

ATTACHMENT A

RESPONDENT'S PETITION FOR RECONSIDERATION

1 ESTELLE & KENNEDY
A Professional Law Corporation
2 Anne C. Tressler, Esq. SBN 275280
400 N. Mountain Ave., Suite 101
3 Upland, California 91786
Office: 909.608.0466
4 Facsimile: 909.608.0477

5 Attorney for Respondent
CARL THOMAS
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8 **BOARD OF ADMINISTRATION**
9 **CALIFORNIA PUBLIC EMPLOYEE'S RETIREMENT SYSTEM**

10 In the Matter of the Appeal of the Decision) **CASE NO.: 2013-0028**
11 Not to Accept the Late Application for) **OAH NO: 2013090141**
Industrial Disability Retirement of:)
12) **RESPONDENT, CARL THOMAS',**
CARL THOMAS,) **PETITION FOR RECONSIDERATION**
13)
Respondent,)
14)
v.)
15)
DEPARTMENT OF FORESTRY AND)
16 FIRE PROTECTION,)
17 Respondent.)
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19 Respondent, Carl Thomas, by and through his attorney of record, Anne C.
20 Tressler, hereby submits this Petition for Reconsideration.

21 **I. FACTUAL BACKGROUND**

22 Respondent, Carl Thomas (hereinafter, "Thomas"), worked for the Department of
23 Forestry and Fire Protection for 29.2 years and retired from service, effective November
24 2, 2010. Thomas submitted a service retirement election application on September 20,
25 2010. Thomas then submitted his application for industrial disability retirement on
October 19, 2011.

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II. PROCEDURAL BACKGROUND

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This matter proceeded as a contested hearing on November 3, 2014, April 14, 2015 and June 8, 2015. Thomas represented himself and Christopher Phillips represented Anthony Suine, Chief, Benefit Services Division.

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On August 24, 2015 Thomas was served with the Decision of the Court, which was to adopt the Proposed Decision denying Thomas' request to file a Disability Retirement Election Application based on industrial disability retirement. The Court's determination was based upon Government Code § 20160.

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III. PETITIONER'S REQUEST TO RECONSIDER

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Government Code §11521 provides that a party may file, and the court has the jurisdiction to entertain, a party's motion to reconsider a prior ruling, and modify, amend or revoke that order. Section 11521 allows a party affected by the order to bring such an application within 30 days after the delivery or mailing of a decision to a respondent. The Decision was served on the parties August 24, 2015.

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Upon review of the Court record and the exhibits admitted therein, it is evident that the Court never considered Thomas' right to file a Disability Retirement Election Application based on industrial disability retirement pursuant to Government Code § 21154. Government Code § 21154, concerning application for disability retirement, reads in relevant part:

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*The application shall be made only (a) while the member is in state service, or (b) while the member for whom contributions will be made under Section 20997, is absent on military service, or (c) within four months after the discontinuance of the state service of the member, or while on an approved leave of absence, or (d) **while the member is physically or mentally incapacitated to perform duties from the date of discontinuance of state service to the time of application or motion.** (Emphasis added)*

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The testimony given in the April 14, 2015 hearing suggested that Thomas could apply for industrial disability retirement at any time, presumably a reference to Government Code § 21154. Hrg. Transcr. 68:3-69:9 (Apr. 15, 2015). The testimony of

1 Jesus Uranga suggested the possibility that Thomas could apply for industrial disability
2 retirement at any time, provided he could prove that he was disabled from his date of
3 retirement to the date of his application. Nevertheless, to Thomas' distinct detriment,
4 the Court made *no* determination of this issue, the issue was not litigated, and
5 Government Code § 21154 was not cited on the record or in the Court's decision.

6 Therefore, it is necessary for this Court to reconsider Thomas' right to file a
7 Disability Retirement Election Application based on industrial disability retirement under
8 Government Code § 21154. Thomas can prove that he was disabled from November 2,
9 2010 (date of retirement) to October 19, 2011 (date of his industrial disability retirement
10 application).

11 In fact, Thomas remains disabled and has recently resolved a Worker's
12 Compensation case whereby it has been determined that he is due permanent disability
13 benefits as resulting for injuries he sustained during his employment with the
14 Department of Forestry and Fire Protection. In a correspondence from the State
15 Compensation Insurance Fund dated April 29, 2015, the permanent disability benefits
16 due to Thomas are clearly outlined. Attached hereto as "Exhibit A" and incorporated by
17 reference is a copy of that correspondence from the State Compensation Insurance
18 Fund dated April 29, 2015.

19 On March 2, 2011 Thomas underwent a Panel Qualified Medical Evaluation by
20 Dr. Lee B. Silver, M.D. In his report regarding that evaluation, Dr. Silver states in the
21 discussion section that it is his opinion that "based on the available information, that
22 there is industrial causation present." Attached hereto as "Exhibit B" and incorporated
23 herein by reference is Panel Qualified Medical Evaluation of Dr. Lee B. Silver, M.D.
24 dated March 2, 2011.

25 Dr. Lee B. Silver, M.D. confirmed this conclusion throughout his evaluations of
Thomas as recently as March 10, 2015, wherein he reiterates, "Based on the
information available to me, it is my opinion that there is an industrial causation for the
claimant's described industrial injury." Attached hereto as "Exhibit C" and incorporated

1 herein by reference is Panel Qualified Medical Evaluation of Dr. Lee B. Silver, M.D.
2 dated April 8, 2015.

3 It is evident from the attached medical records and documents that Thomas was,
4 indeed, physically or mentally incapacitated to perform duties from the date of
5 discontinuance of state service to the time of his application. Therefore, pursuant to
6 Government Code § 21154(d), Thomas is and was able to apply for industrial disability
7 retirement. Accordingly, this Court should approve Thomas' request to file a Disability
8 Retirement Election Application based on industrial disability retirement.

9 Dated: September 22, 2015

Respectfully Submitted,

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12 Anne C. Tressler, Esq.
13 Attorney for Respondent,
14 Carl Thomas

1 PROOF OF SERVICE

2
3 STATE OF CALIFORNIA)
4 COUNTY OF SAN BERNARDINO)

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6 I am employed in the County of San Bernardino, State of California. I am over
7 the age of 18 years and not a party to the within action, my business address is 400 N.
8 Mountain Ave., Suite 101, Upland, CA 91786.

