

2019 State Health Premiums
Preferred Provider Organization (PPO) Plans Only
June PHBC Final Proposed Premiums - Without PERSCare Premium Adjustment

Basic (B)	2018			2019			Percent Change
	Single	2-Party	Family	Single	2-Party	Family	
Anthem EPO Del Norte	\$724.16	\$1,448.32	\$1,882.82	\$764.78	\$1,529.56	\$1,988.43	5.61%
PERS Choice	724.16	1,448.32	1,882.82	764.78	1,529.56	1,988.43	5.61%
PERS Select	661.29	1,322.58	1,719.35	492.24	984.48	1,279.82	-25.56%
PERSCare	776.19	1,552.38	2,018.09	1,071.59	2,143.18	2,786.13	38.06%

Total PPO Basic Change **6.16%**

Medicare (M)	2018			2019			Percent Change
	Single	2-Party	Family	Single	2-Party	Family	
PERS Choice	\$345.97	\$691.94	\$1,037.91	\$360.41	\$720.82	\$1,081.23	4.17%
PERS Select	345.97	691.94	1,037.91	360.41	720.82	1,081.23	4.17%
PERSCare	382.30	764.60	1,146.90	394.83	789.66	1,184.49	3.28%

Total PPO Medicare Change **3.74%**

Combination Plans	2019					
	Subscriber in M & 1 Dependent in B	Subscriber in M & 2+ Dependents in B	Subscriber in M, 1 Dependent in B & 1 Dependent in M	Subscriber in B & 1 Dependent in M	Subscriber in B & 2+ Dependents in M	Subscriber in B, 1 Dependent in B & 1 Dependent in M
PERS Choice	\$1,125.19	\$1,584.06	\$1,179.69	\$1,125.19	\$1,485.60	\$1,584.06
PERS Select	852.65	1,147.99	1,016.16	852.65	1,213.06	1,147.99
PERSCare	1,466.42	2,109.37	1,432.61	1,466.42	1,861.25	2,109.37

2019 Regional Health Premiums
Contracting Agencies - Preferred Provider Organization (PPO) Plans Only
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Basic	2018			2019			Percent Change
	Single	2-Party	Family	Single	2-Party	Family	
Basic Premium Rates - Bay Area							
<i>Alameda, Amador, Contra Costa, Marin, Napa, Nevada, San Francisco, San Joaquin, San Mateo, Santa Clara, Santa Cruz, Solano, Sonoma, Sutter, and Yuba</i>							
PERS Choice	\$800.27	\$1,600.54	\$2,080.70	\$866.27	\$1,732.54	\$2,252.30	8.25%
PERS Select	717.50	1,435.00	1,865.50	543.19	1,086.38	1,412.29	-24.29%
PERSCare	882.45	1,764.90	2,294.37	1,304.13	2,608.26	3,390.74	47.79%
Basic Premium Rates - Sacramento Area							
<i>El Dorado, Placer, Sacramento, and Yolo</i>							
PERS Choice	\$735.38	\$1,470.76	\$1,911.99	\$798.58	\$1,597.16	\$2,076.31	8.59%
PERS Select	684.90	1,369.80	1,780.74	508.68	1,017.36	1,322.57	-25.73%
PERSCare	797.61	1,595.22	2,073.79	1,184.64	2,369.28	3,080.06	48.52%
Basic Premium Rates - Los Angeles Area							
<i>Los Angeles, San Bernardino, and Ventura</i>							
PERS Choice	\$620.39	\$1,240.78	\$1,613.01	\$654.50	\$1,309.00	\$1,701.70	5.50%
PERS Select	573.21	1,146.42	1,490.35	420.77	841.54	1,094.00	-26.59%
PERSCare	673.73	1,347.46	1,751.70	972.36	1,944.72	2,528.14	44.32%
Basic Premium Rates - Other Southern California							
<i>Fresno, Imperial, Inyo, Kern, Kings, Madera, Riverside, Orange, San Diego, San Luis Obispo, Santa Barbara, and Tulare</i>							
PERS Choice	\$698.96	\$1,397.92	\$1,817.30	\$721.11	\$1,442.22	\$1,874.89	3.17%
PERS Select	654.74	1,309.48	1,702.32	462.71	925.42	1,203.05	-29.33%
PERSCare	733.50	1,467.00	1,907.10	1,045.55	2,091.10	2,718.43	42.54%
Basic Premium Rates - Other Northern California							
<i>Alpine, Butte, Calaveras, Colusa, Del Norte, Glenn, Humboldt, Lake, Lassen, Mariposa, Mendocino, Merced, Modoc, Mono, Monterey, Plumas, San Benito, Shasta, Sierra, Siskiyou, Stanislaus, Tehama, Trinity, and Tuolumne</i>							
Anthem EPO Del Norte	\$813.96	\$1,627.92	\$2,116.30	\$866.95	\$1,733.90	\$2,254.07	6.51%
PERS Choice	813.96	1,627.92	2,116.30	866.95	1,733.90	2,254.07	6.51%
PERS Select	691.78	1,383.56	1,798.63	511.34	1,022.68	1,329.48	-26.08%
PERSCare	866.93	1,733.86	2,254.02	1,251.30	2,502.60	3,253.38	44.34%
Basic Premium Rates - Out of State							
PERS Choice	\$661.45	\$1,322.90	\$1,719.77	\$630.41	\$1,260.82	\$1,639.07	-4.69%
PERSCare	718.98	1,437.96	1,869.35	937.43	1,874.86	2,437.32	30.38%

