

CalPERS PHM Dashboard for Basic PPO and HMO Health Plans compared with Benchmarks, 2016

Health Plan	PPO Total ¹	PPO Benchmark ³	HMO Total ²	HMO Benchmark ³
Summary Demographics				
Number of Members (average)	238,740		839,948	
Average Age	40		35	
Gender (% female)	54%		53%	
Gender (% male)	46%		47%	
Major Chronic Conditions Prevalence - Percent of Members⁴	Lower is Better			
Asthma	3.09%		3.37%	
Chronic Obstructive Pulmonary Disease	1.88%		1.32%	
Coronary Artery Disease	1.70%		0.77%	
Depression	6.03%		4.49%	
Diabetes	6.48%		5.68%	
Heart Failure	0.25%		0.14%	
Hypertension	10.45%		6.40%	
Lower Back Disorders	9.56%		5.41%	
Clinical Quality Measures⁵ (HEDIS Acronym)⁶	Higher is Better			
Antidepressant Medication Management – Acute Phase (AMM-Acute Phase)	75.14%	67.9%	74.31%	67.2%
Antidepressant Medication Management – Continuation Phase (AMM-Continuation Phase)	61.48%	52.6%	57.26%	50.9%
Appropriate Treatment for Children with Upper Respiratory Infection (URI)	87.91%	87.0%	94.08%	88.4%
Breast Cancer Screening (BCS)	69.18%	70.2%	81.02%	72.7%
Cervical Cancer Screening (CCS)*	67.32%	73.0%	69.93%	74.3%
Chronic Obstructive Pulmonary Disease - Pharmacotherapy Management of COPD Exacerbation: Systemic Corticosteroid (within 14 days) (PCE-14)	64.75%	69.1%	80.98%	70.5%
Colorectal Cancer Screening (COL)*	48.96%	58.3%	56.12%	62.0%
Diabetes – Nephropathy (CDC)*	86.18%	88.1%	87.22%	90.2%
Diabetes – Hemoglobin A1c Testing (CDC)*	85.03%	89.3%	89.59%	90.6%
Disease-Modifying Anti-Rheumatic Drug Therapy for Rheumatoid Arthritis (ART)	83.04%	87.1%	84.17%	87.8%
Persistence of Beta-Blocker Treatment After a Heart Attack (PBH)	75.69%	83.8%	81.12%	84.4%
Use of Imaging Studies for Low Back Pain (LBP)	82.58%	74.3%	85.36%	73.8%

Other Measures	Lower is Better			
Maternity Outcomes				
Cesarean Section Delivery Rates	34.44%		27.86%	
Inpatient and Emergency Room				
Inpatient Admits Per 1,000	53.1		47.2	
Plan All-Cause Readmission Rate (HEDIS PCR)	9.50%		9.82%	
Inpatient Average Length of Stay (days)	5.17		4.48	
Emergency Room Visits Per 1,000	149.19		177.49	

Notes:

Excludes Association plans.

PHM: Population Health Management

¹ PPO Total includes: PERSCare, PERS Choice, and PERS Select.

² HMO Total includes: Anthem Total, Health Net Total, Blue Shield Total, Sharp Performance Plus, Kaiser Permanente, and UnitedHealthcare SignatureValue Alliance.

³ Information from National Committee for Quality Assurance (NCQA) "2016 State of Health Care Quality". Only 2016 HEDIS benchmarks are fully available as of December 2018 data query.

⁴ Chronic conditions defined by Truven, difficult in gathering national benchmarks that also uses Truven's definition of chronic conditions.

⁵ As the Clinical Quality Measure analyses are not audited, these are considered "HEDIS-Like" data as opposed to "HEDIS."

⁶ "HEDIS Acronyms" are the three-letter designations used by the NCQA to uniquely identify HEDIS measures.

* "Hybrid measure" for which carriers gather additional information from patients' medical records for HEDIS. "Hybrid measures" are more difficult for HCDSS report accurately due to requirement of additional data sets.