MEETING

STATE OF CALIFORNIA PUBLIC EMPLOYEES' RETIREMENT SYSTEM BOARD OF ADMINISTRATION PENSION & HEALTH BENEFITS COMMITTEE OPEN SESSION

ROBERT F. CARLSON AUDITORIUM LINCOLN PLAZA NORTH 400 P STREET SACRAMENTO, CALIFORNIA

TUESDAY, MAY 15, 2018

12:04 P.M.

JAMES F. PETERS, CSR CERTIFIED SHORTHAND REPORTER LICENSE NUMBER 10063

A P P E A R A N C E S COMMITTEE MEMBERS: Ms. Rob Feckner, Chairperson Ms. Theresa Taylor, Vice Chairperson Mr. John Chiang, represented by Ms. Ruth Holton-Hodson Mr. Richard Gillihan, also represented by Mr. Danny Brown Mr. Henry Jones Ms. Priya Mathur Mr. David Miller Mr. Bill Slaton Ms. Betty Yee, represented by Mr. Alan Lofaso BOARD MEMBERS: Ms. Margaret Brown Mr. Richard Costigan Ms. Dana Hollinger Mr. Ramon Rubalcava Mr. Bill Slaton STAFF: Ms. Marcie Frost, Chief Executive Officer Ms. Liana Bailey-Crimmins, Chief Health Director Mr. Matt Jacobs, General Counsel Ms. Donna Lum, Deputy Executive Officer

APPEARANCES CONTINUED STAFF: Dr. Kathy Donneson, Chief, Health Plan Administration Division Ms. Jennifer Jimenez, Committee Secretary Ms. Shari Little, Chief, Health Policy Research Division Mr. Gary McCollum, Senior Life Actuary ALSO PRESENT: Mr. Tim Behrens, California State Retirees Mr. Terry Brennand, Service Employees International Union Mr. Jerry Fountain, California State Retirees Mr. Ehteshau Hamid, Fresenius Kidney Care Mr. Thomas Hiltachk, California Dialysis Council Mr. Neal Johnson, Service Employees International Union, Local 1000 Mr. George Linn, Retired Public Employees Association Ms. Crystal McCray, Service Employees International Union Mr. David Miller, Service Employees International Union Ms. Michelle Vollrath, UnitedHealthCare Mr. Larry Woodson, California State Retirees

INDEX PAGE Call to Order and Roll Call 1. 1 2. Executive Report(s) 2 3. Consent Items 10 Action Consent Items: Approval of the April 17, 2018, Pension and a. Health Benefits Committee Meeting Minutes 4. Consent Items 11 Information Consent Items: Annual Calendar Review a. b. Draft Agenda for June 19, 2018, Pension and Health Benefits Committee Meeting Action Agenda Items Approval of the Preferred Provider Organization 5. 2019 Benefit Design Changes 11 Information Agenda Items б. Preliminary 2019 Health Rates 21 7. CalPERS Dialysis Utilization and Cost 46 8. Summary of Committee Direction 59 9. Public Comment 60 Adjournment 63 Reporter's Certificate 64

1 PROCEEDINGS 2 CHAIRPERSON FECKNER: Good afternoon. We're 3 going to call the Pension and Health Committee open session to order. The first order of business will be to 4 5 call the roll, please. COMMITTEE SECRETARY JIMENEZ: Rob Feckner? б 7 CHAIRPERSON FECKNER: Good afternoon. 8 COMMITTEE SECRETARY JIMENEZ: Theresa Taylor? 9 VICE CHAIRPERSON TAYLOR: Here. 10 COMMITTEE SECRETARY JIMENEZ: Ruth Holton-Hodson 11 for John Chiang? 12 ACTING COMMITTEE MEMBER HOLTON-HODSON: Here. 13 COMMITTEE SECRETARY JIMENEZ: Danny Brown for 14 Richard Gillihan? 15 ACTING COMMITTEE MEMBER BROWN: Here. 16 COMMITTEE SECRETARY JIMENEZ: Henry Jones? 17 COMMITTEE MEMBER JONES: Here. 18 COMMITTEE SECRETARY JIMENEZ: Priva Mathur? 19 COMMITTEE MEMBER MATHUR: Here. 20 COMMITTEE SECRETARY JIMENEZ: David Miller? COMMITTEE MEMBER MILLER: Here. 21 COMMITTEE SECRETARY JIMENEZ: Bill Slaton? 22 23 COMMITTEE MEMBER SLATON: Here. 24 COMMITTEE SECRETARY JIMENEZ: Alan Lofaso for 25 Betty Yee?

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ACTING COMMITTEE MEMBER LOFASO: Here.