Medicare	2018			2019			Percent Change
	Single	2-Party	Family	Single	2-Party	Family	
Medicare Premium Rates - All Regions							
PERS Choice	\$345.97	\$691.94	\$1,037.91	\$360.41	\$720.82	\$1,081.23	4.17%
PERS Select	345.97	691.94	1,037.91	360.41	720.82	1,081.23	4.17%
PERSCare	382.30	764.60	1,146.90	394.83	789.66	1,184.49	3.28%

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Basic (B)	2018			2019			Percent Change
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Anthem EPO Del Norte	\$724.16	\$1,448.32	\$1,882.82	\$764.78	\$1,529.56	\$1,988.43	5.61%
PERS Choice	724.16	1,448.32	1,882.82	764.78	1,529.56	1,988.43	5.61%
PERS Select	661.29	1,322.58	1,719.35	492.24	984.48	1,279.82	-25.56%
PERSCare	776.19	1,552.38	2,018.09	929.89	1,859.78	2,417.71	19.80%

Total PPO Basic Change **2.83%**

Medicare (M)	2018			2019			Percent Change
	Single	2-Party	Family	Single	2-Party	Family	
PERS Choice	\$345.97	\$691.94	\$1,037.91	\$360.41	\$720.82	\$1,081.23	4.17%
PERS Select	345.97	691.94	1,037.91	360.41	720.82	1,081.23	4.17%
PERSCare	382.30	764.60	1,146.90	394.83	789.66	1,184.49	3.28%

Total PPO Medicare Change **3.74%**

Combination Plans	2019					
	Subscriber in M & 1 Dependent in B	Subscriber in M & 2+ Dependents in B	Subscriber in M, 1 Dependent in B & 1 Dependent in M	Subscriber in B & 1 Dependent in M	Subscriber in B & 2+ Dependents in M	Subscriber in B, 1 Dependent in B & 1 Dependent in M
PERS Choice	\$1,125.19	\$1,584.06	\$1,179.69	\$1,125.19	\$1,485.60	\$1,584.06
PERS Select	852.65	1,147.99	1,016.16	852.65	1,213.06	1,147.99
PERSCare	1,324.72	1,882.65	1,347.59	1,324.72	1,719.55	1,882.65

2019 Regional Health Premiums
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Basic Premium Rates - Bay Area							
Alameda, Amador, Contra Costa, Marin, Napa, Nevada, San Francisco, San Joaquin, San Mateo, Santa Clara, Santa Cruz, Solano, Sonoma, Sutter, and Yuba							
PERS Choice	\$800.27	\$1,600.54	\$2,080.70	\$866.27	\$1,732.54	\$2,252.30	8.25%
PERS Select	717.50	1,435.00	1,865.50	543.19	1,086.38	1,412.29	-24.29%
PERSCare	882.45	1,764.90	2,294.37	1,131.68	2,263.36	2,942.37	28.24%
Basic Premium Rates - Sacramento Area							
El Dorado, Placer, Sacramento, and Yolo							
PERS Choice	\$735.38	\$1,470.76	\$1,911.99	\$798.58	\$1,597.16	\$2,076.31	8.59%
PERS Select	684.90	1,369.80	1,780.74	508.68	1,017.36	1,322.57	-25.73%
PERSCare	797.61	1,595.22	2,073.79	1,027.99	2,055.98	2,672.77	28.88%
Basic Premium Rates - Los Angeles Area							
Los Angeles, San Bernardino, and Ventura							
PERS Choice	\$620.39	\$1,240.78	\$1,613.01	\$654.50	\$1,309.00	\$1,701.70	5.50%
PERS Select	573.21	1,146.42	1,490.35	420.77	841.54	1,094.00	-26.59%
PERSCare	673.73	1,347.46	1,751.70	843.78	1,687.56	2,193.83	25.24%
Basic Premium Rates - Other Southern California							
Fresno, Imperial, Inyo, Kern, Kings, Madera, Riverside, Orange, San Diego, San Luis Obispo, Santa Barbara, and Tulare							
PERS Choice	\$698.96	\$1,397.92	\$1,817.30	\$721.11	\$1,442.22	\$1,874.89	3.17%
PERS Select	654.74	1,309.48	1,702.32	462.71	925.42	1,203.05	-29.33%
PERSCare	733.50	1,467.00	1,907.10	907.29	1,814.58	2,358.95	23.69%
Basic Premium Rates - Other Northern California							
Alpine, Butte, Calaveras, Colusa, Del Norte, Glenn, Humboldt, Lake, Lassen, Mariposa, Mendocino, Merced, Modoc, Mono, Monterey, Plumas, San Benito, Shasta, Sierra, Siskiyou, Stanislaus, Tehama, Trinity, and Tuolumne							
Anthem EPO Del Norte	\$813.96	\$1,627.92	\$2,116.30	\$866.95	\$1,733.90	\$2,254.07	6.51%
PERS Choice	813.96	1,627.92	2,116.30	866.95	1,733.90	2,254.07	6.51%
PERS Select	691.78	1,383.56	1,798.63	511.34	1,022.68	1,329.48	-26.08%
PERSCare	866.93	1,733.86	2,254.02	1,085.83	2,171.66	2,823.16	25.25%
Basic Premium Rates - Out of State							
PERS Choice	\$661.45	\$1,322.90	\$1,719.77	\$630.41	\$1,260.82	\$1,639.07	-4.69%
PERSCare	718.98	1,437.96	1,869.35	813.47	1,626.94	2,115.02	13.14%

Medicare	2018			2019			Percent Change
	Single	2-Party	Family	Single	2-Party	Family	
Medicare Premium Rates - All Regions							
PERS Choice	\$345.97	\$691.94	\$1,037.91	\$360.41	\$720.82	\$1,081.23	4.17%
PERS Select	345.97	691.94	1,037.91	360.41	720.82	1,081.23	4.17%
PERSCare	382.30	764.60	1,146.90	394.83	789.66	1,184.49	3.28%