

# A Guide to Understanding Your myCalPERS Health Open Enrollment Information

## Access Your Health Open Enrollment Information Online Through myCalPERS

The myCalPERS Health Open Enrollment page provides you with customized health information that will help you make informed decisions about your health plan options during Open Enrollment. This guide outlines the information available to you and highlights online tools you can use to discover your options for health benefits.

### Accessing Your Health Open Enrollment Page

1. Log in to your myCalPERS account at [my.calpers.ca.gov](https://my.calpers.ca.gov).
2. Select the **Health** tab, from the home page.
3. Select the secondary **Open Enrollment** tab.

If you experience difficulties logging in to your account or need to retrieve your username or password, please follow the prompts to identify yourself and answer your security questions in the myCalPERS login screen.

### Additional myCalPERS Information and Tools

For additional information under the **Health** tab, go to:

**Health Plan Summary** — View your current health coverage summary and list of enrolled dependents.

**Search Health Plans** — Use your eligibility ZIP code to search for available health plans, compare monthly premiums, and discover which CalPERS health plans your personal doctors participate in. Medicare members need to contact the health plans or their doctors directly for availability.

### Viewing Your Health Open Enrollment Page

- 1 Special Message Just for You**  
Informs you of specific health benefit changes that may impact you in the upcoming year.
- 2 Open Enrollment**  
Informs you of Open Enrollment dates and what you can do during the Open Enrollment period.
- 3 Your Plan & Premium**  
Review your current health plan, current and upcoming year's monthly premium, and your cost increase or decrease for the upcoming year if you keep your current plan.
- 4 Ready to Get Started**  
Review factors to consider before making a health plan change, such as costs, available doctors, and covered benefits.
- 5 Things You Need to Know**  
View your current year Health Plan Statement and obtain information about your employer contribution.
- 6 Tools to Help You Choose the Right Health Plan**  
View publications and additional resources to research and educate yourself to help you make an informed decision about your health plan options.

### myCalPERS Health Open Enrollment Page

The screenshot shows the myCalPERS Health Open Enrollment page. At the top, there's a navigation bar with 'Home', 'Retirement', 'Health', 'Statements', and 'Education'. Below that, the page is titled 'Open Enrollment'. A prominent yellow box contains a 'Special Message Just for You' (1). Below this, there's a section for 'Your Plan & Premium' (3) with two columns for 2020 and 2021, each showing 'Your Share', 'Employer's Share', 'Coverage', and 'Health Plan'. To the right, there's a 'Dental & Vision Open Enrollment' sidebar. Below the main content, there are sections for 'Health Plan Changes' (4), 'Ready to Get Started?' (4), and 'Tools to Help You Choose the Right Health Plan' (6). At the bottom, there's a 'Changing Your Health Benefits?' section with instructions and a link to the 'Health Benefit Plan Enrollment Form Instructions (HBD-12) (PDF)'. The page also includes a search bar for health plans and a 'Search Health Plans' link.