9 On September 23, 2015, I served the foregoing document described as:
10 **PETITION FOR RECONSIDERATION** on the interested parties in this action by
11 delivering () the original (X) a true copy thereof to :

12 **CHEREE SWEDENSKY, ASSISTANT TO THE BOARD**
13 **EXECUTIVE OFFICE**
14 **CA PUBLIC EMPLOYEES' RETIREMENT SYSTEM**
15 **P.O. BOX 94271**
16 **SACRAMENTO, CA 94229-2701**
17 **(BY MAIL AND FACSIMILE: (916) 795-3972)**

18 **MATTHEW G. JACOBS**
19 **GENERAL COUNSEL**
20 **(BY FACSIMILE: (916) 795-3659)**

21 **VIA FACSIMILE TRANSMISSION:** I transmitted the above
22 documents by facsimile transmission to the FAX telephone number listed for each party
23 above and obtained confirmation of complete transmittal thereof. (909) 795-3972 and
24 (916) 795-3659

25 **BY MAIL:** I am "readily familiar" with the firm's practice of collection
and processing correspondence for mailing. Under that practice it would be deposited
with U.S. postal service on that same day with postage thereon fully paid at Los
Angeles, California in the ordinary course of business. I am aware that on motion of the
party served, service is presumed invalid if postal cancellation date or postage meter
date is more that one day after date of deposit for mailing in affidavit.

BY PERSONAL SERVICE: I hand delivered to the
office/representative of the addressee.

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I declare under penalty of perjury that the foregoing is true and correct.

Executed on September 23, 2015, at Upland, California.


Anne C. Tressler, ESQ.

EXHIBIT A



April 29, 2015

Carl Thomas

Employee: Carl Thomas
Date of Injury: 11/01/2010
Employer: Dept Of Forestry – Rtw
Coordinator Pers Safety Members

NOTICE REGARDING PERMANENT DISABILITY BENEFITS

State Compensation Insurance Fund, the claims administrator for Dept Of Forestry – Rtw Coordinator Pers Safety Members, is handling your workers' compensation claim. This notice is to advise you of the status of permanent disability payments for your workers' compensation injury of November 1, 2010.

Based on the comprehensive reporting of Ortho/PQME Lee Silver dated 03/10/2015, Internal/AME Harvey Alpern, M.D. dated 11/28/2012 & Otolaryngology/AME Paul Goodman, M.D. dated 12/15/2011 has determined in the comprehensive medical evaluation that your injury is permanent and stationary. The findings of this report indicate that your injury has resulted in permanent disability that we estimated to be 82%. The evaluation also indicates that you are in need of continuing medical care. Enclosed please find a copy of the medical report used to make this determination. Both you and State Compensation Insurance Fund have the right to disagree with the doctor's findings in this report.

Payments for permanent disability are resuming for the period from April 14, 2015 through April 28, 2015. We are also paying you for the following period(s): \$38,565.83 in Permanent Disability payments were previously made for the following dates paid at the following rates: 11/01/2010 through 12/30/2010, lump sum of \$4,469.97.

03/07/2011 through 06/20/2012 at \$264.50 per week=\$17,834.86

06/21/2012 through 07/18/2012 at \$230.00 per week=\$920.00

07/19/2012 through 08/28/2013 at \$264.50 per week=\$15,341.00

To date \$21,925.93 in Permanent Disability Benefits are due and payable based on the earliest Permanent & Stationary reporting of Dr. Paul Goodman dated 12/15/2011.

12/16/2011 through 02/12/2012 at \$270.00 per week=\$2,275.71.

02/13/2012 through 02/04/2013 at \$310.50 per week=\$15,879.86.

02/03/2015 through 04/28/2015 at \$310.50 per week=\$3,770.36.

Currently there is an overpayment in Permanent Disability of \$16,639.90 which will be placed in reserves and will be allocated toward any future benefits due and payable.

For dates of injury on or after January 1, 2005, the law also provides that if your employer has 50 or more employees and, within 60 days of your disability becoming permanent and stationary, offers you regular, alternative, or modified work for a period of at least 12



months, each of your remaining permanent disability payments shall be reduced by 15% from the date of such offer. If your employer does not make an offer meeting these requirements, each of your remaining permanent disability payments shall be increased by 15% from the date of the end of the 60-day period.

The payment in the amount of \$621.00 was sent separately. Your weekly compensation rate is \$270.00 based on your earnings of \$1165.26 per week. However your employer did not offer you regular, alternative, or modified work within 60 days of your condition becoming permanent and stationary pursuant to above requirements. Thus, your weekly compensation rate is adjusted to \$310.50 effective February 13, 2012.

Payments will be sent to you every two weeks on Tuesday and will continue until \$193,798.77 has been paid based on based on the comprehensive reporting of Ortho/PQME Lee Silver dated 03/10/2015, Internal/AME Harvey Alpern, M.D. dated 11/28/2012 & Otolaryngology/AME Paul Goodman, M.D. dated 12/15/2011. These payments will be deducted from any award you may receive. Since you are represented by an attorney, State Compensation Insurance Fund may also withhold up to 15% or \$29,069.82 of your permanent disability benefits for your attorney fees.

State Fund accepts the results of the evaluation. The law provides that if either you or State Fund disputes the results of the evaluation, you may be requested to return to the medical evaluator for a new evaluation to resolve the dispute.

We will not request a rating of the physician's report from the State of California Disability Evaluation Unit. However, you may contact an Information and Assistance Officer to have the report reviewed and rated by the Disability Evaluation Unit.

The State of California, Division of Workers' Compensation requires that you be provided with the following:

You have a right to disagree with decisions affecting your claim. If you have any questions regarding the information provided to you in this notice, please call David Bustos at (951)697-6316. However, if you are represented by an attorney, you should call your attorney, not the claims adjuster. If you want further information on your rights to benefits or disagree with our decision, you may contact your local state Information & Assistance Office of the Division of Workers' Compensation by calling (909)383-4522.

For recorded information and a list of offices, call (800)736-7401. You may also visit the DWC website at:

http://www.dir.ca.gov/DWC/dwc_home_page.htm



You also have a right to consult with an attorney of your choice. Should you decide to be represented by an attorney, you may or may not receive a larger award, but, unless you are determined to be ineligible for an award, the attorney's fee will be deducted from any award you might receive for disability benefits. The decision to be represented by an attorney is yours to make, but it is voluntary and may not be necessary for you to receive your benefits.

To resolve a dispute, you may apply to the Workers' Compensation Appeals Board or the Administrative Director.

If you have moved, or are moving soon, or want to know the status of your benefit check, please call our toll free number 1-888-222-3211, Monday through Friday, between 7:00 a.m. and 5:00 p.m. PST.

