
6 participating from Remote locations that not access --
7 that are not accessible to the public, Bagley-Keene
8 requires that remote Board members to make certain
9 disclosures about any other persons present with them
10 during open session. Accordingly, the Board members
11 participating remotely must each attest whether, one, they
12 are alone, or two, if there are one or more persons
13 present with them who are at least 18 years old and the
14 nature of the Board's relationship to each other. At this
15 time, I will ask Dr. Willis to verbally attest
16 accordingly. Please --

17 BOARD MEMBER WILLIS: Yes.

18 CHAIR RUBALCAVA: Yes. Thank you, Dr. Willis.
19 And for the record, we also have Frank Ruffino here,
20 Michael Detoy. And who's not a member. I think that's
21 it, right? Yvonne is a member. That's it. Thank you
22 very much.

23 So now, we'll proceed and we'll start -- I want
24 to correct something I said earlier. We're not -- we are
25 going to proceed with the agenda, but we're just going to

1 take the infor -- consent items and then go into one
2 action item, which is the long-term care third-party
3 administrator award of contract, and then we'll break for
4 lunch.

5 And the information items, which is the PBM
6 contract recommendation, and the preliminary 2026 premiums
7 for the HMOs and the PPO will be after lunch.

8 Okay. Let's start with executive report, Mr.
9 Moulds and Kim Malm, please.

10 DEPUTY EXECUTIVE OFFICER MALM: Good morning.
11 Kim Malm, CalPERS team. Today, I wanted to give you a few
12 updates that impact our members that are going on right
13 now in the Customer Services Support Branch.

14 First, I want to provide you an update to our
15 benefit verification process. As you may recall, I
16 mentioned from my March update that we kicked off the 2025
17 benefits verification cycle. The process is now conducted
18 annually to prevent overpayments due to unreported member
19 deaths. In March, we sent over 10,000 letters to retirees
20 that met certain risk thresholds, which includes age,
21 benefit amount, the last time they made contact with
22 CalPERS, and the last time they saw their health care
23 providers.

24 In April, we sent a second reminder, if we had
25 not heard back from those members from the first letter.

1 At the end of May, we sent a third reminder letting
2 members know that we'll be holding their August 1st
3 warrant, if we have not received their verification before
4 roll closes in July.

5 From this effort, over 270 deaths were reported
6 across California and 32 other states. Those unreported
7 deaths resulted in over \$2.3 million of overpayments and
8 we have collected over 1.3, or 57 percent, so far. The
9 benefit verification project continues to be a very
10 important tool, as we continue to try and reduce
11 overpayments.

12 Also, another tool that we continue to find
13 significant value in is the utilization of Socure as our
14 death verification vendor. To date, they have reported
15 over 500 deaths and resulting in over \$5.2 million of
16 overpayments. We've collected over \$4 million of those
17 overpayments in the last two years, or 80 percent.

18 As I mentioned in March, we also sent a file to
19 Cedar Financial, the collections firm we contracted with
20 to assist in recovering large debt. They have begun their
21 preliminary work of \$2.3 million of collections that we've
22 sent them.

23 I'm happy to see that these efforts are
24 continuing to reduce death overpayments and improve our
25 collections process.

1 Now, I'd like to move to cover a new Spanish
2 class offering. In 2024, we implemented a class on
3 planning your retirement basics in Spanish. The feedback
4 was positive. The video is now available on our CalPERS
5 YouTube channel. In addition, a week from today, on June
6 24th, we'll be presenting a new Spanish class offering,
7 *Basics of Your Retirement Application and Beyond*.
8 Currently, there are 75 attendees registered so far.

9 I'll close with an update on our CalPERS Benefit
10 Education Events. Since our last meeting in March, we
11 concluded our second in-person CBEE of 2025 in Burbank on
12 April 11th and 12th with 913 attendees. We just concluded
13 our latest virtual CBEE last week on June 11th and 12th
14 with over 2,000 attendees.

15 Our next CBEE is virtual. It's scheduled for
16 August 13th and 14th and registration will open in
17 mid-July. And then the planned CBEEs for next year in
18 2026 are: Monterey, January 9th and 10th; Anaheim, April
19 10th and 11th; and, Redding June 5th and 6th of 2026.

20 This concludes my comments and I'm happy to take
21 any questions.

22 CHAIR RUBALCAVA: Thank you, Ms. Malm. Any
23 questions or comments from the trustees?

24 Okay. We'll start with Trustee Pacheco.

25 COMMITTEE MEMBER PACHECO: Yes. Thank you, Ms.

1 Malm for you question. I just want to ask a question
2 about the video on the Spanish video.

3 DEPUTY EXECUTIVE OFFICER MALM: Um-hmm.

4 COMMITTEE MEMBER PACHECO: How many -- how --
5 when did they -- when did they come out and how many views
6 has it had on the unique views, do you know?

7 DEPUTY EXECUTIVE OFFICER MALM: That's an amazing
8 question. I probably have the answer to every other
9 question about that that you have, like where to find it.

10 (Laughter).

11 DEPUTY EXECUTIVE OFFICER MALM: And how many
12 people took the class. I do not know how many views, but
13 I will find out that formation.

14 COMMITTEE MEMBER PACHECO: Oh, that will be
15 perfect. No. I just -- I just think it's a great idea
16 about the number of persons that are watching it and how
17 it's -- how it's being perceived. Thank you so much.

18 DEPUTY EXECUTIVE OFFICER MALM: You got it.
19 Thank you so much.

20 CHAIR RUBALCAVA: Thank you.

21 Trustee Palkki, Vice Chair -- Committee Vice
22 Chair.

23 Whoops. Hold on.

24 VICE CHAIR PALKKI: Thank you, Mr. Chair. Thank
25 you so much. I've received numerous phone calls and

1 emails through the school employees and really just how
2 much they truly appreciate the bilingual capabilities that
3 have been pushed through. They're really excited about
4 the website, so thank you for all that work that you and
5 your team have really put to in -- put the work into to
6 make sure that our members have the access that make them
7 feel comfortable in receiving the information.

8 So thank you for that.

9 DEPUTY EXECUTIVE OFFICER MALM: Thank you. I
10 can't take credit for the website. That would be IT and
11 Public Affairs, but I will for the classes that David's
12 team has developed. So thank you so much.

13 CHAIR RUBALCAVA: Well, thank you.

14 Mr. Don Moulds.

15 CHIEF HEALTH DIRECTOR MOULDS: Great. Thank you,
16 Mr. Chair. We have three very meaty items today, so I'm
17 going to keep my remarks short. Primarily, I want to
18 update you and those listening of two provider
19 terminations we've been following, both of which have had
20 the potential to cause disruption for our members.

21 The first was a dispute over terms between Hoag
22 Health Systems in Orange County and Blue Shield of
23 California. Hoag had issued a termination notice to Blue
24 Shield, which would have gone into effect on June 30th,
25 but which was extended out two weeks to mid-July. Over

1 the weekend, we learned that Hoag and Blue Shield have
2 come to terms, and Hoag has subsequently repealed its
3 termination. This is very good news for the 1,200 or so
4 CalPERS members who would have been affected.

5 CHAIR RUBALCAVA: Very good news. Thank you.

6 CHIEF HEALTH DIRECTOR MOULDS: Yeah. The other
7 update is on the potential contract termination between
8 Blue Shield of California and the University of California
9 Health System. The current contract between Blue Shield
10 and UC health expires on June 30th. And earlier in the
11 spring, UC Health noticed Blue Shield of their intent to
12 terminate the contract unless there were significant
13 changes to its terms.

14 Roughly, 10 days ago, UC Health reached out to
15 Blue Shield to extend the termination date to July 9th.
16 The good news is that leadership between the two
17 organizations is meeting regularly to try to negotiate a
18 deal. The bad news is that they are still very far apart.
19 I'll remind the Board and those listening that the vast
20 majority of these disputes reach resolution. And when
21 parties do get to termination, it is typically short
22 lived. I don't want to sugarcoat this one though. The
23 impasse between the two parties is significant. And even
24 with the short extension of the termination date, they
25 are -- they are running out of time. At this point, I

1 have to say that it is -- that the possibility of a lapse
2 in the contract is very real.

3 If there is a lapse, it would affect all of the
4 University of California health systems, which includes UC
5 Davis, UC San Francisco, UCLA, UC Riverside, UC Irvine,
6 and UC San Diego. It would also affect roughly 20,000
7 Blue Shield Access+ CalPERS HMO members and 15,000 CalPERS
8 PPO members.

9 Letters informing HMO members of the potential
10 contract termination were sent out in early May, in
11 accordance with the Department of Managed Health Care
12 regulations. Letters to PPO members who accessed UC
13 Health hospitals in the last year would go out closer to
14 the termination date.

15 I'll remind you and our members that the
16 termination would only impact CalPERS Basic members.
17 Medicare members will still have access to all UC doctors
18 and facilities.

19 We're in regular communication with both UC
20 Health and Blue Shield leadership on this one, and we'll
21 report back with any updates. We're also using multiple
22 communication channels to keep all of our members
23 informed. In addition, we're meeting regularly with Blue
24 Shield and Included Health to ensure that they, along with
25 the CalPERS team, are well prepared to assist impacted

1 members. This includes counseling members on their
2 continuity of care protections, which are significant
3 under California law, or assisting them to find
4 alternatives in-network provides during a lapse.

5 That concludes my remarks. Happy to answer
6 questions.

7 CHAIR RUBALCAVA: Thank you, Mr. Moulds. Any
8 questions, trustees?

9 I do not see any questions, so let's -- thank you
10 for your comments, and now --

11 DEPUTY EXECUTIVE OFFICER MALM: Can I follow up
12 with one --

13 CHAIR RUBALCAVA: Yes, please.

14 DEPUTY EXECUTIVE OFFICER MALM: -- answer. So
15 thank you to Brad Pacheco for this answer, but the video
16 was posted about year ago, and there's been 2,800 views,
17 Director Pacheco. So I just wanted to make sure I
18 answered that question. Thank you.

19 CHAIR RUBALCAVA: Thank you for that information.

20 Now, we have the action consent items.

21 COMMITTEE MEMBER MILLER: Move approval.

22 VICE CHAIR PALKKI: Second.

23 CHAIR RUBALCAVA: Move approval, second by --
24 moved approval by Mr. David Miller and seconded by Trustee
25 Kevin Palkki.

1 And do we have a consensus?

2 Do we need to call the roll?

3 Consensus.

4 (Ayes.)

5 CHAIR RUBALCAVA: We have -- the ayes have it.

6 Okay. Thank you, everybody. Thank you, David.

7 And now, we go to the information consent items.

8 Oh, any -- okay. We asked for the ayes.

9 Any nays?

10 Yes. We already did the attestation.

11 BOARD CLERK ANDERSON: She's not on the
12 Committee.

13 COMMITTEE MEMBER TAYLOR: She's not on the
14 Committee. Okay.

15 CHAIR RUBALCAVA: Any abstentions?

16 Okay. The ayes have it. So the action consent
17 items, 3a and 3b, are approved.

18 Now go -- we'll -- next item is 4a and b the
19 information consent items. Do we have consensus there.

20 Yes.

21 The Controller speaks for all, so we have con --
22 oh, nobody was pulled -- nothing was pulled, so now we
23 move to Item 5a, which is the action agenda item that a
24 lot of us are looking forward to, so which is the request
25 for proposal on the long-term care third-party

1 administrator, TPA. And I believe we're -- yes, Don
2 Moulds and Jared Shinabery.

3 CHIEF HEALTH DIRECTOR MOULDS: Yeah, and I'll
4 just turn it over directly to the Jared.

5 CHAIR RUBALCAVA: Jared, please proceed.

6 (Slide presentation).

7 CHIEF HEALTH DATA STRATEGY OFFICER SHINABERY:

8 Good morning, Mr. Chair and members of the
9 Committee. Jared Shinabery, CalPERS team member. Today,
10 I'll be presenting on Item 5a seeking your approval on the
11 intent to award a five-year contractor for the long-term
12 care third-party administrator, for TPA.

13 [SLIDE CHANGE]

14 CHIEF HEALTH DATA STRATEGY OFFICER SHINABERY: In
15 August 2024, we issued a request for proposal, or RFP, for
16 the next five-year TPA contract. This process allowed us
17 had to explore new opportunities in the industry that
18 could provide greater benefits to CalPERS and our
19 policyholders.

20 And we approached the RFP with four primary
21 objectives: Lowering the overall cost of the program to
22 ensure long-term financial sustainability, enhancing
23 customer service and technological innovation, including
24 advancements in data and analytics, fraud detection, and
25 electronic visit verification; securing more favorable

1 contractual terms, including modifying how administrative
2 services fees are collected -- or calculated; and ensuring
3 that CalPERS partners with a TPA that has proven that they
4 can administer a long-term care program the size of
5 CalPERS with our roughly 77,000 policyholders.

6 [SLIDE CHANGE]

7 CHIEF HEALTH DATA STRATEGY OFFICER SHINABERY: We
8 received proposals from three prospective TPAs, illumifin,
9 our incumbent administrator since the program's inception
10 in 1995, CHCS Services, better known as Wellcove, and
11 Davies Life and Health.

12 [SLIDE CHANGE]

13 CHIEF HEALTH DATA STRATEGY OFFICER SHINABERY:
14 All three met the minimum qualifications and
15 moved to -- onto phase two of the RFP late last year,
16 which involved the submission of technical and fee
17 proposals. And all three also moved to the finalist
18 interview phase in February.

19 TPAs are scored on the -- on the strength of
20 their technical proposals, their fee proposals, and their
21 interview. After a thorough evaluation, illumifin emerged
22 as the bidder with the highest total points and advanced
23 to contract negotiations. I'd like to walk you through
24 the key factors that led to illumifin advancing to that
25 final stage.

1 [SLIDE CHANGE]

2 CHIEF HEALTH DATA STRATEGY OFFICER SHINABERY:

3 When considering the experience of the three
4 TPAs, there are some clear differences with illumifin
5 standing out as the largest long-term care TPA in the
6 nation with over 1.9 million long-term care policies and
7 over 50 insurers, including the top 10 carriers in the U.S.

8 While Wellcove and Davies also demonstrated
9 respectable experience in client bases, illumifin's size
10 and track record provided added confidence in their
11 ability to manage CalPERS book of business.

