

Population Health: Improving Behavioral Health Services

Summary of Discussion

Purchasers of health care, such as CalPERS, are considering methods to better prevent and treat mental illness among their members. The presenters will outline the history of mental health parity laws and will summarize an evaluation of the impact of the 2008 federal mental health parity law and associated regulations; will describe concerns with the traditional approach to behavioral health and will make recommendations for health plans and employers/purchasers to improve behavioral health care; and will relate how one purchaser recognized barriers to quality mental health treatment and implemented solutions to the problems.
