

**2019 State Health Premiums**  
**Health Maintenance Organization Plans Only**  
**June PHBC Final Proposed Premiums**

Basic (B)	2018			2019			Percent Change
	Single	2-Party	Family	Single	2-Party	Family	
Anthem HMO Select	\$796.73	\$1,593.46	\$2,071.50	\$742.89	\$1,485.78	\$1,931.51	-6.76%
Anthem HMO Traditional	841.34	1,682.68	2,187.48	1,034.48	2,068.96	2,689.65	22.96%
Blue Shield Access+	752.32	1,504.64	1,956.03	799.03	1,598.06	2,077.48	6.21%
Health Net Salud y Más	471.51	943.02	1,225.93	376.89	753.78	979.91	-20.07%
Health Net SmartCare	790.73	1,581.46	2,055.90	728.70	1,457.40	1,894.62	-7.84%
Kaiser CA	717.38	1,434.76	1,865.19	708.39	1,416.78	1,841.81	-1.25%
Kaiser Out of State	957.05	1,914.10	2,488.33	964.68	1,929.36	2,508.17	0.80%
Sharp	624.70	1,249.40	1,624.22	593.66	1,187.32	1,543.52	-4.97%
UnitedHealthcare	704.59	1,409.18	1,831.93	695.77	1,391.54	1,809.00	-1.25%
Western Health Advantage	720.44	1,440.88	1,873.14	706.79	1,413.58	1,837.65	-1.89%

**Total HMO Basic Change** **0.37%**

Medicare (M)	2018			2019			Percent Change
	Single	2-Party	Family	Single	2-Party	Family	
Anthem Traditional	\$370.34	\$740.68	\$1,111.02	\$357.44	\$714.88	\$1,072.32	-3.48%
Kaiser CA	316.34	632.68	949.02	323.74	647.48	971.22	2.34%
Kaiser Out of State	316.34	632.68	949.02	323.74	647.48	971.22	2.34%
UnitedHealthcare	330.76	661.52	992.28	299.37	598.74	898.11	-9.49%

**Total HMO Medicare Change** **-1.21%**

Combination Plans	2019					
	Subscriber in M & 1 Dependent in B	Subscriber in M & 2+ Dependents in B	Subscriber in M, 1 Dependent in B & 1 Dependent in M	Subscriber in B & 1 Dependent in M	Subscriber in B & 2+ Dependents in M	Subscriber in B, 1 Dependent in B & 1 Dependent in M
Anthem HMO Traditional	\$1,391.92	\$2,012.61	\$1,335.57	\$1,391.92	\$1,749.36	\$2,012.61
Kaiser	1,032.13	1,457.16	1,072.51	1,032.13	1,355.87	1,457.16
Kaiser Out-of-State	1,288.42	1,867.23	1,226.29	1,288.42	1,612.16	1,867.23
UnitedHealthcare	995.14	1,412.60	1,016.20	995.14	1,294.51	1,412.60

