CalPERS Opioids Management Update

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Reduction in Opioid Claims and Users*

Opioid Claims
Decreased

19%

Opioid Users
Decreased

15% |

^{*} Measured January through June, 2017 compared to 2018

Reduction in Opioid Dose & Duration*

Average MME**
Utilization/day

14%

≥ 18 Years Old and ≥ 15-day
Supply and
≥ 120 MME/day
32%



Performance Compared to CDC Guidelines

Metric	Decrease*
New users ≥ 50 MME per day	-85%
New users > 7-day supply	-73%
Total opioid users > 90 MME per day	-48%

^{*} Measured January through June, 2017 compared to 2018



Medication-Assisted Treatments Increased

Metric	Increase*
Number of rescue therapy prescriptions	99%
Increase in Medication-Assisted Treatment for opioid use disorder	24%

^{*} Measured January through June, 2017 compared to 2018



Safety Initiatives



Bottle cap label warnings



Deterra Kits for proper disposal of unused opioids



Opioid Management Future Strategies



Follow-up on rejected Medication-Assisted Treatment claims



Identify members at high risk for misuse



Enhanced point-of-sale capabilities



Notification and education to outlier prescribers