CHAIRPERSON FECKNER: Please note Mr. Rubalcava and Ms. Brown joining us on the -- at the Committee level.

4 First of all, I want to apologize to everybody 5 for the late start today. But there was a lot of business б to be discussed this morning that you'll see here in a 7 little bit. Part of that being that the report that we're waiting to get printed for you is still about 10 minutes 8 9 So it will be in the back of the room. We'll let out. 10 you all know when it's here. We're going to continue on 11 with the first part of the meeting until we get to that point. But there were a lot of moving parts that we were 12 13 trying to deal with. So just so you all know.

> It brings us to Agenda Item 2, Executive Report. Ms. Lum.

16 DEPUTY EXECUTIVE OFFICER LUM: Good afternoon, 17 Mr. Chairman, members of the Committee. Donna Lum, 18 CalPERS team member. In the interests of time, I'm going 19 to provide you with a very brief executive report this 20 afternoon.

I do have two updates that are related to the CalPERS Benefit Education Events for you today. First is an update on the event that recently took place this weekend at Olympic Valley on May 11th and 12th. This is one of our -- one of our most remote events. And we use

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it as a bridge for our members that are in the more northern and eastern part of this state.

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We had nearly 400 attendees, which represents an increase of 25 percent over the last time that we were at this location. We also had members that traveled from as far as three hours away, to be able to get to this event. So again, it does indicate that the effort that we put into some of these smaller events in the -- in the remote areas are really well attended by our members.

10 We did have a very kind of little exciting event that happened on Saturday. Unfortunately, there was a 11 12 false fire alarm that took place. And we were fortunate 13 that one of the members that was attending the CBEE was a 14 firefighter. And he geared up, made the call in, and 15 along with our team members we were able to calmly get all 16 of the members out of the classrooms, get them to the 17 evacuation location, and likewise calmly get them back 18 into the classes. It was about an eight minute impact.

But certainly, it was probably the first time we'd experienced something like that, and we were very pleased to know that the staff were able to handle that very well.

In addition to that, our next CBEE is going to be held at -- in Riverside at Riverside Convention Center on June 15th and 16th.

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The second update that I wanted to provide to you regarding the CBEEs is that we have the final schedule that has been prepared for the first half of 2019. If you recall in March, I provided the schedule for the remainder of 2018. And now we have the rest of the schedule for the first half of 2019. We have prepared fliers. They're in the back of the room. And I believe that you received the fliers as well.

9 The dates and the locations have all been updated 10 on the CalPERS website. And again, we are very pleased 11 with the level of attendance that we are seeing at all of the CBEEs and the feedback that we've been receiving. And 12 13 the team did want to once again thank Mr. Feckner for his 14 attendance at this event.

15 The next update is related to the regulations --16 the proposed regulations regarding full-time employment 17 that we brought forward to the Committee in February for 18 your approval to move them on to the Office of 19 Administrative Law to be released for public comment.

20 The public comment period began on April 13th. 21 And to date, we have not received any comments. In 22 addition, there have been no requests for a public hearing, and the final date to request a hearing has passed.

The public comment period will end on May 28th.

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And assuming we receive no comments, we will be prepared to bring the regulation back to you in June. However, if we do receive comments, we'll need sufficient time to respond to them and we will bring the regulation back for final adoption at a later date.

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6 Lastly, I just wanted to share with you that 7 we -- the off -- or the building that our San Diego 8 Regional Office is in is going to undergo some mandatory 9 maintenance on May 23rd. Therefore, the building will not 10 be open to the public from 8:00 a.m. to 10:00 a.m. We are 11 being very proactive notifying the membership that the 12 regional office will be closed for those two hours.

Fortunately, we only had three prescheduled appointments, and those members are being contacted to reschedule, and we will make sure that we can accommodate whatever their needs are in terms of timing for rescheduling the appointments.

In addition to that, we'll work closely with building management in the future to try to minimize closures that would impact our membership.

21 So, Mr. Chairman, that completes my report. And 22 I'm happy to answer any questions that you may have.

23 CHAIRPERSON FECKNER: Thank you. I do want to 24 say again what a pleasure it was to go to the CBEE. The 25 staff is always very attentive to everyone. I was -- the

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1 first main session I went into, there were actually only 2 three empty seats, which was really nice to see, 3 especially in such a remote location. Beautiful, cold, 4 but it was great to see so many there.

And I actually talked to that firefighter before that happened. So it was good to see a good turnout what I thought was there, especially for such a remote area.

8 So thank the staff again for another great job.
9 DEPUTY EXECUTIVE OFFICER LUM: We will. Thank
10 you.

CHAIRPERSON FECKNER: Thank you.