Sincerely,

David Bustos

David Bustos
Adjuster
(951)697-6316

Enc: DWC Fact Sheet D (Rev 02/2013)
-Lee B Silver, M.D. of 03/10/2015
*Harvey Alpern Md of 11/28/2012
*Paul Goodman Md of 12/15/2011

cc: Dept Of Forestry – Rtw Coordinator Pers Safety Members, PO Box
944246, Sacramento, CA 94244
William Cotter, 1851 E 1st St Ste 430, Santa Ana, CA 92705-4061
Donna Gephart, Attorney

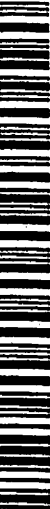


EXHIBIT B

*Down - CIP
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LEE B. SILVER, M.D., F.A.C.S.
A MEDICAL CORPORATION
DIPLOMATE AMERICAN BOARD OF ORTHOPAEDIC SURGERY
QME QUALIFIED MEDICAL EVALUATOR
8050 EAST FLORENCE AVENUE
SUITE, 107, SOUTH BLDG.
DOWNEY, CALIFORNIA 90240
(562) 927-8324 FAX (562) 928-8794

**ALL CORRESPONDENCE IS TO BE
MAILED TO THE DOWNEY LOCATION**

RE: THOMAS, Carl
Employer: SCIF/CAL Fire Dept of Forestry-Fire
Date of Examination: March 2, 2011
Date of Injury: November 2, 2010
Claim No.:

PANEL QUALIFIED MEDICAL EVALUATION

Dear Sirs:

Carl Thomas was seen on March 2, 2011, for Panel Qualified Medical Evaluation.

The examination was performed at 8050 East Florence Avenue, Suite 107, South Building, Downey, CA 90240.

HISTORY OBTAINED FROM THE CLAIMANT:

Mr. Thomas is a 55-year-old right hand dominant male, who notes that in 2009 that he was sliding down a steep slope in an uncontrolled manner and noted pain in the left hip. He completed a "non-reportable" report. He went on his own to a chiropractor who provided him with therapy. It was soon after that injury that he noted the onset of pains involving the lumbosacral spine, the left knee and the right ankle secondary to his job duties. His employer referred him to the St. Bernadine's Medical Center, where x-rays were performed. He went on his own to Kaiser, which included specialty evaluation. He underwent x-rays, MRI, and bone scan testing. He has received medication. A left total hip arthroplasty has been recommended, and Mr. Thomas does desire to proceed with

RE: THOMAS, Carl
PANEL QUALIFIED MEDICAL EVALUATION
DOE: March 2, 2011

that. He saw another doctor who performed x-rays. The claimant denies any other physician evaluation or treatment. The occurrence of any other new injury is denied. Mr. Thomas did retire from his employment in 11/10 secondary to his condition.

Mr. Thomas does describe a constant pain in the lumbosacral spine radiating to the left knee as well as constant pain in the left hip and left knee and occasional pain in the right ankle, which are increased by ADLs and decreased by rest. There are no other lower extremity radicular pains or any sensory changes. There is giving way of the left knee. Mr. Thomas notes that it was years ago that he sustained an industrial injury to one of his ankles but there were no residuals. He believes that he did experience left hip pain in approximately 2004 from an unknown cause and he mentioned it in a physical at Kaiser, although he did not receive any treatment and he believes that it is not in the prior medical file. The claimant does not recall a history of any other prior problems, treatments, or injuries related to the allegedly affected areas. Mr. Thomas notes that his ambulation tolerance is for one block. He occasionally uses a cane. The pain does keep him from sleeping.

OCCUPATIONAL HISTORY:

The claimant was employed at the time of injury as a fire captain. This includes standing, bending, climbing, walking, squatting, sitting, and a maximum lifting of 75 to 100 pounds.

PAST MEDICAL HISTORY:

MEDICATIONS: No other pertinent orthopedic medications.

SURGERIES: No other pertinent orthopedic surgeries.

ILLNESSES: No other pertinent orthopedic illnesses.

FAMILY HISTORY: No other pertinent orthopedic illnesses.

SOCIAL HISTORY:

Children: Two children.

REVIEW OF SYSTEMS: No other pertinent orthopedic illnesses.

RE: THOMAS, Carl
PANEL QUALIFIED MEDICAL EVALUATION
DOE: March 2, 2011

PHYSICAL EXAMINATION:

GENERAL: The claimant was warned not to perform any maneuver which might cause harm. Mr. Thomas ambulated with a slight to moderate limp.

BACK: There is lower lumbosacral tenderness with significant paravertebral spasm, guarding and asymmetric loss of range of motion. The supine straight leg raise examination was negative on the right to 60 degrees and on the left to 40 degrees for radiculopathy on three repetitions and there was a negative Lasegue maneuver bilaterally. Dual inclinometer measurements revealed maximal lumbar range of motion of flexion 20, extension 10, left lateral bending 10 and right lateral bending 10 degrees.

LOWER EXTREMITIES: Circumferential measurements were made in the thighs at a point 10 cm above the patella, right/left, 47.5 / 47.0 cm. Circumferential measurements were also made in the calves at the point of maximal circumference, right/left 39.0 / 39.0 cm.

The hip range of motion right/left: Flexion 100/80, internal rotation 30/0, external rotation 40/30, abduction 45/30, and adduction 20/20 degrees. There is no flexion contracture of either hip.

The knee range of motion, right/left, extension 0/0 and flexion 120/110 degrees. There is minimal swelling in the left knee without effusion. There is no collateral ligament laxity and the Lachman examination was negative bilaterally. There is no crepitus in either knee. The patellar dislocation apprehension test was negative. The McMurray and pivot shift tests were deferred.

Ankle and hindfoot subtalar range of motion, right/left; dorsiflexion 10/20, plantar flexion 40/40, inversion 30/30, and eversion 20/20 degrees. The Anterior Drawer test was negative bilaterally. There is minimal swelling of the right ankle. There is tenderness over the right deltoid ligament. There is a negative Tinel's examination over the right posterior tibial nerve. The left hip and left knee were nontender.

NEUROLOGIC: The motor examination was 5/5 throughout the major muscle groups to manual muscle testing. Sensation was intact in the extremities. The deep tendon reflexes, right/left; quadriceps 0+/0+, and gastroc soleus 0+/0+.

MEDICAL FILE REVIEW:

RE: THOMAS, Carl
PANEL QUALIFIED MEDICAL EVALUATION
DOE: March 2, 2011

1. I reviewed correspondence.
2. I reviewed a DEU Form 100.
3. Included are records concerning unrelated conditions.
4. I reviewed testing.
5. Progress notes were reviewed.
6. I reviewed handwritten notes.
7. Histories were reviewed.
8. I reviewed vital sign records.
9. Nursing notes were reviewed.
10. I reviewed exams.
11. Requests were reviewed.
12. I reviewed status reports.
13. On 11-13-10, there is note of a left wrist ganglion cyst.
14. In October of 2004, there was a probable mild cervical strain.
15. A supervisor's review for reportable injury which is dated 9-11-09 but notes an accident of 9-30-09, indicating an injury of the left hip and at the time he did not want to file a reportable injury report.
16. On 2-6-10, there is note of some pain in the left hip for five months. X-rays were recommended.
17. An x-ray study of the left hip of 2-16-10 notes osteoarthritic changes. The superior-lateral aspect of the acetabular margin demonstrated bony erosion.
18. On 3-17-10 a bone scan was recommended. A hip x-ray was discussed.

