### California Public Employees' Retirement System

# Board of Administration Pension and Health Benefits Committee Meeting Minutes

#### **April 16, 2019**

The Pension and Health Benefits Committee (PHBC) met in Open Session on Tuesday, April 16, 2019, in the Lincoln Plaza North Building, 400 Q Street, Sacramento, California.

The meeting was called to order at 9:00 a.m. with the following members present:

Rob Feckner, Chair
Theresa Taylor, Vice Chair
Margaret Brown
Henry Jones
David Miller
Eraina Ortega
Mona Pasquil Rogers
Ramon Rubalcava
Karen Greene-Ross for Betty Yee

Other Board Members Present: Matthew Saha for Fiona Ma Bill Slaton Jason Perez

### Agenda Item 2 – Approval of the April 16, 2019, Pension and Health Benefits Committee Timed Agenda

On **MOTION** by Theresa Taylor, **SECONDED** and **CARRIED**, the Committee recommended to approve the April 16, 2019, PHBC Timed Agenda.

### Agenda Item 3 – Executive Report(s)

Donna Lum, Deputy Executive Officer, Customer Service and Support, provided information on the CalPERS Benefit Education Events.

Liana Bailey-Crimmins. Chief Health Director, provided highlights of the PHBC agenda.

### Agenda Item 4 – Consent Items

The Committee accepted the following Action Consent Items:

- 4a. Approval of the March 19, 2019, PHBC Meeting Minutes
- 4b. Pension and Health Benefits Committee Delegation

#### Agenda Item 5 - Consent Items

The Committee accepted the following Information Consent Items:

- 5a. Annual Calendar Review
- 5b. Draft Agenda for the May 14, 2019, PHBC Meeting

## Agenda Item 6a – Proposed Revisions to the Public Employees' Medical and Hospital Care Act Regulations: Timeframes for Filing Appeals

Kathy Donneson, Chief, Health Plan Administration Division, presented information on the proposed revisions to the Public Employees' Medical and Hospital Care Act (PEMHCA) regulations regarding the Administrative Review timeframes.

On **MOTION** by Ramon Rubalcava, **SECONDED** and **CARRIED**, the Committee recommended to approve proposed revisions to Section 599.518 of the Public Employees' Medical and Hospital Care Act (PEMHCA) Regulations to allow extensions to the timeframes for an Administrative Review of an adverse health benefit determination upon a showing of good cause.

# Agenda Item 6b – Proposed Revisions to the Public Employees' Medical and Hospital Care Act Regulations: Various Technical Revisions

Rob Jarzombek, Chief, Health Account Management Division, presented the proposed technical and non-substantive amendment to the California Code of Regulations.

On **MOTION** by Henry Jones, **SECONDED** and **CARRIED**, the Committee recommended to approve proposed technical and non-substantive amendments to the California Code of Regulations Section 599.501-599.516 affecting the health benefits program administered by CalPERS.

JJ Jelincic, CalPERS Member, spoke on this item.

#### Agenda Item 6c – Long-Term Care Benefit Update

Ms. Donneson and CJ Nakayama, CalPERS Team Member, presented information on implementing the LIFT Wellness Program. LIFT is a fall prevention program that will be offered to eligible Long-Term Care Program participants designed to reduce falls and address the rising costs of long-term care and health care claims associated with injuries and hospitalizations.

On **MOTION** by Theresa Taylor, **SECONDED** and **CARRIED**, the Committee recommended to approve the Long-Term Care LIFT program.

Tim Behrens, California State Retirees, spoke on this item.

### Agenda Item 7a – CalPERS Opioid Management Update

As an information item, Ms. Donneson and Todd Shinohara, CalPERS Team Member, provided an update on how CalPERS team members and OptumRx are managing the opioid epidemic. CalPERS solution for opioid management and prevention is comprehensive and in alignment with the Centers for Disease Control and Prevention guidelines.

### Agenda Item 7b – Summary of Committee Direction

The Chair directed staff to:

- Review prior appeals to determine if any were impacted by the previous timeframe extension regulation.
- Review reference to sections that may be impacted by the amendments proposed in Agenda Item 6b.

### Agenda Item 7c – Public Comment

The Committee received public comment from Nadine Franklin, California School Employees' Association, regarding CalPERS assistance and education on retirement over the years.

The meeting was adjourned at 10:15 a.m.

The next meeting of the PHBC is scheduled for May 14, 2019, in Sacramento, California.

Prepared by: Jennifer Jimenez

Committee Secretary

Liana Bailey-Crimmins Chief Health Director Health Policy and Benefits Branch

Attachments