

## Fast Facts

This month's member newsletter contains tons of timely information.

For starters, every year we release a series of CalPERS facts and figures that illustrate the state of our pension and health care system. For example:

- The average pension for all service retirees is \$3,182 per month, while a new retiree who retired in fiscal year 2019-20 receives an average \$3,562 per month.
- We paid \$25.8 billion in benefits to more than 732,000 retirees and beneficiaries, a \$1.6 billion increase from the previous fiscal year.
- Over the past 10 years, total enrollment in CalPERS health plans has increased by 12%.

Want more facts about pensions, health benefits, and investments?  
Check out the series on our [PERSpective blog](#).



## This Year's COLA

The Cost-of-Living Adjustment (COLA) ensures your value of money at retirement keeps up with the rate of inflation. Retirees receive an annual COLA on May 1.

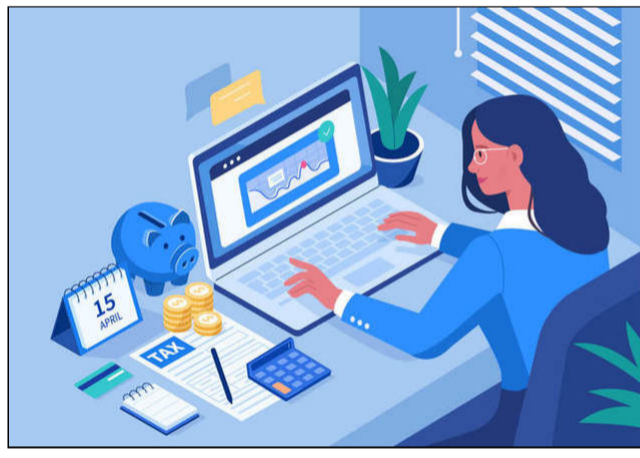
[Check Your COLA](#)



## Now's the Time to Verify Your Health Plan

Examine your January pay warrant to make sure your deductions reflect the correct health premiums and plan.

[Learn how to check](#)



### Tax statements available online and mailed

Access and download your tax statements by logging in to myCalPERS

[Log in now](#)



## 2020 Returns Are Good, But We Focus on the Long Term

Our 2020 calendar year returns reflect a portfolio that withstood the impacts of COVID-19, but the real work is to come.

[See the returns](#)



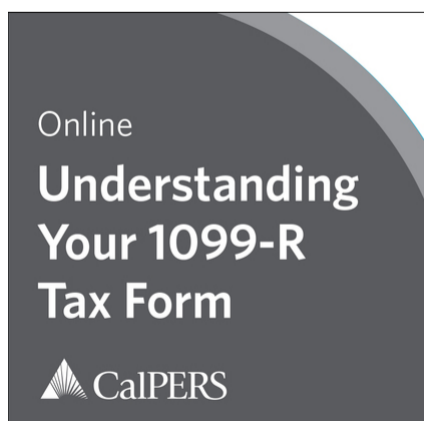
## Request a Proof of Retirement Contributions Online

A Verification of Deposit (VOD) letter shows the amount of your retirement contributions on deposit.

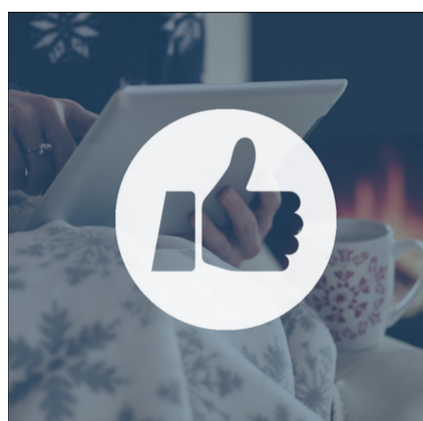
[Order a VOD](#)



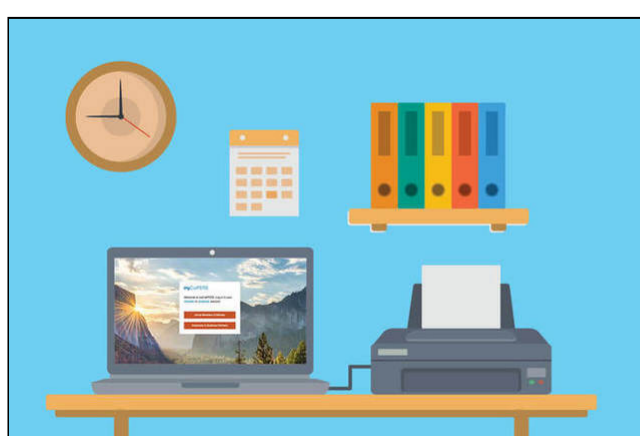
**Quick Tip**  
Learn about your retirement check, including deductions and direct deposit.



**Tax Season**  
Understanding your 1099-R tax form.



**Winter Reading List**  
Cozy up to these helpful CalPERS retirement guides.



### No mailed pay statements

The State Controller's Office is **not** mailing benefit statements until further notice. Print your statement from [myCalPERS](#).



Please do not reply to this email. Contact us [here](#).