RE: THOMAS, Carl
PANEL QUALIFIED MEDICAL EVALUATION
DOE: March 2, 2011

19. On 9-13-10, there is a note that there was pain in the left hip for one year and he had an x-ray and bone scan: DJD. He was going to see an outside doctor for workers' compensation.
20. A claim form of 9-14-10 notes an injury of 9-30-09 with injury of the left hip.
21. A doctor's first report of 9-14-10 details a history and examination with pain in the left hip and a note of a denial of hip weakness/back pain/knee pain or leg numbness. The diagnosis was a left hip pain arthritis, "non AOE-COE." It is indicated that x-rays of the left hip showed DJD.
22. An x-ray study of the left hip of 9-14-10 showed moderate degenerative changes with joint space narrowing of the superior aspect of the left hip and subchondral lucencies in the superior aspect of the acetabulum that most likely is reflecting degenerative cysts.
23. On 10-20-10, there is pain, limp and clicking of the left hip for five years, with an injury that occurred at work possibly injured the left hip stepping in a hole. The pain onset was noted to be gradual and it was constant since one year.
24. An x-ray study of the bilateral hips of 10-20-10 showed degenerative changes bilaterally, left greater than right, with no appreciable change from the previous study.
25. On 10-27-10, there is note of left hip pain for two years with a gradual onset and no history of trauma. A total hip arthroplasty versus Birmingham hip resurfacing were recommended by Dr. Namazian.
26. On 11-4-10, the treatment options were discussed by Dr. Namazian.
27. A claim form of 12-9-10 notes an injury of 9-19-81, with hypertension, hearing, back, left hip, right ankle, left knee "accumulative" over 30 years.
28. An additional claim form of 12-9-10 notes an injury of 11-1-10 with the same areas and mechanism.
29. I reviewed an employee's report of injury of 12-10-10.

RE: THOMAS, Carl
PANEL QUALIFIED MEDICAL EVALUATION
DOE: March 2, 2011

30. On 12-10-10, there is note of a left hip pain through use of years as a firefighter and also an injury of the hip in 9-09 when he stepped in a ditch while at work. There is also note of right ankle and left knee pain for about two to three months after the injury. Testing was recommended for left hip pain, moderate osteoarthritis, low back pain, left knee and right ankle pain.
31. An x-ray of the lumbar spine of 12-10-10 showed multi-level degenerative spurring and a slight scoliosis.
32. I reviewed an employee's report of injury of 12-30-10.
33. A doctor's first report of 2-10-11 from Kaiser notes an injury of 11-2-10, with an injury occurring over a period of 30 years, with pain in the left hip, low back, right ankle, left knee. It was stated that an occupational etiology was not able to be established at that time, given the known advanced degenerative disease of the lumbar spine and hips, which was often noted to be more attributable to age and genetic factors. A QME was recommended.

RADIOGRAPHIC REVIEW:

1. Right and left hips: There is significant narrowing of the left hip joint space and slight narrowing of the right hip joint space. There are no acute fractures seen. There is osteophyte formation.
2. Left knee: There is no evidence of dislocation, significant degenerative changes, or acute fracture.
3. Right ankle: There are no acute fractures. The ankle mortise is intact. There is sharpening of the tip of the medial malleolus.
4. Lumbosacral spine: There are no acute fractures. There is osteophyte formation. There is no spondylolisthesis.
5. AP pelvis: There are no acute fractures. There is severe narrowing of the left hip joint space, with apparent degenerative osteophytes, increased sclerosis, and degenerative cystic changes. There is slight narrowing of the right hip joint space with osteophyte.

DIAGNOSTIC IMPRESSION:

RE: THOMAS, Carl
PANEL QUALIFIED MEDICAL EVALUATION
DOE: March 2, 2011

1. Left hip sprain with degenerative osteoarthritis.
2. Left knee sprain with possible internal derangement.
3. Right ankle sprain with possible internal derangement.
4. Lumbosacral musculoligamentous sprain/strain.

DISCUSSION:

Having completed this evaluation, I do note that Mr. Thomas has described an industrially-related injury with orthopedic involvement. He does have objective findings. There are also subjective complaints. The accompanying diagnoses are detailed above.

In regard to the issue of causation, it is my opinion that the claimant's described mechanism of injury is consistent with the sustaining of the present orthopedic condition. I did not detect any inconsistencies in that regard. Additionally, there do appear to be objective findings present to balance with at least some of the subjective complaints. I also observe that the claimant has denied a history of any other recent injury. Therefore, it is my opinion that, based upon the available information, that there is industrial causation present. It does appear that Mr. Thomas has sustained both a specific trauma injury with involvement of the left hip as well as a cumulative trauma injury with involvement of the lumbosacral spine, the left hip, the left knee and the right ankle.

It is my opinion that further evaluation and/or treatment is indicated. Therefore, it is my opinion that the claimant has not yet attained a maximum medical improvement. Their orthopedic condition is not yet considered Permanent and Stationary or at a Maximum Medical Improvement.

RECOMMENDED TREATMENT:

Mr. Thomas does appear to be a candidate for left hip surgical intervention with the total hip arthroplasty with a postoperative formal therapy and medication, as well as durable medical equipment. He is a candidate for an MRI study of the left knee. He can utilize light supportive braces over the lumbosacral spine, left knee and right ankle. Mr. Thomas can attempt formal therapy treatments for his lumbosacral spine, left knee and right ankle. For persisting symptoms in the right ankle, an MRI study can be performed.

WORK RESTRICTIONS:

RE: THOMAS, Carl
PANEL QUALIFIED MEDICAL EVALUATION
DOE: March 2, 2011

Mr. Thomas is restricted from squatting, climbing or kneeling, as well as prolonged standing and walking. He is restricted from repetitive bending and stooping. He should not lift greater than 10 pounds.

CAUSATION:

Based upon the information available to me, it is my opinion that there is industrial causation for the claimant's described industrial injury.

APPORTIONMENT:

There is a basis for apportionment relative to naturally occurring degenerative changes in the left hip relative to a degenerative osteoarthritis. The issue of apportionment will be addressed at the time of permanent and stationary rating and maximum medical improvement.

VOCATIONAL REHABILITATION/SUPPLEMENTAL JOB DISPLACEMENT:

It is premature to comment upon a need for vocational rehabilitation/supplemental job displacement benefits.

I do recommend that Mr. Thomas be evaluated by the appropriate specialist for his described injury of heart and both ears, as those are outside the area of my expertise as a Board Certified Orthopedic Surgeon.

I hope the above brings you up to date in regard to the claimant's orthopedic condition. Please do not hesitate to call upon me should any questions arise.