12 In terms of their technological and claims
13 oversight capabilities, all three present -- all three
14 presented platforms with the technological advancements
15 that we were speaking. For example, all three supported
16 electronic visit verification, which is a mobile app that
17 ensures at-home care visits by independent providers occur
18 as scheduled while recording the exact time, location, and
19 duration of the services provided. This technology
20 reduces the risk of billing errors and fraud.

21 Similarly, all three use advanced tools for
22 detecting fraud, waste, and abuse leveraging AI to enhance
23 oversight. However, illumifin was the only bidder with
24 in-house software for both electronic visit verification
25 and fraud detection, eliminating reliance on

1 subcontractors for these critical services.

2 In terms of the data and analytics platforms,
3 illumifin proposed upgrading CalPERS to their Snowflake
4 platform, which represents a significant enhancement over
5 our current system. That said, Wellcove and Davies also
6 offered strong data platforms.

7 Overall, we were impressed by the technical
8 proposals from all three TPAs and we felt confident that
9 any of them could be a capable partner for CalPERS with
10 illumifin having an edge.

11 [SLIDE CHANGE]

12 CHIEF HEALTH DATA STRATEGY OFFICER SHINABERY: We
13 did see substantial differences in the fee proposals.
14 Administrative service fees are calculated on a per member
15 per month basis with different rates for members who are
16 on claim that is actively receiving long-term care
17 services versus those who are not on claim.

18 To evaluate the proposals, we projected costs
19 over the life of the five-year contract, including any
20 transition costs. Illumifin submitted a fee proposal with
21 the lowest overall costs, Wellcove was a close second, and
22 Davies was not competitive on fees.

23 [SLIDE CHANGE]

24 CHIEF HEALTH DATA STRATEGY OFFICER SHINABERY: We
25 included a table to illustrate how the fees compare.

1 Illumifin fees amounted to about \$14.9 million in savings
2 over the life of the contract, which is a 23 percent
3 discount compared to our current agreement. Wellcove's
4 fees would have saved 13.1 million, making them a close
5 second. Davies fees on the other hand would have cost 7.5
6 million more than staying with our current contract.

7 [SLIDE CHANGE]

8 CHIEF HEALTH DATA STRATEGY OFFICER SHINABERY:

9 Illumifin advanced to the contract negotiations
10 in February, as the bidder with the highest number of
11 total points, as I just mentioned. And I'm pleased to
12 report that these negotiations are now complete and we've
13 achieved several key wins for CalPERS and our
14 policyholders. We negotiated a drop in fees from
15 illumifin's initial bid. In addition to that, we
16 requested to start the contract prior to the original
17 January 2027 start date, since a new contractual -- the
18 new contract has better terms. Illumifin agreed to a July
19 1st, 2026 start date, which amounts to nearly \$2 million
20 in additional savings.

21 When combining these outcomes, we project total
22 savings to the program of 16.8 million. This represents a
23 25 percent discount compared to our current contract.

24 [SLIDE CHANGE]

25 CHIEF HEALTH DATA STRATEGY OFFICER SHINABERY: We

1 recommend that you approve Item 5a to issue an intent to
2 award a five-year contract to illumifin to serve as the
3 CalPERS TPA for its long-term care insurance program with
4 and effective date of July 1st, 2026 through June 30,
5 2031. With illumifin, CalPERS will benefit from
6 substantial cost savings, more favorable contractual
7 terms, and enhanced technological capabilities, including
8 improvements in data management and access.

9 Thank you for your time. I'm happy to take any
10 questions or comments.

11 CHAIR RUBALCAVA: Thank you, Jared. Any
12 questions from the Committee?

13 I do not see any, but I do want to thank you.

14 Oh, yes, President Taylor has a question, please.

15 COMMITTEE MEMBER TAYLOR: So thank you guys.
16 Not -- I -- and I really appreciate the report. I
17 actually don't have a question. I want to congratulate
18 you guys on this contract. This was a really good win for
19 us, especially on our long-term care. So hard work. I
20 imagine you did really well getting through our RFPs and
21 came out with, it looks like, the best savings that we
22 could possibly get. So thank you very much for your hard
23 work. Thanks.

24 CHIEF HEALTH DATA STRATEGY OFFICER SHINABERY:

25 Thank you.

1 CHAIR RUBALCAVA: Thank you, President Taylor.
2 We do have public comment. So Ms. Margaret Brown, please.
3 Margarita Brown. Margarite Brown, excuse me.

4 MARGARITA BROWN: No relation to Margaret Brown.
5 I just had two questions. One is what is the
6 split in enrollees between on claim and off claim?

7 CHAIR RUBALCAVA: You have three minutes. Just
8 go ahead and make your statements and we can find the
9 information, we'll try to see if we can get it to you.

10 MARGARITA BROWN: Okay. I would appreciate
11 hearing back on that.

12 And the second is I would like to know what the
13 impact is on our premiums of this savings. It's great
14 that the savings is occurring, but we've been having large
15 increases. We are scheduled for another increase on
16 January 1st. So what is the impact to us of this change
17 on our premiums?

18 CHAIR RUBALCAVA: We thank you for your comments
19 and we'll take them. I'm sure the staff will take them
20 into consideration, as we move forward.

21 COMMITTEE MEMBER COHEN: I do have a question for
22 staff.

23 CHAIR RUBALCAVA: Controller Cohen, please.

24 COMMITTEE MEMBER COHEN: Thank you.

25 CHAIR RUBALCAVA: Whoops. Hold on.

1 COMMITTEE MEMBER COHEN: Perhaps you said it in
2 your presentation, but was the premiums in the
3 presentation?

4 CHAIR RUBALCAVA: No.

5 CHIEF HEALTH DATA STRATEGY OFFICER SHINABERY:

6 No. This presentation was just about the
7 selection of the TPA and not about the premiums.

8 COMMITTEE MEMBER COHEN: Okay. Thank you for the
9 clarification. And so where we will we get that
10 information? Is it on the website? Is it somewhere
11 public?

12 CHIEF HEALTH DATA STRATEGY OFFICER SHINABERY:

13 Are you interested in information about like what
14 the current premium rates are and things?

15 COMMITTEE MEMBER COHEN: Yes, the current and
16 then this -- with this new proposal that we're
17 considering, or that will be in effect July on 1st of
18 2026. What's that cost differential is what I'm
19 interested in.

20 CHIEF HEALTH DATA STRATEGY OFFICER SHINABERY:

21 Yeah. So this won't -- this won't impact
22 premiums. So the savings that are -- that we'll achieve
23 through this, should the Board approve, ultimately will
24 feed into the sustainability -- improve the sustainability
25 of the Long-Term Care Fund. So it would essentially help

1 ensure that the premiums are more stable over time. It
2 lessens the likelihood that we'll need future rate
3 increases.

4 COMMITTEE MEMBER COHEN: So there's no cost
5 benefit for the members.

6 CHIEF HEALTH DIRECTOR MOULDS: There is a cost
7 benefit. It's the net dollar amount. It will translate
8 into lower premiums over time. We could certainly -- we
9 can certainly project those out and give you a rough
10 estimate about what they would look like in future years.

11 COMMITTEE MEMBER COHEN: When you were doing the
12 evaluation of the contract, did you -- did you -- did you
13 cost that out?

14 CHIEF HEALTH DIRECTOR MOULDS: So to premium, no,
15 because what we're looking -- the more savings, the -- we
16 know that more savings is better. We didn't calculate the
17 exact translation. It becomes a tricky calculation,
18 because it's -- as Jared mentioned, it's relative to
19 future premium, so it's all a projection. But again, we
20 can -- we can certainly -- we can certainly project that
21 out. Overall, it is a 23 percent reduction in our
22 administrative fees over the course of the next five
23 years, which, from our perspective, is a -- is a
24 tremendous win.

25 COMMITTEE MEMBER COHEN: Yes, I agree it is a

1 tremendous win for the -- in the reduced administration --
2 administrative fees, but I just want to make sure that
3 we're not reducing our fees and then producing more fees
4 for the plan member.

5 CHIEF HEALTH DIRECTOR MOULDS: We would -- it
6 would -- it would -- it will translate in -- it would be a
7 dollar for dollar change in the overall premium to members
8 going into the future. There's --

9 COMMITTEE MEMBER COHEN: Thank you very much.
10 Thank you for answering that.

11 CHAIR RUBALCAVA: Thank you, Controller Cohen.

12 I do want to follow our President and talk --
13 congratulate you, Jared and Don for very good work. We
14 have significant savings. And ensuring that there's a
15 start date July 1 instead of January 1 is a big savings
16 there too. And that's -- I commend you for that contract
17 and everything else, the stronger contract terms. And, of
18 course, as you stated, it improves the sustainability of
19 the plan going forward in the long term, and that's what
20 we're interested in. We want to get the services. I
21 believe we have a motion from Vice Chair.

22 Oh, sorry.

23 VICE CHAIR PALKKI: Get it on the record. Yeah.
24 So I'd like to motion that we approve the intent to award
25 a five-year contract to illumifin to serve as California

1 Public Employees' Retirement System, CalPERS, third-party
2 administrator for the -- for its Long-Term Care Insurance
3 Program with the effective date of July 1st, 2026 through
4 June 30th, 2031 with the caveat the final negotiations and
5 satisfaction of all requirements.

6 COMMITTEE MEMBER MILLER: I'll second that.

7 CHAIR RUBALCAVA: And Mr. David Miller seconds.
8 So now, we'll call the roll, please.

9 BOARD CLERK ANDERSON: Kevin Palkki?

10 VICE CHAIR PALKKI: Aye.

11 BOARD CLERK ANDERSON: Malia Cohen?

12 COMMITTEE MEMBER COHEN: Aye.

13 BOARD CLERK ANDERSON: David Miller?

14 COMMITTEE MEMBER MILLER: Aye.

15 BOARD CLERK ANDERSON: Nicole Griffith?

16 ACTING COMMITTEE MEMBER GRIFFITH: Aye.

17 BOARD CLERK ANDERSON: Jose Luis Pacheco?

18 COMMITTEE MEMBER PACHECO: Aye.

19 BOARD CLERK ANDERSON: Theresa Taylor?

20 COMMITTEE MEMBER TAYLOR: Aye.

21 BOARD CLERK ANDERSON: Yvonne Walker?

22 COMMITTEE MEMBER WALKER: Aye.

23 BOARD CLERK ANDERSON: Mullissa Willette?

24 COMMITTEE MEMBER WILLETTE: Yes.

25 CHAIR RUBALCAVA: Thank you. So the ayes have

1 it. The motion is adopted and we have -- we have awarded
2 the contract to the incumbent. And good luck in moving
3 forward with the implementation. And thank you,
4 everybody, for your patience.

5 We will adjourn right now for lunch and for 45
6 minutes. We'll return at 12:45 and we'll continue with
7 the rest of the agenda, which are the information items on
8 the 2026 preliminary HMO premiums for health plans and the
9 status of the PBM pharmacy benefit contract.

10 Thank you, everybody.

11 (Off record: 12:02 p.m.)

12 (Thereupon a lunch break was taken.)

13 (On record: 12:47 p.m.)

14 CHAIR RUBALCAVA: Good afternoon, everybody.
15 We're reconvening the meeting; of the Pension and Health
16 Benefits Committee. We're at Item 6, informational agenda
17 tells. And the first item is preliminary 2026 health
18 maintenance organization and preferred provider
19 organization plan premiums with Don Moulds and Rob
20 Jarzombek

21 (Slide presentation).

22 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION

23 CHIEF JARZOMBEC: Good afternoon, Mr. Chair and members of
24 the Committee. Rob Jarzombek CalPERS team member.

25 This is an information item to update you on the

1 preliminary 2026 premiums for CalPERS Basic and Medicare
2 plans. As a reminder, the health plan renewal strategy is
3 an annual process, where the CalPERS team engages with the
4 health plans and negotiates rates for our members.

5 [SLIDE CHANGE]

6 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
7 CHIEF JARZOMBEC: In this presentation, we will cover
8 several items. We'll begin with a timeline for the rate
9 development process, which we refer to as RDP. We'll
10 provide a quick refresher on how we set premiums and talk
11 through the waited averages. We'll then cover some
12 general observations about the Basic and Medicare plans
13 before walking through the individual plan details.

14 Finally, we will end with next steps.

15 [SLIDE CHANGE]

16 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
17 CHIEF JARZOMBEC: I'll start with the timeline. In
18 November, you approved service area expansions for Kaiser
19 Permanente and UnitedHealthcare's Harmony for 2026. Next
20 month, we will present the proposed final premiums for
21 your adoption at the Board off-site.

22 [SLIDE CHANGE]

23 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
24 CHIEF JARZOMBEC: Let's briefly go over what makes up a
25 premium and the process we use to determine what the

1 premium should be. This information might be well
2 understood by some, but we want to walk through it again
3 so everyone has the same foundation going into the
4 presentation.

5 The premium can be broken down into three
6 components, medical, pharmacy and administration. Medical
7 is that cost of medical services provided. This includes
8 inpatient, outpatient and professional services. Pharmacy
9 represents the cost of outpatient prescription drugs
10 filled at a local pharmacy or through mail order. And
11 administration is the health plan's administrative fee and
12 CalPERS administrative expenses.

13 To get the total per member per month, or PMPM,
14 rate, we add the medical, pharmacy, and administration
15 components together. Once we have that rate, we convert
16 this to a premium by applying a family factor that takes
17 into account the number of dependents in each health plan.
18 We apply a family factor, because young adults -- I'm
19 sorry, young dependents typically incur lower medical
20 costs than adults. This changes the PMPM rate to a per
21 subscriber per month or PSPM premium. This is the premium
22 we'll be walking through today and discharged to members
23 and employers.

24 Several years ago, we greatly improved how we set
25 health premiums to enhance transparency with the plan's

1 proposed rate and improve our negotiating position. We
2 use claims from the data warehouse along with financial
3 information to create a baseline projection for each Basic
4 plan. We then compare it with the plan's proposed rate.
5 We require the plans to submit their proposal in specific
6 categories using a standard methodology, so that we can
7 conduct an apples to apples comparison to our projections.
8 We also require them to submit an actuarial attestation of
9 their proposals. Further, we engage an independent
10 actuarial consulting firm to conduct a third-party
11 verification and review.

