MEETING

STATE OF CALIFORNIA

PUBLIC EMPLOYEES' RETIREMENT SYSTEM

BOARD OF ADMINISTRATION

PENSION & HEALTH BENEFITS COMMITTEE

OPEN SESSION

CALIFORNIA PUBLIC EMPLOYEES' RETIREMENT SYSTEM

FECKNER AUDITORIUM

LINCOLN PLAZA NORTH

400 P STREET

SACRAMENTO, CALIFORNIA

TUESDAY, NOVEMBER 14, 2023 9:00 A.M.

JAMES F. PETERS, CSR CERTIFIED SHORTHAND REPORTER LICENSE NUMBER 10063

## APPEARANCES

#### COMMITTEE MEMBERS:

Ramón Rubalcava, Chairperson

Jose Luis Pacheco, Vice Chairperson

Malia Cohen, represented by Regina Evans

David Miller

Eraina Ortega

Kevin Palkki

Theresa Taylor

Yvonne Walker

Mullissa Willette

### BOARD MEMBERS:

Fiona Ma, represented by Frank Ruffino Lisa Middleton

### STAFF:

Marcie Frost, Chief Executive Officer

Matt Jacobs, General Counsel

Kim Malm, Deputy Executive Officer

Donald Moulds, PhD, Chief Health Director

Rob Jarzombek, Chief, Health Plan Research and Administration

Julia Logan, Chief Clinical Director

# APPEARANCES CONTINUED

## STAFF:

Jared Shinabery, Chief Health Data Strategy Officer

### ALSO:

Tim Behrens, California State Retirees
Marcy Brown

Al Darby

Elnora Fretwell, California State Retirees Susanne Paradis, California State Retirees

|      | INDEX   |                |
|------|---|----------------|
|      | <u>P</u>  | AGE            |
|      |   |                |
| 1.   | Call to Order and Roll Call   | 1              |
| 2.   | Executive Report - Don Moulds, Kim Malm   | 3              |
| 3.   | Action Consent Items - Don Moulds  a. Approval of the September 19, 2023, Pension  & Health Benefits Committee Meeting Minutes  b. Approval of the November 14, 2023, Pension & Health Benefits Committee Meeting Timed Agenda                  | 13             |
| 4.   | <pre>Information Consent Items - Don Moulds a. Annual Calendar Review b. Draft Agenda for the March 19, 2024, Pension &amp;     Health Benefits Committee Meeting c. CalPERS Health Benefits Program Annual Report     for Plan Year 2022</pre> | 14             |
| 5.   | <ul> <li>Approval of Health Benefits Program Proposals for the 2025 Plan Year - Rob Jarzombek, Julia Logan</li> </ul>   | 15             |
| 6.   | b. Summary of Committee Direction - Don Moulds,<br>Kim Malm   | 45<br>56<br>59 |
| 7.   | Adjournment of Meeting  | 63             |
| Repo | rter's Certificate  | 64             |

## PROCEEDINGS 1 CHAIRPERSON RUBALCAVA: Good morning, everybody. 2 Call the meeting to order of the Pension and Health 3 Benefits Committee. And the first order of business is 4 roll call. 5 Thank you. 6 BOARD CLERK TRAN: Ramón Rubalcava? 7 8 CHAIRPERSON RUBALCAVA: Present. 9 BOARD CLERK TRAN: Jose Luis VICE CHAIRPERSON PACHECO: Present. 10 BOARD CLERK TRAN: Controller Malia Cohen? 11 David Miller? 12 COMMITTEE MEMBER MILLER: Here. 1.3 BOARD CLERK TRAN: Eraina Ortega? 14 COMMITTEE MEMBER ORTEGA: 15 16 BOARD CLERK TRAN: Kevin Palkki? COMMITTEE MEMBER PALKKI: Good morning. 17 BOARD CLERK TRAN: Theresa Taylor? 18 COMMITTEE MEMBER TAYLOR: Here. 19 20 BOARD CLERK TRAN: Yvonne Walker? COMMITTEE MEMBER WALKER: Here. 21 BOARD CLERK TRAN: Mullissa Willette? 2.2

And then the next order of business is we recess

COMMITTEE MEMBER WILLETTE: Here.

CHAIRPERSON RUBALCAVA: Thank you.

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now into closed session for items 1 through 4 from the
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    closed session agenda. So thank you for bearing with us.
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             And for the record, we have Ms. Evans for
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    Controller Cohen.
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             (Off record: 9:01 a.m.)
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             (Thereupon the meeting recessed
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             into closed session.)
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             (Thereupon the meeting reconvened
             open session.)
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             (On record: 9:58 a.m.)
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             CHAIRPERSON RUBALCAVA: Okay. We are back in --
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   we are back in open session and we'll continue with the
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    remainder of the open session agenda.
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             Please call the roll.
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             BOARD CLERK TRAN: Ramón Rubalcava?
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             CHAIRPERSON RUBALCAVA: Present.
             BOARD CLERK TRAN: Jose Luis Pacheco?
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             VICE CHAIRPERSON PACHECO: Present.
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             BOARD CLERK TRAN: Regina Evans?
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             David Miller?
             COMMITTEE MEMBER MILLER: Here.
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             BOARD CLERK TRAN: Eraina Ortega?
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             COMMITTEE MEMBER ORTEGA:
                                      Here.
             BOARD CLERK TRAN: Kevin Palkki?
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             COMMITTEE MEMBER PALKKI: Good morning.
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BOARD CLERK TRAN: Theresa Taylor?

COMMITTEE MEMBER TAYLOR: Here.

BOARD CLERK TRAN: Yvonne Walker?

COMMITTEE MEMBER WALKER: Here.

BOARD CLERK TRAN: Mullissa Willette?

COMMITTEE MEMBER WILLETTE: Here.

CHAIRPERSON RUBALCAVA: Okay. Thank you.

Now, we'll proceed with the next agenda item, which is the Executive Report, Mr. Moulds or Kim.

Sorry, Kim Malm.

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DEPUTY EXECUTIVE OFFICER MALM: I'm going to go ahead and start. Good morning. Kim Malm, CalPERS team member. I'm juts going to take a few minutes today to give you an update on our final PBI breach statistics, our Retiree Warrant Project, and our next CBEE.

Let me start with the PBI breach statistics. I don't know why that's a hard -- such hard word for me to say. As you're aware on September 30th, we ended the registrations for the two-year credit monitoring. These are the final numbers. Since June we answered over 16,000 emails from our members in the PBI mailbox. Our CalPERS Call Center received almost 7,800 calls and also over 1,500 secure ask myCalPERS questions. Our regional offices had over 400 inquiries. Experian received almost 76,000 calls. And most importantly, we had over 204,000

members register -- sorry, retirees register for credit monitoring. That's almost 26 -- or over 26 percent, which is a fantastic number considering four to six percent is the typical average when Social Security numbers breached.

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We've confirmed that there's been over a thousand organizations and 60 million people around the world have been impacted by this breach. And as I stated in September, I'm very thankful for all the support and assistance we have received from the entire CalPERS team and our retirees.

Moving on to retiree warrants. As I mentioned in September, we rolled out the interactive voice response, IVR, or phone system, which allows retirees to check their warrant amount, including details like itemized gross amounts and deductions. They do this by calling 1-888-CalPERS. This became active on October 1st. So in the last one and a half months, we've had over 700 people successfully call and listen to their warrant information. There have been some that have failed to validate. Mostly these are people that have no warrants in the system as they're active, or they're inactive, or they have a paper warrant.

In addition to the IVR option, a link is being developed that will allow the retiree to see their warrant within myCalPERS at the click of a button. This new

functionality incorporates a secure authentication method that requires members to input their myCalPERS log in and password, and then they will put in a code for multi-factor authentication. This ensures the protection of their personal information. Once authenticated, members can immediately see the retirement check details and they can scroll down also for previous years' warrants -- sorry, previous months' warrants. This functionality will begin in January.

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Previously, we believed that there would be a monthly push of information to a retiree's phone or email and with a -- but however, with additional advice from our Information Security Office, in order to prevent phishing schemes to our retirees, we'll be sending one email out to all of the retirees who we have emails on file and notifying them that this option is available. We'll also provide instructions on how to save the link on their desktop or phone and we'll follow up with an article in our PERSpective and a banner on our webpage. We believe these new options will provide greater convenience for our members in a secure environment.

Lastly as a reminder, our next CBEE, or CalPERS
Benefit Education Event, will be December 5th and 6th, and
it will be virtual. We typically have about 3,200 people
participate when we have a virtual CBEE. I'd like to

thank Board members Mullissa and Kevin Palkki who went to the Glendale Regional Office after our last Ed Forum and they got a tour of the office, and they got to, I think, watch -- Ms. Willette got to watch a counseling session and they met the team members. And the team is always very thrilled when they have visits from the Board members. So thank you very much for taking the time to do that.

