



Guide to Web Resources

CalPERS Website

my|CalPERS

Social Media

Email Subscriptions



CalPERS Website

CalPERS' improved website makes it easier for you to access the information you need quickly and easily. Whether you're still working, retired, or an employer, our website has the information you're looking for. Visit calpers.ca.gov and discover for yourself what our site has to offer.

Use these tips to get the most out of our CalPERS website:

- 1 Find out how to reach us, get directions to our headquarters or Regional Offices, or make a public records request. You can also submit your questions and comments online.
- 2 Get accurate and relevant results with the Search function powered by Google.
- 3 Choose a category from **Home, Active Members, Retirees, Employers** that is tailored to your specific needs.
- 4 Select a quick link for direct access to the top tasks and frequently requested areas of our website. Attend training or learn about long-term care, report a life event such as a birth, adoption, marriage or a domestic partnership, or download a form or publication such as the Service Retirement application.
- 5 View the latest CalPERS news.
- 6 Find out the dates for important events such as Open Enrollment or upcoming Board meetings.
- 7 Sign up to receive emails for newsletters and alerts.
- 8 Follow us on the various social media channels to engage with us and receive current information.
- 9 View our videos about current issues and CalPERS benefits. Learn general facts about CalPERS.

2016 Health Rates Now Available

Know your choices. Make an informed decision and choose a CalPERS health plan that's right for you.

[View the Rates](#)



1 I Want To ...

- Attend Training & Events
- Calculate My Retirement Estimate
- Change My Address
- Estimate Service Credit Cost
- Find a Job
- Learn About Long-Term Care
- Review Health Plan Rates
- Update My Beneficiary
- View Board Meeting Agendas
- Visit a Regional Office

Life Events

- Birth or Adoption
- Death or Terminal Illness
- Domestic Partnership
- Injury/Disability
- Loss of Absence
- Leaving CalPERS Membership
- Marriage or Divorce
- Name or Address Changes
- Retirement
- Returning to Work

[View All](#)

Forms & Publications

- Beneficiary Designation (PDF)
- Facts at a Glance (PDF)
- Health Benefit Summary (PDF, 1.44 MB)
- Planning Your Service Retirement (PUB 1) (PDF)
- Service Credit Purchase Options (PUB 12) (PDF)
- Service Retirement Application (PUB 43) (PDF)
- Tax Withholding Election (PDF)

[View All](#)

5 News

CalPERS to Host Forum to Examine Topic of Diversity in Business and Finance

CalPERS Highlights Outcome of Proxy Voting Initiatives

David Crane Swings and Misses About CalPERS Investment Return

6 Events

Aug 5 School Employer Advisory Committee Meeting

Aug 17-19 Board Meeting

Sep 14 - Oct 9 Open Enrollment

7 Subscribe

By Email for Newsletters and Alerts

Enter Email Address

[Subscribe](#)

8 Follow

By Social Network



9 Videos



CalPERS Educational Forum 2015
October 20-21, San Francisco, California



CalPERS Educational Forum 2015
0:29



What is a CBEI?
2:48



CalPERS Supplemental Income 457 Plan
7:43

[View CalPERSNetwork Videos](#)

CalPERS Facts

The CalPERS Pension Buck

CalPERS income over the last 20 years (as of June 2014) demonstrates that every dollar spent on public employee pensions comes from the following sources:



CalPERS Members

As of June 30, 2014



[View All](#)



We serve those who serve California.

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my|CalPERS

Your resource for your personal account information

my|CalPERS is a personalized, centralized, and secure website that allows you to access your personal information quickly, easily, and reliably. You can use it to plan for your retirement, manage your health plans, and conduct your business with CalPERS. Access my|CalPERS at my.calpers.ca.gov.

How to Register for my|CalPERS

Not registered yet? Follow these steps:

- 1 On the Pre-Log In page, select **Participant** and **Continue**.
- 2 Select **Register now**.
- 3 **Accept** the terms and conditions under the security agreement.
- 4 Identify yourself by providing your name, date of birth, last four digits of your Social Security number, or your CalPERS Identification number.
- 5 Answer a set of questions about your CalPERS account to verify your identity.
- 6 Create a username and password, and enter your email address.
- 7 Choose a personal security image and message.
- 8 Choose your security questions and answers. It's important to choose questions and answers you will remember.
- 9 Log in to my|CalPERS.

1

Participant
You can log in or register as a participant if you are a member, non-member, retiree, community property payee, beneficiary, survivor, or subscriber.

Business Partner
You can log in as a business partner if you are a representative of the State of California, a public agency, school, reciprocal or non-reciprocal retirement system, health carrier, medical vendor group, independent medical examiner, job assessor, direct authorization organization or service provider.

[Continue](#)

2

New to myCalPERS? [Register now.](#)

3

[I Accept](#)

4

First Name (required)

Don't include your middle name or initial.

5

Verify Your Identity (1 of 3)

To verify your identity, choose the option that best answers the statement below.

6

Password (required)

At least 8 characters.
No spaces, case sensitive.