12 Our approach using standardized methodology
13 allows CalPERS to drill into significantly more detail
14 with the plans to understand what's driving trends at the
15 plan level. Finally, we risk adjust premiums for the
16 Basic plans. We do not risk adjust the Medicare plans as
17 this is done by CMS through their own process. Risk
18 adjustment of the Basic plans allows us to price plans
19 based on the value of their benefit design and network,
20 rather than on the concentration of healthy or unhealthy
21 lives in the plan.

22 This pushes the plans to compete on cost -- on
23 the cost and quality of care, instead of on their ability
24 to attract younger and healthier members. As you know,
25 last year, the Board approved the full transition from two

1 risk pools, one for HMOs and one for PPOs, to a single
2 risk pool for all Basic plans. This was necessary to
3 stabilize the PPOs and is now in effect for 2025.

4 The last item on this slide is how we set
5 premiums for public agencies and schools, as there is an
6 extra step to that process. We start with the State
7 premium calculated for the State of California and
8 California State University members. Despite the fact
9 that the -- that there are State employees in every
10 county, the State, as an employer, uses the same pay
11 scale, classifications, and benefit structure for
12 everyone. Therefore, they use the same premiums
13 regardless of where State employees reside.

14 We have three pricing regions for our contracting
15 agencies, one in Northern California, and two in Southern
16 California. Today, we're sharing the preliminary premiums
17 for these regions in an attachment to this agenda item.

18 [SLIDE CHANGE]

19 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
20 CHIEF JARZOMBEC: Now, let's take a look at the
21 preliminary premiums, percent changes, and weighted
22 averages.

23 [SLIDE CHANGE]

24 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
25 CHIEF JARZOMBEC: I'll start with the Basic plans.

1 Overall, the premium trends for CalPERS Basic
2 plans are in line with California industry trends. This
3 is based on a comparison of the trends applied to each
4 component of the premiums against industry trends. For
5 2026 Basic -- for the 2026 Basic HMO premiums, the average
6 increase is six and a half percent. For the Basic PPO
7 premiums, the weighted average is about 12 percent.

8 As I shared earlier, CalPERS premiums have three
9 components, medical, pharmacy, and administrative fees.
10 CalPERS medical claim costs are in line with California
11 trends. We evaluate each carrier's medical claim cost
12 trends against our own, as well as in the context of large
13 group rate filings with the Department of Managed Health
14 Care. Our pharmacy trends are high, but in line with
15 national and California specific pharmacy trends. Trends
16 are very high for diabetes treatments and injectables for
17 chronic, inflammatory conditions, for CalPERS and the rest
18 of the industry.

19 CalPERS administrative fee trends are lower than
20 industry trends. Since CalPERS has long-term contracts,
21 our admin cost increases are shielded from cost pressures
22 other plans face with respect to administrative costs.
23 The other wildcard that can have a big impact on premium
24 trends from plan to plan is recent claims experience. If
25 the prior year's rate increase underestimated claims, this

1 year's rate increase would be larger than otherwise.
2 Because of unusual claims Patterns we had recently, these
3 source of fluctuations have had a larger impact in the
4 past few years than they did historically. However, the
5 good news is that outsized fluctuations seem to have
6 settled as of this year.

7 [SLIDE CHANGE]

8 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
9 CHIEF JARZOMBEC: Moving on to Medicare. Last year, the
10 CMA changes to subsidies significantly impacted some plan
11 premiums. Now, that the initial impact has been realized,
12 some challenges and uncertainties of CM -- of the CMS
13 changes still exist.

14 Our Medicare Advantage premiums have an average
15 increase of just over seven percent. For context, in
16 general, CalPERS Medicare premium trends are higher than
17 industry trends for a couple reasons. The first reason is
18 that CalPERS benefits are typically more comprehensive
19 than many in the commercial and Medicare markets, which
20 evidence tells us is critical to achieving good health
21 outcomes. Medicare Advantage plans in the individual
22 market tend to reduce benefit richness or covered benefits
23 in order to be able to maintain low premiums.

24 The second reason is that CMS pays for most of --
25 most of the claims cost for Medicare members, so changes

1 in CMA revenue can be a material trend driver, which is
2 the -- which is the case for both the medical and pharmacy
3 components of the premium.

4 Now, for the Medicare Supplement plans. They
5 have an average increase of about 13 and two-thirds
6 percent. This is driven by the Inflation Reduction Act
7 and increased utilization of medical services.

8 When we wrap things up and we put the Medicare
9 Advantage and med sup plans together, the more efficient
10 Medicare Advantage plans, Kaiser and Sharp, have an
11 average increase of four percent. And the less efficient
12 MA plan in the Medicare Supplemental plans have an average
13 increase of 12 percent. This is a nearly eight point
14 difference that is largely due to the change in CMS
15 payments.

16 I mention this, so that Medicare members know
17 they have lower cost options, if they prefer to not be in
18 a higher cost and higher trending Medicare plan.

19 [SLIDE CHANGE]

20 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
21 CHIEF JARZOMBEC: This slide shows everything rolled up
22 with the weighted average changes for each plan type. As
23 a reminder, last year's Basic HMO premiums included an
24 upward adjustment associated with the full transition to
25 one risk pool and the Basic PPO premiums included a

1 downward adjustment. When compared to last year's rate
2 increases without these adjustments, the 2026 HMO increase
3 is similar to last year, and the 2026 PPO increase is
4 lower than last year. Overall, we are seeing a 1.3
5 percent improvement on the rate increase for the total
6 Basic program.

7 For Medicare, we are also seeing improvements
8 this year with increases that are roughly half of what was
9 experienced last year. CalPERS overall premium increase
10 at this point is 8.21 percent, a 2.6 improvement --
11 percent improvement from last year.

12 [SLIDE CHANGE]

13 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
14 CHIEF JARZOMBEC: Before we look at the individual plan
15 slides, we'd like to talk about two key decisions
16 impacting two of our lower cost narrow network plans.
17 This is Blue Shield's Trio plan in Monterey County and
18 UnitedHealthcare's Harmony expansion for 2026.

19 As background, part of CalPERS strategy to
20 increase competition and bring lower cost options to
21 members is to add new narrow network plans to our
22 offerings and expand them to less competitive areas
23 throughout California. This strategy has been in effect
24 for several years and has had positive results on our
25 program. These positive results are in the form of lower

1 monthly premiums for members who have enrolled in these
2 plans and increased competition that forces the plans to
3 compete on cost and quality. We have been thoughtful
4 about where these new plans are introduced, as well as
5 where we push them to expand. Each new offering and
6 expansion, as you know, is brought to this Committee and
7 to the Board to make the ultimate decision whether or not
8 to move forward.

9 [SLIDE CHANGE]

10 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION

11 CHIEF JARZOMBEC: Trio is a high performance narrow
12 network plan that is start -- that started with CalPERS in
13 2020 in six counties. It has expanded its footprint over
14 the past few years to 21 counties to bring a low cost
15 alternative to more of our members.

16 Trio entered Monterey in 2023 as a lower cost
17 plan and now has about 30 percent of the Monterey
18 membership. Medical costs in Monterey are about 40
19 percent higher than Trio's statewide average, which
20 contributes an additional six percent to Trio's premium
21 for 2026.

22 As we know and have discussed before, the high
23 cost in Monterey County have been of increasing concern
24 for many years, including leading up to this year's RDP.
25 Our larger health plans in Monterey are better able to

1 absorb these high costs due to their large plan size.
2 This is not the case for Trio. Besides the potential
3 enrollment growth in Monterey, Blue Shield also projects
4 that the high Trio premium increases would lead to
5 membership losses in lower cost counties, further driving
6 Trio's premiums up to the Access+ level in the next two to
7 three years. All of this raises a concern about Trio's
8 long term sustainability.

9 To address this issue, we recommend replacing
10 Trio with Access+ in Monterey County. Access+ is better
11 poised to absorb the cost of Monterey as it can spread
12 those costs out over a much larger population. By exiting
13 Monterey, Trio's statewide premium would improve by six
14 percent while Access+ would experience a much smaller
15 impact of less than a one percent increase to its premium.

16 Blue Shield is seeking the Department of Managed
17 Health Care's approval for Access+'s entry to Monterey and
18 the preliminary conversations have been productive. We'll
19 walk through some of the details.

20 [SLIDE CHANGE]

21 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
22 CHIEF JARZOMBK: This slide shows the pros and cons for
23 changing the Blue Shield health plan offering in Monterey
24 County. If we keep Trio in Monterey, for the short-term,
25 there will be no disruption to the 6,000 members who are

1 currently enrolled. But in the long run, with the
2 potential enrollment growth, the high Monterey costs will
3 cause Trio's premiums to exceed that of Access+. This
4 would effectively remove a low cost option for members and
5 make Trio non-viable for our portfolio.

6 While replacing Trio with Access+ benefits, the
7 non-Monterey Trio members, and is key to it's long-term
8 sustainability, it does introduce premium increases for
9 the Current Trio members in Monterey.

10 [SLIDE CHANGE]

11 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
12 CHIEF JARZOMBEC: Here is a look at the likely plan
13 choices public agency Trio members would make in Monterey,
14 along with the premium impacts, as most of CalPERS members
15 in the Monterey County come from a public agency or
16 school. The range for these members would be from a
17 negative -- actual premium decrease of about one percent
18 to an increase of 13 and three-quarters percent.

19 I'll pause here to see if there are any
20 questions?

21 CHAIR RUBALCAVA: I don't see any questions, so
22 please continue.

23 [SLIDE CHANGE]

24 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
25 CHIEF JARZOMBEC: Now, let's talk about UHC's Harmony

1 expansion for 2026. Harmony is a lower cost narrow
2 network plan and started with CalPERS in 2022 in Southern
3 California. In 2024 and 2025, UHC honored their
4 commitment to expand Harmony into Northern California in
5 areas where lower cost plans weren't prevalent while
6 continuing to provide competitive pricing.

7 With, these service area expansions and continued
8 good pricing, Harmony's membership increased nearly 60
9 percent in the early years and 40 percent last year.
10 These figures were higher than projected and have caused
11 additional uncertainty and premium volatility, which is
12 typical when a plan grows this quickly.

13 Specifically, membership in Santa Cruz County
14 increased from 200 members in 2024 to 1,200 members in
15 2025, a dramatic 500 percent increase. This is impactful
16 as Santa Cruz is the second highest cost county in
17 California and is driving costs for them statewide, much
18 like Monterey is driving Trio's costs.

19 In November, the Board approved Harmony to
20 further expand to four Northern California counties in
21 2026. Those counties are El Dorado, Nevada, Placer, and
22 San Joaquin.

23 UHC is proposing to postpone Harmony's four
24 county expansion for one year to give them time to
25 stabilize from its rapid membership growth. We recommend

1 approving their proposal to delay their expansion so that
2 they can stay a long-term, low-cost option for CalPERS and
3 our members.

4 [SLIDE CHANGE]

5 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
6 CHIEF JARZOMBEC: Now, let's go on to -- let's go through
7 the individual plan slides, starting with the Basic HMOs.

8 [SLIDE CHANGE]

9 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
10 CHIEF JARZOMBEC: First is Anthem Select. This table
11 shows the 2025 and the proposed 2026 premiums before and
12 after risk adjustment with a total increase of about seven
13 percent from 2025. The cost driver chart on the right
14 shows the changes between 2025 and 2026 for each component
15 of the premium.

16 The first bar is "Medical" cost and these changes
17 contribute about a five percent increase to the premium.

18 The next bar is "Pharmacy" and changes this
19 coming year contribute a four percent impact to the
20 premium.

21 The third bar is labeled "Other" and includes
22 overall changes on the administrative costs, both the
23 plans and CalPERS. It also includes changes in the family
24 mix of a plan's enrollment.

25 The fourth bar is changes in the "Risk

1 Mitigation", which has about a negative two percent
2 impact. This bar shows in the negative, as it is less
3 than what Anthem Select contributed to risk adjustment
4 last year.

5 And a reminder regarding the risk scores, plans
6 with a risk score of greater than one, with one being the
7 average, have sicker than -- sicker lives and their
8 premium is lowered with the impact of risk adjustment.
9 Plans with risk scores of less than one have healthier
10 lives and will see risk adjustment increase their premium.
11 Also, risk scores fluctuate year to year and is a cost
12 driver, regardless if it is an increase or a decrease.
13 Risk scores do not main the same one year to the next.

14 Anthem Select has a risk score of less than one.
15 It's in the table at 0.9565, meaning that the plan has
16 healthier than average members in the Basic portfolio.
17 Therefore, their 2026 premium is increased. That amount
18 is shown in the table to the left in the fourth column.
19 Again, the bar shows the negative, as it is less than what
20 Anthem Select contributed to risk adjustment last year.
21 So for setting the 2026 rate, these members have become
22 sicker than they were last year, therefore, you see a
23 negative bar. Adding this all together the light green
24 bar shows an overall 6.78 percent increase?

25 [SLIDE CHANGE]

1 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION

2 CHIEF JARZOMBEC: Let's now look at Anthem traditional.

3 This is a broad network -- broad network plan offered at
4 many high-cost, low-competition areas of the state.5 Anthem Traditional is a plan that we have had concerns
6 about its long-term sustainability in our program. We
7 continue to closely monitor this plan to ensure it remains
8 a viable product for CalPERS and our members. Trio's
9 premium increase is close to five percent for next year

10 [SLIDE CHANGE]

11 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION

12 CHIEF JARZOMBEC: Now, to Blue Shield Access+. The top
13 table shows the Access+ premium, if there are no changes
14 to its service area, meaning that it would not go into
15 Monterey County. The premium -- preliminary premium
16 increase is about 12 percent. The bottom table shows the
17 Access+ with a \$7 higher premium to include Monterey
18 County for 2026, which would be a 12.77 percent increase.
19 As stated earlier, given the much larger membership,
20 Access+ is able to absorb Monterey's costs much better.

21 [SLIDE CHANGE]

22 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION

23 CHIEF JARZOMBEC: Moving to Trio, the top table shows the
24 2026 premium if there were no changes to its service area,
25 therefore so -- meaning remaining in Monterey County.

