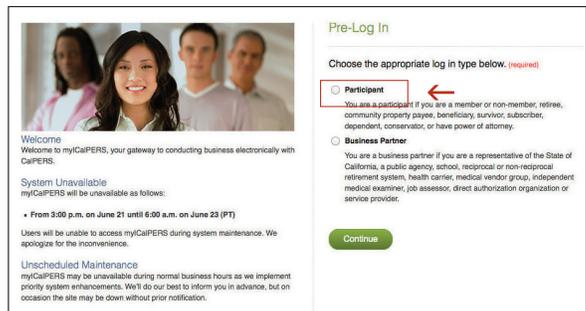


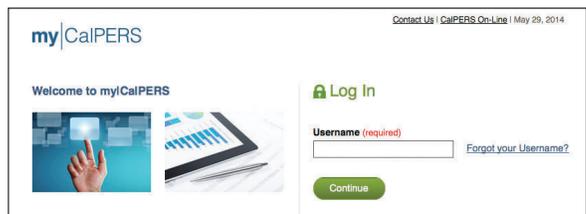
# A Guide to Changing Your Health Coverage

If you're a retiree who needs to make a change to your health coverage during Open Enrollment, follow these instructions to make changes online. To cancel your health coverage, call 888 CalPERS (or 888-225-7377).

- 1 Visit [my.calpers.ca.gov](http://my.calpers.ca.gov) to access your my|CalPERS account. Select **Participant** then **Continue** to log in or register.



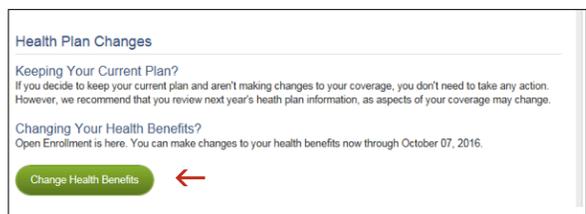
- 2 Log in to your my|CalPERS account or register at [my.calpers.ca.gov](http://my.calpers.ca.gov).



- 3 Select **Open Enrollment** under the **Health** tab.



- 4 Select the **Change Health Benefits** button at bottom of screen.



- 5 Select desired radio button and follow instructions to:

- Change your medical plan
- Remove or add dependent