Ms. Bailey-Crimmins.

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CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: Good
 morning, Mr. Chair and members of the Committee. Liana
 Bailey-Cimmins, CalPERS team member.

For my opening remarks, I have three highlights. The first is to update you on the CalPERS data warehouse solicitation. The second is to share some good news. We actually will have a mobile app for the health open enrollment period. So we're going to highlight that.

And lastly, provide just a quick executive
summary on what to expect from today's Pension and Health
Benefits Committee agenda items.

24 So for the past 14 and a half years, CalPERS has 25 contracted with the third-party data warehouse and actuary

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analytics firm. One of the key reasons CalPERS is a strong negotiator when it comes to rates is because we run 3 analytics against our own data warehouse. We have the 4 date and the science to know exactly what the aggregate 5 member claim information is so we can accurately account б for the medical and pharmacy services we are consuming as 7 an organization.

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8 Since CalPERS is not for profit, our annual 9 health premium must accurately reflect the true cost of 10 Chair. Therefore, having the cost history is fundamental 11 to the annual rate negotiations with our health plans. I'd also like to point out that all the health data is 12 13 aggregate and it's masked. So CalPERS does not have 14 specific details on any one individual member's 15 information. We instead look at the population as a 16 whole.

17 November 2019, our current five-year contract 18 expires. And during this year's solicitation, the Health 19 team did something different. We actually did a phased 20 procurement approach. Our requirements were the same, but 21 many of you know that analytics and technology is 22 advanced, and so we wanted to make sure our solution took 23 advantage of these advancements.

24 The phased procurement requires several stage 25 The first was of August of 2017. We had minimum gates.

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qualifications sent out to the community, and we had 23 bidders that were interested. Then we went through another stage-gate that we actually provided the detailed 4 business and technical requirements.

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At that point, we then got down to 10 bidders. And then we decided to do a proof of concept, because when we look at proposals, they look one way on paper, but in actuality, we wanted to see how it's going to work, how the team is going to work with our team. And so we had another session where we ran the vendor through, with two 11 top vendors, through what typical analytics we would 12 normally nee, how well they worked with the team, and how well they did the knowledge transfer.

In addition, we made sure that we had third-party 14 15 validation on business capabilities. We don't want smoke 16 and mirrors, because it looks one way some -- we wanted to 17 make sure we knew exactly what we were getting ourselves 18 into.

19 So up of the top two, we ended up on April 27th 20 awarding the new contract to Truven Health Analytics who 21 will legally become IBM Watson in August.

22 I would like to personally thank our current 23 vendor Milliman for their work and dedication. And we 24 look forward to our new partnership with Truven Health 25 Analytics for the next five years.

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For the second item, have you ever wanted to have CalPERS members self-service health plan information at your fingertips? Our members remind us that they have their smartphones on them all the time. And so if you want to look up health plan information, who wants to go and drive home and access via computer desktop?

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So I'm excited that we are developing a new mobile app that will provide help -- health open enrollment information that is currently available via the my CalPERS member self-service. So this includes viewing health plan information, coverage information, using find a medical plan search tool, the ability to compare plans 12 side by side, and also for retirees making a plan change.

And then the highlights to look forward to during this open session is for the PPO benefit design, there are two decisions in front of the Board. One is to recommend 17 to eliminate Castlight. The other recommendation will be to be change the PPO urgent care and specialist copay by \$15.

20 For the preliminary rates we ant to remind 21 that -- remind everyone that the 2019 rates are 22 preliminarily, and they are being still negotiated.

23 This is the first time not only do our members se the progress, but it is also the first time the health 24 plans see each other's numbers. And this is typically 25

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1 when the pencils start to get sharpened between now and June. We will discuss more of that during that session. 2 3 And then CalPERS dialysis cost and utilization. 4 There were two dialysis ballot initiatives as of the 5 writing of this agenda item. As of May 1st, one failed б because it did not have enough signature votes -- or 7 signatures. CalPERS has been providing data to the LAO 8 and SEIU, so we wanted to make sure that you had a copy of 9 the data that we've been providing, and also be open to 10 ask -- answer any questions that you may have regarding 11 CalPERS' specific cost and utilization. So with that, Mr. Chair, that concludes my 12 13 opening remarks and I'm available for any questions. 14 CHAIRPERSON FECKNER: Thank you. Seeing none. 15 Appreciate the report. 16 Item 3 is the consent action calendar. 17 VICE CHAIRPERSON TAYLOR: So moved. 18 COMMITTEE MEMBER MATHUR: Move approval. 19 Second. 20 CHAIRPERSON FECKNER: We have a motion by Ms. 21 Taylor, second by Mathur to approve the minutes from April 22 Any discussion on the motion? 17th. 23 Seeing none. 24 All in favor say aye? 25 (Ayes.)