7



8

Question 1 (required)

9

Welcome to myCalPERS



[Log In](#)

Username (required)

[Continue](#)

my|CalPERS (Continued)

Your resource for your personal account information

How to Access my|CalPERS

Can't remember your username?

- 1 Select **Forgot your Username?**
- 2 Identify yourself by providing your name, date of birth, last four digits of your Social Security number, or your CalPERS Identification number.
- 3 Select how you want to recover your username. You can choose to answer your security questions or have a temporary passcode sent to your email address or mobile number on record. Once you enter your temporary passcode, your username will appear.

Can't remember your password?

- 1 Enter your **Username** and select **Continue**.
- 2 Select **Forgot your Password?**
- 3 Identify yourself by providing your name, date of birth, last four digits of your Social Security number, or your CalPERS Identification number.
- 4 Select how you want to reset your password. You can choose to reset your password by answering your security questions or by having a temporary passcode sent to your email address or mobile number on record. Once you enter the temporary passcode, you can create a new password.

If you exceed the allowed number of attempts to validate your identity, your account will be locked to protect your security. To unlock your account, contact us at **888 CalPERS** (or **888-225-7377**).

1

Username (required)

[Forgot your Username?](#)

2

First Name (required)

Don't include your middle name or initial.

Last Name (required)

Don't include a suffix such as Jr., Sr., I, II, etc.

3

How would you like to recover your username? (required)

By Email

Send a passcode to sxxxxxxxxxxx@calpers.ca.gov

By Phone

Send a passcode to XXX-XXX-2390

Text message fees may apply depending on your carrier.

1

Username (required)

[Forgot your Username?](#)

Continue

2

Password (required)

[Forgot your Password?](#)

3

First Name (required)

Don't include your middle name or initial.

Last Name (required)

Don't include a suffix such as Jr., Sr., I, II, etc.

4

How would you like to reset your password? (required)

By Email

Send a passcode to sxxxxxxxxxxx@calpers.ca.gov

By Phone

Send a passcode to XXX-XXX-2390

Text message fees may apply depending on your carrier.

my|CalPERS (Continued)

Your resource for your personal account information

Use these tips to get the most out of my|CalPERS:

- Review your personalized information on the home page, which offers a quick snapshot of your member benefits and easy access to further details.
- Choose whether you want statements and publications mailed to you or only be available online.
- Access Annual Member Statements or Tax and Benefit Statements from a centralized **Statements** page.
- Download or order publications.
- Learn about upcoming classes, events, and other educational opportunities.
- Visit the **Education Resources** area for access to available learning resources.
 - » Sign up for instructor-led or online classes.
 - » Schedule a one-on-one appointment with a retirement counselor at a CalPERS Regional Office.
- Have a specific question about your personal account? Use the **Message Center** to ask your confidential questions.

To learn more about what you can do in my|CalPERS, visit Using my|CalPERS at calpers.ca.gov/usingmycalpers.

Social Media

Stay informed and engage with us

Join our social media communities to receive relevant up-to-date information. We welcome your comments, but please don't post confidential or sensitive information.



Facebook

facebook.com/myCalPERS – “Like” us on Facebook to engage with us and stay informed of news and information about our programs, benefits, and events.



Twitter

twitter.com/CalPERS – Follow us on Twitter to see brief updates. We tweet news and information about CalPERS benefits and programs.



Instagram

instagram.com/CalPERS – Follow us on Instagram for photos and videos that show our commitment, dedication, and passion for the work we do in serving those who serve California. Have you taken photos you think would be of interest to our community? Tag them with #CalPERS so others searching for photos of CalPERS can easily find them.



YouTube

youtube.com/CalPERSNetwork – Watch webinars and tutorials on topics such as planning your retirement, health benefits, and retirement calculation factors. Subscribe to our videos, share them, and embed them in your own sites.



LinkedIn

linkedin.com/company/CalPERS – Connect with us on LinkedIn to view CalPERS job postings and more.



News Feeds (RSS)

Subscribe to our RSS feeds through the CalPERS website to have updates come to you as soon as we post them. We offer RSS feeds for CalPERS News, Circular Letters, Facts at a Glance, and more.

Email Subscriptions

Receive the latest news and information by email

Sign up on the CalPERS website for email subscriptions, including CalPERS News, Board Meeting Notices, and Member Education Bulletins.

Email Subscriptions

Subscriptions (select one or more) (required)

- All All Board Meeting Notices & Agenda Alerts
 - Board Governance Committee
 - Board Meeting Notice
 - Finance & Administration Committee
 - Full Board of Administration
 - Global Governance Policy Ad Hoc Subcommittee
 - Investment Committee
 - Pension & Health Benefits Committee
 - Performance, Compensation, & Talent Management Committee
 - Risk & Audit Committee
- Ambassador Program Newsletter
- CalPERS Legislative News
- CalPERS Long-Term Care Program Alert
- CalPERS News
- Employer Bulletin
- Member Education Bulletin
- State Social Security Administrator Program Newsletter



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400 Q Street
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www.calpers.ca.gov

888 CalPERS (or 888-225-7377)