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And with that, I'll turn it over to Don.

CHAIRPERSON RUBALCAVA: Thank you.

CHIEF HEALTH DIRECTOR MOULDS: Go ahead.

CHAIRPERSON RUBALCAVA: Go ahead, Don.

CHIEF HEALTH DIRECTOR MOULDS: Great. Thanks.

Good morning, Mr. Chair, members of the

Committee. Don Moulds Chief Health Director. I want to

begin with a couple of updates before we dive into the

agenda. We completed another successful open enrollment.

The final report, with detailed migration information,

will be available for the March Committee meeting. We

added capability to our tools so members could search for

their medical group, doctors, and behavioral health

providers. We strongly encourage members to shop and

compare health plans through our custom letters and we saw

a 47 percent increase in health open enrollment

transactions compared to this time last year.

We continuously look for opportunities to enhance our tools, to improve our members' experience and help them make informed choices. Next year, we're adding additional functionality for retirees to manage their health benefits in myCalPERS, like making health and dental plan changes outside of open enrollment with specific qualifying events. I want to thank the folks on my team who do such a great job managing this process and assisting our members and employers during this busy time. And I also want to thank the folks on Kim's team who do an outstanding job serving our members through the Call Center.

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Next, on the agenda today, I'd like to draw your attention to Item 4C, our Health Benefits Annual Report for the 2022 plan year. The report provides information about our Health Benefits Program, including our health plan portfolio, financial information, and other relevant data and trends. Highlights include the news that we spent \$10.6 billion providing health care for our members and that on average they paid \$309 out of pocket for medical care and prescription drugs. We hope you find the annual report a good resource. It's a big effort to prepare. And I'd like to thank our team and the many team members across the enterprise who contribute to its development and delivery annually.

Finally, also on the agenda, we'll ask for your action on the long-term care Request for Proposal and the Health Program proposals for the 2025 plan year. We'll also unveil plans for the health policy forum.

I can stop there and see if there are any questions.

CHAIRPERSON RUBALCAVA: Thank you. We do have a question from Trustee Willette. Ms. Willette.

COMMITTEE MEMBER WILLETTE: Thank you so much.

Thank you. I just want to give a quick update. First, I had a phenomenal time and thoroughly enjoyed meeting the team at the Glendale office. So thank you for that. And I just want to pass on that I also recently had the privilege of talking with public works members at the City of Palo Alto. They made sure to tell me that they use the Calpers Call Center really regularly and they're delighted and grateful for the stellar service that they get every single time. They said they know they get different people, but the lady that answers the phone, whoever she is every time, is super nice and she is super helpful. So thank you so much and that's feedback from our public works workers.

Thank you.

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CHAIRPERSON RUBALCAVA: Thank you. And we also have Mr. Pacheco, followed Ms. Palkki -- Mr. Palkki.

VICE CHAIRPERSON PACHECO: Yes. Thank you, Don, and thank you, Ms. Malm, for your information. My question is back to the -- back to the warrant checks. You mentioned that about 700 people have already started utilizing it as of today.

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DEPUTY EXECUTIVE OFFICER MALM: Um-hmm.

VICE CHAIRPERSON PACHECO: Is that from -- how many months now has it been -- has it been in effect?

DEPUTY EXECUTIVE OFFICER MALM: It's October 1st, so about a month and a half. There's been over 700 -- 720 as of this morning.

VICE CHAIRPERSON PACHECO: Has there been any -- I mean, just technically, has there been any problems? I mean, is it easy for the members to -- you know, the retirees to activate it and get the information.

DEPUTY EXECUTIVE OFFICER MALM: We have not heard any problems. We have some of our retirees in the back of the room that I know have used it and have done so successfully and have said it was easy for them to use, so --

VICE CHAIRPERSON PACHECO: Oh, wonderful.

And the other concern I have is just making sure the -- you said there was -- there was some security parameters around the credentials, two-factor authentication. Is that the only security or will there

be more enhanced security, because of all these -- all the data out there?

DEPUTY EXECUTIVE OFFICER MALM: So on the link that's going to be provided, they're going to be basically logging in to myCalPERS. So they'll be putting in their log-in and their password to log in to myCalPERS and then they'll get a multi-factor authentication code --

VICE CHAIRPERSON PACHECO: Multi-factor.

DEPUTY EXECUTIVE OFFICER MALM: -- sent to them that they will have to put in in order to be able to go into myCalPERS and access their information.

VICE CHAIRPERSON PACHECO: Oh, I see.

DEPUTY EXECUTIVE OFFICER MALM: But the won't have to navigate through it. It will come up immediately. The paycheck information -- the warrant information will come up immediately after they do the multi-factor authentication.

VICE CHAIRPERSON PACHECO: And they have to do that multi-factor authentication --

DEPUTY EXECUTIVE OFFICER MALM: Every time.

VICE CHAIRPERSON PACHECO: -- every time, to -- so it's -- it makes sure that it's them.

DEPUTY EXECUTIVE OFFICER MALM: That's correct.

VICE CHAIRPERSON PACHECO: It's not some bad

25 actor, right.

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DEPUTY EXECUTIVE OFFICER MALM: That's correct.

VICE CHAIRPERSON PACHECO: All right. Excellent then.

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DEPUTY EXECUTIVE OFFICER MALM: Do you want to add something?

VICE CHAIRPERSON PACHECO: And I'll just -- the last question. On this information, is it -- is it out there already in our website so people can have other instructions of how to dial in and follow through all the things out there on our website?

DEPUTY EXECUTIVE OFFICER MALM: Yes. There's information on the website -- on how to do the phone call.

VICE CHAIRPERSON PACHECO: Okay. Fantastic then. That would be wonderful if -- perhaps, do we have that out there? Do we -- can we request that? Can we request that information, so that -- to make sure that we have it, so we can share it with our -- with our members.

DEPUTY EXECUTIVE OFFICER MALM: Absolutely. That would be awesome. Thank you so much.

CHAIRPERSON RUBALCAVA: Thank you, Mr. Pacheco. Kevin.

COMMITTEE MEMBER PALKKI: Yeah. Thank you.

Yeah, I just wanted to say thank you to David and
everybody at the Glendale office. It was an absolute
privilege to see the passion in our staff and watching

them interact with our members. It's good to know that we have hired the right people for the right job. And it was -- it was just an absolute honor to watch them work and to see them excited about their work. So thank you.

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DEPUTY EXECUTIVE OFFICER MALM: Thank you.

CHAIRPERSON RUBALCAVA: Thank you, Trustee

Palkki. I think we have -- we now can proceed to the next item, which is the -- I'm sorry, did I miss somebody?

Oh, there you are. Ms. Walker. Please. I

apologize here. I didn't see you.

COMMITTEE MEMBER WALKER: Thank you, Mr. Chair. So I just wanted to say I found it kind of ironic this -- I learned this month that as part of that breach that we had here, it also impacted my health care company, and my mortgage company. So I was like, oh, three times. I'm the trifecta. I'm the winner.

And then I just wanted to give a shout-out for the process of being able to go in, look at -- as you're going through open enrollment and look to see how everybody is covered in everything else. I had a minor panic period thinking that one of my doctors wasn't covered and it was resolved quickly. Took the stress away. That was one of the best things that I think that we've done. So congrats to the team and everybody.

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So now we proceed to Item 3, the action consent
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    items.
             VICE CHAIRPERSON PACHECO: I'll move it.
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             CHAIRPERSON RUBALCAVA: And it's moved by Mr.
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   Pacheco.
             COMMITTEE MEMBER MILLER: (Hand raised).
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             CHAIRPERSON RUBALCAVA: And second by Mr. Miller.
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   And we'll proceed now to the -- we need a vote.
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             VICE CHAIRPERSON PACHECO: Yes.
             CHAIRPERSON RUBALCAVA: So we should do a vote.
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   Okay. All in favor?
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             (Ayes.)
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            CHAIRPERSON RUBALCAVA: I think we have the votes
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   there. Thank you.
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             Now, we'll move on to number 4, information
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   consent items.
             GENERAL COUNSEL JACOBS: Excuse me, Mr.
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   Rubalcava?
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            CHAIRPERSON RUBALCAVA: Yes.
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             GENERAL COUNSEL JACOBS: You need to just check
   if there are no votes and abstentions before you announce
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   the result of the motion.
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             CHAIRPERSON RUBALCAVA: Okay. We -- so we had
   the yes votes.
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Any no votes?

Any abstentions?

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This is on the action consent items.

And I think we only have yes votes. Thank you.

Now, we'll proceed to the information consent

items. Nothing pulled, but we do have public comment.

Mr. Tim Behrens, please come to the front.

TIM BEHRENS: Chairman Rubalcava, members of the Committee. Back to speak about Delta Dental again.

