



Pension and Health Benefits Committee

Meeting Summary

December 18, 2019

This is intended as a guide for the Committee Chair. Other than the motions, this need not be read verbatim. The Chair may add context/comment as appropriate.

The Pension and Health Benefits Committee (PHBC) met on December 17, 2019.

The Committee received reports on the following topics:

- The Committee received an additional update on mental health access and treatment among CalPERS members.
- The Committee received Public Comment regarding changes to the Federal Budget Bill that may impact CalPERS, network discussions in Santa Barbara County and the recent mental health presentations.

The Chair directed staff to:

- Research whether the PERS Select mobile application can be used to help identify eligible members for the Future Moms program.
- Report back to the Committee on the following items:
 - mental health challenges that were discussed during the December meeting;
 - what percentage of the increase in national mental health providers are in California;
 - the average cash rate for mental health reimbursement by Metropolitan Statistical Area; and,
 - whether members are paying a higher cost share when using an out-of-network mental health provider.

At this time, I would like to share some highlights of what to expect at the March PHBC meeting:

- The Committee will receive updates on health open enrollment results, the CalPERS Long-Term Care Program, the PERS Select Value-Based Insurance Design, retiree cost-of-living and review the Pension and Health Benefits Committee Delegation.

The next meeting of the PHBC is scheduled for March 17, 2020, in Sacramento, California.