EXHIBIT C

LEE B. SILVER, M.D., F.A.C.S.
A MEDICAL CORPORATION
DIPLOMATE AMERICAN BOARD OF ORTHOPAEDIC SURGERY
CME QUALIFIED MEDICAL EVALUATOR
8050 E. FLORENCE AVE., SUITE 107, SOUTH BLDG.
DOWNEY, CALIFORNIA 90240
(562) 927-9324 FAX (562) 926-9794

ALL CORRESPONDENCE IS TO BE MAILED TO THE DOWNEY LOCATION

RE: THOMAS, Carl L.
Employer: Cal Fire Department of Forestry and Fire
Date of Injury: 10/19/81 to 11/1/10; 9/30/09
Claim No.:
Date of Examination: March 10, 2015

PANEL QUALIFIED MEDICAL EVALUATION

THIS EVALUATION WAS AUTHORIZED.

This is a Panel Qualified Medical Evaluation Medical-Legal Evaluation arranged by the employer's insurance, SCIF, and the applicant. This Medical-Legal Evaluation is **PAYABLE ONLY BY THE MEDICAL-LEGAL FEE SCHEDULE** with the ML Codes, and **NOT** by the Official Medical Fee Schedule (O.M.F.S.).

This Panel Qualified Medical Evaluation Medical-Legal Evaluation is arranged by the employer's insurance, SCIF, and the applicant, and it is **PAYABLE EVEN IF THE CLAIM IS DENIED** as the employer's insurance, SCIF, and the applicant have requested it for determination of the issues including causation. The examination was performed at 12241 Industrial Blvd., Suite 102, Victorville, CA 92395.

This evaluation qualifies as an **ML104** as 4 or more of the complexity factors are present including:
3 complexity factors for 6 or more hours were spent in the **RECORD REVIEW** by the physician, **MEDICAL RESEARCH** by the physician, and **FACE-TO-FACE TIME** by the physician with the injured worker which counts as 3 complexity factors.

AND 1 complexity factor as this report addresses the issue of medical **CAUSATION** upon written request of the party or parties requesting the report, or if a bona fide issue of medical causation is discovered in the evaluation.

AND 1 complexity factor as this report addresses the issue of **APPORTIONMENT** as determination of the issues required the evaluation of 2 or more injuries involving 2 or more body systems or body regions as delineated in the Table of Contents of the AMA Guides, Fifth Edition.

5 TOTAL COMPLEXITY FACTORS

Time Spent

33 minutes **FACE-TO-FACE TIME** by the physician with the injured worker.
11 hours **RECORD REVIEW** by the physician. The submitted records measure greater than 3 ½ inches in thickness.

15 minutes of **MEDICAL RESEARCH** by the physician.

11 hours 45 minutes TOTAL TIME SPENT

RE: THOMAS, Carl L.
PANEL QUALIFIED MEDICAL EVALUATION
DOE: March 10, 2015

HISTORY OBTAINED FROM THE CLAIMANT:

Mr. Thomas is a 59 year-old right hand dominant male who notes that he was treated at Kaiser. He underwent a left total hip arthroplasty, which he indicates did not benefit him. He received medication, therapy, and a right shoulder injection. He has gone on his own for massage therapy. The claimant denies any other physician evaluation or treatment. The occurrence of any other new injury is denied. Mr. Thomas has not returned to work. Mr. Thomas indicates that he wants to close his case.

Mr. Thomas does describe constant pain in the cervical spine and bilateral shoulders that are increased by ADL's and decreased by rest. There is constant pain in the lumbosacral spine, constant moderate to severe pain in the left hip, and occasional pain in the left knee and right ankle which are increased by ADL's and decreased by rest. There is giving-way of the left knee. There are paresthesias over both tibia. Mr. Thomas does utilize a cane for long walks. He can ambulate up to three blocks. He does utilize a rail for stair-climbing. He has difficulty putting on his shoes and socks. He can sit in any chair for one hour. He could take public transportation.

OCCUPATIONAL HISTORY:

The employment at the time of injury was Fire Captain. This includes standing, bending, climbing, walking, squatting, sitting, and a maximum lifting of 200 pounds.

PAST MEDICAL HISTORY:

MEDICATIONS: Hydrocodone. No other pertinent orthopedic medications.

SURGERIES: Left hip replacement. No other pertinent orthopedic surgeries.

ILLNESSES: No other pertinent orthopedic illnesses.

FAMILY HISTORY: No other pertinent orthopedic illnesses.

SOCIAL HISTORY:

Children: Two.

PHYSICAL EXAMINATION:



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GENERAL: The claimant was warned not to perform any maneuver which might cause harm. Mr. Thomas ambulated with a slight limp.

NECK: There was diffuse tenderness. There was significant paravertebral spasm, guarding, and asymmetric range of motion. Please see the examination form.

BACK: There was diffuse lumbosacral tenderness. There was significant paravertebral spasm, guarding, and asymmetric range of motion. The supine straight leg raise examination was negative bilaterally. The Lasegue maneuver was negative bilaterally. Please see the examination form.

UPPER EXTREMITIES: Circumferential measurements were made in the upper arms at the mid biceps level, right over left; 35.0 / 34.0 cm. Circumferential measurements were made in the forearms at the point of maximal circumference, right over left; 31.0 / 30.0 cm. The shoulder range of motion, right over left; abduction 130/130, flexion 130/130, internal rotation 90/90, external rotation 60/50, extension 30/30, and adduction 30/30 degrees. The Dislocation Apprehension and drop arm tests were negative, bilaterally. All movements of both shoulders, including the impingement testing, created pain. There was diffuse tenderness of both shoulders. There was a negative Tinel over the median and ulnar nerves, bilaterally.

LOWER EXTREMITIES: Circumferential measurements were made in the thighs at a point 10 cm above the patella, right/left, 47.0 / 46.0 cm. Circumferential measurements were also made in the calves at the point of maximal circumference, right/left 38.0 / 38.0 cm. The hip range of motion, right/left, flexion 110/80, internal rotation 30/15, external rotation 40/30, abduction 50/30, and adduction 20/15 degrees. There was no flexion contracture of either hip. There was an 18 cm posterolateral left hip surgical scar. There was no leg length discrepancy.

The knee range of motion, right/left, extension 0/0 and flexion 120/110 degrees. There was minimal swelling of the left knee without effusion. There is no collateral ligament laxity and the Lachman examination was negative. There is no crepitus. The patellar dislocation apprehension test was negative. There was guarding for the McMurray and pivot shift tests. Ankle and hindfoot subtalar range of motion, right/left; extension 10/20, plantar flexion 30/40, inversion 20/30, and eversion 10/20 degrees. The Anterior Drawer test was negative bilaterally. The left knee and right ankle were nontender.

NEUROLOGIC: Manual muscle testing revealed grade 4-5/5 strength of the bilateral shoulders with testing otherwise intact. The Jamar grip strength, right/left, 62, 54, 45 / 36,

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52, 52 pounds, second setting. Sensation was intact in the extremities. The deep tendon reflexes, right/left, biceps 2+/2+, triceps 1+/1+, quadriceps 1+/1+, and gastroc soleus 0+/0+. There was no clonus.