There's been a lot of outreach by other retiree groups since I talked about Delta Dental the last Board meeting and Committee meetings we had. All of them are united in being dissatisfied with Delta Dental. I would urge the Calpers health team to explore the feasibility to provide and sell alternate dental insurance. If we can't get rid of Delta Dental or have it come back to Calpers administratively, then it would be nice if stakeholders had an alternate ability to purchase additional dental services.

I met with a retired dentist the last week -- two weeks ago who was formally working in the Delta Dental family and he quit. And his reason for quitting is Delta Dental has cut their dentists to \$1,000 per patient per year reimbursement. And he said I can't even do a crown for that anymore. So the dentists continue to drop out. There continues to be very difficult to have services or

find them, especially in small towns like I live. So there needs to be something done about Delta Dental. I know that at least two of the bargaining units, 5 and 6 I believe, have their own dental insurance. And if it's possible for CalPERS to find out what those insurances are and why they chose to have their own insurance for their unions as opposed to the Delta Dental or in addition to the Delta Dental, then that's something that we would like to see happen for our stakeholders too in the future.

I think that's probably all I have to say, but I do want you to know that there is a movement starting out there of retiree groups, and actually the labor organization of the Cal Fire leadership is also going to bring this up as an issue with the active employees that they represent in Cal Fire.

Thank you very much.

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CHAIRPERSON RUBALCAVA: Thank you for brining this to our attention.

Okay. Now, proceed to action agenda items starting with 5a, the Long-Term Care Request for Proposal.

Mr. Moulds.

CHIEF HEALTH DIRECTOR MOULDS: Great. Thank you, Mr. Chair. Before you is an action to -- item to approve and extension of the current Long-Term Care Program third-party administrator contract with illumifin,

- 1 | formerly the Long Term Care Group, for up to 24 months.
- 2 | The current contract expires at the end of 2024.
- 3 | Twenty-four months gives us the amount of time --
- 4 | additional time we need to run a full solicitation for the
- 5 next Long-Term Care Program administrator and, if
- 6 necessary, to transition the business to a new
- 7 administrator.

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Specifically, we anticipate that it will take about a year for the solicitation and then 18 to 24 months to transition the business to a new administrator if one is selected. In the event that we don't select a new administrator, we would kick that timeline up considerably, potentially limiting it to the one -- to the one year.

If approved, this would be the second two-year extension for a illumifin. We moved forward with a solicitation on a very similar timeline about a year and a half ago, but pulled it back shortly after settlement in the Wedding lawsuit. As we shared with you at that time, it would have been extremely problematic to administer the settlement at the same time we transition the program to a new vendor.

Happy to answer any questions.

CHAIRPERSON RUBALCAVA: Any questions from the

25 | Committee?

We have Ms. Taylor. President Taylor, please proceed.

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COMMITTEE MEMBER TAYLOR: Yes. So thank you very much, Mr. Rubalcava. So we're approving a one, plus one, plus five year extension?

CHIEF HEALTH DIRECTOR MOULDS: So you have -- you approved that previously.

COMMITTEE MEMBER TAYLOR: Okay.

CHIEF HEALTH DIRECTOR MOULDS: And this is an -- this is an extension of the -- of the existing contract.

COMMITTEE MEMBER TAYLOR: It's not worded like that though. Oh, the one plus one terms would allow for -- okay.

CHIEF HEALTH DIRECTOR MOULDS: Yeah, the new con -- sorry, the new contract -- the new contract would be the five, plus one, plus one that we had -- that you had approved in the -- in the previous discussion, which was the year and a half ago. So this is just the 24-month extension of the existing contract.

COMMITTEE MEMBER TAYLOR: Got it. Okay. So we're already two years out from the five years and now we need another 24 months, is that it?

CHIEF HEALTH DIRECTOR MOULDS: We are -- we have -- so we are on a -- we are currently on a 24-month extension -- a year into 24 month -- more or less a year

into a 24-month extension. We need another 24-month extension to run the contract -- to run the procurement, which we have to start all over again. And then -- and then we need an additional 18 to 24 months to transition the business to a new vendor, if one is chosen. If we do not chose a new vendor, we would not need that additional 18 to 24 months.

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COMMITTEE MEMBER TAYLOR: Got it. So essentially we had to stop it, because the Wedding settlement, so we stopped --

CHIEF HEALTH DIRECTOR MOULDS: We canceled -- we canceled the solicitation, upon --

COMMITTEE MEMBER TAYLOR: Right. So then we were just still with illumifin.

CHIEF HEALTH DIRECTOR MOULDS: Exactly. Correct.

COMMITTEE MEMBER TAYLOR: So now we're going to try to do a solicitation and that's the two-years, 24 months.

CHIEF HEALTH DIRECTOR MOULDS: So the solicitation takes about a year. We were -- we will be -- we'll be starting that almost immediately, but then we will need the additional time on top of that for the transition.

COMMITTEE MEMBER TAYLOR: And what are the chances that somebody else wants to take this long-term

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care plan up?
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             CHIEF HEALTH DIRECTOR MOULDS: I think high.
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             COMMITTEE MEMBER TAYLOR: Oh, okay.
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             CHIEF HEALTH DIRECTOR MOULDS: I think there will
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   be -- I think that we are we likely to see competition for
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    our business --
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             COMMITTEE MEMBER TAYLOR:
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             CHIEF HEALTH DIRECTOR MOULDS: -- particularly
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   now that we are --
             COMMITTEE MEMBER TAYLOR: Settled.
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             CHIEF HEALTH DIRECTOR MOULDS: -- through this
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   lawsuit.
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             COMMITTEE MEMBER TAYLOR: Okay.
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             CHIEF HEALTH DIRECTOR MOULDS: Yeah.
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             COMMITTEE MEMBER TAYLOR: All right.
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                                                    Thank you.
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             CHIEF HEALTH DIRECTOR MOULDS:
                                             Yep.
             CHAIRPERSON RUBALCAVA:
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                                     Thank you.
             And next we have Trustee Walker.
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             COMMITTEE MEMBER WALKER: Hi. Don, I'm still
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    confused. As I'm looking at the second paragraph, right,
    it reads to me that we're pre-approving, once we do the
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    24-month thing.
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             CHIEF HEALTH DIRECTOR MOULDS: So I'm not sure.
   Are you looking at the agenda item or --
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             COMMITTEE MEMBER WALKER: I am. I'm looking at
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CHIEF HEALTH DIRECTOR MOULDS: Okay.

COMMITTEE MEMBER WALKER: -- recommendations under the agenda item. So the second paragraph seems like it's a pre-approval thing. I'm fined with the 24 months, but that paragraph --

CHIEF HEALTH DIRECTOR MOULDS: Yeah.

COMMITTEE MEMBER WALKER: -- I'm not understanding pre --

have Jared come and -- use that one.

CHIEF HEALTH DIRECTOR MOULDS: So I'm going to

CHIEF HEALTH DATA STRATEGY OFFICER SHINABERY: So there's two items here, right? So one of them is the new contract which will be awarded by the RFP by the solicitation. So that one has to have time baked into it for a transition, if it goes to a new vendor, so that's the one, plus one aspect of that.

So the new contract will be five years with one plus one for an additional -- which is the additional time needed for transition. But with -- we also need to have our existing vendor in place while a transition is happening, right?

COMMITTEE MEMBER WALKER: No, I understand that. It just seems to me that this is like a pre-approve -- like assuming that we're going to get a new contractor,

this is a pre-approval of that new contractor without it coming back to the Board. That's what it reads to me.

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CHIEF HEALTH DIRECTOR MOULDS: Yeah, so that -- so that is -- that is not what we're asking for.

COMMITTEE MEMBER TAYLOR: You might want to reword it, because --

COMMITTEE MEMBER WALKER: That's what it reads.

CHIEF HEALTH DIRECTOR MOULDS: Okay.

COMMITTEE MEMBER WALKER: Or take that paragraph out. Let's do it straight for the two years and then do something different for the other thing.

CHIEF HEALTH DIRECTOR MOULDS: So all I'm asking for right now is --

COMMITTEE MEMBER WALKER: Is the two years?

CHIEF HEALTH DIRECTOR MOULDS: -- the 24-month extension, yeah.

COMMITTEE MEMBER WALKER: Then we should take out that second paragraph because it's confusing.

CHIEF HEALTH DIRECTOR MOULDS: Yeah. Okay.

COMMITTEE MEMBER WALKER: So I would move that we take out the second --

CHIEF HEALTH DIRECTOR MOULDS: But to clarify, what I am asking for right now is a 24-month extension on our existing contract --

COMMITTEE MEMBER WALKER: Yes.

CHIEF HEALTH DIRECTOR MOULDS: -- and nothing more.

COMMITTEE MEMBER WALKER: That's the third paragraph.

CHIEF HEALTH DIRECTOR MOULDS: Yeah.