1 This would be a nine percent increase. The bottom table
2 shows what Trio's premium would be if we excluded Monterey
3 County for 2026, and this would be a three percent
4 increase.

5 With this smaller plan size, the impacts on
6 Monterey are much more significant to Trio than to
7 Access+. The cost driver chart on the right shows the
8 breakdown of the premium impacts by component, noting that
9 the program change bar shows about a six percent downward
10 adjustment for committing Monterey.

11 [SLIDE CHANGE]

12 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
13 CHIEF JARZOMBK: Health Net Salud y Más is a narrow
14 network plan that provides services in six Southern
15 California counties as well as in Mexico. Their proposed
16 2026 premium increase is just under four and
17 three-quarters percent. Medical contributed about seven
18 percent of the premium increase. Salud y Más continues to
19 be our lowest plan -- lowest premium plan in our Basic
20 program thanks to it's low cost narrow network and
21 Southern California service area.

22 Their membership has been growing and members are
23 starting to use more expensive providers. Pharmacy
24 contributed about is 1.7 percent to the increase. And
25 risk mitigation helped decrease their premium by 3.8

1 percent. Salud y Más had an average annual medical cost
2 increase of seven percent since 2019, driven by the
3 increased number of members with chronic conditions. The
4 increase in medical costs resulted in a higher risk score,
5 and therefore the plan received a downward risk adjustment
6 impact in 2026 compared to 2025. However, despite the
7 increased risk score, Salud y Más remains a very
8 competitive and sustainable plan for CalPERS and our
9 members.

10 [SLIDE CHANGE]

11 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION

12 CHIEF JARZOMBEC: Next is Kaiser Permanente. And they are
13 the largest health plan in our portfolio, making up about
14 half of the total basic membership. As you know, Kaiser
15 is continuing to pursue expanding to additional zip codes
16 in Monterey County, but has shared that they are not able
17 to commit to expanding their coverage are by January of
18 next year. This is driven by their continued negotiations
19 in securing the necessary hospital contracts to do so.
20 That said, Kaiser is committed to expanding in Monterey
21 County and is regularly engaging to finish this important
22 effort. We will keep you informed of their progress.

23 Kaiser's rate increase for 2026 is five percent.
24 With the primary driver being medical costs and secondary
25 driver pharmacy. Their population got slightly sicker

1 compared to last year, which is reflected in the negative
2 risk adjustment bar. So for 2026, they are paying less
3 into risk adjustment than they did in 2025.

4 [SLIDE CHANGE]

5 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION

6 CHIEF JARZOMBEC: Sharp's preliminary 2026 premium
7 increase is five and a half percent. Medical accounts for
8 more than four percent of the increase, and the pharmacy
9 contributes almost three percent. The premium increase is
10 offset by risk adjustment changes of one and two-thirds,
11 as they got slightly sicker this past year.

12 [SLIDE CHANGE]

13 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION

14 CHIEF JARZOMBEC: Turning to UHC Alliance, the premium
15 increase is mainly due to medical and pharmacy trends
16 contributing to the nine percent increase.

17 [SLIDE CHANGE]

18 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION

19 CHIEF JARZOMBEC: This slide shows UHC Harmony's premiums
20 with and without the service area expansion. Both
21 scenarios show a double digit premium increase from 2025.
22 The top table shows Harmony premiums with just over a 12
23 percent increase without the four county northern -- the
24 four county expansion in Northern California.

25 The bottom table shows Harmony premiums with the

1 expansion and about a 19 percent increase from 2025. The
2 high premium increase is mainly caused by growing
3 membership from the previous Northern California
4 expansions. Again, as I mentioned, in particular, Santa
5 Cruz County. All of these expansions have led to higher
6 medical costs. These contributed to about seven percent
7 of the premium increase.

8 In attracting healthier members, which lowers
9 their overall member health risk, has resulted in a
10 roughly five percent increase from risk adjustment. Given
11 the high premium increases Harmony is facing, we recommend
12 pausing their expansion for one year to allow UHC time to
13 stabilize from its rapid membership growth.

14 [SLIDE CHANGE]

15 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
16 CHIEF JARZOMBEC: Rounding out the HMO plans is Western
17 Health Advantage. Medical, pharmacy, and risk mitigation
18 each contributed about two percent to its premium
19 increase, which is about six percent for next year.

20 [SLIDE CHANGE]

21 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
22 CHIEF JARZOMBEC: Now, let's move on to the Basic PPO
23 plans.

24 [SLIDE CHANGE]

25 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION

1 CHIEF JARZOMBEC: As I mentioned previously, the
2 transition to one risk pool last year has positively
3 impacted the Basic PPOs. Specifically, the full
4 transition to a single risk pool has helped moderate the
5 2025 PPO rate increase and slowed the decline in PPO
6 membership. 2025's open enrollment migration came in
7 better than expected with a total PPO membership
8 decreasing by only three percent compared to the five
9 percent reduction we projected.

10 The overall rate increase is projected
11 approximately 12 percent and aligns with our previous
12 forecasts.

13 In 2024, PERS Platinum experienced a
14 higher-than-expected medical trend, largely driven by
15 losing healthier members. In contrast, PERS Gold reported
16 a more favorable medical trend. Overall, the total
17 medical trend for the Basic PPOs remains within
18 expectations.

19 Pharmacy costs continue to exceed projections for
20 the second year. High pharmacy trend is driven by both
21 increased utilization and rising unit cost, particularly
22 in specialty and brand name drugs. In 2024, the unit cost
23 for specialty drugs rose by over 20 percent, largely due
24 to higher costs for oncology care and treatments for
25 common chronic conditions.

1 Currently, specialty and brand name drugs account
2 for over 90 percent of the total pharmacy cost. The PPO
3 rate projection includes a four and five percent premium
4 surcharge, which is the same as last year and that is to
5 replenish the Health Care Fund. Finally, given
6 differences between Blue Shield's and Anthem's provider
7 discounts, some upward adjustment has been accounted for
8 in the numbers before you. As more claims and utilization
9 data becomes available, we will continue to refine our
10 numbers and we'll update you in July with the final
11 projection, with the hope that these numbers could see
12 modest improvements next month.

13 [SLIDE CHANGE]

14 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
15 CHIEF JARZOMBEC: Here are the 2026 preliminary Basic
16 premiums. As you can see, there is still variation in the
17 price points. PERS Platinum is now the highest cost plan
18 in our portfolio surpassing Kaiser's out-of-state plan.
19 The only other move is between Harmony and Sharp with
20 Harmony becoming more expensive by \$4.

21 [SLIDE CHANGE]

22 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
23 CHIEF JARZOMBEC: Next, are the Medicare plans.

24 [SLIDE CHANGE]

25 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION

1 CHIEF JARZOMBEC: So before we go into individual Medicare
2 plan slides, I'd like to discuss some of the key issues
3 impacting them. Many of the topics this year are
4 continuations of last year's discussion.

5 First, we are experiencing increased utilization
6 of medical services by Medicare members. This is
7 something not unique to CalPERS and is impacting our
8 Medicare Supplemental Premiums more than the Medicare
9 Advantage premiums.

10 Next, are impacts from the Inflation Reduction
11 Act. Last year, we talked about the changes the IRA has
12 brought to CMS subsidies and it is a similar story this
13 year. The subsidy changes impact CalPERS plans
14 differently, and amongst our plans, we continue to have
15 both winners and losers. Here are some of those details.

16 Plans that have integrated systems or have fewer
17 members on high cost drugs are benefiting from the changes
18 by receiving higher subsidy payments. This is intended to
19 reward those plans that have more effective care
20 management when it comes to providing pharmacy benefits.

21 Kaiser and Sharp are examples of plans that have
22 efficient care management of their members, as well as
23 fewer members on high cost drugs, as they have a greater
24 usage of generics over brand drugs. As a result, we are
25 seeing Kaiser and Sharp benefit from these changes and

1 both plans have low single digit premium increases this
2 year.

3 Conversely, plans that are less efficient in
4 their management of prescription drugs or have more
5 members on high-cost drugs are receiving lower subsidy
6 payments. All other Medicare Advantage plans, as well as
7 our own Medicare Supplemental plan -- plans are examples
8 here. Again, these plans are seeing high single digit or
9 double digit rated increases this year.

10 As a reminder, the timing of one of the subsidies
11 complicates our rate-setting process. CMS will announce
12 the change in subsidies in late July again this year,
13 which created -- which creates a timing issue to project
14 the 2026 costs as we finalize our premiums mid-July.

15 To ensure that CalPERS is not hurt by this
16 timing, we have gotten all plans to agree to reconcile any
17 misestimations of their subsidies in their premium setting
18 just as we did last year. I would like to publicly thank
19 Kaiser, Blue Shield, and UHC for their continued
20 partnership on this important item.

21 Another item I'd like to mention is something you
22 are likely familiar with which are the CMS negotiated
23 drugs. Starting in 2026, the prices of 10 drugs in the
24 Medicare market have been negotiated by CMS. The list
25 price of these drugs will go down significantly from their

1 2025 levels, but so will their rebates received. The net
2 cost to CalPERS and others pay -- and other payors not
3 known, but the expectation is that the net prices to
4 CalPERS will be similar. This negotiated drug program was
5 really intended to help Medicare beneficiaries who had
6 high out-of-pocket costs, such as a 25 percent
7 co-insurance. Unfortunately, even though it seems like
8 this should be a cost savings to us, it's not actually
9 expected to produce savings for plans like CalPERS.

10 The final topic on the high increases in CMS
11 revenue -- the final topic is on high increases in CMS
12 revenue few Medicare plans for 2026. This has been
13 reported recently in the news. It is true that the
14 average increase nationwide is about nine percent, much
15 higher than in recent years. However, there are a few
16 factors working against our plans.

17 First, the average growth rate in California is
18 lower, and second, CMS has changed the rules around star
19 ratings and these changes for 2026 have generally lowered
20 the average star ratings, therefore lowering CMS revenue,
21 and third, risk score model revisions are in -- are in
22 effect for the calendar year 2026, are also applying
23 downward pressure on CMS -- CMS revenue.

24 When we put all of this together, the increase in
25 CMS revenue in California is not keeping pace with the

1 increase in cost to provide benefits. CMS revenue that
2 does not fully offset rising costs will tend to result in
3 higher premium trends for CalPERS.

4 [SLIDE CHANGE]

5 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
6 CHIEF JARZOMBEC: Now, on to the Medicare Advantage plans.

7 [SLIDE CHANGE]

8 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
9 CHIEF JARZOMBEC: Anthem's proposed preliminary premium is
10 about a 17 percent increase from last year. More than
11 half of the premium increase is due to pharmacy costs.

12 Blue Shield's nationwide Medicare Advantage plan
13 started with CalPERS in 2022 with roughly 600 members. In
14 just three years, it has grown to roughly 9,900 members.
15 Most of the members in this plan are those who turned 65
16 and newly enrolled into Medicare. CMS payments are
17 generally lower for the new Medicare members due to the
18 lack of previous experience. This led to the high premium
19 increase for Blue Shield.

20 [SLIDE CHANGE]

21 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
22 CHIEF JARZOMBEC: Kaiser Senior Advantage is proposing a
23 four percent increase. Kaiser is showing a medical
24 increase of 24 percent and a decrease of 20 percent for
25 pharmacy. The decrease in pharmacy, as we've been

1 discussing, are mainly due to in -- the increase in CMS
2 subsidies based on the IRA changes.

3 [SLIDE CHANGE]

4 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
5 CHIEF JARZOMBEC: Kaiser's Senior Advantage Summit plan
6 was a new plan with CalPERS in 2023. It's preliminary
7 premium is about a four and a half percent increase.

8 [SLIDE CHANGE]

9 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
10 CHIEF JARZOMBEC: Sharp is proposing about a seven percent
11 increase from last year. This product was introduced in
12 2021 and now has about 600 members this year compared to
13 last year at about 400. The main cost drivers are medical
14 at five percent and pharmacy at one and a half percent.

15 [SLIDE CHANGE]

16 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
17 CHIEF JARZOMBEC: UHC's Group Medicare Advantage Plan is a
18 nationwide plan. UHC is proposing about a nine percent
19 increase from last year. Close to four percent -- I'm
20 sorry. Close to five percent of the premium increase is
21 contributed by medical and four percent by pharmacy costs.

22 [SLIDE CHANGE]

23 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
24 CHIEF JARZOMBEC: Next is our Medicare Supplemental plans.

25 [SLIDE CHANGE]

1 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION

2 CHIEF JARZOMBEC: The overall rate increase for 2026 is
3 projected at 13 and two-thirds percent. The key drivers
4 for the current year's increase include an increase in the
5 average age. So in the past few years, our population
6 has -- was previously 74 years of age, and thousand it's
7 75 and a half years. Also, recent increased utilization
8 in the past several years has increased about four percent
9 when compared to previous years. The number of high-cost
10 claimants has tripled since 2021, and this has contributed
11 an estimated two percent increase in unit costs.

12 And lastly pharmacy. Similar to Basic PPO plans,
13 we continue to observe rising utilization and unit costs
14 in both specialty and brand name drugs, which
15 significantly increases the total cost of care.

16 [SLIDE CHANGE]

17 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION

18 CHIEF JARZOMBEC: This slide shows the 2026 proposed
19 preliminary premiums for the Medicare plans.

20 [SLIDE CHANGE]

21 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION

22 CHIEF JARZOMBEC: And for next steps, we continue
23 negotiations with the plans and we are sharing the
24 preliminary premiums with the Legislature, Department of
25 Finance, and others, as required by statute. We will

1 present the final premiums to the Board in July for their
2 approval.

3 This concludes the presentation and we're happy
4 to take any questions.

5 CHAIR RUBALCAVA: Thank you, Rob. Now, we'll
6 take questions from the Committee members.

7 No questions.

8 I just want to thank you for another great year
9 of contract negotiating with the carriers. I know it
10 wasn't -- every year is different, but -- we do have
11 questions? Oh, I'm sorry. We do have now -- okay. Now,
12 we have -- I'll let everybody speak first and I'll
13 concluding remarks. We'll start with Mr. Frank Ruf --
14 Trustee -- Mr. Ruffino.