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1 CHAIRPERSON FECKNER: All opposed no? Motion carries. 2 3 Item 4, the consent calendar. I've seen -- had 4 no request to pull anything off the information consent 5 items. So that will take us to Item 5. Action items. б 7 Approval of the Preferred Provider Organization 2019 8 Benefit Design Changes. 9 Ms. Donneson. 10 (Thereupon an overhead presentation was 11 presented as follows.) HEALTH PLAN ADMINISTRATION DIVISION CHIEF 12 13 DONNESON: Good afternoon, Mr. --14 CHAIRPERSON FECKNER: Before you start, Ms. 15 Donneson, for those of you that don't know, the forms I 16 talked about are in the back of the room now, so don't all 17 run at once, but... 18 (Laughter.) 19 CHAIRPERSON FECKNER: Mr. Henka, don't push 20 anybody. 21 (Laughter.) 22 CHAIRPERSON FECKNER: Go ahead, Ms. Donneson. 23 HEALTH PLAN ADMINISTRATION DIVISION CHIEF 24 DONNESON: Thank you. Thank you, sir. 25 Mr. Chairman members of the Committee. This is

1 Agenda Item number 5. This is an action item. There are two benefit design changes that we will be proposing. 2 The 3 first is the elimination of the Castlight product, and 4 then to consider some additional copay changes for 2019. 5 -----б HEALTH PLAN ADMINISTRATION DIVISION CHIEF 7 DONNESON: I'll being with a brief discussion of the 8 recommendation regarding the discontinuation of the 9 Castlight product for all PPO plans in 2019. 10 I'll then cover recommended benefit design 11 changes regarding the urgent care and specialist copays for 2019. 12 13 And Gary McCollum has joined me at the dais to 14 discuss some of the premium implications in terms of this 15 design change. 16 --000--17 HEALTH PLAN ADMINISTRATION DIVISION CHIEF 18 First, I'd like to start with the Castlight DONNESON: 19 evaluation and the recommendation to discontinue it in 20 2019. In 2014, we did a pilot to add a transparency tool 21 that would allow our members to identify quality of care 22 with providers, cost of providers. It was a search tool 23 as well as a transparency tool. 24 Over the ensuing years, between 2014 and 2018, we 25 expected that the program would be -- there would be

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uptake of the program, and that it would be a useful tool for our members. And indeed, I think for the members who did use it, it was a useful tool.

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Unfortunately, only about 24 percent of households actually engaged with tool over that period of It was evaluated by an academic from Harvard, Ateev time. Mehrotra with David Cowling of our Center for Innovation at the time. And they did a comparison to a -- sort of a control group and an experimental group. Those who used it versus those who did not essentially.

And they didn't find any significant difference, and that significant difference in a statistical sense 12 with the overall rate of use of the tool to control 14 spending growth or non-use of the tool.

15 In April, we came forward to the Committee to 16 propose eliminating the Castlight tool, thereby saving 17 \$1.8 million in costs and spend for this tool. ΙN discussions with Anthem, they will provide a transparency 18 19 tool for 2019, so we do have a replacement product through 20 our third-party administrator.

21 We request approval to discontinue Castlight, 22 thereby saving \$1.8 million in program costs.

23 The second change -- benefit design change that we're requesting is an increase of \$15 in the copay for 24 25 urgent care, and an increase of \$15 in the copay for the

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specialist care.

There have not been any changes in copays or coinsurance or deductibles in these two plans. That --4 this is a change for PERSCare and PERS Choice. And there have not been any changes since about 2005.

б We are experiencing an increase in urgent care 7 utilization. In 2017, it went up 17 percent compared to a 8 six percent drop in the use of primary care. Urgent care 9 is a higher intensity site of care for service, which 10 means more intense resources that are being utilized. We 11 do, and we have, discussed the importance of urgent care 12 as the alternative to a emergency care. So in that sense, 13 if you look at sites of care, emergency care does have a 14 copay and a deductible. And in many instances emergency 15 care can be handled very -- in a very fine manner in 16 urgent care.

17 So that is a good alternative site of care. But 18 in terms of primary care where the resource -- the use of 19 less expensive resources occurs, we are seeing a drop.

