

## Plan for Your Health

As a CalPERS health benefits member, you have the option each fall to make changes to your health plan for the following calendar year.

**Open Enrollment starts September 21 and ends October 16, 2020.**

In this newsletter, learn how to start the Open Enrollment process and where to find customized resources tailored to your household. If you wish to make changes to your plan, contact your employer's personnel specialist or health benefits officer for required forms and documentation.

Here's to your health.



### Your Health Open Enrollment Starting Point

Open Enrollment begins September 21 and ends October 16, 2020.

[Start here](#)



### Your Health Plan Statement Available Sept. 14

Log in to myCalPERS to view customized Open Enrollment info, like your 2021 premium, should you remain with the same health plan.

[Head to myCalPERS](#)



### What to Know About the 2020-21 Flu Season

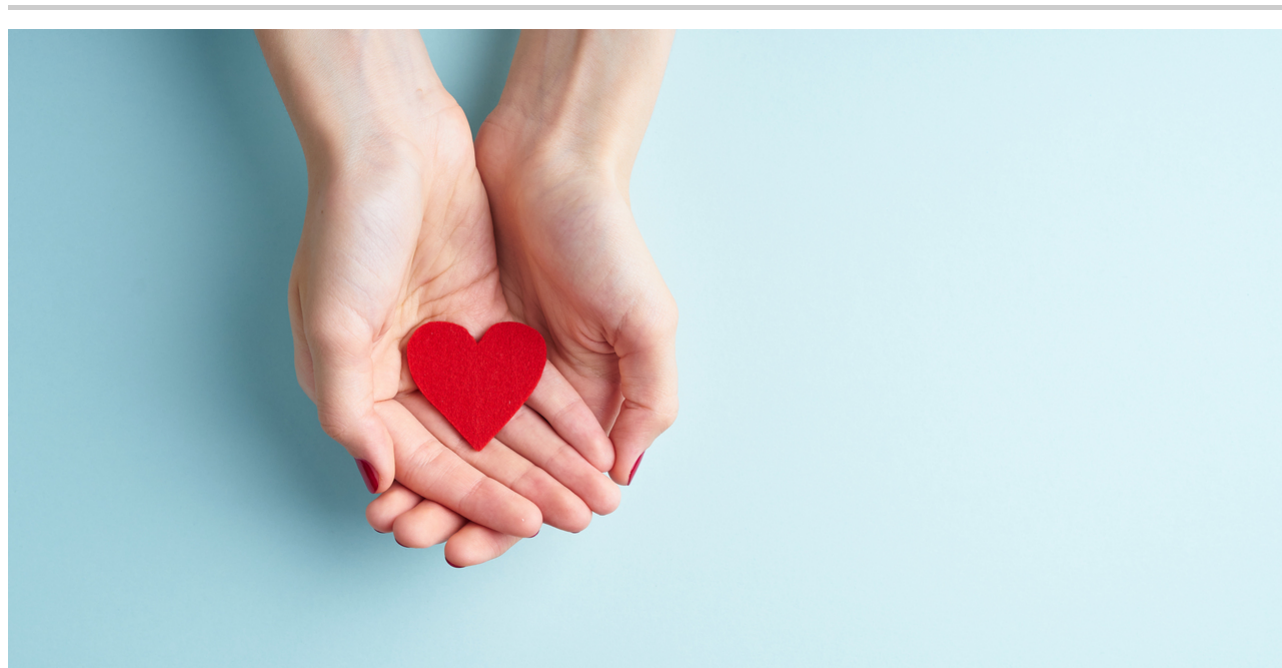
Do I need to get a flu vaccine earlier this year? Can I have the flu and COVID-19 at the same time?

[Read the FAQs](#)

### View Your Annual Member Statement

Your total CalPERS service credit and a breakdown of contributions and interest.

Log in to [myCalPERS](#) and navigate to the Statements tab.



### When Disaster Strikes, We're Here for You

If you've been impacted by wildfires, here's how to access health care, activate direct deposit, and more.

[Find resources](#)



### Does the COVID-19 Relief Rule Affect You?

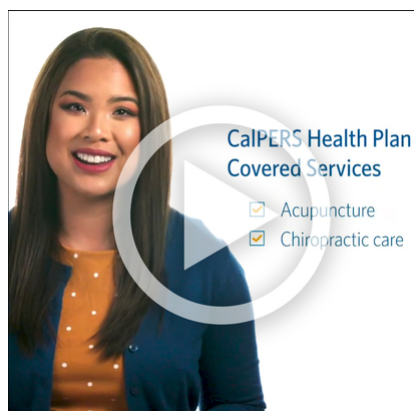
The Rule extends some health enrollment periods and/or coverage.

[Review the Rule](#)



#### Saluting First Responders

Thank you for your important service



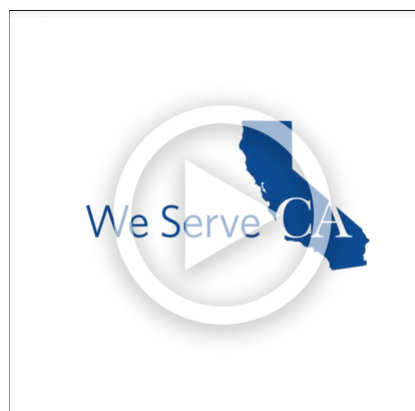
#### Quick Tip

Health benefits overview



#### Open Enrollment Webinar

Health Open Enrollment resources and how-to's



#### We Serve CA

It's Firefighter Appreciation Month. Meet Mike Seaton.

Complete the California Census

Take action online, by phone or mail by Sept. 30.

**CA**  
CENSUS  
2020