A Guide to Understanding Your Health Plan Statement

Your Health Plan Statement provides customized health enrollment information, which will enable you to explore, learn, and decide on your health plan options.

1. **As of Date**
   Provides your health enrollment information as of the date indicated. Any health enrollment changes processed on or after this date will not be reflected.

2. **Custom Messages**
   Informs you of specific health benefit changes that may impact you in the upcoming year.

3. **Current Health Plan**
   Provides the name of your enrolled health plan.

4. **ZIP Code Eligibility**
   Provides your eligibility ZIP code.

5. **Current Enrollment**
   Lists you and your enrolled family members.

6. **Notice of Privacy Practices**
   This notice informs you of your privacy rights regarding the medical information CalPERS has on file about you.

7. **2017 Monthly Premium Rate**
   Provides your 2017 monthly premium rate.

8. **2018 Monthly Premium Rate**
   Provides your 2018 monthly premium rate if you do not change your health plan.

9. **2018 Health Plans Available**
   Provides the 2018 health plans and monthly premium rates that may be available in your eligibility ZIP code.

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**Manage your health benefits online through myCalPERS**

Log into your account at [my.calpers.ca.gov](http://my.calpers.ca.gov) to access, view, download, and print your Health Plan Statement. If you experience difficulties logging into your account or need to retrieve your username or password, please follow the prompts to identify yourself and answer your security questions in the myCalPERS login screen.