20 We'll talk later about the premium savings. Mr. 21 McCollum will be discussing that with you. But 22 essentially, increasing these copays from \$20 to \$35 is 23 about a \$6 per member per month savings equating to \$72 24 per member per year. That \$72 savings could cover two 25 copay visits a year. The rationale then for the increase

1 in urgent care copay is to fund the utilization of higher cost services. 2

For specialty care, we also recommend a \$35 4 Again, our members can go directly to a copay. specialist, rather than going through primary care. And specialists tend to order more and greater use of expensive services.

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8 The treatment -- the treatment cost with the 9 specialist care is higher than if they go to primary care. 10 And often the primary care specialist can manage most of 11 the medical needs of the patient, and then refer them to a 12 specialist, if necessary. So the increase in the copay is to differentiate the total claims cost increases 13 14 associated with specialist care.

In April, you asked us to present more information on the financial aspects of these two copay changes. And Mr. Gary McCollum is here to do just that. Gary.

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20 SENIOR LIFE ACTUARY McCOLLUM: Thank you, Kathy. 21 Good morning, Mr. Chair, members of the Committee. I'm 22 Gary McCollum, CalPERS team member. The estimated savings 23 that we're talking about are based on the 2018 unadjusted 24 This provides us with the appropriate premiums. comparison to what will occur in the 2019 premiums, the 25

1 since risk adjustment will not be used. ------2 3 SENIOR LIFE ACTUARY McCOLLUM: Now this slide 4 here shows the estimated premiums savings for the State 5 and for the five regions. You can see they range from \$5 б to \$9 per month or \$60 to \$108 on an annual basis. 7 --000--8 SENIOR LIFE ACTUARY McCOLLUM: So in total, these 9 copay changes are estimated to save employees 8.3 million 10 and save employers 2.6 million annually, for a total 11 savings of almost \$11 million. 12 So now I'd like to illustrate the impact to the 13 member. On page four of your agenda item, there are two 14 tables showing the premium savings for the employer and 15 the employee. 16 The top table is PERS Choice, and the bottom 17 table is PERSCare. Now, the savings for the public agency 18 members are based on the assumption, or the average 19 savings to an -- to a public agency member of 69 percent. 20 So if you look at the tables, you can see that 21 the smallest savings for any member would be in the Los 22 Angeles area for PERS Choice at \$3.42 per month. Now, 23 that's about \$41 annually. That premium savings would 24 cover the \$15 increase for almost three visits to a 25 specialist or an urgent care center.

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And if we want to look at the largest estimated savings, that would be a State employee in the PERSCare plan, which is \$6.97 per month, which is almost \$84 annually.

Now, that's enough to pay the additional copay. The additional copay, the \$15 increase, for five visits in a year to a specialist or an urgent care center with change left over to stop at Starbucks on the way home, if you'd like to.

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(Laughter.)

11 SENIOR LIFE ACTUARY McCOLLUM: So you can see 12 that at a minimum, even with this copay -- or with this --13 yeah, this copay increase, the premium savings to a member 14 would pay for at least two visits without incurring any 15 addition out-of-pocket cost.

So I'll turn it back to Kathy now for questions. HEALTH PLAN ADMINISTRATION DIVISION CHIEF DONNESON: Again, today, we seek two decisions. The first decision will be to discontinue Castlight, and the second decision will be for you to approve the urgent care and

21 specialty care increase in copays by \$15 each.
22 After we take your questions, we will ask the
23 Board to vote on Castlight, and have -- and have that
24 decision made, and then ask the Board to vote on the copay
25 increases for urgent care and specialty care.

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1 --000--HEALTH PLAN ADMINISTRATION DIVISION CHIEF 2 3 DONNESON: If the Board approves to discontinue Castlight, 4 we will look to decommission this tool for 2019. And to 5 mitigate any member disruption, we will look to add the б Anthem tool in 2019 at no additional cost. We will also 7 incorporate any decision about the copay changes into the 8 final RDP. 9 And this concludes our presentation. And we're 10 happy to take questions. 11 CHAIRPERSON FECKNER: Thank you, Ms. Donneson, Mr. McCollum. 12 13 Mr. Miller. 14 COMMITTEE MEMBER MILLER: Yes. I just want to 15 make sure I'm clear. This relates to the copay changes. 16 So the increased copay for specialist visits is for any 17 specialist visit, whether it was a referral from a primary 18 care physician first, or whether the member went directly 19 to that specialist? 20 HEALTH PLAN ADMINISTRATION DIVISION CHIEF 21 DONNESON: That's correct. 22 COMMITTEE MEMBER MILLER: Okay. So again, the 23 concern I have is -- and this is more concern for the 24 future as we look at these plan designs for PPO. In light 25 of what we learn with VBID, and some of the features of