MEDICAL FILE REVIEW:

1. I reviewed correspondence.
2. I reviewed a DWC-AD Form 100 (DEU).
3. I reviewed a report of 7/2/13 from Dr. Monsale.
4. I reviewed a report of 2/24/13 from Dr. Alpern.
5. I reviewed records from Dr. Alpern of 11/28/12.
6. I reviewed a report of 1/11/12 from Dr. Arora.
7. I reviewed a report of 12/15/11 from Dr. Goodman.
8. I reviewed records from Dr. Alpern of 11/29/11.
9. I reviewed prescriptions.
10. I reviewed requests.
11. I reviewed status reports.
12. I reviewed case management notes.
13. I reviewed registrations.
14. I reviewed prescriptions.
15. I reviewed therapy notes.
16. I reviewed utilization review matters.
17. Submitted is a Doctor's First Report of 9/14/10.

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18. Submitted is a report from Kaiser of 10/17/12.
19. Submitted is a report from Kaiser of 5/7/12.
20. Submitted is a report from Kaiser of 3/12/12.
21. Submitted is a report from Kaiser of 1/19/12.
22. Submitted is a report from Kaiser of 12/6/11.
23. Submitted is a report from Kaiser of 10/11/11.
24. Submitted is a report from Kaiser of 2/10/11.
25. Submitted is an application of 4/8/11 for a cumulative trauma.
26. Submitted is an application of 4/8/11 for a specific trauma.
27. Submitted is an acupuncture report of 6/26/12.
28. Submitted is an acupuncture report of 7/16/12.
29. Submitted is a report of an x-ray study of the left hip of 9/14/12.
30. Submitted is a report of an x-ray study of the lumbar spine of 12/10/10.
31. Submitted is a Doctor's First Report of 10/12/10.
32. Submitted is a report of an x-ray study of the bilateral hips of 12/10/10.
33. Submitted is a report of an x-ray study of the right ankle of 12/10/10.
34. Submitted is a report of an x-ray study of the left knee of 12/10/10.
35. Submitted is a report of an x-ray study of the left hip of 10/11/12.



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36. On 12/10/10, there was note of left hip pain secondary to an accumulation of use as a fire fighter, with a diagnosed left hip pain with moderate osteoarthritis and a low back pain, left knee pain, and right ankle pain.
37. A progress report from Dr. Hemsley at Kaiser of 3/12/13 recommends treatment. An updated report was detailed.
38. On 4/25/13, a progress report from Dr. Hemsley at Kaiser recommends treatment. An updated report was detailed.
39. On 6/10/13, a progress report from Dr. Hemsley at Kaiser recommends treatment. An updated report was detailed.
40. On 7/11/13, a progress report from Dr. Hemsley at Kaiser recommends treatment. An updated report was detailed.
41. On 8/20/13, a progress report from Dr. Hemsley at Kaiser recommends treatment. An updated report was detailed.
42. On 9/24/13, a progress report from Dr. Hemsley at Kaiser recommends treatment. An updated report was detailed.
43. On 10/22/13, a progress report from Dr. Hemsley at Kaiser recommends treatment. An updated report was detailed.
44. On 11/21/13, a progress report from Dr. Hemsley at Kaiser recommends treatment. An updated report was detailed.
45. On 2/19/14, a progress report from Dr. Hemsley at Kaiser recommends treatment. An updated report was detailed. A right shoulder injection was performed.
46. On 3/10/14, a progress report from Dr. Hemsley at Kaiser recommends treatment. An updated report was detailed. The right shoulder was much-improved after the injection.
47. On 4/21/14, a progress report from Dr. Hemsley at Kaiser recommends treatment. An updated report was detailed.

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48. On 6/2/14, a progress report from Dr. Hemsley at Kaiser recommends treatment. An updated report was detailed.
49. On 9/25/14, a progress report from Dr. Hemsley at Kaiser recommends treatment. An updated report was detailed.
50. An orthopedic report of 12/4/12 from Dr. Namazian detailed an updated report. Treatment was discussed.
51. On 4/4/13, an orthopedic report from Dr. Namazian detailed an updated report. Treatment was discussed.
52. On 4/23/14, an orthopedic report from Dr. Namazian detailed an updated report. Treatment was discussed.
53. On 6/24/14, an orthopedic report from Dr. Namazian detailed an updated report. Treatment was discussed.
54. An x-ray study of the left hip of 7/11/14 shows the joint prosthesis and there is no evidence of fracture or loosening. There is mild to moderate DJD of the right hip.
55. On 8/25/14, Dr. Namazian noted objective findings and subjective complaints. Increased activities were recommended along with home therapy, with a three month follow-up.
56. On 11/6/14, Dr. Hemsley detailed subjective complaints and objective findings. Permanent modified work was recommended. He was to finish his therapy and see orthopedics.
57. A Physician Assistant report of 12/15/14 from Mr. Wider detailed a history and examination with note of status post left hip total hip arthroplasty. A four month follow-up was recommended.

DIAGNOSTIC IMPRESSION:

1. Cervical musculoligamentous strain/sprain.
2. Right shoulder sprain with impingement and possible internal derangement.

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3. Left shoulder sprain with impingement and possible internal derangement.
4. Status post left total hip arthroplasty.
5. Left knee sprain with possible internal derangement.
6. Right ankle sprain with possible internal derangement.
7. Lumbosacral musculoligamentous sprain/strain.

DISCUSSION:

The opinions which I express are based upon a reasonable medical probability. Having completed this evaluation, I do note that the claimant has undergone additional evaluation and treatment subsequent to my last evaluation. The claimant does have remaining subjective complaints and objective findings. The accompanying diagnoses are detailed above.

It does remain my opinion that there is industrial causation present. I have detailed in my prior reporting the facts supporting that opinion. My opinions in that regard remain unchanged.

Mr. Thomas did undergo an injection for his right shoulder condition. That would be considered reasonable or necessary. It is supported by peer-reviewed medical literature. In an article in the Journal of Bone and Joint Surgery, 1996, Volume 78, titled "Efficacy of Injections of Corticosteroids For Subacromial Impingement Syndrome," Dr. Blair indicated that subacromial injections are an effective short term therapy for the treatment of symptomatic subacromial impingement. The use of injections can substantially decrease pain and increase range of motion of the shoulder. In addition, in an article in the Journal of Surgical Orthopedic Advances, 2006, Volume 15, titled "Conservative Treatment of Rotator Cuff Injuries," Dr. Bytomski, et. al., indicated that most rotator cuff injuries can be treated conservatively by using non-steroidal anti-inflammatory drugs, corticosteroid injections and functional rehabilitation therapy. In an article in the British Journal of Bone and Joint Surgery, 2010, Volume 92, titled "A Double Blind Randomized Controlled Study Comparing Subacromial Injection of Tenoxicam or Methylprednisolone in Patients With Subacromial Impingement," Dr. Karthikeyan, et. al., indicated that corticosteroid is significantly better than Tenoxicam for improving shoulder function in tendinitis of the rotator cuff after six weeks. The improvement was consistently greater in the steroid group. In an article in the Orthopedic Knowledge Update 6, it is indicated on page 302 that patients



