Guidelines for Health Plan Mental Health Presentations

A. Presentations will be 10 minutes, with 15 minutes for questions
B. Presentations will address utilization, prevalence, access, provider networks, QA/QI, stigma, and integration, using the following questions as a guide:

1. Utilization/Prevalence (Please use calendar year 2018 data):
    a. Top 5 Mental Health Diagnoses by prevalence and overall # (for CalPERS and BOB)
    b. Top 5 Mental Health Diagnoses by cost (for CalPERS and BOB)
    c. Percentage of hospitalization costs due to mental illness (for CalPERS and BOB)

2. Provide a more granular presentation on the strategies that your plan is doing to improve mental health care and access especially as demand is increasing, and how your plan provides the right care at the right time for each patient.

3. Address how plan members with mental health and a chronic health issue/co-morbidity are screened and treated.

4. Identify specific initiatives your plan is undertaking to address stigma, and how your plan is evaluating the impact of these initiatives.

5. What strategies has your plan implemented to facilitate Mental Health care being embedded in Primary Care? What data are you tracking and what are your Measures of Success?

6. Please explain how your plan is ensuring compliance with mental health parity laws.

7. Please describe how your plan is addressing the Social Drivers of Health (SDH) and how these play a role in challenges and opportunities for the mental health care of CalPERS members.