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1 the changes that we've made recently in that offering is I worry that the patients, our members who most need to 2 utilize specialty care, who have the higher acuity 3 4 situation, who or sicker than typical who have chosen this 5 plan for that reason are not disproportionately bearing б the impact, because this could be really significant for 7 some much our members. So that's my concern that we're 8 really cognizant of the out-of-pocket impact this will 9 have on folks going forward. 10 CHAIRPERSON FECKNER: All right. Seeing no other requests to speak, we do have two issues before us, action 11 12 issues. We'll take up the Castlight first. What's the 13 pleasure of the Committee? 14 VICE CHAIRPERSON TAYLOR: I'd like to move. 15 COMMITTEE MEMBER MATHUR: Second. 16 CHAIRPERSON FECKNER: Like to move? 17 VICE CHAIRPERSON TAYLOR: I didn't get to finish. 18 I'd like to move that we discontinue 19 CHAIRPERSON FECKNER: Your microphone. VICE CHAIRPERSON TAYLOR: I'm sorry is my mic on? 20 CHAIRPERSON FECKNER: 21 No. 22 VICE CHAIRPERSON TAYLOR: No. I'd like to move 23 that we discontinue the Castlight. 24 COMMITTEE MEMBER MATHUR: Second. 25 CHAIRPERSON FECKNER: It's been moved by Taylor,

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1 seconded by Mathur.

Any discussion on the motion? 2 3 Seeing none. All in favor say aye? 4 5 (Ayes.) 6 CHAIRPERSON FECKNER: Opposed, no? 7 Motion carries. 8 All right. The second item before us. Ms. 9 Donneson, you want to highlight it again, please. 10 HEALTH PLAN ADMINISTRATION DIVISION CHIEF 11 DONNESON: Yes, sir. We're asking approval to increase 12 the urgent care visit copay from \$20 to \$35, and increase 13 the specialist copay visit from \$20 to \$35. 14 CHAIRPERSON FECKNER: Thank you. 15 Mr. Jones. 16 COMMITTEE MEMBER JONES: Yeah. Thank you, Mr. 17 Chair. Would you remind us about the copay changes in the 18 VBID program that we did a few months ago? 19 HEALTH PLAN ADMINISTRATION DIVISION CHIEF 20 DONNESON: Those copay changes are \$35 for urgent care and 21 for specialist care. COMMITTEE MEMBER JONES: IN VBID? 22 23 HEALTH PLAN ADMINISTRATION DIVISION CHIEF 24 DONNESON: That is VBID as well. 25 COMMITTEE MEMBER JONES: Okay. Thank you.

1 CHAIRPERSON FECKNER: Okay. What's the pleasure 2 of the Committee? 3 COMMITTEE MEMBER GILLIHAN: Move staff 4 recommendation. COMMITTEE MEMBER MATHUR: 5 Second. б CHAIRPERSON FECKNER: It's been moved by Mr. Gillihan, seconded by Mathur. 7 8 Any discussion on the motion? 9 Seeing none. 10 All in favor say aye? 11 (Ayes.) 12 CHAIRPERSON FECKNER: Opposed, no? Motion carries. 13 14 Thank you. That brings us to Agenda Item 6, 15 information items. First one is Item 6, Preliminary 2019 16 Health Rates. 17 Ms. Little. 18 (Thereupon an overhead presentation was 19 presented as follows.) 20 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE: Good afternoon, Mr. Chair and members of the 21 22 Committee. Shari Little, CalPERS team member. 23 Today, I'm here to do our first public preview of 24 our rate setting cycle. As you know, it runs from January 25 to June. And this sort of the first time we share this

1 information with everyone on a public setting. --000--2 3 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE: 4 It's been an exciting year. As you heard, my 5 colleague Kathy has been negotiating contracts. And б that's been running parallel to the rate development 7 process. And it's been a little bit more interesting than 8 it is normally, a little bit more busy as well. 9 We've had a lot of improvement in the last month, as we have continued to get better information from our 10 11 health plans, and experience data. ------12 13 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE: So 14 this is the time of the year that you know we're sitting 15 down with health plans a lot. You will -- some of the 16 changes you'll see are also as it relates to service 17 coverage areas with regard to Health Net. They have 18 requested, and the Board has approved, exit of the 19 Sacramento region. And that includes Sacramento, Yolo and 20 Placer counties for -- from its SmartCare product, excuse 21 me, at the end of the year. 22 Additionally, the Board knows that we had 23 considered adding Aetna to our products. And we have

25 this point in time, and not add additional service areas

decided that it's not going to provide an added value at

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that aren't already existing.

So we'll continue to evaluate that as it relates to other plans, as part of the rate negotiation development process, and update you as we receive more 4 information.

