The Pension and Health Benefits Committee (PHBC) met on April 16, 2019.

THE COMMITTEE RECOMMENDS, AND I MOVE, the Board approve the following:

- AGENDA ITEM 6a
  Approve proposed revisions to Section 599.518 of the Public Employees’ Medical and Hospital Care Act (PEMHCA) Regulations to allow extensions to the timeframes for an Administrative Review of an adverse health benefit determination upon a showing of good cause.

- AGENDA ITEM 6b
  Approve proposed technical and non-substantive amendments to the California Code of Regulations Section 599.501-599.516 affecting the health benefits program administered by CalPERS.

- AGENDA ITEM 6c
  Approve the Long-Term Care LIFT program.

The Chair directed staff to:

- Review prior appeals to determine if any were impacted by the previous timeframe extension regulation.
- Review reference to sections that may be impacted by the amendments proposed in Agenda Item 6b.

The Committee received reports on the following topics:

- The Committee approved the proposed changes to the PHBC Delegation.
- The Committee received information on CalPERS opioid management.
At this time, I would like to share some highlights of what to expect at the May PHBC meeting:

- The Committee will receive information on health care cost trends and preliminary 2020 health rates.

The next meeting of the PHBC is scheduled for May 14, 2019, in Sacramento, California.

Attachments