COMMITTEE MEMBER WALKER: So I would move that we remove that second paragraph from the recommendations.

CHAIRPERSON RUBALCAVA: I think we do want to have clarity on our action, so -- well, if that's the way to do it go through the motion, yes, we'll do that. But before we vote, I think we have public comment though, but I just want to make sure we're okay.

COMMITTEE MEMBER TAYLOR: Second, by the way CHAIRPERSON RUBALCAVA: Second by Ms. Taylor. Thank you.

So we have that. So -- but I think we need some clarification from staff though, okay?

Don, please.

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CHIEF HEALTH DIRECTOR MOULDS: Can I clarify?

Sorry. Apologies. This is -- so we are asking for two things. One is the 24-month extension and the other one ask for approval to go out to bid on the -- on the contract -- on the existing book of business.

CHAIRPERSON RUBALCAVA: Solicitation.

COMMITTEE MEMBER TAYLOR: That's not what it says

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COMMITTEE MEMBER WALKER: It says approval.

That's not what it says.

4 CHAIRPERSON RUBALCAVA: There you go.

CHIEF HEALTH DATA STRATEGY OFFICER SHINABERY: So we're asking for -- so with the ask to go out to solicitation, it's -- we're also specifying what that -- the term of that contract would be. So we're saying we're want -- we want to do a solicitation for a contract that is a one, plus one, plus five.

COMMITTEE MEMBER WALKER: I understand what you're telling me. That is not what I'm reading this to say.

CHIEF HEALTH DIRECTOR MOULDS: Okay. So we can --

CHAIRPERSON RUBALCAVA: Well, we can look at -- can I? If we look at the recommendation in the front page, the cover page --

COMMITTEE MEMBER TAYLOR: That's what she's looking at.

COMMITTEE MEMBER WALKER: I'm looking at the recommendation.

CHAIRPERSON RUBALCAVA: -- there's three approvals.

25 CHIEF HEALTH DIRECTOR MOULDS: So I think --

yeah, so I -- yeah, I think what we should do here is we can just pull the approval of the one, plus one, plus five, which is the one that is causing the confusion, because what we need here is the approval to go out for bid and the approval of the 24 months. So that is what we are asking for.

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CHAIRPERSON RUBALCAVA: Okay. So then that makes sense to accept the -- Ms. Walker's motion is to delete the second paragraph. That's correct?

COMMITTEE MEMBER WALKER: Um-hmm.

CHAIRPERSON RUBALCAVA: Which was second by Ms. Taylor. And I think we will do that.

COMMITTEE MEMBER TAYLOR: Well, no, because now we're being told they need that second part.

CHAIRPERSON RUBALCAVA: Do you need the second approval? No, you need the first and third paragraph, correct?

CHIEF HEALTH DIRECTOR MOULDS: The first and the -- the recommend -- under recommendations, there is approve the release of a Long-Term Care Program TPA solicitation. We are asking for that. We are not asking for the approval of a one, plus one, plus five year contract term.

COMMITTEE MEMBER TAYLOR: Okay. So we do want to take that out.

CHIEF HEALTH DIRECTOR MOULDS: Because we have -- you have previously approved that model.

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CHAIRPERSON RUBALCAVA: So we approve the third paragraph, which is the up to 24 months extension of the current contract.

CHIEF HEALTH DIRECTOR MOULDS: And then the third one, we are asking for the extension of two years of the existing contract.

CHAIRPERSON RUBALCAVA: Correct. I think we are clear here.

CHIEF HEALTH DIRECTOR MOULDS: Sorry for that.

CHAIRPERSON RUBALCAVA: Okay. So --

COMMITTEE MEMBER TAYLOR: So the motion is to remove the second paragraph and pass the remaining two paragraphs.

CHAIRPERSON RUBALCAVA: Correct.

CHIEF HEALTH DIRECTOR MOULDS: And I think the suggestion was that you do that as two separate -- yeah, to keep it clean just two separate actions.

CHAIRPERSON RUBALCAVA: Okay. So we'll -- okay. So we'll -- we're calling for the first motion right now is approve the release of a Long-Term Care Program third-party administrator solicitation. Do I have a motion?

COMMITTEE MEMBER TAYLOR: Wait. Wait. Wait.

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I'm not.
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             CHAIRPERSON RUBALCAVA: We're going to break it
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   up.
             COMMITTEE MEMBER TAYLOR: Right. No, but hold
         The only thing we're breaking up is we're removing
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    the middle paragraph, so that's your first motion.
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    second motion you can have --
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             CHAIRPERSON RUBALCAVA: I see.
             COMMITTEE MEMBER TAYLOR: -- you can have --
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    approve both of the remainder --
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             COMMITTEE MEMBER WALKER: As amended.
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             COMMITTEE MEMBER TAYLOR: -- as amended.
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             CHAIRPERSON RUBALCAVA: Okay. We were going a
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    different path, but that's fine. So we're going to first
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    vote to remove the second paragraph, which was the motion
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    from Ms. Walker and second from President Taylor.
             COMMITTEE MEMBER TAYLOR:
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                                       Okav.
             CHAIRPERSON RUBALCAVA: Okay. That's the
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   clarification.
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             COMMITTEE MEMBER TAYLOR: We're throwing this
   into --
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             CHAIRPERSON RUBALCAVA: Well, let's wait till
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   staff weighs in here.
             CHIEF EXECUTIVE OFFICER FROST: I don't think you
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have to pay attention to the way the agenda item is

currently written and say I want to remove this part of the recommendation. I think for the record is to be very specific about what you are approving. So I would do them in two separate motions. Motion one is to approve the extension. And then motion two would be to, if you're in agreement, to move forward with the solicitation itself. But I wouldn't get too hung up on the way the agenda item is actually written. I would just keep the motions very clear and we'll have it in the record.

COMMITTEE MEMBER TAYLOR: Okay.

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CHAIRPERSON RUBALCAVA: Thank you.

CHIEF HEALTH DIRECTOR MOULDS: Can I -- can I, with apologies, add to the soup a little bit here.

CHIEF EXECUTIVE OFFICER FROST: No. No. Let's just move forward.

CHIEF HEALTH DIRECTOR MOULDS: Okay. All right.

CHAIRPERSON RUBALCAVA: We're going to -- so we're going to follow our CEO's guidance. First, we have a motion to extend the current Long-Term Care TPA contract for an additional up to 24 months.

VICE CHAIRPERSON PACHECO: I'll move that.

CHAIRPERSON RUBALCAVA: And Mr. Pacheco -- Commissioner Pacheco makes that motion.

Do I have a second?

COMMITTEE MEMBER MILLER: (Hand raised).

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CHAIRPERSON RUBALCAVA: Mr. Commissioner Miller
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   makes the second.
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             Do -- can we vote on that, please?
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             Everybody say aye?
             CHIEF EXECUTIVE OFFICER FROST: Go ahead and get
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   public comment. So take your motion and your second.
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             CHAIRPERSON RUBALCAVA: Oh, yes.
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             CHIEF EXECUTIVE OFFICER FROST: And then ask for
   public comment on each.
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             CHAIRPERSON RUBALCAVA: Okay. We'll have public
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    comment now. Thank you.
             Ms. Marcy Brown, please.
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             MARCY BROWN: Right here?
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             CHAIRPERSON RUBALCAVA: Yes, please.
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             MARCY BROWN: My comment is not actually on the
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    proposal, so I don't think you need to wait for it to take
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    your vote. I did want to make a comment on the Long-Term
    Care --
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             CHAIRPERSON RUBALCAVA: Please.
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             MARCY BROWN: -- program generally.
             CHAIRPERSON RUBALCAVA: Please proceed.
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             MARCY BROWN: All right. So as a State retiree
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    and long-term care policyholder, I am grateful for
    CalPERS, both the Board and the staff, for all you do for
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managing our pensions and our health benefits, full stop.

But I was very disappointed to learn as part of the long-term care Wedding lawsuit of decisions that were made by this Committee, likely your predecessors, not you, about how to distribute pension increases when you do have to do them, and particularly the hit that us long-term care policyholders who paid for inflation protection took not only the hit that other people took, but took a larger And that was very disconcerting and I am asking to have -- to know how we can see those decisions be made on future increases. So is that done in open committee? it done in closed committee? How do we know that those -how those decisions are made, so that we can weigh in if it seems like there is groups that are getting disproportionately hit, particularly after paying for decades for inflation protection and then potentially being at risk of being priced out of these programs that we're using to try to protect our families from our long-term care health costs.

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So I'm asking to see how we can see the math before you make decisions on premium increases going forward and I'm also asking to know how we will see the distribution vetting any Wedding settlement costs distributed, because some of us like myself and others who are very concerned about having long-term care, we opted to stay in. There's a huge payment out to people who

left. It should not be that those of us who stayed in the program should be bearing the cost of those people who are leaving.