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7 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE: So 8 moving to rates. For the 2019 preliminary rates, I want 9 to remind everyone that these are just that, preliminary 10 It's this first opportunity everyone has, not only rates. 11 to see their own rates in a public way, but to see other 12 rates from the health plans. It's a great time for us to 13 really get down to the detail, and talk about what works 14 and what doesn't work.

15 Some of the initial observations we have with 16 regard to the HMOs is that the -- wanted to point out that 17 the 2018 -- in 2018, we risk adjusted. We eliminated that 18 for the 2019 year. So what we've tried to do is provide a 19 hard copy in the back of the room, as well as providing 20 that on-line. I apologize. It's late in the game. But 21 to give you kind of a comparison so you see what was 22 unadjusted to adjusted final premiums, as it relates to 23 preliminary rates in the 2019 cycle.

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And for -- you will notice that most all increases were diminished as a result of the elimination,

1 but for two plans, with Blue Shield and Anthem. On the PPO side, we wanted to talk about the fact 2 3 that we see again some of the consequence of the risk 4 adjustment -- elimination of risk adjustment are some 5 experiences you'll see. We're taking a look at the б increases that we've seen so far, and coming back to the 7 Board in our June meeting to talk about potential options 8 and ways of addressing that and how we want to proceed. 9 So I wanted to remind anyone -- everyone one mere 10 time. We do this over and overly. Liana did it already, 11 but that this is preliminary. It's an ongoing process. 12 We move through it every day. 13 With regard to the --14 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS. Can I 15 just make on comment. 16 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE: 17 Sure. 18 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: I just 19 want to make one point related to the PPO rates. As many 20 of you will see in the back of the room and on-line is 21 that PERSCare has gone up significantly, but we have an 22 important decision before the Board between new and June. 23 And in June open, what the Board is directed is they'd 24 like to hear public comment before they make that final 25 decision on what the rate is.

So I just wanted to sign-post to our members, and to our stakeholders that that is a key decision, and that typically we would be having the June final rates at the beginning. But because we want to wait till June, open session we'll wait to publish the June rates till the end of that session.

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CHAIRPERSON FECKNER: Thank you.

HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE: Thanks for the clarification, Liana.

I also wanted to point out with regard to public agencies, you will see it in attachment 2 of your agenda item, and also at the back of the room for everyone here today.

14 I wanted to call out a couple of things. With 15 regard to the regional factor, we know that the cost of 16 care needs to reflect the price with an given region. 17 There's one plan that specifically calls out attention to 18 us, and that's UHC at this point with regard to their Bay 19 Area and other northern areas. We've been working with 20 them and will continue to do so, as we move toward June and a final rate. 21

We are mandated, as you know, to really reflect costs of care to actual -- excuse me, our premiums to actual cost of care. So this is a particularly important subject for us. We've been talking about regions and

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regional factors for a while, and we'll have that in our 1 July session with further analysis on that. But it does 3 directly correlate to rates. I think this is a good 4 example of that.

So between now and June, again, we're working hard. We're trying to get to the right space. And I will -- that concludes my presentation. I welcome any questions you may have for me.

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CHAIRPERSON FECKNER: Thank you.

10 I first want to start out by saying I understand that these are preliminary rates. But as I said last 11 12 year, pencils didn't seem to get sharpened yet. And it's it time that we take this seriously. I think some of the 13 14 plans have forgot who they're actually serving here. 15 These are the public servants that serve California. It's 16 not the top one percent.

17 So when we're looking at these kind of increases, 18 they cannot be sustained. So I think we need to step 19 back. We need to do a better job of sharpening these 20 pencils, and coming to the table seriously. Let's not 21 take it for granted that this Board has in the past 22 dropped health plans. And it's not something that we're 23 not apt to do again.

24 So I want to make sure that everyone is on board 25 knowing that we want the best rates possible for our

1 members going forward. We here to protect the system and protect these members. And we want to make sure that 2 3 everybody is doing their job. So if the health plans are here, which I know they are, please heed these warnings. 4 5 We want you to come to the table with your best prices, б your best pencils, your smartest folks that can help work 7 with our staff. I know our staff has been working very hard to work through this process, but the plans need to 8 9 come to the table as well.

10 So we want to make sure from my perspective that 11 these are not -- most of these rates are not acceptable, 12 and we need to make sure that we're getting a better job. 13 And it shouldn't have to be every year we have to make 14 this same statement in May, so we can play this dance game 15 and come back in June with better numbers.

16 Show up the first time with good numbers, so we 17 don't have to have these discussions. So with that, I 18 will move on.

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Ms. Taylor.