15 ACTING BOARD MEMBER RUFFINO: Mr. Chair, I can
16 wait until the rest of the Board.

17 CHAIR RUBALCAVA: Okay. We'll start with
18 President Taylor.

19 COMMITTEE MEMBER TAYLOR: So, yeah. Thank you,
20 Chair Rubalcava. I just wanted to thank everybody for the
21 work on this. I know we worked really hard. You guys
22 worked really hard to get the costs down to the best of
23 our ability. It's better -- it's better than last year,
24 so this is a good thing. And you made some hard decisions
25 with the Monterey and the Access+, and Harmony, and, you

1 though, staying their growth, but I think this will be
2 better for our members in the long run. So we appreciate
3 your hard work on this. So thank you very much.

4 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION

5 CHIEF JARZOMBEC: Thank you.

6 CHAIR RUBALCAVA: Thank you, President Taylor.
7 Trustee David Miller, please.

8 COMMITTEE MEMBER MILLER: Yeah. I would echo
9 President Taylor's comments. I just appreciate the work
10 of all the team. I know this is, you know, really gritty
11 work to be doing with. It's grueling. It can be very
12 frustrating. And I also recognize for our members and
13 stakeholders that, you know, seeing these increases as
14 good as they are in a relative sense, and knowing how much
15 work we put in and -- but it's still -- it's painfully
16 expensive. And it just -- and I'm just hoping that, you
17 know, as we do incrementally better, and we get better and
18 better at negotiating and getting under the hood with
19 these guys, that in the future, you know, we can be part
20 of the solution on a -- on a larger scale, because even
21 these kind of increases are just not sustainable in the
22 long run for our members. It's just -- especially for our
23 retirees.

24 And let alone, you know, I just think about the
25 rest of the country for folks who don't have, you know, a

1 pension and a health care package like our members do,
2 it's all part of a bigger picture where these health care
3 costs and pharmaceutical costs are. Just -- I just don't
4 see an end to that. And so, that's my rant for the day.

5 But I definitely appreciate the work of the team,
6 and I think we're doing better and better, but it's still
7 a real uphill battle. So I don't know. We'll see.

8 CHAIR RUBALCAVA: Thank you, Trustee Miller.
9 We'll go to Trustee Jose Luis Pacheco.

10 COMMITTEE MEMBER PACHECO: Thank you. I also
11 want to echo the same sentiment of your hard work and so
12 forth in putting together these premiums. I just wanted
13 to go back to the Monterey County slide, page 11 of 40.
14 You mentioned that if we replaced the Trio with the
15 access. It's going to be about 3,000 folks. Is that --
16 are those mostly single family? I'm just -- I wanted
17 know.

18 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
19 CHIEF JARZOMBK: I don't have the breakdown between
20 single and family. The 3,000 -- the 3,000 number --
21 actually, the 2,800 from public agency and school members,
22 and then there's 3,400 State members, so a combined total
23 of 6,000 --

24 COMMITTEE MEMBER PACHECO: Six thousand.

25 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION

1 CHIEF JARZOMBEC: -- members in Trio in Monterey County.

2 COMMITTEE MEMBER PACHECO: And would going from
3 Trio to access, would they still be able to have access to
4 the same hospital network and so forth?

5 HEALTH PLAN RESEARCH & ADMINISTRATION CHIEF
6 JARZOMBEC: Yeah.

7 COMMITTEE MEMBER PACHECO: They won't -- there
8 won't be -- they'll be continuity of care?

9 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
10 CHIEF JARZOMBEC: So the -- as we understand it, and this
11 is what Blue Shield is working with the DMHC on, is just
12 taking their current Trio network and what is their in
13 Monterey in turning it into the Access+ network. So there
14 wouldn't be any changes to the network with the potential
15 to have maybe some additions to it. But for -- as what we
16 understand it, it would just be converting what is there
17 today into the Access+ plan.

18 COMMITTEE MEMBER PACHECO: And if there are any
19 persons that are in like specialized services and so
20 forth, and let's say -- let's say the Access didn't have
21 it, but Trio had it, there will be some provision to --
22 you'll be -- still be able to have some continuity of
23 care?

24 HEALTH PLAN RESEARCH & ADMINISTRATION DIVISION
25 CHIEF JARZOMBEC: Yes, Absolutely. What is our

1 understanding, and Blue Shield is working hard, so that
2 there is no reduction in the network that is there for
3 Monterey.

4 COMMITTEE MEMBER PACHECO: There's no reduction.
5 Okay. Very good then.

6 CHIEF HEALTH DIRECTOR MOULDS: With one important
7 qualifier here, which is -- which is that there is always
8 the possibility that the network over time could be
9 negotiated, but those -- the negotiate -- any changes
10 would essentially be the same, were they to happen under
11 Trio or Access+. So I don't want to -- I don't want to
12 suggest that changes couldn't happen. The reason changes
13 would happen would be efforts -- related to efforts to
14 bring down costs in Monterey County. Any changes would
15 be -- would be -- any changes on the HMO side would be
16 overseen and require approval by the Department of Managed
17 Health Care. So the time and distance standards that are
18 part of California law would be in effect, the, you know,
19 number of specialists, and primary care et cetera, all of
20 that would be identical.

21 We typically use a very similar lens when we're
22 looking at potential changes to the PPO. So I'm not --
23 I'm not foreshadowing any changes per se. I'm mostly just
24 wanting to be crystal clear that they're always possible.
25 They would be -- they would equally possible under Trio or

1 under Access+.

2 COMMITTEE MEMBER PACHECO: Well, thank you very
3 much. As a -- as a resident that was -- that was born in
4 Watsonville, I can attest how important that is. So thank
5 you for your comments and I appreciate everything you've
6 done. Thank you. That's all.

7 CHAIR RUBALCAVA: Thank you.

8 We'll go with Trustee Palkki, please.

9 VICE CHAIR PALKKI: Thank you, Mr. Chair. I just
10 want to, first, thank you for all the work that you guys
11 are putting into this. I do want to echo my colleagues'
12 comments. I've been fortunate enough to travel to some
13 other states and seeing that individuals that live in
14 these other states have to literally drive to another
15 state to get the care that they need tells me that there's
16 a much bigger issue, and not just in California, but in
17 the states, as a whole, as a nation. And I hope that
18 being CalPERS we can utilize our voice at a much bigger
19 platform to sort of as a society figure out how we can
20 best serve everyone, when it comes to health benefits and
21 taking care of our health and things of that sort.

22 So, again, thank you for everything you do. And
23 anything we can do to utilize our voice at a much bigger
24 platform, please do so. Thanks.

25 CHAIR RUBALCAVA: Thank you. We'll go to

1 Delegate Frank Ruffino, please.

2 ACTING BOARD MEMBER RUFFINO: Thank you, Mr.
3 Chairman. You know, there is a well known saying that I
4 think we all know, and we have heard, quote, "Nothing is
5 certain except death and taxes." And that was attributed
6 to Benjamin Franklin, by the way, way back in 1789. I
7 think it might be appropriate to update that to today's
8 standard. And it should, "Death, taxes, and health care
9 premium increases."

10 (Laughter).

11 ACTING BOARD MEMBER RUFFINO: So, given that the
12 premiums are projected to increase for both the
13 employer -- employers and employees, the question is how
14 are equity and affordability being weighted, particularly
15 for lower income workers and retirees on fixed income?

16 CHIEF HEALTH DIRECTOR MOULDS: So, both important
17 but big topics. Equity, as you know, is one of the four
18 pillars of health care. It is one of our strategic
19 objectives and something that we take incredibly
20 seriously. We have -- I'm not going to go into all of the
21 details of the health equity efforts that we've been
22 making, because they are numerous, but it is absolutely
23 critical that all of our members have access to high
24 quality affordable health care, regardless of who they
25 are, full stop. And that is something that we are -- we

1 are committed to and will continue to be committed to for
2 the long haul.

3 So, Dr. Logan, periodically provides updates on
4 the various pillars of that and the initiatives underway.
5 We could talk for an hour about them right now. We're not
6 going to, but just know that that commitment is there.
7 Access is a challenge for a bunch of different reasons.
8 One, as you rightly pointed out, is that there is a
9 connection between cost and access. So one of the things
10 that we know is that when costs go up, for people, their
11 access tends to get compromised. That can be because of
12 premiums, but it is more often because of cost sharing.

13 And so one of the things that we have endeavored
14 to do here is to make sure that as we look to make health
15 care premiums more affordable, that we do not do that by
16 pushing overs indirectly back onto members. So there's a
17 whole bunch of evidence out there that suggests that when
18 you do that, people skip care that they need and they get
19 sicker.

20 They -- conditions that are manageable or
21 preventable are not well managed, are not prevented. And
22 not only does that cause costs later on down the -- down
23 the road, but it also just -- it gets in the way of what
24 we're trying to do here, which is keep our members
25 healthy. So that has always been a pillar of CalPERS

1 health care. It's wildly important. It's something
2 personally that I've worked to ensure everywhere I've gone
3 for most of my career. And it's critical to the way we
4 think about this problem.

5 It limits the quick fixes that a lot of other
6 large purchasers use to bring premiums down, but it is
7 very shortsighted. I will also add that one of the things
8 that's really special about CalPERS is that our members -
9 and the health policy nerd term is - are extraordinarily
10 sticky. What does that mean? It means that people who
11 have CalPERS insurance tend to be on CalPERS insurance for
12 a very, very long time. We have so many members who are
13 born into CalPERS, and die in CalPERS, not because they
14 die prematurely, but because they have retiree health care
15 for the duration of their life. So those bets on
16 long-term investments in health care are more beneficial
17 to CalPERS than a lot of employers in the -- in the open
18 market who have a connection to an employee for two or
19 three years. So those are the -- those are a few of the
20 ways we think about it.

21 Again, it limits the short-term moves that we can
22 make to keep premiums lower, but we believe and evidence
23 bears out that those are investments that are well worth
24 making for the long haul.

25 ACTING BOARD MEMBER RUFFINO: And thank you, Mr.

1 Moulds, for your eloquent response. And I think although
2 some of us will take for granted what you said, I think it
3 was important for all of us in the room, and those who are
4 watching, particularly, you know, our retirees who are on
5 fixed income. You know, they hear exactly what you said,
6 that still CalPERS does not take this lightly. And it's
7 on the forefront every time we have to do this every year.

8 I want to ask you another question and I'm not
9 necessarily looking for an answer, but I want to sort of
10 think about it, reflect on this, on whether or not we have
11 any specific innovations or reforms. Is CalPERS looking
12 at pursuing or even exploring in the future to control
13 health care costs growth beyond the annual rate
14 negotiations that we do?

15 So like I said, I know -- you may -- please
16 comment on it, but I'd like us to somehow -- and I also
17 recognize that this is not unique just to us. This is a
18 national dilemma, you know, the health care industry, and
19 perhaps even internationally. You know, so I don't expect
20 quick fix, but we -- we need to reflect on it. What can
21 we do? And I think we should not let it -- leave it out
22 to just to luck so to speak.

23 CHIEF HEALTH DIRECTOR MOULDS: Do you want an
24 answer or --

25 (Laughter).

1 ACTING BOARD MEMBER RUFFINO: Please, if you have
2 an answer. I'll definitely take an answer.

3 CHIEF HEALTH DIRECTOR MOULDS: I mean, again, I
4 don't -- I don't want to give you a dissertation back. We
5 have another -- a number of initiatives that have been
6 underway now for some time that have shown progress, but
7 have -- none of which have been silver bullets. One is
8 addressing uncompetitive areas in California. So, you
9 know, I've talked in the past about the fact that we pay
10 about a 35 percent premium for health care in the north
11 and we pay twice for our most expensive counties than we
12 do in our least -- in our most efficient counties. None
13 of that has to do with the quality of the medicine that
14 our members are receiving. It is the same. If there's
15 any relation, it is sometimes inversely related.

16 That has everything to do with the competitive
17 environment and lack of competitive environment in some of
18 these high cost areas. So when we talk about places like
19 Monterey, like Santa Barbara, like Santa Cruz now, those
20 high costs have to do with dysfunctional markets. We have
21 been -- we have been working to try to add dress some of
22 those anti- -- the anti-competitive nature of those
23 markets. We work occasionally with the Attorney General's
24 office to address some of that. We are looking
25 increasingly at secondary ways of addressing that,

1 moving -- creating incentives to move members from
2 high-cost sites of care within a county to lower cost
3 sites of care that are at least clinically equivalent and
4 often clinically superior alternatives. There's a lot of
5 evidence suggesting, for example, that a lot of procedures
6 when done outside of the hospital not only are much
7 cheaper, but you get better outcomes.

8 We are looking increasingly at how we're thinking
9 about primary care and its role. We are very interested,
10 and Dr. Logan has spoken eloquently about this, we are
11 looking at ways of increasing both the supply of primary
12 care, the primacy of primary care in our offerings, and
13 using it to drive better outcomes and lower costs.

14 I am, as you know, an ex officio member of the
15 Health Care Affordability Board in California, which
16 earlier this year set a premium -- sorry, health spending
17 growth targets at ultimately three percent of -- of total
18 cost. That's -- there are enforcement mechanisms there,
19 so we are hopeful that we will see some savings there,
20 when those are fully in effect. We have added financial
21 alignments in all of the contracts that we have negotiated
22 over the last couple of years. And, as Dr. Logan will
23 talk about, we are hopeful that we will see them in our
24 PBM relationship in the -- in the upcoming contract.

25 That creates a scenario where plans are rewarded

1 for keeping costs low and financially punished for not
2 doing so. You would think that that would be standard
3 issue. It is not. It is the rarity. It basically
4 doesn't exist in the PPO market.

5 So all of those are tools that we are using to
6 try to keep health care costs down. The challenge is that
7 the underlying trend is in the wrong direction in the
8 country and in California. And that is going to continue
9 to put pressure in the opposite direction. We're going to
10 be seeing massive changes at the federal level, in my view
11 not for the better, for health care. There will, in all
12 likelihood, be significant cuts to numerous public health
13 programs, Covered California, the enhanced subsidies for
14 members, Medicaid, et cetera. That will all have ripple
15 effects through the commercial market.

16 So there's a lot going on in this space. We are
17 doing what we can. We can always do better and we try to
18 do better every day. It is a big task.