So those are my requests and my comment. Thank you for your time.

CHAIRPERSON RUBALCAVA: Thank you. I think staff will be able to talk to you afterwards. Thank you.

Okay. Now, we have the motion on the floor, so now we can vote. And the motion is for the two-year extent -- up to two -- 24 months extension for the current TPA contract. So can we take a -- do everybody vote in favor?

(Ayes.)

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CHAIRPERSON RUBALCAVA: Any opposed?

Any abstentions?

The motion passes.

Okay. Now, I'll entertain the motion to approve the release of a long-term care TPA solicitation.

COMMITTEE MEMBER MILLER: So moved.

CHAIRPERSON RUBALCAVA: Mr. Miller app -- makes a motion.

COMMITTEE MEMBER PALKKI: Second.

CHAIRPERSON RUBALCAVA: Approve[SIC] by Kevin.

Thank you.

All those in favor, please speak?

(Ayes.)

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CHAIRPERSON RUBALCAVA: All those opposed?
None.

Any abstentions?

The ayes have it, so we have the motion approved.

So now we can proceed to the next item, which is

5b, approval of the Health Benefits Program proposals.

(Thereupon a slide presentation).

HEALTH PLAN RESEARCH & ADMINISTRATION CHIEF JARZOMBEK: Good morning, Mr. Chair, members of the Committee. Rob Jarzombek, Calpers team member.

This is Agenda Item 5b, Approval of the Health Benefit Program Proposals for the 2025 Plan Year. This is an action item.

As quick background, in 2020, we implemented a formalized process to review proposals outside of the rate development process, or RDP. This separate process allows us to consider a variety of changes to our program for the upcoming plan year before any rate setting begins. This was done so that everybody knows what, if anything, is changing for the next plan year before any rates are developed.

Potential changes include adding a new Basic or Medicare plan, incorporating a new Health Benefit Program, making a benefit design change, and lastly, adjusting a

current plan's service area.

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HEALTH PLAN RESEARCH & ADMINISTRATION CHIEF

JARZOMBEK: Over the next few slides, I'll cover the

timeline and walk through the service area expansion

proposals. Then Dr. Logan will review the proposed

benefit design changes and I'll conclude with next steps.

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HEALTH PLAN RESEARCH & ADMINISTRATION CHIEF

JARZOMBEK: We solicited proposals from health plans in August and instructed them to address how their proposals support our strategic goal of exceptional health care. As a health team, we continually developed our -- we continually develop ways to further enhance our program through the benefits we offer. Our team has reviewed and analyzed the proposals and developed recommendations for you. If approved, these changes will be incorporated into the rate development process and will take effect on January 1st, 2025.

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HEALTH PLAN RESEARCH & ADMINISTRATION CHIEF

JARZOMBEK: To align with our strategic goal, we encourage

plans to submit proposals to that improve health care

quality, increase equity, and maintain affordability. We

also specifically asked -- or asked the plans to provide

proposals that improve access to care for members, especially in underserved areas lacking more affordable HMO options. Through the recent HMO solicitation, we made it clear to the plans that we expect them to continue to expand access of lower cost HMOs to new areas. The plans listened and we are pleased to share that each of our four lower cost HMOs submitted proposals to expand into new areas in 2025 as did Kaiser.

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Over the next several slides, I will talk about the preliminary financial impacts to premiums. The impacts are based on each plan's best estimate as well as our independent analysis. The final 2025 premiums could change depending on the results of the plans' provider contracting efforts and the expansion areas, as well as our continued analysis through the RDP process.

Now, I'll talk about each of the proposals starting with Blue Shield.

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HEALTH PLAN RESEARCH & ADMINISTRATION CHIEF

JARZOMBEK: Blue Shield Trio is proposing an expansion
into Contra Costa County. This covers the entire county.

Trio is not currently offered in any Bay Area counties
except Napa. Trio is also proposing a partial county
expansion into three contiguous zip codes into Shasta

County in the Redding area. Redding is the largest city

in Shasta County and these three zip codes cover almost two-thirds of all CalPERS members living in the county.

If approved, the expansion would result in the first HMO plan available in Shasta County in recent memory. And this furthers our goal to improve access to more affordable HMO plans options in rural and low competition areas of the state. Currently, Blue Shield Access+ EPO is offered in Shasta County along with the PPOs. We anticipate these expansions to have a minimal impact on premiums.

The Department of Managed Health Care, or DMHC, has already approved the Contra Costa expansion and is currently reviewing the Shasta expansion. We recommend approval of this proposal.

Next is Health Net.

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HEALTH PLAN RESEARCH & ADMINISTRATION CHIEF

JARZOMBEK: Health Net is proposing to add Imperial County

to the Salud y Más service area. Imperial is situated

right next to San Diego County on the U.S.-Mexico border.

This would increase member access beyond their current

footprint of the counties listed on this slide. The HMO

plans currently offered in Imperial County are Anthem

Select and Traditional plans, as well as Blue Shield

Access+.

We anticipate about a \$4 impact to premiums, or roughly a 0.6 percent increase. The expansion is pending DMHC approval. We recommend approval of this expansion.

Next is Kaiser.

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HEALTH PLAN RESEARCH & ADMINISTRATION CHIEF

JARZOMBEK: Kaiser is proposing to cover part of Monterey

County for their Basic plan. This would be in the cities

of Salinas, Watsonville, and Monterey and the surrounding

areas. This is all in the northern part of the county.

The Permanente Group doctors will provide primary care and some specialty care services and they plan to establish contracts with select community providers to round out their network. At this point, the contracting effort with community providers is in the early stages and will be ongoing for the next few months.

We expect minimal impact to premiums through this expansion. This expansion, of course, is also pending DMHC approval. We recommend approval of this expansion Next is United Healthcare.

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HEALTH PLAN RESEARCH & ADMINISTRATION CHIEF

JARZOMBEK: UHC is proposing to expand Harmony into Contra

Costa, Napa, and Solano counties. This continues their

Northern California expansion, which includes Santa Clara,

and Santa Cruz counties for 2024. As you may recall, Harmony was previously a Southern California only plan. And as part of the HMO solicitation, we pushed them to expand north. UHC agreed to a multi-year and multi-county expansion plan with us, and 2025 will be the second year of that five-year plan.

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UHC has already received DMHC approval for this expansion. We anticipate about a \$20 impact to premiums, or just under a 5. -- a 2.5 percent increase. We recommend approval of this expansion.

And last is Western Health Advantage.

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HEALTH PLAN RESEARCH & ADMINISTRATION CHIEF

JARZOMBEK: WHA is pursuing expansions in Fresno, Kings,
and Madera counties and is awaiting DMHC approval. WHA is
in preliminary talks with a provider partner and cautioned
that any proposed service area expansions are contingent
upon successful provider contracting efforts. That said,
they are hopeful to reach agreement in at least two
counties, most likely Fresno and Madera, for 2025. We
recommend approval of this expansion.

I'll now turn it over to Dr. Logan to go over the benefit design proposals.

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CHIEF CLINICAL DIRECTOR LOGAN: Thank you, Rob.

Good morning, Mr. Chair and members of the Committee.

Julia Logan, CalPERS team member.

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Our team is excited to be bringing you two new benefits for 2025 that seek to improve health equity and health outcomes. We recommend these for your approval. First, we recommend implementing a new birthing doula benefit for all eligible Basic HMO and PPO plan members in 2025. Doulas are non-clinical providers, meaning they're not doctors. They're not nurses. They are trained companions who support another individual through child birth, providing advice, information, and emotional support, and physical comfort.

Doulas provide culturally-competent care that supports the diversity of members before, during, and after child birth, including support during miscarriage, stillbirth, and abortion when our pregnant members may need this support the most. We recommend adding this benefit for several reasons.

First, because they help prevent complications during child birth. Doula care is associated with positive delivery outcomes, including reducing C-sections, use of epidurals, and premature deliveries, especially for members of race and -- races and ethnicities at a higher risk for pregnancy complications.

Second, they provide much needed emotional

support, which lowers stress and anxiety, and provide increase empowerment and autonomy during the labor period, and improve breast feeding success after delivery.

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Third, they drive cost savings, include -- including reducing utilization of medically unnecessary C-sections.

Lastly, and really important to all of us, is that doulas have been shown to decrease racial disparities in maternity care, disparities that have only grown larger as a result of the pandemic. In order to streamline the provision of the benefit, we intend to mirror the Department of Health Care Services doula benefit structure wherever possible, including definitions of doula and doula services, and doula minimum qualifications.

Of note, California Assembly Bill 904 was recently signed and chaptered into law and will require health plans regulated by the Department of Managed Health Care to develop a maternal and infant health equity program that addresses health -- that addresses racial health disparities in maternal and infant health outcomes through the use of doulas by January 1st, 2025. Our proposed benefit is aligned with this new law and will apply to both HMO and PPO health plans.