**2019 Regional Health Premiums Contracting Agencies  
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Basic	2018			2019			Percent Change
	Single	2-Party	Family	Single	2-Party	Family	
<b>Basic Premium Rates - Bay Area</b>							
Alameda, Amador, Contra Costa, Marin, Napa, Nevada, San Francisco, San Joaquin, San Mateo, Santa Clara, Santa Cruz, Solano, Sonoma, Sutter, and Yuba							
Anthem HMO Select	\$856.41	\$1,712.82	\$2,226.67	\$831.44	\$1,662.88	\$2,161.74	-2.92%
Anthem HMO Traditional	925.47	1,850.94	2,406.22	1,111.13	2,222.26	2,888.94	20.06%
Blue Shield Access+	889.02	1,778.04	2,311.45	970.90	1,941.80	2,524.34	9.21%
Health Net SmartCare	863.48	1,726.96	2,245.05	901.55	1,803.10	2,344.03	4.41%
Kaiser CA	779.86	1,559.72	2,027.64	768.25	1,536.50	1,997.45	-1.49%
UnitedHealthcare	1,371.84	2,743.68	3,566.78	0.00	0.00	0.00	N/A
Western Health Advantage	792.56	1,585.12	2,060.66	767.01	1,534.02	1,994.23	-3.22%
<b>Basic Premium Rates - Sacramento Area</b>							
El Dorado, Placer, Sacramento, and Yolo							
Anthem HMO Select	\$942.29	\$1,884.58	\$2,449.95	\$946.14	\$1,892.28	\$2,459.96	0.41%
Anthem HMO Traditional	1,054.62	2,109.24	2,742.01	1,178.79	2,357.58	3,064.85	11.77%
Blue Shield Access+	806.71	1,613.42	2,097.45	881.01	1,762.02	2,290.63	9.21%
Health Net SmartCare	980.82	1,961.64	2,550.13	0.00	0.00	0.00	N/A
Kaiser CA	703.96	1,407.92	1,830.30	687.99	1,375.98	1,788.77	-2.27%
UnitedHealthcare	831.42	1,662.84	2,161.69	928.85	1,857.70	2,415.01	11.72%
Western Health Advantage	744.79	1,489.58	1,936.45	696.68	1,393.36	1,811.37	-6.46%
<b>Basic Premium Rates - Los Angeles Area</b>							
Los Angeles, San Bernardino, and Ventura							
Anthem HMO Select	\$660.17	\$1,320.34	\$1,716.44	\$627.07	\$1,254.14	\$1,630.38	-5.01%
Anthem HMO Traditional	784.72	1,569.44	2,040.27	878.48	1,756.96	2,284.05	11.95%
Blue Shield Access+	613.29	1,226.58	1,594.55	669.75	1,339.50	1,741.35	9.21%
Health Net Salud y Más	404.32	808.64	1,051.23	356.50	713.00	926.90	-11.83%
Health Net SmartCare	577.15	1,154.30	1,500.59	584.27	1,168.54	1,519.10	1.23%
Kaiser CA	642.70	1,285.40	1,671.02	618.64	1,237.28	1,608.46	-3.74%
UnitedHealthcare	602.78	1,205.56	1,567.23	669.61	1,339.22	1,740.99	11.09%
<b>Basic Premium Rates - Other Southern California</b>							
Fresno, Imperial, Inyo, Kern, Kings, Madera, Riverside, Orange, San Diego, San Luis Obispo, Santa Barbara, and Tulare							
Anthem HMO Select	\$659.69	\$1,319.38	\$1,715.19	\$625.07	\$1,250.14	\$1,625.18	-5.25%
Anthem HMO Traditional	735.08	1,470.16	1,911.21	830.89	1,661.78	2,160.31	13.03%
Blue Shield Access+	695.97	1,391.94	1,809.52	760.04	1,520.08	1,976.10	9.21%
Health Net Salud y Más	461.56	923.12	1,200.06	427.81	855.62	1,112.31	-7.31%
Health Net SmartCare	607.68	1,215.36	1,579.97	642.71	1,285.42	1,671.05	5.76%
Kaiser CA	666.80	1,333.60	1,733.68	628.63	1,257.26	1,634.44	-5.72%
Sharp	618.14	1,236.28	1,607.16	593.66	1,187.32	1,543.52	-3.96%
UnitedHealthcare	616.66	1,233.32	1,603.32	646.65	1,293.30	1,681.29	4.86%
<b>Basic Premium Rates - Other Northern California</b>							
Alpine, Butte, Calaveras, Colusa, Del Norte, Glenn, Humboldt, Lake, Lassen, Mariposa, Mendocino, Merced, Modoc, Mono, Monterey, Plumas, San Benito, Shasta, Sierra, Siskiyou, Stanislaus, Tehama, Trinity, and Tuolumne							
Anthem HMO Select	\$910.90	\$1,821.80	\$2,368.34	\$592.23	\$1,184.46	\$1,539.80	-34.98%
Anthem HMO Traditional	954.75	1,909.50	2,482.35	1,334.38	2,668.76	3,469.39	39.76%
Blue Shield Access+	894.43	1,788.86	2,325.52	976.81	1,953.62	2,539.71	9.21%
Kaiser CA	795.43	1,590.86	2,068.12	783.13	1,566.26	2,036.14	-1.55%
UnitedHealthcare	1,205.55	2,411.10	3,134.43	0.00	0.00	0.00	N/A
Western Health Advantage	744.79	1,489.58	1,936.45	696.68	1,393.36	1,811.37	-6.46%
<b>Basic Premium Rates - Out of State</b>							
Kaiser Out of State	\$957.05	\$1,914.10	\$2,488.33	\$964.68	\$1,929.36	\$2,508.17	0.80%

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Medicare	2018			2019			Percent Change
	Single	2-Party	Family	Single	2-Party	Family	
<b>Medicare Premium Rates - All Regions</b>							
Anthem Traditional	\$370.34	\$740.68	\$1,111.02	\$357.44	\$714.88	\$1,072.32	-3.48%
Kaiser CA	316.34	632.68	949.02	323.74	647.48	971.22	2.34%
Kaiser Out of State	316.34	632.68	949.02	323.74	647.48	971.22	2.34%
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