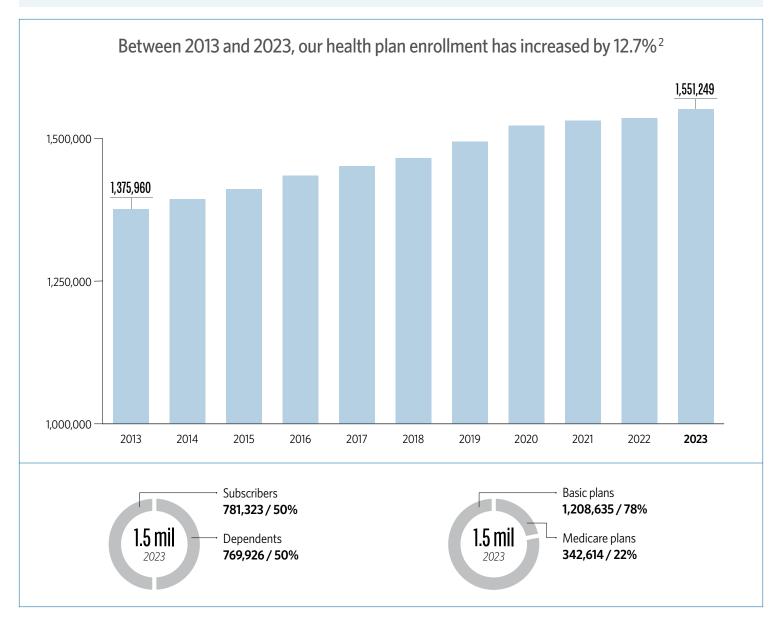
# Health Benefits Program<sup>1</sup>

As the largest public employer purchaser of health benefits in California and the second largest employer purchaser in the nation, we aim to provide access to equitable, high-quality, and affordable health care to our 1.5 million members.





Health Benefits Program data is reported for the calendar year.

Continued »



<sup>&</sup>lt;sup>2</sup> Enrollment data is as of November 1, 2023 to provide up-to-date enrollment information on members in the program.

#### Enrollment & Health Plans<sup>2</sup>

#### **Enrollment by Employer** (2023)



### **Enrollment by Employer & Group Type** (2023)

<b>Total Enrollment</b>	781,323	769,926	1,551,249	100%
Retired	122,971	60,053	183,024	12%
Active	213,947	256,547	470,494	30%
PA <sup>3</sup> & Schools	336,918	316,600	653,518	42%
Retired	212,046	129,063	341,109	22%
Active	232,359	324,263	556,622	36%
State	444,405	453,326	897,731	58%
	Subscribers	Dependents	Covered Lives	%
			Total	

#### Rural<sup>4</sup> Access (2023)

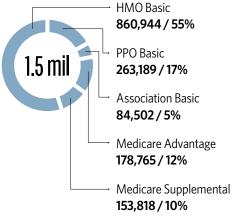
45,518

Rural health plan members who have access to our high-quality health plans.

# **Enrollment by Geography** (2023)

Total	1,551,249	100%
Out-of-state	91,618	6%
In-state rural	45,518	3%
In-state urban	1,414,113	91%
	Enrollment	%

# **Enrollment by Plan Type** (2023)



Association Medicare 10,031 / 1%

# Health Plans<sup>5</sup> (2023)

#### High-quality health plans offered through seven health insurers:

- » Anthem Blue Cross
- » Blue Shield of California
- » Health Net
- » Kaiser Permanente
- » Sharp Health Plan
- » UnitedHealthcare
- » Western Health Advantage

#### Association plan offerings:

- » California Association of Highway Patrolmen (CAHP)6
- » California Correctional Peace Officers Association (CCPOA)6
- » Peace Officers Research Association of California (PORAC)6

#### Basic plan offerings:

- » Heath Maintenance Organizations (HMOs)
- » Preferred Provider Organizations (PPOs)
- » Exclusive Provider Organizations (EPOs)

#### Medicare plan offerings:

- » Medicare Advantage
- » Supplement to Medicare

Enrollment data is as of November 1, 2023 to provide up-to-date enrollment information on members in the program.

Public Agencies (PA).

Rural is defined as a California service area without access to an HMO plan. This includes the following 15 counties: Alpine, Calaveras, Del Norte, Inyo, Lake, Lassen, Modoc, Mono, Plumas, Shasta, Sierra, Siskiyou, Tehama, Trinity, and Tuolumne.