The projected premium impact of adding this new benefit for all basic members is \$0.10, or 0.01 percent.

Second -- and next slide please --

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implement a standard travel benefit for certain medically necessary services. While several of our plans currently offer a travel benefit for some surgeries, not all plans do nor is the benefit standardized across plans and services. To address this, we will standardize travel and lodging for certain medically necessary services, including, but not limited to, abortion services, gender-affirming care, complex surgeries, and cancer care that can't be accessed within 50 miles from the member's residence for all Basic and Medicare members.

Travel benefits encompass transportation, lodging, and meals for the member and companion up to \$5,000 per occurrence. For patients under the age of 18, we will cover travel for both parents or guardians as needed. This will support access and health equity by covering costs for members that may live far from high quality complex medical care or require specialized services unavailable locally, particularly for racial and ethnic groups that experience disparities in obtaining necessary care and are LGBTQ+ members.

The projected premium impact for the Basic plans is \$0.27, or 0.03 percent. For the Medicare plans, it

will be \$0.54, or 0.13 percent.

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I'll now hand it back to Rob.

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HEALTH PLAN RESEARCH & ADMINISTRATION CHIEF

JARZOMBEK: All right. Thank you, Julia.

Here is a quick recap of the proposals we recommend for approval. Blue Shield Trio's expansion into Contra Costa and Shasta counties, Health Net Salud y Más expansion into Imperial County, Kaiser's expansion into Northern Monterey County, UHC's Harmony expansion into Contra Costa, Napa, and Solano counties, and lastly Western Health Advantage's expansion into Fresno, Madera, and Kings counties.

And for benefit design changes, first the doula benefit for pregnancies and postpartum care. And second, a standardized travel benefit for medically necessary care.

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HEALTH PLAN RESEARCH & ADMINISTRATION CHIEF

JARZOMBEK: Upon the Committee's approval, we'll

incorporate the approved changes into the rate development

process and lay out the necessary implementation

activities. We will communicate the plan expansions and

benefit design changes to members in advance of and during

open enrollment next year. We will present the 2025

health premiums to the Board for final approval next July with discussions about the initial and preliminary rates in the months leading up to that.

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This concludes our presentation and we're happy to take any questions.

CHAIRPERSON RUBALCAVA: Thank you, Rob. We do have questions from Mr. Pacheco.

VICE CHAIRPERSON PACHECO: Yes. Thank you, Dr. Logan, and thank you, Rob, for your comments here. I want to just, first of all, congratulate the team on this. This is a lot of hard work. I really appreciated that from what I can tell we are actually taking care of our folks in the more rural areas, which is really awesome, because in -- you know, from what I know, it's pretty -- it's pretty incredible. It's an incredible part of our state. And I also want to appreciate the fact that you moving into Salinas, and Watsonville, and bringing in Kaiser, that is also great.

I'm from that area. I'm was in born Watsonville. So I can tell you I was born in Watsonville Hospital, and the only hospital in town. So now people can have, you know, other options, and I think that's great. So I wanted to do that.

I also wanted to just say about the doula benefits, I think that's wonderful providing that -- that

emotional support for the mothers or to be mothers, and also for the travel benefits. So I just wanted to make those comments and appreciate that. And that's it.

Thank you.

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CHAIRPERSON RUBALCAVA: Thank you, Vice Chair Pacheco. Before I call for a motion on the approvals, we'll have public comment. Susanne Paradis, please.

Susanne.

SUSANNE PARADIS: Hi. My name is Susanne Paradis and I'm the District Director for California State Retirees. My area includes Santa Cruz, Monterey, and San Benito counties. These are rural areas, as Mr. Pacheco just mentioned. Right now, we have two ongoing situations that impact our health care there. In San Benito County, Haze Hawkins, which is the only hospital in that county is now going through some kind of bankruptcy discussions. And I haven't seen anything that says anybody is coming into save them yet and that's a concern. And then we've had the ongoing issue at Salinas Valley Medical Center in Salinas, which is their -- they've been without a contract since August. They continue negotiations, but I did notice in the paper the other day it was mentioned that the CEO is now leaving and now they have an interim CEO.

So that, to me, kind of shows that there is more going on there than just trying to resolve this

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outstanding contract issue, which fortunately for many of 1 our members does not affect Medi-Cal -- Medicare 2 Advantage, but it does affect working families, and, you 3 know, those -- the retirees up to age 65. So it is heartening to hear that Kaiser is moving into northern 5 Monterey County. And to my understanding, that doesn't 6 include Medicare Advantage for the first year, but they 7 8 may try in 2026 to extend it to Medicare Advantage. I'm -- you know, that really doesn't help our folks who 9 live in Soledad. And because they're not included in even 10 the first wave of Kaiser moving into Monterey County, so 11 they -- you know that puts them out even years more. 12

So I'm hoping that something can be done to expand and protect our health care benefits, specifically in Southern Monterey and San Benito counties.

Thank you.

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CHAIRPERSON RUBALCAVA: Thank you for your comments. The Committee shares -- appreciates your comments and we share your concerns.

SUSANNE PARADIS: Thank you.

CHAIRPERSON RUBALCAVA: Okay. Now is the time to -- these are some very robust recommendations we have. So I'll undertake a motion --

COMMITTEE MEMBER MILLER: Move approval.

COMMITTEE MEMBER PALKKI: (Hand raised).

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CHAIRPERSON RUBALCAVA: -- by Mr. Miller to
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    approve the plan -- the new plans -- the plan expansions
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    and the new benefit changes.
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             VICE CHAIRPERSON PACHECO: I'll second.
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             CHAIRPERSON RUBALCAVA: And second Vice Chair
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    Pacheco.
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             Can we have a call -- roll call vote, please?
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             BOARD CLERK TRAN: Jose Luis Pacheco?
             VICE CHAIRPERSON PACHECO: Yes.
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             BOARD CLERK TRAN: Regina Evans?
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             David Miller?
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             COMMITTEE MEMBER MILLER:
                                       Aye.
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             BOARD CLERK TRAN: Eraina Ortega?
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             COMMITTEE MEMBER ORTEGA:
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             BOARD CLERK TRAN: Kevin Palkki?
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             COMMITTEE MEMBER PALKKI: Aye.
             BOARD CLERK TRAN:
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                                Theresa Taylor?
             COMMITTEE MEMBER TAYLOR:
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             BOARD CLERK TRAN: Yvonne Walker?
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             COMMITTEE MEMBER WALKER: Aye.
             BOARD CLERK TRAN: Mullissa Willette?
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             COMMITTEE MEMBER WILLETTE: Yes.
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             CHAIRPERSON RUBALCAVA: Thank you, everybody.
    do want to thank the staff for all the work they've done
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    preparing for the plan year 2020 -- for the plan year
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2025. And I also, like the Vice Chair Pacheco, I'm very 1 happy that we were able to move these low cost and quality 2 networks into Northern California. They will also have to 3 changes to Southern California. So I am very pleased that 4 5 Health Net Salud y Más was able to move into Imperial County. So that -- having that low cost program for 6 another rural county is very helpful. So thank you very 7 much. Very proud of this work. 8

Now, we move on to -- where are we? Information Agenda Item 6a, Mr. Don Moulds.

(Thereupon a slide presentation).

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CHIEF HEALTH DIRECTOR MOULDS: And I'm going to turn it over to Jared Shinabery.

CHAIRPERSON RUBALCAVA: Jared.

CHIEF HEALTH DATA STRATEGY OFFICER SHINABERY:

Good afternoon, President Taylor and members of the Board. I'm Jared -- sorry?

CHAIRPERSON RUBALCAVA: That's all right. It's okay. Go ahead. Please continue.

CHIEF HEALTH DATA STRATEGY OFFICER SHINABERY:

I'm Jared Shinabery, CalPERS team member. So today, I'm excited to share our vision for the Health Policy Forum in 2024. It's a new initiative that Don has previewed in prior Board meetings. So the Health Policy Forum serves as a vehicle for CalPERS to get input from

and engage external experts to better understand the critical health care delivery are issues relating to critical health care delivery payment and services facing CalPERS and health care more broadly now in the future.

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So today, we routinely seek insights from external experts on a case-by-case basis. For instance, we recently engaged with over 20 experts for input on our PPO solicitation. The Health Policy Forum is distinct in that it represents a structured formalized approach for engaging external experts, not on immediate needs, but on emerging health care issues and their potential implications for CalPERS and our members.

The goal is to ensure that our health policy decisions are both strategic and forward looking. And we achieve that by being proactive and agile in our ability to anticipate and respond to challenges while staying at the forefront of industry developments.

So the Health Policy Forum will be a quarterly meeting conducted virtually. This virtual format enables us to engage experts nationally while being cost effective. The first meeting will occur in quarter one of 2024 with sessions lasting approximately 90 to 120 minutes, varying based on the topic and number of speakers. To foster open discussion and engagement, sessions will not be recorded, but comprehensive summaries

will be shared with the Board and stakeholders.