19 ACTING BOARD MEMBER RUFFINO: Thank you again.

20 CHAIR RUBALCAVA: Thank you.

21 ACTING BOARD MEMBER RUFFINO: Thank you again,
22 Don. Am I on?

23 Just one final comment, Mr. Chair. Thank you,
24 again, Don, for what you just said. And I am -- and I
25 agree with you, those initiatives and some of them, you

1 know, should become our -- maybe some talking points, you
2 know, to -- and don't take this as criticism in any shape
3 or form, but we cannot rest -- we need to talk about these
4 initiatives. We need to talk more and more and
5 repeatedly, because you and I, we're in this business that
6 we sort of know, we hear it, but the average person out
7 there doesn't really know. And I challenge also the
8 leadership of the various organizations who are here
9 present in this room, and we're listening, you know, to
10 take account of these issues and call CalPERS
11 communication office, get the talking points. So that
12 it's your chapter meetings. It's your gathering with your
13 membership. Educate them on what's going on, what CalPERS
14 is doing.

15 CalPERS is truly working really, really hard day
16 after day during these negotiations. And although, you
17 know, predecessor over here, you know, they're talking
18 about sharpening the pencils. You can only sharpen so
19 much until we breaks it, and we cannot keep that pencil
20 going on our own.

21 So anyhow, I just want to thank you for your
22 effort. And I want -- not withstanding all these
23 comments, thank you for the great negotiation skills and
24 the great job you guys have done.

25 Thank you, Mr. Chair and Don for allowing to

1 editorialize for a minute or two.

2 CHAIR RUBALCAVA: Thank you, Frank Ruffino.

3 Trustee Walker, please.

4 COMMITTEE MEMBER WALKER: Thank you. I just want
5 to say that until I become a Board member, I didn't fully
6 appreciate all the work that went into the setting --
7 getting the premiums, the negotiations, really setting up
8 a plan to make sure that quality care is at the forefront
9 of what we're doing. You know, when I first started in
10 State Service, I remembered when they used to lower
11 premiums by increasing our copays, right? And you made a
12 decision we're not going to do that anymore. That's not
13 who we are. That's not what we're going to do.

14 But I think that you guys do an outstanding job
15 with the cards you are dealt. But I think fundamentally
16 in our country, we have got to come to the decision that
17 health care is a right. Like, we're playing around with
18 insurance. We're not playing around with care. Like I
19 think -- and we tend to not have those conversations. And
20 I think we need to. I don't think it's going to change in
21 the next four years, but, you know, the ground swell
22 should start again some, because we do need to have the
23 conversation about access to care, not insurance. And
24 that access to care is a right. No matter where you live,
25 no matter what your status is, health care should be a

1 right for all of us. And that should be the demand that
2 we make as citizens, because until we do that, even with
3 the exemplary work that you all are doing, right, you
4 know, that is just playing around the edges.

5 And so, if we are serious about changing, you
6 know, and really making an impact on health care, we will
7 be having very different conversations and doing very
8 different things.

9 CHAIR RUBALCAVA: Thank you, Board members, for
10 your insightful comments, and thank you, staff, for all
11 the work you do.

12 I wasn't going to speak much, but after Frank and
13 Yvonne, I think we should acknowledge that CalPERS has
14 different tools that most people -- most employers don't
15 or more plan sponsors don't. I mean, we have a big
16 database of information, because we have 1.5 million
17 members and beneficiaries. And that information is used
18 to our benefit. Whenever there's an issue -- proposal
19 submitted, we have -- we do -- we have like our test
20 premium that we can compare with them, the carriers. And
21 we ask them, when they submit, to be -- act -- they have
22 to do an actuarial attestation signed by an actuary, not
23 an underwriter. And there's -- it's a complexity thing.

24 We heard Don speak earlier today about the
25 contract terminations between insurance carriers and the

1 providers. That's a reality in this system, United States
2 that we have to deal with. But one thing I think I want
3 people to understand I think it was sort of alluded in
4 other states in other locations, you know, plan design is
5 very different, access is very different. We have a very
6 rich plan here and we have Dr. Logan and others who are
7 trying to improve on the outcomes or trying to link the
8 primary care physician with a mental health -- the
9 comor -- comor -- I cannot pronounce that word, but
10 whenever there is more than one disease prevalent.

11 And we want to -- we want to understand what are
12 the disease prevalent in our members, so we can attack
13 those, those chronic diseases. And we try to do the value
14 design. We want to give people incentive to see their
15 primary care physician, to go to the -- to follow -- to be
16 compliant with their medical instructions.

17 And so there's many things that have been
18 mentioned and like the financial alignments that we got
19 last year. I mean, that's -- in the HMOs. People -- we
20 are -- staff has put -- made the carriers put money at
21 risk. I try other experiences with other plan sponsors.
22 They don't have the -- I don't want to say strength or the
23 staff manpower to get those concessions. So I know this
24 is a challenge. I know this is a burden. The price --
25 let's be clear, the premium is a burden on the employee,

1 and the member, on CalPERS, and on the employer. And it's
2 a real challenge, but we going forward, and I comment, and
3 thank our professional staff.

4 I talk too much, so we're going to our public
5 comment.

6 Larry Woodson. I thought you retired.

7 (Laughter).

8 CHAIR RUBALCAVA: You know what I meant.

9 COMMITTEE MEMBER MILLER: It's good to see you.

10 LARRY WOODSON: I think I remember how to do
11 this. Am I on?

12 CHAIR RUBALCAVA: Yes, you are. You have three
13 minutes.

14 LARRY WOODSON: Okay. So Good afternoon. Larry
15 Woodson, California State Retirees. Chairman Rubalcava
16 and Board members, I thank you for the opportunity to
17 comment. I also thank staff, the Health team, and
18 Stakeholder Relations for holding the special stakeholders
19 meeting for us. It gave us the opportunity to see the
20 preliminary rates prior to coming into this meeting.
21 There wasn't a lot of time to digest, but I o have a few
22 comments.

23 First, it does seem like there's good news and
24 bad news. Overall, the increases seem to be a little
25 less. Rates are still too high. Kaiser rates are a

1 smaller increase, but their rates are still quite high.
2 The MA plans are too high and those plans use capitation
3 funding model and widespread upcoding, which we're all
4 familiar with, and has been reported, and they are a real
5 gold mine for the insurers.

6 Independent MedPAC estimated that MA insurers
7 have reaped \$217 billion in overpayments since 2007. And
8 then other estimates a little different nature. They
9 estimated MA plans cost 70 to 120 billion dollars more a
10 year, are more costly than if the same services were
11 provided by traditional Medicare.

12 So, turning to the biggest provider,
13 UnitedHealthcare, they are almost double digit increases
14 this year at 9.03 percent for Basic and 8.83 for Medicare
15 Advantage. Those are too high increase. This is against
16 the backdrop of the Fortune 500, which just came out, and
17 showed UnitedHealth Group moved from number four to number
18 three with revenues of \$400.3 billion for 2024. Now,
19 their profits shrunk a little bit, only 15.3 billion last
20 year. That's still pretty darn high. And it's still,
21 even with their reduction in profit, it puts them in the
22 top 25 out of the 500, and it's trending upward. I saw
23 the last quarter they made 500 -- \$5 billion in profit,
24 and then the first quarter of this year, six billion. So
25 they're back up.

1 Am I out of time? In conclusion to -- in the
2 words of former Board Chair Rob Feckner, go back and
3 sharpen your pencils to UnitedHealthcare and a couple of
4 other of these high rate increases, and lower your rates.
5 They can afford it. Thank you.

6 CHAIR RUBALCAVA: Thank you. Thank you, Mr.
7 Woodson.

8 Next, we have J.J. Jelincic to be followed by
9 C.T. Weber.

10 J.J. JELINCIC: Joseph John Jelincic, Jr. from
11 RPEA. The rates are too high. I was going to quote Rob
12 Feckner, but I won't. But I must congratulate this Board,
13 you have gotten what you want. You want more people in
14 high cost plans and less people in low cost plans, and
15 you're succeeding. When you decided to take health
16 characteristics out of the evaluation for risk adjustment
17 and to look at what the insurance companies were paying
18 out, and ignoring health characteristics, you adopted a
19 policy that says run up the premiums and we'll subsidize
20 you.

21 Until you start looking at health characteristics
22 for your risk adjustment, the risk adjustment is a farce.

23 Thank you.

24 CHAIR RUBALCAVA: Thank you. C.T. Weber, please.

25 C.T. WEBER: Hi. My name is C.T. Weber. Excuse

1 me.

2 My concern when I first signed up was the high
3 cost of health care. Health care keeps going up. It's
4 like a balloon and it's filled with helium, and the keep
5 filling it. Then I heard the words of Frank and Yvonne,
6 and I was, you know, heightened that -- you know, that the
7 idea is getting out that health care cost is too high.
8 And so -- and as long as we keep continuing to try to keep
9 health care down under the current system, you know, the
10 real problem is that we have privatized health care in
11 this country. And so therefore, the competition and the
12 concern for profit keeps driving health care costs up.
13 And they'll always ask for more than they're going to get
14 and they know that.

15 My other concern I think is that federal money,
16 as long as it continues to subsidize the Advantage
17 programs that they are using that money and it's going to
18 make the amount of money available for Advantage health
19 care that's taken extra money for their profit system, and
20 it's going to wear down the money even faster, so that
21 Medicare money is running out faster because of these
22 Advantage programs.

23 I think, and just to put a little political pitch
24 at the end here, is that I think what we really need is a
25 universal, comprehensive, single-payer health care --

1 health plan not an insurance company, but with no copays,
2 no deductibles, no payment at point of getting your
3 service. So, yeah, health care cost is too high. And as
4 long as you continue to fight to bring it down it's good
5 work on what you're doing, but it's -- your fighting
6 against the system that's built against that. Thank you.

7 CHAIR RUBALCAVA: Thank you.

8 There was other speakers for 6b, which is the
9 pharmacy benefit manager, but I do have somebody on the
10 phone. I'm not sure if that person wants to speak to the
11 rates or to the benefit contracts. So do we know or can
12 we can just wait for 6d.

13 We just wait for 6d. Okay.

14 STAFF SERVICES MANAGER I FORRER: Just wait for
15 6d, yes.

16 CHAIR RUBALCAVA: Okay. So we're going to wait.

17 So we'll -- thank you, Rob. Thank you, Don. It
18 was very good. And one thing I forgot to mention, we have
19 taken other actions, like supporting legislation to give
20 the Attorney General more power authority to investigate
21 these mergers into -- with private equity, and to
22 providers, but we were unfortunately unsuccessful there.
23 But thank you, Rob. It's excellent work. Thank you, Don.
24 And now we'll -- stay there, Rob. I think you stay. You
25 stay there, don't you, for the next item?

1 (Slide presentation).

2 CHAIR RUBALCAVA: And Dr. Logan, on the pharmacy
3 benefit manager contract recommendation, please.

4 CHIEF CLINICAL DIRECTOR LOGAN: Good afternoon,
5 Mr. Chair and members of the Committee. Julia Logan,
6 CalPERS team member. As you know, we are working to
7 complete our process of making our recommendation to the
8 Board for outpatient pharmacy benefits for our PPO Basic
9 and Medicare Supplement plan members, and many of our HMO
10 Basic and Medicare Advantage plan members starting January
11 1st, 2026.

12 Today, I'll give you an overview of the -- our
13 strategic considerations and status updates on the
14 contracting process with our final recommendation to come
15 in July.

16 [SLIDE CHANGE]

17 CHIEF CLINICAL DIRECTOR LOGAN: This slide
18 highlights our current pharmacy benefit structure.
19 Currently, our members receive medication through either
20 the pharmacy benefit or through their medical providers
21 under the medical benefit. Medications distributed under
22 the pharmacy benefit are typically outpatient medications.
23 These are primarily patient and caregiver administered.

24 Provider administered medications, such as
25 infusions and some injections, are provided under the

1 medical benefit. Our members enrolled in Blue Shield HMO
2 plans as well as Kaiser receive their pharmacy benefits
3 through their medical plans and are fully funded. They
4 don't use Optum. Our outpatient pharmacy benefit, through
5 a self-insured arrangement, with OptumRx provides benefits
6 to approximately 600,000 of our members, including more
7 than 400,000 Basic members, both PPO and several HMOs, and
8 165,000 Medicare members.

9 [SLIDE CHANGE]

10 CHIEF CLINICAL DIRECTOR LOGAN: This slide
11 illustrates what you are all very well aware, the critical
12 importance of our pharmacy vendor from a financial
13 perspective. It shows our total pharmacy spend over the
14 past four years, as well as the total spend as a percent
15 of premium. As you can see, it's an enormous amount of
16 money, and a very significant percentage of our overall
17 spend.

18 In 2023, CalPERS spent over \$11.2 billion to
19 purchase health benefits for one and a half million active
20 and retired members and their families. Approximately 21
21 percent of our 11.2 billion spend in 2023 was for
22 outpatient prescription drugs alone, which represents a
23 two percent increase from '22 to '23, and an approximate
24 20 percent increase in pharmacy spending. There are
25 several factors contributing to the overall increases in

1 cost, which -- I'm sorry -- to the overall increase in
2 spend, which we've discussed previously and Rob just
3 mentioned, including increases in cost and use of brand
4 and specialty medications.

5 In 2023, 48 percent of CalPERS self-funded
6 pharmacy spend was for specialty drugs, yet specialty
7 drugs accounted for only about two percent of total
8 outpatient drug utilization. I also want to underscore
9 however that we look at pharmacy trend in the context of
10 CalPERS overall goal of delivering the best possible care
11 as cost effectively as possible. One of the things we
12 look at is not just what the pharmacy trend is, but how
13 our pharmacy spend impacts our medical spend.

14 [SLIDE CHANGE]

15 CHIEF CLINICAL DIRECTOR LOGAN: Over the past
16 five years, we have made concrete improvements in the
17 terms of our contract with Optum, including moving to a
18 hundred percent pass-through of rebates and
19 acquisition-based pricing. Our annual independently
20 conducted market checks have also confirmed that we're
21 getting pricing that is quite competitive with other
22 purchasers of our size, but there are areas of the
23 contract that we believe we can and should improve upon,
24 including better assurances that we are indeed getting the
25 full benefits of any rebates, improved transparency,

1 affordability, and predictability and clinical and
2 financial accountability.