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who received corticosteroid injection for subacromial impingement syndrome had better pain relief and greater increases in active motion and were much more likely to have a negative impingement sign than those in the controlled group. It was stated that subacromial injection of corticosteroids was found in the study to be an effective short term therapy for the treatment of subacromial impingement. In an article in the American Journal of Roentgenology, 2007, Volume 189, titled "Rotator Cuff Impingement, Correlation Between Findings on MRI and Outcome After Fluoroscopically Guided Subacromial Bursography and Steroid Injection," Dr. Hambly, et. al., indicated that imaging-guided subacromial steroid injection may be of benefit in the short term management of clinically and MRI proven subacromial impingement with 83% reporting symptom relief at six month follow-up evaluation. Additionally, in an article in the British Journal of General Practice, 2005, Volume 55, titled "Corticosteroid Injections for Painful Shoulder: A Meta-Analysis," Dr. Arroll indicated that subacromial injections of corticosteroids are effective for improvement of rotator cuff tendinitis up to a nine month period. They are probably more effective than anti-inflammatory medication. Furthermore, in an article in the Journal of Rehabilitation Medicine, 2005, Volume 37, titled "Exercise Therapy for Shoulder Pain Aimed at Restoring Neuromuscular Control, A Randomized Comparative Clinical Study," Dr. Ginn, et. al., indicated that exercise therapy aimed at restoring neuromuscular control, corticosteroid injections, and multiple physical modalities and range of motion exercises are equally effective in the short term treatment of shoulder pain with exercise, therapy, and corticosteroid injection being less costly to administer. I also observe that in an article in Clinical Rheumatology, 2004, Volume 23, titled "Is Local Subacromial Corticosteroid Injection Beneficial in Subacromial Impingement Syndrome?", Dr. Akgun indicated that subacromial corticosteroid injections in the acute or subacute phase of subacromial impingement syndrome provided additional short term benefit without any complication when used together with anti-inflammatory drugs and exercise. In addition, in an article in the American Family Physician, 2003, Volume 67, titled "Diagnostic and Therapeutic Injection of the Shoulder Region," Dr. Tallia, et. al., indicated that subacromial injections are useful for conditions including impingement syndrome. In addition, in an article in the Chang Gung Medical Journal, 2006, Volume 29, titled "Subacromial Injections of Corticosteroids and Xylocaine for Painful Subacromial Impingement Syndrome," Dr. Yu, et. al., indicated that subacromial injection of corticosteroids and local anesthesia is an effective therapy for treatment of symptomatic subacromial pathology such as impingement pain, tendinitis, and bursitis. The injection can substantially reduce pain and increase range of motion of the shoulder.

Mr. Thomas has undergone the additional treatments. That has included a left total hip arthroplasty. He is not desirous of additional interventions at this time. His orthopedic

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condition can be considered to be Permanent And Stationary and at a Maximum Medical Improvement with a provision for future medical care.

PERMANENT IMPAIRMENT:

According to the AMA Guides to the Evaluation of Permanent Impairment, Fifth Edition, Mr. Thomas has a 42% whole person impairment which is derived by combining an 8% whole person impairment for a DRE Cervical Category II from table 15-5 on page 392, an 8% whole person impairment for a DRE Lumbar Category II from table 15-3 on page 384, a 4% whole person impairment for the loss of range of motion of the right shoulder (upper extremity impairments of 3% for flexion, 2% for abduction, and 1% each for extension and adduction from figures 16-40 and 16-43 on pages 476 and 477 totaling a 7% upper extremity impairment which is then converted to that 4% whole person impairment from table 16-3 on page 439), a 5% whole person impairment for the loss of range of motion of the left shoulder (upper extremity impairments of 3% for flexion, 2% for abduction, and 1% each for extension, adduction, and external rotation from figures 16-40 through 16-46 on pages 476 through 479 totaling an 8% upper extremity impairment which is then converted to that 5% whole person impairment from table 16-3 on page 439), a 4% whole person impairment for the loss of range of motion of the right ankle (lower extremity impairments of 7% for extension, 2% for inversion, and 2% for eversion from tables 17-11 and 17-12 on page 537, yielding an 11% lower extremity impairment which is then converted to that 4% whole person impairment from table 17-3 on page 527), a 20% whole person impairment for the left total hip arthroplasty and a 1% whole person impairment for a pain-related impairment for the left knee as it is my opinion that the burden of Mr. Thomas' condition does warrant that. The use of the DRE II category is supported by the presence of those qualifying factors including the presence of muscle guarding, muscle spasm, and asymmetric range of motion. I have assigned the percentage of permanent disability within the range allowed for that DRE II category based upon my own evaluation and understanding of the affect on the activities of daily living. That 20% whole person impairment for the left total hip arthroplasty is for a fair result from table 17-33 on page 546 for 50 points, including 15 for pain, 8 for limp, 7 for supportive device, 5 for distance walked, 2 for stair climbing, 2 for putting on shoes and socks, 4 for sitting, 1 for public transportation, 5 for deformity, and 1 for abduction, from table 17-34 on page 548.

It is my opinion based upon a reasonable medical probability that this impairment rating most accurately reflects the permanent impairment/disability within the four corners of the AMA Guides to the Evaluation of Permanent Impairment, Fifth Edition, in consideration of the Almaraz/Guzman Decisions.

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WORK RESTRICTIONS:

Mr. Thomas is restricted from squatting, climbing or kneeling, as well as prolonged standing and walking. He is restricted from repetitive bending and stooping. He should not lift greater than 25 pounds. Mr. Thomas is restricted from repetitive cervical spine movements as well as repetitive work with the upper extremities above the shoulder level.

CAUSATION:

Based upon the information available to me, it is my opinion that there is industrial causation for the claimant's described industrial injury.

APPORTIONMENT:

There are 2 or more injuries involving 2 or more body systems or body regions as delineated in the Table of Contents of the AMA Guides to the Evaluation of Permanent Impairment, Fifth Edition.

APPORTIONMENT:

In accordance with the Labor Code Sections 4663 and 4664 and according to the concepts of apportionment with which I am readily familiar, it is my opinion based upon a reasonable medical probability that 90% of the permanent disability for the left hip was caused by and is apportioned to the direct result of the injury arising out of and occurring in the course of employment, and 10% of the permanent disability for the left hip was caused by and is apportioned to other factors either before or subsequent to the industrial injury. That 10% of the permanent disability for the left hip noted above is attributed to naturally-occurring degenerative osteoarthritic changes as those are a cause of Mr. Thomas' permanent disability. However, 100% of the permanent disability for the lumbosacral spine, the left knee, cervical spine, right shoulder, left shoulder, and the right ankle is attributed to Mr. Thomas' industrial injury.

