A Guide to Understanding Your my|CalPERS Open Enrollment Information

Access Your Health Open Enrollment Information Online Through my|CalPERS

The my|CalPERS Health Open Enrollment page provides you customized health information to enable you to make informed decisions about your health plan options during the Open Enrollment period. This guide will assist you in understanding the information available to you and highlight online tools you can use to access and manage your health benefits.

Accessing Your Health Open Enrollment Page
1. Log in to your my|CalPERS account at my.calpers.ca.gov.
2. Select the Health tab, from the Home page.
3. Select the secondary Open Enrollment tab.

If you experience difficulties logging in to your account or need to retrieve your username or password, please follow the prompts to identify yourself and answer your security questions in the my|CalPERS log-in screen.

Viewing Your Health Open Enrollment Page

1. Open Enrollment
   Informs you of Open Enrollment dates and what you can do during the Open Enrollment period.

2. CalPERS Health Publications
   Allows you to view, download, print, or order publications.

3. Special Message
   Informs you of specific health benefit changes that may impact you in the upcoming year.

4. Things You Need to Know
   Make an informed decision about your health plan options. Review your current and next year’s monthly premium rates, view available health plans and their cost within your eligibility ZIP code, and obtain information about your employer contribution.

5. Tools to Help You Choose the Right Health Plan
   View publications and additional resources to educate yourself and help you manage your health benefits.

Additional my|CalPERS Information and Tools
For additional information under the Health tab, go to:

- Health Plan Summary — View your current health coverage summary and list of enrolled dependents.
- Find a Medical Plan — Use your eligibility ZIP code to search for available health plans and monthly premium rates.