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The Health Policy Alignment and Strategic Support team will facilitate these forums, which includes coordinating the meetings, securing the keynote speakers, providing relevant background to attendees beforehand and summarizing key learnings and next steps after each session.

Each forum will feature one to three subject matter experts who will provide remarks on the selected topic, with the majority of time dedicated to open discussions. To ensure a focused meaningful dialogue, our team will align the topic with CalPERS strategic plan, frame the issue by presenting a CalPERS specific problem statement, provide relevant CalPERS statistics, and ultimately guide the conversations toward actionable insights.

Our forum attendees will include health senior leadership, assistant division chiefs, health subject matter expert from within the enterprise, and up to two Pension and Health Benefits Committee Board members chosen by President Taylor. The team will distribute information to attendees a week before each meeting, including details shared with the speaker and a brief article on the chosen topic.

As we prepare to launch this initiative, we're

seeking input from Board members on our initial focus areas. Our team discussed a number of topics that we think would be worthwhile to cover at some point, but there are three that we thought were particularly important and we are proposing to do these first. So the first one being pharmacy, which is, of course, one of our largest cost drivers. We spend over \$2 billion per year on pharmacy alone. The industry is notoriously opaque with many middlemen between the manufacturer and the consumer, which makes it more challenging for purchasers like CalPERS to address the root of the issue to negotiate -- and to negotiate effectively.

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In addition, specialty pharmacy drugs are a rapidly growing share of our total drug expenditure. They Tim are typically used to treat chronic, serious, or life-threatening conditions and they can cost many thousands per month, and there simply aren't enough low cost generics and biosimilars. So there's really a lot of different topics we could explore in the pharmacy arena and we would love to do that.

The next topic for consideration is artificial intelligence adoption in health care. So AI is a rapidly evolving area and we would like to devote more time to understanding the benefits, risks, and implications for CalPERS and our members. We know that our health carriers

and network health systems are actively working to take full advantage of AI. And we need to do, you know, what we can to get out in front of it, ensure it works in favor of Calpers, and to the benefit of our members.

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And our third proposed topic is assuring members get the highest quality and best value care possible. So this, of course, has been an ongoing focus for CalPERS with our application of reference based pricing and Centers of Excellence to name a couple. So we would like to continue to push the envelope and explore how we can advance our existing strategies and implement some new innovative strategies. For instance, navigation and support to help guide our members to the best possible conditions.

We have identified a number of additional topics that we think would be worthy at future forums, such as promotion of alternative payment models, fostering prevention, via incentivizing healthy choices, additional opportunities for alignment with other purchasers, and health equity.

So thank you for time. If you have comments or suggestions regarding these forum meetings or topics, we would love to hear them.

CHAIRPERSON RUBALCAVA: Thank you. We do have some comments from the Committee. We'll start with

President Taylor.

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COMMITTEE MEMBER TAYLOR: Hi. Thank you, Jared. Sorry about that. So I'm -- I was looking at this when I was reading the Board books. And so this is us by ourselves. And I was wondering -- I know that we communicate often with Covered Cal and Medi-Cal. Have we thought about including them in this or is it just for us?

CHIEF HEALTH DATA STRATEGY OFFICER SHINABERY: I think we contemplated it being just for us, but I absolutely think that they could actually be probably speakers in the Forum itself.

COMMITTEE MEMBER TAYLOR: Okay.

CHIEF HEALTH DATA STRATEGY OFFICER SHINABERY: If not, you know, just participants.

CHIEF HEALTH DIRECTOR MOULDS: Yeah, I actually -- I think that's a terrific idea. We've -- the more we do with them, the more we come to the conclusion that we should be doing even more with them, particularly Covered and DHCS. There are topics that will be front and center for them and topics that aren't. Covered farms out the entirety of their pharmacy benefit to their insurance company, so they don't spend a lot of time over there thinking about new strategies on pharmacy, for example. So maybe not there, but certainly in other places I think that's a -- that's a great idea. And one of the things

that we're going to want to cue up in a future is -- as

Jared alluded to, is new opportunities for collaboration.

Certainly, that's good, but they have both the expertise

and there's just a lot of synergy there. So thank you for
that.

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COMMITTEE MEMBER TAYLOR: Okay. Yeah. I -- something that I think is really important, because I think as a purchasing power, us and Covered bare minimum, right?

CHIEF HEALTH DIRECTOR MOULDS: Very powerful.

And when you add DHCS, it's particularly formidable.

Yeah.

COMMITTEE MEMBER TAYLOR: Yeah. So I think that's really important. This is a great idea and I really appreciate this. Thank you.

CHAIRPERSON RUBALCAVA: Thank you, Ms. Taylor.
Trustee Willette.

COMMITTEE MEMBER WILLETTE: Thank you so much. I also echo President Taylor's comment that this is a great idea and to be more inclusive and collaborative the better. You asked for a topic idea. And, of course, I had -- I would love to see a topic of understanding addressing racial disparities in health care. What's contributed to racial -- what continues to contribute to racial disparities, the history of, and, you know,

potentially health care disparities in the context of broader inequality, if that would be a possible topic.

CHIEF HEALTH DATA STRATEGY OFFICER SHINABERY:

Yeah, absolutely and totally agree. It's a really important area and we certainly can consider that and add that to the future agenda.

COMMITTEE MEMBER WILLETTE: Thank you.

CHAIRPERSON RUBALCAVA: Thank you.

Mr. Pacheco, next, please.

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VICE CHAIRPERSON PACHECO: Yes. Thank you,
Chair, for your report here. I just wanted to ask, have
you decided which one will be the first one or are --

CHIEF HEALTH DATA STRATEGY OFFICER SHINABERY:

It's not decided, but, you know, we were leaning towards pharmacies as our initial focus. Really, the first three on the left there of the slide is really what we were thinking of our sort of initial focus areas.

VICE CHAIRPERSON PACHECO: And then you also mentioned subject matter experts. Can you elaborate on who there may be or what experts you're -- are you looking into?

CHIEF HEALTH DATA STRATEGY OFFICER SHINABERY:

Yeah. So we're not limiting ourself here. So we were thinking, you know, it could be people -- it could be academics. It could be people in health policy think

tanks. It could be folks from other large purchasers, so we can explore sort of, you know, what strategies that they have deployed and their lessons learned and so on. It could be other agencies, you know, like Covered California. We're really not limiting ourselves, so -- because it depends on the topic.

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VICE CHAIRPERSON PACHECO: So a diversity of academics --

CHIEF HEALTH DATA STRATEGY OFFICER SHINABERY:
Absolutely.

VICE CHAIRPERSON PACHECO: -- and subject matter experts around the country and so forth to come together in this forum to provide best practices and so forth.

CHIEF HEALTH DATA STRATEGY OFFICER SHINABERY: Yeah, precisely.

CHIEF HEALTH DIRECTOR MOULDS: I'll just -- I'll add that, you know, we are going to be exploring the possibility of foundation, participation, support for discrete targeted research projects potentially that flow from some of this content and for the convening. Part of the purpose of the virtual aspect that Jared alluded to is that it's a lot easier to get the best people in the country when you don't make them fly across the country to have a two-hour conversation. So we're trying to do that as inexpensively as possible, but we do think that there

will be research opportunities to really probe on ideas that we want to pursue and we'll be reaching out to foundations for potential support on some of those projects that have really a broader value, not just to us but to other purchasers.

VICE CHAIRPERSON PACHECO: Oh, wonderful. And I just want to make a comment that on number three, I do appreciate the navigation support. I think that's an area of interest and I think that will again be another -- hopefully something that will enhance the care for our members in the long run. Thank you.

CHAIRPERSON RUBALCAVA: Thank you.

Mr. Miller, please.

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Really appreciate all the information. And maybe on -beyond the scope of what you're envisioning for this
Health Policy Forum, but some of the things I've really
observed over many years, but this -- there's some big
shifts in kind of the business models and the
opportunities out there in this whole field. And some of
the things that I think are interesting and have long
thought potentially are food for thought for us both on -with our health care hats on, but also with our investment
hats on is, you know, for example, the blinking out of
community hospitals and the mad scramble of systems to

fill that gap primarily with community-based outpatient clinic models, as well as, you know, the buying up some of these facilities and kind of revamping them and bringing them back online. We'll see more and more private equity money chasing some of those opportunities, regionalization, things are happening different -- in different parts of the country.

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I think -- I just look at the Central Valley here and see the success of Adventist with their approach to community-based outpatient clinics. And so whether they're really -- where is that all going and are there opportunities for us in the future with strategic partners in some of our longer term investing approaches to be aware of some of those changes. There's similar things going on in the long-term care industry, which is a huge and burgeoning need strategically that the industry is just kind of floundering around finding it's way. But I think there will be tremendous opportunities there as well.