VOCATIONAL REHABILITATION/SUPPLEMENTAL JOB DISPLACEMENT BENEFITS:

Mr. Thomas is a qualified injured worker and medically eligible for vocational rehabilitation/supplemental job displacement benefits.

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TREATMENT/FUTURE MEDICAL CARE:

Mr. Thomas should be provided with access to future medical care including office visits, medication, testing, bracing, injection, and future surgical interventions for the left hip and potentially the left knee, right shoulder, left shoulder, and right ankle with postoperative formal therapy.

Guides to the Evaluation of Permanent Impairment

Name Thomas, Carl Soc. Sec. No. _____ Date 3/10/15

Movement	Description	Range
Cervical flexion	Calvarium angle	30 30 30
	T1 ROM	0 0 0
	Cervical flexion angle ± 10% or 5°	Yes No
	Maximum cervical flexion angle % Impairment	
Cervical extension	Calvarium angle	20 20 15
	T1 ROM	0 0 0
	Cervical extension angle ± 10% or 5°	Yes No
	Maximum cervical extension angle % Impairment	
Cervical ankylosis in flexion/extension	Position % Impairment	(Excludes any impairment for abnormal flexion or extension motion)
Cervical left lateral bending	Calvarium angle	25 25 25
	T1 ROM	0 0 0
	Cervical left lateral flexion angle ± 10% or 5°	Yes No
	Maximum cervical right lateral flexion angle % Impairment	
Cervical right lateral bending	Calvarium angle	20 20 20
	T1 ROM	0 0 0
	Cervical right lateral flexion angle ± 10% or 5°	Yes No
	Maximum cervical right lateral flexion angle % Impairment	
Cervical ankylosis in lateral bending	Position % Impairment	(Excludes any impairment for abnormal lateral flexion or extension motion)
Cervical left rotation	Cervical left rotation angle ± 10% or 5°	20 25 30
	Maximum cervical left rotation angle % Impairment	Yes No
Cervical right rotation	Cervical right rotation angle ± 10% or 5°	30 35 40
	Maximum cervical right rotation angle % Impairment	Yes No
Cervical ankylosis in rotation	Position % Impairment	(Excludes any impairment for abnormal rotation)

Total cervical range of motion and ankylosis* Impairment _____ %
 Total cervical range of motion = % impairments of flexion + extension + left lateral bending + right lateral bending + left rotation + right rotation

* If ankylosis is present, combine the ankylosis impairment with the range-of-motion impairment (Combined Values Chart, p. 604). If ankylosis in several planes are present, combine the estimates (Combined Values Chart), then combine the result with the range-of-motion impairment.

Name Thomas, Carl Soc. Sec. No. _____ Date 3/10/15

Movement	Description	Range				
Lumbar flexion	T12 ROM	40	40	35		
	Sacral ROM	10	10	10		
	True lumbar flexion angle ± 10% or 5°					
	Maximum true lumbar flexion angle % Impairment	Yes	No			
Lumbar extension	T12 ROM	10	10	10		
	Sacral ROM	0	0	0		
	True lumbar extension angle ± 10% or 5°					
	Maximum true lumbar extension angle % Impairment	Yes	No			(Add sacral flexion and extension ROM and compare to tightest straight-leg-raising angle)
Straight leg raising (SLR), left	Left SLR ± 10% or 5°	10	10	10		
	Maximum SLR Left	Yes	No			(If tightest SLR ROM exceeds sum of sacral flexion and extension by more than 15%, lumbar ROM test is invalid)
Straight leg raising (SLR), right	Right SLR ± 10% or 5°	30	30	30		
	Maximum SLR right	Yes	No			(If tightest SLR ROM exceeds sum of sacral flexion and extension by more than 15%, lumbar ROM test is invalid)
Lumbar left lateral bending	T12 ROM	20	20	15		
	Sacral ROM	0	0	0		
	Lumbar left lateral bending angle ± 10% or 5°					
	Maximum lumbar left lateral bending angle % Impairment	Yes	No			
Lumbar right lateral bending	T12 ROM	10	10	5		
	Sacral ROM	0	0	0		
	Lumbar right lateral bending angle ± 10% or 5°					
	Maximum lumbar right lateral bending angle % Impairment	Yes	No			
Lumbar ankylosis in lateral bending	Position % Impairment					(Excludes any impairment for abnormal flexion or extension motion)
Total lumbar range-of-motion and ankylosis* impairment %						

* If ankylosis is present, combine the ankylosis impairment with the range-of-motion impairment (Combined Values Chart, p. 604).
 If ankylosis in several planes are present, combine the ankylosis estimates (Combined Values Chart), then combine the result with the range-of-motion impairment.



REASONS FOR OPINION

1. Factual history and subjective complaints.
2. Objective findings upon physical examination.
3. The description of occupational duties.
4. Review of any available medical records.
5. Review of any available diagnostic studies.

The following personnel took part in this examination:

Transcriber:

Transwest Transcription

The history of injury was reviewed and the entire examination performed by Dr. Lee B. Silver who also personally reviewed a completed questionnaire concerning the Occupational History, Past Medical History, Family History, Social History, and Review of Systems. Any available prior medical records have been compiled and arranged into correct chronological order for my use by V. Cazarez, O. Cazarez or J. Felix, office staff members who are qualified by training and experience, and these were reviewed by myself. The evaluation performed and the time spent performing such evaluation was in compliance with the Guidelines established by the Industrial Medical Council or the administrative director pursuant to paragraph (5) of subdivision (j) of Section 139.2. The evaluation was performed on the date and the location noted on page one.

ALL OTHER PARTS OF THIS EXAMINATION INCLUDING MEASUREMENTS, PHYSICAL FINDINGS, OPINIONS, X-RAY INTERPRETATIONS, REVIEW OF MEDICAL RECORDS AND INTERPRETATION OF SUCH, PERFORMED BY LEE B. SILVER, M.D.

The above report is not to be construed as a complete physical examination for general health purposes. Only those symptoms which I believe to have been involved in the injury, or might relate to the injury, have been assessed. Regarding the general health of the patient, the patient is advised to get a physical examination for general purposes by their personal physician.

Additionally, "I declare under the penalty of perjury that the information contained in this report and its attachments, if any is true and correct to the best of my knowledge and beliefs, except as to information that I have indicated I received from others. As to that information, I declare under penalty of perjury that the information accurately describes the information provided to me and, except as noted herein, that I believe it to be true."

The sources of information utilized in this consultation include my own history and examination and any medical records or radiographs received above.

I have not violated Labor Code Section 139.3 and the contents of the report and bill are true to the best of my knowledge. This statement is made under penalty of perjury."

Date of report 4-8-15

Dated this 8 day of April, 2015, at Los Angeles County, California.



Signature of Physician
Lee B. Silver, M.D.
Q.M.E. Qualified Medical Evaluator
Diplomate, American Board of Orthopedic Surgery
Fellow, American Academy of Orthopedic Surgeons



Received

SEP 29 2015

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