

2019 State Health Premiums
Health Maintenance Organization Plans Only
June PHBC Final Proposed Premiums

Basic (B)	2018			2019			Percent Change
	Single	2-Party	Family	Single	2-Party	Family	
Anthem HMO Select	\$796.73	\$1,593.46	\$2,071.50	\$742.89	\$1,485.78	\$1,931.51	-6.76%
Anthem HMO Traditional	841.34	1,682.68	2,187.48	1,034.48	2,068.96	2,689.65	22.96%
Blue Shield Access+	752.32	1,504.64	1,956.03	799.03	1,598.06	2,077.48	6.21%
Health Net Salud y Más	471.51	943.02	1,225.93	376.89	753.78	979.91	-20.07%
Health Net SmartCare	790.73	1,581.46	2,055.90	728.70	1,457.40	1,894.62	-7.84%
Kaiser CA	717.38	1,434.76	1,865.19	708.39	1,416.78	1,841.81	-1.25%
Kaiser Out of State	957.05	1,914.10	2,488.33	964.68	1,929.36	2,508.17	0.80%
Sharp	624.70	1,249.40	1,624.22	593.66	1,187.32	1,543.52	-4.97%
UnitedHealthcare	704.59	1,409.18	1,831.93	695.77	1,391.54	1,809.00	-1.25%
Western Health Advantage	720.44	1,440.88	1,873.14	706.79	1,413.58	1,837.65	-1.89%

Total HMO Basic Change

0.37%

Medicare (M)	2018			2019			Percent Change
	Single	2-Party	Family	Single	2-Party	Family	
Anthem Traditional	\$370.34	\$740.68	\$1,111.02	\$357.44	\$714.88	\$1,072.32	-3.48%
Kaiser CA	316.34	632.68	949.02	323.74	647.48	971.22	2.34%
Kaiser Out of State	316.34	632.68	949.02	323.74	647.48	971.22	2.34%
UnitedHealthcare	330.76	661.52	992.28	299.37	598.74	898.11	-9.49%

Total HMO Medicare Change

-1.21%

Combination Plans	2019					
	Subscriber in M & 1 Dependent in B	Subscriber in M & 2+ Dependents in B	Subscriber in M, 1 Dependent in B & 1 Dependent in M	Subscriber in B & 1 Dependent in M	Subscriber in B & 2+ Dependents in M	Subscriber in B, 1 Dependent in B & 1 Dependent in M
Anthem HMO Traditional	\$1,391.92	\$2,012.61	\$1,335.57	\$1,391.92	\$1,749.36	\$2,012.61
Kaiser	1,032.13	1,457.16	1,072.51	1,032.13	1,355.87	1,457.16
Kaiser Out-of-State	1,288.42	1,867.23	1,226.29	1,288.42	1,612.16	1,867.23
UnitedHealthcare	995.14	1,412.60	1,016.20	995.14	1,294.51	1,412.60