And we need to, you know, I think keep abreast of both to be able to continue to provide the kind of quality care and access to care for our members, but also to, you know, be part of that change and recognize where there's opportunities for us to advance that change in the right direction and potentially benefit from it on behalf of our

members.

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CHAIRPERSON RUBALCAVA: Thank you Trustee Miller. Some very interesting discussion points.

Kevin, please.

COMMITTEE MEMBER PALKKI: Thank you. I really like the topics already listed here and without reiterating what my colleagues have already said, in an era of instant access and social media, there's a lot of misinformation out there. And so I would encourage us to find the best of the best in providing this information to our members, because we want to make sure we have the professionals giving us that expertise. So thanks.

CHIEF HEALTH DATA STRATEGY OFFICER SHINABERY: Yep, that's a great idea.

CHAIRPERSON RUBALCAVA: Thank you. I don't see any more comments from -- or questions from our colleagues here. So we'll move on to Summary of Committee direction.

CHIEF HEALTH DIRECTOR MOULDS: Thanks, Jared.

DEPUTY EXECUTIVE OFFICER MALM: I took down just one item and that was to provide the Board with instruction on our website for retirees to call and get their warrant information.

CHAIRPERSON RUBALCAVA: And receive our -- the -- yeah.

DEPUTY EXECUTIVE OFFICER MALM: Yeah. And

there's actually -- I pulled it up on my phone very quickly, if you go to the website and you click on retirees, it's the top one that comes up. And it says, "With One Simple Call," and it talks about how to do it via phone and also the upcoming link. So we'll make sure to get that website linked to you guys.

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CHAIRPERSON RUBALCAVA: Thank you, Ms. Malm.

Whether these are committee direction or just good ideas that we think are good ideas, but the first one I have is adding our other public purchase partners, Covered California and DHCS, to the Policy Forum -- Policy Forum where appropriate. Second is adding a future Policy Forum to address the issue of racial disparities. And then the third one is potential a future Policy Forum on health misinformation and consolidation. And just, I will add that that has always been one of our most important topics that we launched a bunch of initiatives that are still underway, which is why we didn't put it on the front burner, but I think putting it back on the front burner periodically is an excellent suggestion. So we'll add that to the list. Thank you.

CHAIRPERSON RUBALCAVA: Yeah. Please do take them as Committee direction, Mr. Moulds.

CHIEF HEALTH DIRECTOR MOULDS: Right. Happy too.

Thank you.

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CHAIRPERSON RUBALCAVA: This Public Policy Forum promises to be very exciting for us.

Now, we'll go to public comment. We have -we'll start with Mr. Behrens. Oh, sorry. I apologize.
Trustee Ruffino -- Frank Ruffino for Fiona Ma.

ACTING BOARD MEMBER RUFFINO: Thank you, Mr. Chair. I'd like to rise for a point of personal privilege, if I may, Mr. Chair?

CHAIRPERSON RUBALCAVA: Please.

ACTING BOARD MEMBER RUFFINO: Thank you, Mr.

Chair. And good morning, Madam CEO, Mr. Moulds, Ms. Malm.

We don't hesitate to complain when something doesn't go

well. You know that very well. And we should not

hesitate to commend when something is done right. And so

the Treasurer's office would like to take this opportunity

this morning and wants to recognize the outstanding work

of Timothy Nichols, Luis Lemus -- I apologize if I

butchered your name Luis, and Trevor Turner in assisting

one of our constituents through a very, believe me, very

complicated health care enrollment.

Mr. Nichols, in particular, did an outstanding job in navigating our office through this process, so thank you to the whole team and thank you, Mr. Chair, for the opportunity.

CHAIRPERSON RUBALCAVA: No. Good to hear it.
Thank you.

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Okay. Now, we will proceed with public comment. Tim Behrens and then Al Darby.

TIM BEHRENS: Good morning again, Chairman
Rubalcava, members of the Committee. I was happy last
week at the stakeholders committee when we heard that ACO
REACH is going to be actually on the agenda for the
January Board meeting at long last. Thank you for putting
that on there whoever did.

We urge the Board to support the California

Legislature who sent a request to President Biden to stop
this pilot program for Medicare, privatizing Medicare.

Yesterday, we heard from union members, we kind of heard
about the darkside of private equity. We heard from union
members how they were treated by private equity firms,
including the retirees and how they were treated in
housing that was owned by private equity firms and getting
their rate -- monthly rates raised by 200 to 300 dollars a
month.

These same private equity groups are buying into ACO REACH as providers of Medicare. They're being promised 30 percent profit. And it doesn't take a wise person to figure out that if you're going to give somebody 30 percent profit, the great service that we are used to

getting from the government for Medicare is going to be reduced. And in some cases, some of this darkside things that happened to these union members are going to probably happen to us retirees too.

Ne tried to contact the companies that we -names we were given, the private equity companies, that
are in this pilot program. We got two responses. One,
they didn't answer the phone. Two, they didn't know
anything about the questions we asked about Medicare. So
much for vetting private equity companies, because we sat
here and listened to a conversation a year ago with two
people from Washington D.C. and a Professor from
California debating the ACO REACH program. And we were
told by both these young ladies not to be worried, that
all these companies buying into this pilot program were
going to be well vetted, and you will be well protected as
Medicare recipients. I'm not so sure about that.

So again, I'm hoping that the Board in January will consider supporting the California legislation and the message sent to President Biden to stop the ACO REACH program privatizing Medicare.

Thank you.

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CHAIRPERSON RUBALCAVA: Thank you.

Al Darby.

AL DARBY: Mr. Chair, Committee members, Al Darby

speaking as an individual CalPERS member. I support the CSR proposal to move administration of the dental plan from CalHR to CalPERS for active and retirees of CalPERS. Due to the Delta Dental plan remaining almost static for 40 years, a very serious review of the plan is dictated because of the apparent unrecognized need for updating and benefits, and the structure of payment to dentists as well. The other thing you might want to consider is moving the VSP plan over here as well. That way you put everything under one roof. Could be eliminating some duplicative effort.

Thank you.

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CHAIRPERSON RUBALCAVA: Thank you.

Elnora, please.

ELNORA FRETWELL: Elnora Hunter-Fretwell with the State Retirees. I'm going to take a little thing out what Frank Said, when something is done good, you should say something about that. So I want to talk about the warrants. I go to all the chapter meetings. When I go, I tell them about the warrants the new thing that we have now to check your phone. And I tell them it's one, one, three. And I tell them how awesome it is that we can do that, how you all worked on it, how we have asked, and asked, and asked, and you'll you have did progress. So It's good. So right now we have three ways. And pretty

soon in January, we'll have four ways. So I explained to them now that when you go to your phone, it's better than getting it in the mail, because you can stay in your bed, you can call. You can look at it. You can call. You don't have to out to the mail box no more. You can check it three, four, five times.

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So I want you to know I do -- when something is done good with the Board, I do go out there. I do support I do say what's what. And some people listen say right, I say right. Just sitting in bed. You don't have to get up, put no clothes on, check you -- what's on there, see what's what as many times as you want to, otherwise you had to wait in the mail, had to wait for the mailman then deliver it or anything like that. So I told them that, but also told them that even the ones that was eight, that was getting it through the mail. Some of them said they got theirs already. So that was a plus. told them that in January, we'll have something that's pushed to our phone, if I'm not mistaken, and we can look at it.

So I told them all the progress that you have done and we got like five different ways and hopefully that will meet some our members -- you know, what they can do different. They can still call in for a warrant if they want it to be mailed to them and they can still check

online. So I want to say thank you for that. Appreciate you.

CHAIRPERSON RUBALCAVA: And thank you for your public comment.

That adjourns today's Committee -- meeting of the Pension and Health Benefits Committee.

I think we need a break for the court reporter and then we'll resume with the Risk and Audit Committee.

All right. Thank you, everybody.

(Thereupon California Public Employees'
Retirement System, Pension and Health Benefits

Committee open session meeting adjourned

at 11:15 a.m.)

## CERTIFICATE OF REPORTER

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I, JAMES F. PETERS, a Certified Shorthand
Reporter of the State of California, do hereby certify:

That I am a disinterested person herein; that the foregoing California Public Employees' Retirement System,
Board of Administration, Pension and Health Benefits
Committee open session meeting was reported in shorthand
by me, James F. Peters, a Certified Shorthand Reporter of
the State of California, and was thereafter transcribed,
under my direction, by computer-assisted transcription;

I further certify that I am not of counsel or attorney for any of the parties to said meeting nor in any way interested in the outcome of said meeting.

IN WITNESS WHEREOF, I have hereunto set my hand this 27h day of November, 2023.

James & Title

JAMES F. PETERS, CSR

Certified Shorthand Reporter

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