

Long-Term Care Benefit Update

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LIFT Wellness Program



Proactive pre-claim
intervention
program



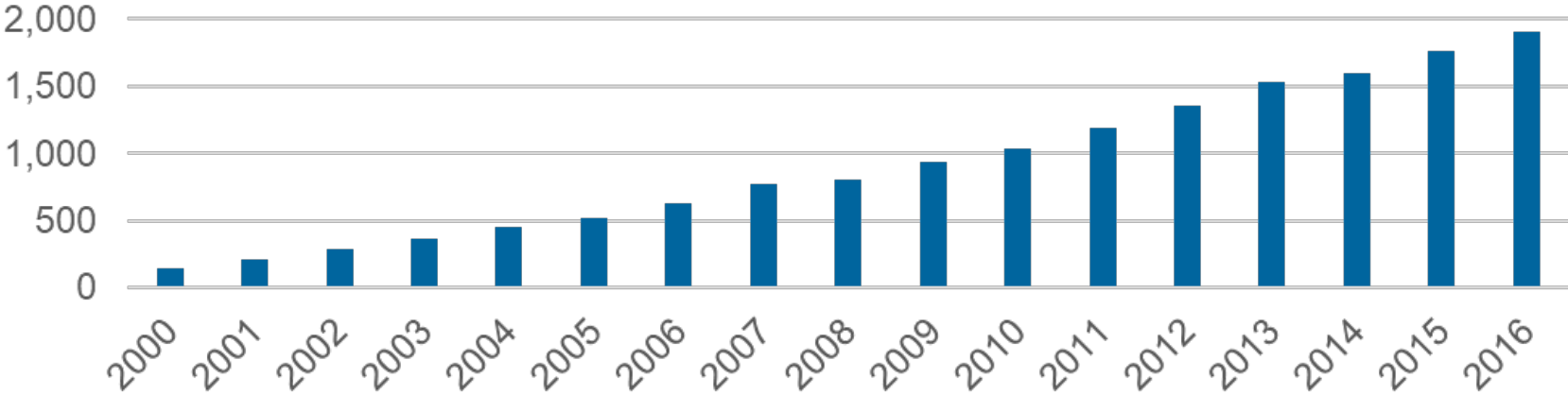
Evidenced-based



Proven to
reduce the
rate of falls

The Challenge: Falls

Initial claims due to fall, gait anomalies, and imbalance



Over \$490 million or 21 percent of total paid claims from inception through December 31, 2017

LIFT Wellness Goals



Proactively
prevent falls



Reduce fear
of falling

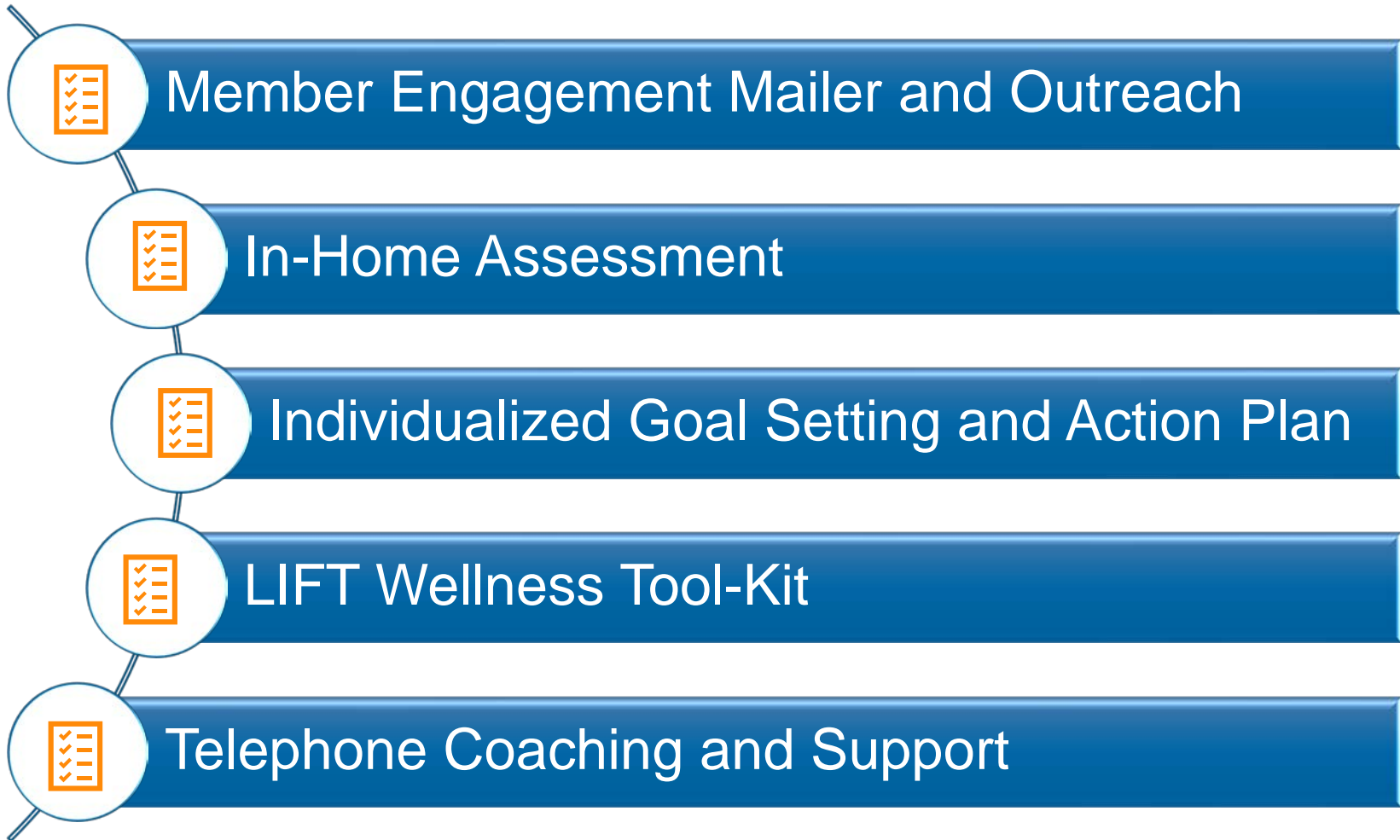


Promote
wellness



Advance
independence

Program Components



Benefits and Fiscal Impacts

CalPERS Eligible LIFT Participants				
CalPERS Participants Currently Not in Claim By Attained Age				
Members Contacted	Estimated Enrollment Rate	Members Enrolled	Estimated Cost	Estimated Savings
46,706	25%	11,677	\$6.4M	\$7.5 - \$15.9M
46,706	20%	9,341	\$5.1M	\$6.0 - \$12.7M
46,706	15%	7,006	\$3.9M	\$4.5 - \$9.5M
46,706	10%	4,671	\$2.6M	\$3.0 - \$6.4M

Next Steps

