

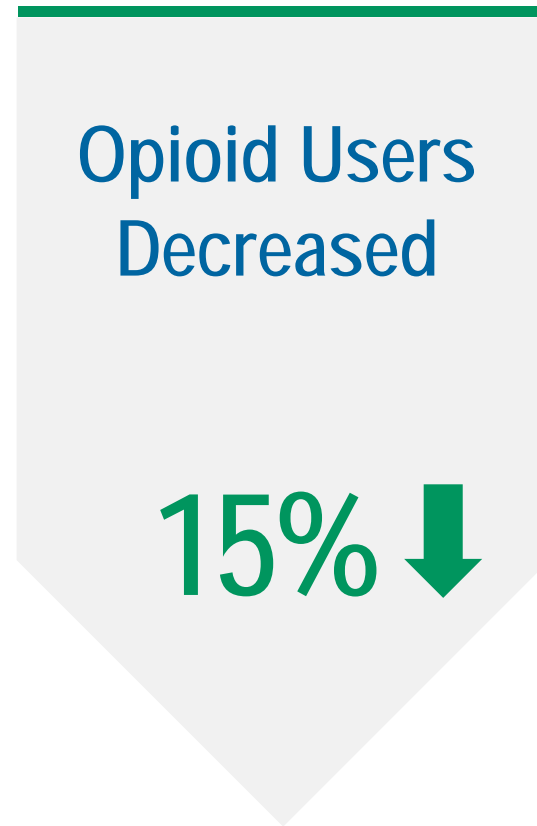
# CalPERS Opioids Management Update

Todd Shinohara, Pharmaceutical Consultant

Health Plan Administration Division

April 16, 2019

# Reduction in Opioid Claims and Users\*



\* Measured January through June, 2017 compared to 2018

# Reduction in Opioid Dose & Duration\*

Average MME\*\*  
Utilization/day

14% ↓

≥ 18 Years Old  
and ≥ 15-day  
Supply and  
≥ 120 MME/day

32% ↓

# Performance Compared to CDC Guidelines

Metric	Decrease*
New users $\geq$ 50 MME per day	-85%
New users > 7-day supply	-73%
Total opioid users > 90 MME per day	-48%

\* Measured January through June, 2017 compared to 2018

# Medication-Assisted Treatments Increased

Metric	Increase*
Number of rescue therapy prescriptions	99%
Increase in Medication-Assisted Treatment for opioid use disorder	24%

\* Measured January through June, 2017 compared to 2018

# Safety Initiatives



Bottle cap label warnings



Deterra Kits for proper disposal of unused opioids

# Opioid Management Future Strategies

