



## Pension and Health Benefits Committee

# Meeting Summary

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**August 21, 2019**

This is intended as a guide for the Committee Chair. Other than the motions, this need not be read verbatim. The Chair may add context/comment as appropriate.

The Pension and Health Benefits Committee (PHBC) met on August 20, 2019.

**The Committee received reports on the following topics:**

- The Committee received information on the importance of mental health in overall health and wellness and CalPERS role in ensuring members receive high-quality mental health care.

**The Chair directed staff to:**

- Request the CalPERS health plans provide the Pension and Health Benefits Committee a behavioral health and wellness update using the same set of presentation guidelines
- Request the DMHC provide PHBC an overview of their role and strategies to increase timely access to behavioral health services, and performance measures they monitor to determine adequacy
- Provide detailed numbers for the percentages identified in the August 20th CalPERS Mental Health presentation
- Evaluate the annual CalPERS Health satisfaction survey to ensure pertinent mental health questions are being asked
- Provide the health plan contract information associated with care, including current quality measures we are holding the plans accountable to
- Provide health plan data associated with parity law compliance

**At this time, I would like to share some highlights of what to expect at the November PHBC meeting:**

- The Committee will receive information on the Health Benefits Program Annual Report and review the final proposed regulations to PEMHCA.

The next meeting of the PHBC is scheduled for November 19, 2019, in Sacramento, California.