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Basic	2018			2019			Percent Change
	Single	2-Party	Family	Single	2-Party	Family	
Basic Premium Rates - Bay Area							
Alameda, Amador, Contra Costa, Marin, Napa, Nevada, San Francisco, San Joaquin, San Mateo, Santa Clara, Santa Cruz, Solano, Sonoma, Sutter, and Yuba							
Anthem HMO Select	\$856.41	\$1,712.82	\$2,226.67	\$831.44	\$1,662.88	\$2,161.74	-2.92%
Anthem HMO Traditional	925.47	1,850.94	2,406.22	1,111.13	2,222.26	2,888.94	20.06%
Blue Shield Access+	889.02	1,778.04	2,311.45	970.90	1,941.80	2,524.34	9.21%
Health Net SmartCare	863.48	1,726.96	2,245.05	901.55	1,803.10	2,344.03	4.41%
Kaiser CA	779.86	1,559.72	2,027.64	768.25	1,536.50	1,997.45	-1.49%
UnitedHealthcare	1,371.84	2,743.68	3,566.78	0.00	0.00	0.00	N/A
Western Health Advantage	792.56	1,585.12	2,060.66	767.01	1,534.02	1,994.23	-3.22%
Basic Premium Rates - Sacramento Area							
El Dorado, Placer, Sacramento, and Yolo							
Anthem HMO Select	\$942.29	\$1,884.58	\$2,449.95	\$946.14	\$1,892.28	\$2,459.96	0.41%
Anthem HMO Traditional	1,054.62	2,109.24	2,742.01	1,178.79	2,357.58	3,064.85	11.77%
Blue Shield Access+	806.71	1,613.42	2,097.45	881.01	1,762.02	2,290.63	9.21%
Health Net SmartCare	980.82	1,961.64	2,550.13	0.00	0.00	0.00	N/A
Kaiser CA	703.96	1,407.92	1,830.30	687.99	1,375.98	1,788.77	-2.27%
UnitedHealthcare	831.42	1,662.84	2,161.69	928.85	1,857.70	2,415.01	11.72%
Western Health Advantage	744.79	1,489.58	1,936.45	696.68	1,393.36	1,811.37	-6.46%
Basic Premium Rates - Los Angeles Area							
Los Angeles, San Bernardino, and Ventura							
Anthem HMO Select	\$660.17	\$1,320.34	\$1,716.44	\$627.07	\$1,254.14	\$1,630.38	-5.01%
Anthem HMO Traditional	784.72	1,569.44	2,040.27	878.48	1,756.96	2,284.05	11.95%
Blue Shield Access+	613.29	1,226.58	1,594.55	669.75	1,339.50	1,741.35	9.21%
Health Net Salud y Más	404.32	808.64	1,051.23	356.50	713.00	926.90	-11.83%
Health Net SmartCare	577.15	1,154.30	1,500.59	584.27	1,168.54	1,519.10	1.23%
Kaiser CA	642.70	1,285.40	1,671.02	618.64	1,237.28	1,608.46	-3.74%
UnitedHealthcare	602.78	1,205.56	1,567.23	669.61	1,339.22	1,740.99	11.09%
Basic Premium Rates - Other Southern California							
Fresno, Imperial, Inyo, Kern, Kings, Madera, Riverside, Orange, San Diego, San Luis Obispo, Santa Barbara, and Tulare							
Anthem HMO Select	\$659.69	\$1,319.38	\$1,715.19	\$625.07	\$1,250.14	\$1,625.18	-5.25%
Anthem HMO Traditional	735.08	1,470.16	1,911.21	830.89	1,661.78	2,160.31	13.03%
Blue Shield Access+	695.97	1,391.94	1,809.52	760.04	1,520.08	1,976.10	9.21%
Health Net Salud y Más	461.56	923.12	1,200.06	427.81	855.62	1,112.31	-7.31%
Health Net SmartCare	607.68	1,215.36	1,579.97	642.71	1,285.42	1,671.05	5.76%
Kaiser CA	666.80	1,333.60	1,733.68	628.63	1,257.26	1,634.44	-5.72%
Sharp	618.14	1,236.28	1,607.16	593.66	1,187.32	1,543.52	-3.96%
UnitedHealthcare	616.66	1,233.32	1,603.32	646.65	1,293.30	1,681.29	4.86%
Basic Premium Rates - Other Northern California							
Alpine, Butte, Calaveras, Colusa, Del Norte, Glenn, Humboldt, Lake, Lassen, Mariposa, Mendocino, Merced, Modoc, Mono, Monterey, Plumas, San Benito, Shasta, Sierra, Siskiyou, Stanislaus, Tehama, Trinity, and Tuolumne							
Anthem HMO Select	\$910.90	\$1,821.80	\$2,368.34	\$592.23	\$1,184.46	\$1,539.80	-34.98%
Anthem HMO Traditional	954.75	1,909.50	2,482.35	1,334.38	2,668.76	3,469.39	39.76%
Blue Shield Access+	894.43	1,788.86	2,325.52	976.81	1,953.62	2,539.71	9.21%
Kaiser CA	795.43	1,590.86	2,068.12	783.13	1,566.26	2,036.14	-1.55%
UnitedHealthcare	1,205.55	2,411.10	3,134.43	0.00	0.00	0.00	N/A
Western Health Advantage	744.79	1,489.58	1,936.45	696.68	1,393.36	1,811.37	-6.46%
Basic Premium Rates - Out of State							
Kaiser Out of State	\$957.05	\$1,914.10	\$2,488.33	\$964.68	\$1,929.36	\$2,508.17	0.80%

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Medicare	2018			2019			Percent Change
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Medicare Premium Rates - All Regions							
Anthem Traditional	\$370.34	\$740.68	\$1,111.02	\$357.44	\$714.88	\$1,072.32	-3.48%
Kaiser CA	316.34	632.68	949.02	323.74	647.48	971.22	2.34%
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