3 [SLIDE CHANGE]

4 CHIEF CLINICAL DIRECTOR LOGAN: Our three main
5 objectives for this contract are to foster affordability
6 for CalPERS and our members, promote better quality care,
7 and ensure effective and safe medication access and use
8 for our members, and ensure full transparency of the terms
9 and arrangements between CalPERS and our pharmacy benefits
10 vendor. Additionally, in terms of quality and access, we
11 would like to support and reinforce the population health
12 goals expressed through our Quality Alignment Measure Set
13 or QAMS, so that a pharmacy vendor is working together
14 with our plans and Included Health to improve quality.

15 [SLIDE CHANGE]

16 CHIEF CLINICAL DIRECTOR LOGAN: Just a brief
17 overview of our process so far. We conducted a nationwide
18 market scan of pharmacy benefit vendors in the fall of
19 2024 to assess the landscape of potential vendors and
20 chose 16 entities with whom to enter discussions. These
21 vendor discussions centered around their scope, approach,
22 and capacity to provide pharmacy benefits for our members
23 and included all of the big three pharmacy benefit
24 managers, or PBMs, several mid-sized and smaller PMBs, a
25 coalition, and a health plan.

1 Through multiple subsequent discussions with
2 these vendors, as well as numerous data requests regarding
3 pricing and financials, clinical aspects like formulary
4 and utilization management, and operational aspects like
5 transparency, and auditing, and data capabilities, we
6 successfully narrowed the list to a small group of vendors
7 with whom to enter contract negotiations.

8 [SLIDE CHANGE]

9 CHIEF CLINICAL DIRECTOR LOGAN: We have been
10 evaluating vendors along three dimensions, first,
11 financially including pricing, fees, rebates, and rebate
12 guarantees, as well as the total cost of care guarantee
13 that we are very interested in securing. We're also
14 evaluating them from a clinical perspective, including
15 formulary, and the management of high cost specialty and
16 non-specialty drugs. Finally, we're evaluating them from
17 an operational standpoint, including critical areas that
18 I've mentioned, like auditing rights and transparency and
19 flexibility, as well as transition and implementation
20 plans.

21 [SLIDE CHANGE]

22 CHIEF CLINICAL DIRECTOR LOGAN: One of the main
23 goals of the new pharmacy contract is to have it better
24 aligned with our goals of financial sustainability and
25 accountability, and to have the pharmacy vendor

1 accountable for some of that financial sustainability. We
2 proposed an arrangement that's similar to what we achieved
3 in our recent self-funded PPO contracts with Included
4 Health -- Included Health -- I'm -- yeah, Included and
5 Blue Shield of California. Namely, we expect the new
6 pharmacy vendor to be subject to a cost trend guarantee
7 over the life of the five-year contract that puts
8 significant dollars at risk for controlling costs and
9 quality.

10 While we are still in the process of our
11 negotiations, we're very hopeful that the ultimate
12 contract will literally have hundreds of millions of
13 dollars at risk over the five years of the contract for
14 cost and quality.

15 Part of those guarantees are based on the
16 clinical quality guarantees. CalPERS has proposed quality
17 guarantees that would have the PBM put \$10 million at risk
18 annually, five million for quality and our commercial
19 plans, and five million for quality and Medicare, and to
20 have the measures aligned with two of those in the quality
21 alignment measures set, controlling high blood pressure
22 and diabetes care, both of which are measures that have
23 concrete pharmacy interventions and allow for our pharmacy
24 vendor to have that direct impact on clinical outcomes.

25 In this way, the quality guarantee helps to

1 reinforce and support the quality efforts across our
2 medical and pharmacy contracts, and will reinforce and
3 support collaboration and patient care across the pharmacy
4 and medical vendors. It's also worth highlighting that
5 these guarantees are very innovative in the pharmacy
6 industry, and we're holding them accountable in ways that
7 they haven't been before.

8 [SLIDE CHANGE]

9 CHIEF CLINICAL DIRECTOR LOGAN: Negotiations with
10 a small group of vendors have resulted in better contract
11 terms and alignment with CalPERS goals and priorities,
12 including significant money at risk for cost trend and
13 quality, as I just mentioned. The vendors have also
14 agreed to our clinical performance guarantees to be
15 financially accountable for clinical outcomes of our
16 members.

17 Also, the vendors have agreed to contractual
18 language that give CalPERS greater protections around
19 audit rights and other terms than we have had in the past,
20 including improved language around formulary and
21 utilization management customizations. We are still
22 actively negotiating several key contractual areas
23 including transparency and the ability to modify the terms
24 of the contract. Achieving agreement in each of these
25 areas with the vendors will be key factors in our final

1 recommendation.

2 [SLIDE CHANGE]

3 CHIEF CLINICAL DIRECTOR LOGAN: We are
4 anticipating a certain level of disruption, regardless
5 who -- of who we contract with. So let me explain why
6 that is. First of all, there are several different types
7 of disruption that we should review. There's the
8 disruption associated with having a new and different
9 formulary that excludes different drugs and puts drugs
10 into different tiers, which can increase or decrease
11 copays. This is generally the type of disruption that
12 members care about the most.

13 There's also disruption in the pharmacy network,
14 in other words, the pharmacies at which you get your
15 medications filled, whether that be retail or mail order.
16 We anticipate very little disruption in pharmacy networks.
17 There's also the disruption that may result from drugs
18 having a different set of criteria, like step therapy,
19 that wasn't present in the -- that wasn't there in the
20 present -- the present contract. Finally, there can be
21 disruption associated with a new customer service
22 interface, instead of staff who are new to CalPERS
23 benefits.

24 All of these we know can be very frustrating and
25 inconvenient, but some of them, like exclusions of drugs

1 that weren't previously excluded, are much more impactful
2 to members. Knowing this is incredibly important for our
3 members and we have done a careful disruption analysis,
4 and have dug into this to the drug level. For drugs that
5 would not be covered on a new formulary, members would be
6 switched to a covered equally effective alternative. Most
7 of these formulary changes are not clinically significant
8 and include brand-to-generic switches.

9 And to mitigate member disruption, we have asked
10 vendors to develop a comprehensive transition plan that
11 includes providing telephonic access prior to our go-live
12 date, a dedicated customer service team, obtaining all
13 relevant member data for active prior authorization and
14 open refills, and targeted outreach to members on
15 specialty medications.

16 Additionally, under CMS rules, all Medicare
17 members will receive their first fill of the year after
18 the transition, regardless of whether the drug is excluded
19 under the new formulary or not.

20 [SLIDE CHANGE]

21 CHIEF CLINICAL DIRECTOR LOGAN: Regardless of
22 which vendor we ultimately contract with, we will require
23 an implementation plan to ensure that the implementation
24 of a new contract goes as smoothly as possible for our
25 members. In addition to working closely with a vendor, we

1 will also be mobilizing partners internally here at
2 CalPERS. For instance, we will have a dedicated team here
3 at CalPERS to manage communication to members, so that
4 members are informed every step of the way in advance of
5 January 1st go-live date.

6 This internal CalPERS team will work very closely
7 with the vendors CalPERS chooses to contract with to
8 ensure members receive all necessary information and that
9 the information is accurate or work with the incumbent in
10 the event of formulary changes under a new contract.

11 Engagement between CalPERS and the vendor will
12 start as soon as we announce the vendor we'll be
13 contracting with in July. Both CalPERS and the vendor
14 will be focused on open enrollment, which will be a
15 critical opportunity to prepare members. And we will
16 maximize communication strategies through our CalPERS
17 team, the vendor's team, and our employer partners.

18 Please know that it's our number one priority to
19 minimize the impact to members during implementation of
20 this new contract. So let's talk about next steps. As I
21 mentioned, we continued to negotiate several key
22 contractual areas, including final financial terms,
23 transparency, and the ability to modify the terms of the
24 contract with the vendor. And as noted, reaching
25 agreement in each of these areas with the vendors will be

1 key factors in our final recommendation. We will bring to
2 you our final recommendation and contract for approval at
3 the July off-site.

4 Implementation and any transition activities will
5 begin immediately afterwards. Thanks for your attention
6 and I look forward to the conversation.

7 CHAIR RUBALCAVA: Thank you, Dr. Logan.

8 Do we have questions or comments from the Board?

9 Mr. Kevin Palkki.

10 President Theresa Taylor, please.

11 COMMITTEE MEMBER TAYLOR: Did you change your
12 mind?

13 VICE CHAIR PALKKI: I'll yield the floor to the
14 President.

15 COMMITTEE MEMBER TAYLOR: Ah. So I always, as
16 usual, want to thank you guys for all the hard work you did
17 on this. I want folks to understand that we were really
18 looking for solutions that were out of the box, including
19 looking at mid-market folks, combining PBMs. I think
20 we've talked about this before, but to find a really good
21 solution to the pharmacy question, which has been a big
22 driver of our costs. So I did want folks to know that and
23 would we ended up with were the two large -- anyway, so
24 that we have the -- we've done really well. And I just
25 want to tell you how I appreciate it. But again, I think

1 I want to also state that this is problematic moving
2 forward, because even if whatever gets approved and we
3 have five years more to go what does that do for costs in
4 the future, right?

5 So we have to figure out a way, whether that's,
6 you know, all these other things we've thought about. And
7 I think the Governor even thought about doing some sort of
8 drug manufacturing here in California. We've got to
9 figure out something to control these costs. So I do
10 appreciate the work you've done on this though.

11 CHIEF CLINICAL DIRECTOR LOGAN: Thank you. And
12 if I could just add to that. I think a lot of what we've
13 built into this new model contract with the pharmacy
14 benefits vendor has a lot of those protections in it. We
15 have a cost trend guarantee, so the trend of pharmacy
16 can't go above a certain amount, or else the pharmacy
17 benefits vendor is accountable for that. There's the cost
18 trend guarantee, and the quality guarantee, and the
19 ability to work with the medical -- with our plans. And
20 Included Health is really important in terms of cost and
21 quality over time.

22 COMMITTEE MEMBER TAYLOR: I hope that works.

23 CHAIR RUBALCAVA: Thank you, President Taylor.
24 Trustee David Miller, please.

25 COMMITTEE MEMBER MILLER: Yeah. Thank you.

1 There we go. Yeah. Thanks very much.

2 Again, kind of like my comments the last time,
3 I'm kind of also reminded of Director Walker and C.T.'s
4 comments, that in this big picture where -- and I've taken
5 some heat in the past for saying I would like to see a
6 world without pharmacy benefit managers some day. But in
7 the bigger picture, the system that we're having to work
8 with, you know, we ended up with two of the -- the two big
9 gorillas. But I think, you know, the progress we're
10 making with -- even with them and with the system, and
11 with undertaking this -- you know, this grueling effort,
12 and turning over all the rocks and looking at all -- we
13 started with a large net and we really made every effort
14 to make sure that, you know, we had all the possibilities
15 that might yield kind of break-through improvements there.

16 I think we're still in the realm of incremental
17 improvements here, but until some things change in the
18 bigger, broader marketplace, and how things work certainly
19 in this country, I think we're doing the best we can do
20 with a difficult situation. And I'm really impressed with
21 the progress that we've made and work that the team has
22 done. And I just hope that we can continue to move the
23 needle and eventually get more of a break-through beyond
24 just the needs of just our members -- or our focus, but
25 it's a bigger problem for the country, and it's a bigger

1 problem for people who, you know, don't have a system like
2 ours supporting them.

3 Everybody should have access to this. I agree
4 that health care should be a right, not a privilege for
5 people. And I think this helps move us further toward
6 access and affordability for our members. But I hope that
7 in the long run, we have a better solution for everybody.

8 CHAIR RUBALCAVA: Thank you, Mr. Miller.

9 Jose Luis Pacheco, Trustee.

10 COMMITTEE MEMBER PACHECO: Thank you, Chairman
11 Rubalcava and thank you, Dr. Logan, for your comments and
12 so forth. I always appreciate the rigor you put into
13 understanding this material and providing us perspective.
14 I think the membership and the public appreciate that.

15 So my question is regarding back to the
16 transition and implementation. I believe you mentioned --
17 actually, the pharmacy distribution -- disruption. You
18 mentioned that the member experienced change with the
19 customer service interface with the members with respect
20 to the final vendor selection. You also mentioned that
21 there might be -- there will be like webinars and a
22 dedicated team. Can you elaborate that -- on that? Is
23 there going to be a -- is there going to be a combination
24 between the vendor and CalPERS or CalPERS doing most of
25 the work or the vendor doing most of the work, if you can

1 give us some understanding of that.

2 CHIEF CLINICAL DIRECTOR LOGAN: Yeah. Thank you
3 for the question. So we actually have already started on
4 our communication plan. And so it's a -- it's a
5 CalPERS-wide communication plan and approach that
6 obviously requires not just the health team, but across
7 the organization stakeholder relations, the Contact
8 Center, really an all-hands-on-deck approach, because we
9 want to be able to have a joint message across the board.

10 That being said, we can't do it alone, so we have
11 engaged the finalist vendors on their implementation and
12 any transition plans that would be needed. And so we've
13 already started those conversations and made sure we've
14 built in provisions into the contract to build up that
15 customer service capacity prior to go-live and go-live,
16 and even post go-live to make sure that transition is as
17 smooth as possible.

18 And it doesn't just include the pharmacy vendor
19 and us, it's also all of our health plans, Included
20 Health, our PPOs. It's really everybody and we have a
21 very long communication plan that breaks that all down by
22 plan and who's sort of on first for each plan within Rob's
23 team. So it's incredibly extensive. And we've built on
24 the learnings that we just had with the HMO transition and
25 then the PPO transition. We learned an incredible amount

1 and are applying those lessons learned to this contract as
2 well.

3 COMMITTEE MEMBER PACHECO: That's excellent then.
4 And I just want to make sure that I didn't hear the --
5 you'll be also partnering with the retiree groups as well.

6 CHIEF CLINICAL DIRECTOR LOGAN: Yes. That is
7 actually on the list. Also, we have a number of webinars
8 that are set and communications that are set to go out to
9 those various groups, yes, and a retiree roundtable that
10 we're planning for as well.

