

# A Guide to Understanding Your my|CalPERS Health Open Enrollment Information

## Access Your Health Open Enrollment Information Online Through my|CalPERS

The my|CalPERS Health Open Enrollment page provides you customized health information to help you make informed decisions about your health plan options during Open Enrollment. This guide outlines the information available to you and highlights online tools you can use to discover your options for health benefits.

### Accessing Your Health Open Enrollment Page

1. Log in to your my|CalPERS account at [my.calpers.ca.gov](http://my.calpers.ca.gov).
2. Select the **Health** tab, from the home page.
3. Select the secondary **Open Enrollment** tab.

If you experience difficulties logging in to your account or need to retrieve your username or password, please follow the prompts to identify yourself and answer your security questions in the my|CalPERS log-in screen.

### Additional my|CalPERS Information and Tools

For additional information under the **Health** tab, go to:

**Health Plan Summary** — View your current health coverage summary and list of enrolled dependents.

**Search Health Plans** — Use your eligibility ZIP code to search for available health plans, compare monthly premium rates, and discover which CalPERS health plans your personal doctor participates in.

### Viewing Your Health Open Enrollment Page

- 1 Special Message Just for You**  
Informs you of specific health benefit changes that may impact you in the upcoming year.
- 2 Open Enrollment**  
Informs you of Open Enrollment dates and what you can do during the Open Enrollment period.
- 3 CalPERS Health Publications**  
Allows you to view, download, print, or order publications.
- 4 Your Plan & Premiums**  
Review your current health plan, current and upcoming year's monthly premium, and your cost increase or decrease for the upcoming year if you keep your current plan.
- 5 Ready to Get Started**  
Review factors to consider before making a health plan change, view your current year Health Plan Statement, and obtain information about your employer contribution. You can also view publications and additional resources to research and educate yourself to help you make an informed decision about your health plan options.

### my|CalPERS Health Open Enrollment Page

The screenshot shows the my|CalPERS Health Open Enrollment page. At the top, there's a navigation bar with tabs for Home, Retirement, Health, Statements, Education Resources, Profile, and Message Center. Below this is a sub-navigation bar with links for Health Plan Summary, Search Health Plans, Health into Retirement Calculator, and Open Enrollment. The main content area is titled "Open Enrollment" and features several sections:

- 1 Special Message Just for You:** A highlighted box containing a message about health benefit changes.
- 2 Open Enrollment:** A section detailing the enrollment period (September 09, 2019 to October 04, 2019) and a list of actions users can take during this period, such as changing their health plan or adding dependents.
- 3 CalPERS Health Publications:** A section for ordering printed versions of health benefit guides.
- 4 Your Plan & Premiums:** A table comparing the user's current health plan and premiums for 2019 and 2020. The table has columns for "Your Share", "Employer's Share", "Coverage", and "Health Plan".
- 5 Ready to Get Started:** A section providing information on how to make a health plan change, including a link to "Search Health Plans" and a "Ready to Get Started?" section with links to "Step 1: Things You Need to Know" and "Step 2: Tools to Help You Choose the Right Health Plan".

Additional callouts include a "Dental & Vision Open Enrollment" section on the right side of the page, which provides information about dental and vision benefits and how to contact the health benefits office.