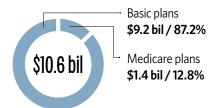
Health insurers and plans available in Calendar Year (CY) 2023.

Basic and Medicare plans available to members who pay applicable dues.

Continued »

#### Health Premiums<sup>7</sup>

#### Premiums by Coverage Type (2022)



#### Premium Changes by Coverage Type

Overall	2.33%	1.16%	4.65%	4.32%	4.86%
Association Plans	5.1%	6.6%	6.8%	4.5%	(1.3%)
PPOs	(2.0%)	3.7%	(2.5%)	(0.6%)	5.5%
HMOs	4.3%	(1.2%)	6.1%	(4.5%)	(6.4%)
Medicare plans	1.0%	1.6%	1.7%	(2.3%)	(0.4%)
Association Plans	6.6%	3.7%	1.4%	3.6%	2.7%
PPOs	(2.5%)	2.8%	3.3%	8.5%	8.7%
HMOs	3.7%	0.4%	6.0%	4.4%	4.7%
Basic plans	2.5%	1.1%	5.1%	5.3%	5.5%
Plan Type	2018	2019	2020	2021	2022

#### Premiums by Member Type (2022)



#### Premiums by Employer Type (in billions)

	2018	2019	2020	2021	2022
State	\$5.25	\$5.34	\$5.61	\$5.77	\$6.07
PA <sup>3</sup> & School	\$3.84	\$3.92	\$4.08	\$4.38	\$4.58
Total	\$9.09	\$9.26	\$9.69	\$10.16	\$10.65

#### Member Out-of-Pocket Costs

# Average Out-of-Pocket Annual Member Costs (2022)



Members' expenses for medical services and prescription drugs that are not reimbursed by insurance

# Average Out-of-Pocket Annual Member Costs by Plan Type (2022)

Most of our health plans fall in the Platinum tier, meaning that more than 90% of benefit costs are covered by health plans. Such plans have higher premiums because they are shielding members from high out-of-pocket costs.

Average	\$309
PPO Medicare	\$285
HMO Medicare	\$288
PPO Basic	\$895
HMO Basic & EPO Basic	\$117
Plan Type	\$/yr

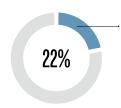
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<sup>&</sup>lt;sup>3</sup> Public Agencies (PA).

Premiums are the estimated expenditures for the plan year. Estimates are determined by applying the corresponding year's premium amounts to the annualized January subscriber enrollment counts.

#### **Health Member Chronic Conditions**

# Members' Chronic Conditions<sup>8</sup> (2022)



Percentage of members who had one or more of top chronic conditions

#### **Top Chronic Conditions** (2022)

Chronic Condition	Population	Prevalence (%)	
Basic plan members <sup>9</sup>			
Hypertension	78,428	6.7%	
Depression	70,512	6.0%	
Diabetes	66,730	5.7%	
Asthma	33,182	2.8%	
Coronary artery disease	9,368	0.8%	
Medicare plan members <sup>9</sup>			
Hypertension	80,225	28.9%	
Diabetes	46,328	16.7%	
Coronary artery disease	21,924	7.9%	
Depression	13,053	4.7%	
Asthma	7,514	2.7%	

### **Top High Cost Conditions** (2022)

Chronic Condition	Total Cost (\$)
Diabetes	\$680,001,423
Osteoarthritis	\$495,950,687
Infections, Respiratory	\$412,917,672
Hypertension	\$315,787,056
Coronary artery disease	\$302,368,554

# Health Benefits Program Contracting Employers<sup>10</sup>

### **Total Contracting Employers** (2023)

1,166

Total number of public agencies participating in the CalPERS Health Program

### Public Agency & Schools Contracting Employers (2023)<sup>11</sup>

Employer Type	No. of Employers
Cities	305
Counties	27
Courts	20
Schools	184
Special districts	630

<sup>8</sup> The chronic conditions data was determined by identifying the number of unique members who experienced a medical occurrence during the year compared to the total membership.

Basic membership percentages based on 1,172,400 members (2022), Medicare membership percentages based on 277,710 members (2022).

CalPERS provides health benefits to State of California employees, retirees, and their dependents in addition to public agency and school contracting employers.

<sup>&</sup>lt;sup>11</sup> Contracting employer count uses 2023 data to provide up-to-date information about employers participating in the health benefits program.