11 COMMITTEE MEMBER PACHECO: As well as maybe an
12 article in the PERSpective and so forth?

13 CHIEF CLINICAL DIRECTOR LOGAN: Yes, sir. Yes.

14 COMMITTEE MEMBER PACHECO: Okay. I just wanted
15 to get an understanding of the whole process -- it is --
16 it is -- it appears to be a full faceted sort of approach.
17 And I appreciate that. And again, I appreciate all the
18 efforts you put into this. Thank you.

19 CHAIR RUBALCAVA: Thank you.

20 Mr. -- Trustee Kevin Palkki.

21 VICE CHAIR PALKKI: Thank you, Mr. Chair. Just
22 really quickly without reiterating what my colleagues have
23 said. With prescription drugs, the research that goes
24 behind that is obviously a process in itself. Is the --
25 is the -- there's a lot of concern about research funding,

1 lately. And I'm wondering if that is correlated with --
2 with the probability of prescription drugs rising, the
3 cost of them rising in that. Is that --

4 CHIEF CLINICAL DIRECTOR LOGAN: Yeah. So R&D, so
5 the research and development that goes into making a drug
6 is, I don't know exactly the number, but billions, tens,
7 20, 30 billion dollars just to make one drug. And it
8 takes -- they have to go through phase one, two, and three
9 trials. And so, that is incredibly costly and
10 time-consuming. So you're absolutely right that R&D cost
11 is built into the launch price of a particular drug. And
12 so, yes, we're all paying for that R&D. And some part of
13 that R&D I think we should obviously pay for. It's just
14 sort of the debate lies in kind of that profit margin that
15 does exist.

16 VICE CHAIR PALKKI: Yeah. I was thinking about
17 that just recently. And it seems to me one of those --
18 the things where R&D is very beneficial to us, but to what
19 cost are we willing to have that R&D.

20 When it comes to access facilities, is there a
21 large amount of manufacturers overseas and is there --
22 obviously, all the conversations with manufacturers being
23 overseas and coming to the U.S., is there -- is there a
24 lot of -- is there talks out there about bringing -- is
25 there talks out there about bringing in manufacturers that

1 are local like California or even other states?

2 CHIEF CLINICAL DIRECTOR LOGAN: Yes. So there --
3 federally, there are certainly talks. I know that you --
4 I'm sure you're all aware about the maximum fair price
5 that Trump is -- that the administration is working
6 through, but at the same time is working -- has talked
7 about tariffs on pharmaceuticals. So there's a lot of
8 conversation about that at the federal level. There's
9 also conversation about that at the State level, because
10 we have been talking to our colleagues at HCAI who have
11 been working on CalRx and manufacturing insulin in
12 California, and the potential for other drug manufacturing
13 in California.

14 So certainly that conversation is happening here
15 and then that wider conversation at the federal level.

16 VICE CHAIR PALKKI: Thank you. Appreciate it.

17 CHAIR RUBALCAVA: Thank you, Dr. Logan. Thank
18 you, Vice Chair Palkki.

19 We will now proceed to the public comment.
20 Catherine DeLou and a Brynnen Lopez.

21 Please.

22 CATHERINE DeLOU: Good afternoon. Thank you. My
23 name is Catherine DeLou. I am the HR manager with Tahoe
24 City Public Utility District, a CalPERS contracting agency
25 in the Lake Tahoe basin, where the CalPERS PPO plan are

1 the only options available to us.

2 I first want to thank the Committee and the
3 CalPERS staff for the hard work I know it takes to provide
4 the prescription drug and network or health care options
5 for the various public agencies and retirees across the
6 state.

7 I am here, however, today to express my concern
8 about recent network access and prescription drug coverage
9 issues with the Blue Shield of California PERS Gold PPO
10 plan in the -- both the Lake Tahoe and Reno, Nevada
11 regions. Our district has received multiple reports from
12 employees, retirees, and their families that hospital
13 networks, providers, prescription drugs that had been
14 accepted under the PERS PPO plan for the past 20 years are
15 no longer covered under the plan as of 2025.

16 These changes have made it increasingly difficult
17 for our members to access the care that they need without
18 traveling long distances or incurring significant
19 out-of-network costs.

20 Given our geographic location near the California
21 Nevada border, many of our employees rely on providers and
22 care in both states especially in Reno, which offers the
23 most comprehensive health care services in our area. The
24 current network limitations of the PERS Gold plan are
25 particularly challenging in rural and mountainous regions,

1 where provider options are already limited.

2 I ask that the Committee consider an extension of
3 the rural designation for organizations such as ours that
4 are covered only under the PERS PPO plans. This
5 designation plays a vital role in supporting access to
6 affordable and timely health care for members in
7 geographically underserved areas. Alternatively, I ask
8 that the Committee explore allowing additional PPO plan
9 options with wider or multi-state networks that better
10 meet the needs rural and border area members.

11 Thank you very much for that opportunity.

12 CHAIR RUBALCAVA: Thank you for raising your
13 concerns.

14 Brynнен Lopez.

15 BRYNNEN LOPEZ: Good afternoon. My name is
16 Brynнен Lopez. I am the HR and Risk Manager for Truckee
17 Sanitary District. Similar to Catie that was just up here
18 seeking, we are in a rural area in the Sierra Nevada
19 mountains. We are located about 20 miles from Reno and
20 also have limited access to providers in our area. We
21 have been very thankful that CalPERS has provided us a
22 rural county designation for 2025, and also has continuity
23 of care provisions in place that our employees have been
24 able to access as needed. However, we are continuing to
25 experience increased network limitations in our area, as

1 providers are continuing to drop Blue Shield as coverage
2 options.

3 We are limited on providers in the area already.
4 We have one rural access hospital located in our Truckee
5 area, and the closest level one trauma center is in Reno,
6 so we continue to have challenges. Having the potential
7 of also losing the UC system and network, whether that be
8 temporary or not, that also puts further detriment and
9 burden on the membership that we have.

10 In addition, to having challenges with the health
11 coverage and network availability that we have only being
12 able to access Region 1 basic PPO plans. We are
13 experiencing similar benefit challenges with pharmacy
14 through Optum as well. While I am pleased to hear that we
15 are looking at a new PBM to start in January of 2026, we
16 are also having challenges with the current coverage with
17 Optum and formulary challenges.

18 So, I, too, am here to ask you, on behalf of
19 myself and a couple of other rural districts that weren't
20 able to make it with Catie and I today, to please consider
21 offering more coverage opportunity and/or extending the
22 rural county designation into 2026 to assist in less
23 disruption to our membership and their care in the area.

24 Thank you.

25 CHAIR RUBALCAVA: Thank you very much for

1 bringing your concerns to the Board and to staff.

2 That concludes public comment on this item. We
3 still have another comment -- we also have some public
4 comment on 6d. But next, will be the summary of committee
5 direction.

6 CHIEF HEALTH DIRECTOR MOULDS: Mr. Chair, I did
7 not take any committee direction.

8 CHAIR RUBALCAVA: I have one. I understand --
9 Mr. Ruffino was asking about maybe some talking points
10 outlining the rate development process, and perhaps you
11 can always also add what cost mitigation efforts CalPERS
12 has taken.

13 CHIEF HEALTH DIRECTOR MOULDS: Happy to do that.

14 CHAIR RUBALCAVA: Thank you.

15 Next, we have public comment, 6d. We somebody on
16 the phone, I believe. How many.

17 STAFF SERVICES MANAGER I FORRER: Yes, Mr. Chair.
18 We have Michael Friedman on the line to speak to Item 6d.

19 CHAIR RUBALCAVA: Yes. Please continue.

20 STAFF SERVICES MANAGER I FORRER: Go ahead, Mr.
21 Friedman

22 MICHAEL FRIEDMAN: Yes. Can you guys hear me?

23 CHAIR RUBALCAVA: Yes. Please continue.

24 MICHAEL FRIEDMAN: Okay. I'd actually like to
25 piggyback on what the last commenter was saying about the

1 lack of coverage. I am analyst. I work at Napa State
2 Hospital. I was in PERS Platinum for 12 years. And
3 obviously you know that was Anthem. You guys switched it
4 over to Blue Shield touting it as a great victory for I
5 don't know what, cost savings?

6 Nothing will change. Your premiums will go --
7 will stat the same. Everything will stay the same. You
8 can -- I'll give you the phone numbers of my co-workers
9 when I told them at the time somehow we're going to get
10 screwed on the back end of this, and lo and behold six
11 months later with no notice I find out from my provider --
12 from a number of my providers at UCSF, three of whom I'm
13 seeing for very serious chronic conditions that all of a
14 sudden Blue Shield is dropping them or they're separating
15 from Blue Shield, whatever. I don't know anything about
16 the technical aspects of it. But without UC in the
17 network, like this coverage is horrible. Like that's the
18 main reason to have it. That's why people pay more for
19 it.

20 And I don't understand like when you guys switch
21 over to Blue Shield, did you have -- if I knew something
22 like this was going to happen -- did you guys really have
23 no idea that they were going to do this or something like
24 this?

25 Anyway, so I also have a question. Given the

1 fact that those sharpened pencils that you guys have been
2 talking about 45 minutes ago, which they now feel like
3 they're kind of in my back, are you guys going to be able
4 to provide UC coverage in any of your other plans? And I
5 also don't want to -- that's a -- that's not a rhetorical
6 question. Is there anyway people like me beyond this one
7 year pathetic continuum of care, which for -- as I'm sure
8 you guys all know for chronic conditions, don't do much.
9 They help for a year and that's it.

10 And is there any contingency plans you have for
11 people to stay in UCSF or -- or that's where I go, but the
12 UC system in general. I assume it's the whole thing
13 that's being dropped. And also, the fact that there was
14 no notice from Blue Shield. The only way I found out was
15 from my providers. Like is that legal? Like how does
16 that work?

17 So I'm done. So I hope I got my questions
18 across. Like is there anything you guys can do or is
19 there a different plan to move to, even if I have to wait
20 until next January to do it for open enrollment?

21 I'm done. I don't know --

22 CHAIR RUBALCAVA: We appreciate -- we appreciate
23 your comments.

24 MICHAEL FRIEDMAN: Okay.

25 CHAIR RUBALCAVA: We heard your questions and

1 concerns. Staff is working on these things every day.

2 CHIEF HEALTH DIRECTOR MOULDS: We're also, Mr.
3 Chair, happy to reach out to all three of the commenters.

4 CHAIR RUBALCAVA: Thank you, please.

5 Next caller please.

6 STAFF SERVICES MANAGER I FORRER: Yes, Mr. Chair.
7 We have Dolores Ridgeway.

8 Go ahead, Dolores.

9 DOLORES RIDGEWAY: Hello.

10 CHAIR RUBALCAVA: Yes, please continue.

11 DOLORES RIDGEWAY: My name is Dolores Ridgeway
12 and I'm calling to request an extension of free credit
13 monitoring for the data breach of CalPERS members.

14 CHAIR RUBALCAVA: Thank you for your comment
15 about credit monitoring extension. We got it. Thank you

16 DOLORES RIDGEWAY: Yes. Do you know if that will
17 be granted, the free credit monitoring?

18 CHAIR RUBALCAVA: Everything is being taken under
19 advisement and I can't give you an answer at this point,
20 but thank you for calling.

21 DOLORES RIDGEWAY: Well, thank you very much for
22 YOUR time. Have a good day.

23 CHAIR RUBALCAVA: Thank you for commenting.

24 Any more calls?

25 One more. Please, next call.

1 STAFF SERVICES MANAGER I FORRER: Yes, Mr. Chair.
2 We have Terry Battenburg.

3 TERRY BATTENBURG: Hello.

4 STAFF SERVICES MANAGER I FORRER: Go ahead. Go
5 ahead, Terry.

6 TERRY BATTENBURG: Hi. I'm Terry. I am a State
7 of California employee and I'm speaking about the Blue
8 Shield UC Health issue. I live with a chronic disease. I
9 was on the phone with my specialist, my UC Davis
10 specialist, this morning. I have a team of doctors that I
11 have put together over 10 years to help me manage a
12 serious chronic health condition. This potential dropping
13 of UC Health can -- will have a devastating impact on the
14 way I manage my disease. It is completely not reasonable
15 to expect people with this amount of notice to put
16 together teams of doctors that they have worked with over
17 a decade.

18 So, in addition to adding on to what a previous
19 caller said, really we need some creative thinking about
20 all the ways that the thousands of us can continue to work
21 with our UC Health doctors, open enrollment, looking at
22 other options. This kind of act of this scale will do
23 harm. And I'm very concerned. I am doing everything
24 possible with all of the continuity of care. I'm working
25 with a case manager who just left a message on my phone as

1 I'm making comments. The paperwork is extensive. It's
2 not a guarantee and there's no way that I'm going to be
3 able to find the same level of specialist that I have. I
4 have the specialist for my disease that's in the
5 Sacramento region.

6 So this is a serious issue. This will harm
7 people. And I urge each of you to be using your most
8 creative problem-solving skills to help those of us who
9 will be harmed.

10 Thank you for your time.

11 CHAIR RUBALCAVA: Thank you for expressing your
12 concerns. We care about your health and the health of
13 each and every one of our members and beneficiaries.

14 That concludes our public comment. And with
15 that, we adjourn the meeting. Thank you, everybody.

16 (Thereupon California Public Employees'
17 Retirement System, Pension and Health Benefits
18 Committee open session meeting adjourned
19 at 2:36 p.m.)
20
21
22
23
24
25

CERTIFICATE OF REPORTER

I, JAMES F. PETERS, a Certified Shorthand Reporter of the State of California, do hereby certify:

That I am a disinterested person herein; that the foregoing California Public Employees' Retirement System, Board of Administration, Pension and Health Benefits Committee open session meeting was reported in shorthand by me, James F. Peters, a Certified Shorthand Reporter of the State of California, and was thereafter transcribed, under my direction, by computer-assisted transcription;

I further certify that I am not of counsel or attorney for any of the parties to said meeting nor in any way interested in the outcome of said meeting.

IN WITNESS WHEREOF, I have hereunto set my hand this 22nd day of June, 2025.



JAMES F. PETERS, CSR
Certified Shorthand Reporter
License No. 10063