

California Code of Regulation 599.518

(1) A request for administrative review must be filed with the unit charged with the processing and oversight of health appeals within thirty (30) days of the date ~~the employee or annuitant receives~~ of a decision from an appeals process described in subsection (b) or (c). Upon satisfactory showing of good cause, CalPERS may grant additional time to submit a request for an administrative review, not to exceed thirty (30) days. Good cause includes, but is not limited to, inability to file timely for causes beyond the employee or annuitant's control, and acts of nature. The request for administrative review shall be in writing, state the grounds on which it is requested, the relief that is sought and include all supporting evidence. Supporting evidence includes, but is not limited to, copies of medical records, statements of health care providers, and copies of medical bills submitted or paid by the employee or annuitant.

(1) An employee or annuitant must request an administrative hearing in writing within 30 days of the date of the administrative review decision. The date of the administrative review decision will be indicated on the written notification the unit charged with the processing and oversight of health appeals is required to send to the employee or annuitant pursuant to subsection(d)(2). Upon satisfactory showing of good cause, CalPERS may grant additional time to file a request for an administrative hearing, not to exceed thirty (30) days. Good cause includes, but is not limited to, ~~delays in receiving additional documents supporting the employee or annuitant's case,~~ inability to file timely for causes beyond the employee or annuitant's control, and acts of nature.