20 VICE CHAIRPERSON TAYLOR: Yes. Thank you, Mr. 21 Chair. I also want to echo what Chair Feckner said. I --22 one of the things that I worry about as every time these 23 rates go up, my members, myself included, lose pay. So we 24 get a raise and it gets eaten up by health care rates 25 every single time every single year. And, as Mr. Feckner

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1 said, these are unacceptable rate increases. We -- I 2 talked about this earlier in closed session. There's 3 specific plans here that I think we fought with them long 4 enough. I'm not sure we need to continue having these 5 plans in our portfolio. I don't know that that's 6 necessary.

But what I do know is if we are going to continue to deal with them, the last thing I want to see next year is May and us not having answers -- final answers for our members. And for this year, they need to go back and really, really work with our staff to make sure they come in with rates that our members can afford.

I'm very disappointed in a lot of these rates.
I'm looking at the regional rates, and it's appalling.
I'm looking at some of the State rates from some of the plans, and they're appalling.

17And I request that these -- the insurers go back18and do better. That's what I'm asking you guys to do.

Thank you.

CHAIRPERSON FECKNER: Thank you.

Mr. Jones.

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22 COMMITTEE MEMBER JONES: Yeah. Thank you, Mr.23 Chair.

Yes, I echo my colleagues' comments also aboutthe rates and negotiations. And a matter fact, I think it

1 was even two years ago we entered into the same kind of 2 dialogue, where we're going back and forth. And for one, 3 I've indicated to staff to let them know that if they 4 can't make the changes, don't even come back to discuss it 5 with us anymore, because we've gone through this process 6 more than once. And if they're coming back with the same 7 numbers, we don't want to hear it.

8 So just let them know that we're not going to 9 even listen when they come back, if it's the same.

CHAIRPERSON FECKNER: Thank you.

Ms. Mathur.

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COMMITTEE MEMBER MATHUR: Thank you.

13 Well, I concur with my colleagues that there are 14 definitely certain plans that need to do a lot better than 15 they've done up till now in terms of the rates. I do have 16 a question. On the -- in the agenda item on page --17 sorry, page -- the last page of the agenda item. I don't 18 have a page number on it. Sorry. It talks about the 19 pharmacy trend. And particularly it calls out that while 20 OptumRx is the PBM for the majority of our HMO plans, it 21 is not for Blue Shield, and, of course, Kaiser which 22 has -- is an integrated system.

Have we reconsidered whether that is appropriate -- that it remains the right decision to carve out Blue Shield from the PPM contract?

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HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE:

Great question. And it's one of the trends that we're really reviewing right now. For this year, it's here to stay, but that's something we'll be evaluating in the next rate cycle.

6 COMMITTEE MEMBER MATHUR: Okay. I think we 7 really should look at that --

> HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE: Thank you for the question.

10 COMMITTEE MEMBER MATHUR: -- particularly if that 11 is an element driving the rates. We want to make sure 12 that we have as much control over how the -- around the 13 pharmacy trend. And I think we've been doing a lot of 14 innovative things, adopting a lot of innovative pilot 15 initiatives that could help us to continue to bend the 16 trend, so -- on pharmacy, so thank you.

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CHAIRPERSON FECKNER: Thank you.

Mr. Miller.

19 COMMITTEE MEMBER MILLER: Again, I concur with 20 the comments of my colleagues. And the additional thing I 21 would highlight again is the impact on the out-of-pocket 22 cost to our members. And where I really -- my eye just 23 immediately jumps to the PERSCare increase, the magnitude 24 of this increase for those members who have chosen that 25 plan because they need that plan because of its features,

because of their health care needs and issues, people with more serious health care issues, higher acuity issues, who really chose that plan because it's the plan they need, this kind of increase, they're probably the least likely to be able to afford this. So it has a really disparate impact on those folks. And we've really got to do better for them.

CHAIRPERSON FECKNER: Thank you.

Mr. Lofaso.

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10 ACTING COMMITTEE MEMBER LOFASO: Thank you, Mr. 11 Chair.

Just a clarification for staff. I also want to 12 13 say I appreciate all the other members' comments and I 14 agree. I don't want to get ahead of staff, but I just 15 want to underscore, apropos to the issue that Mr. Miller 16 just raise, about the Sharp comparison between the '18 17 PERSCare rate and the '19 PERSCare rate. Just to clarify 18 that in prior May sessions, we've given the public an 19 unadjusted rate comparison year over year, and a 20 risk-adjusted rate comparison year over year.

But because this year we've discontinued risk adjustment, now they're get a comparison of a adjusted rate from 2018 with a non-adjusted rate for 2019, which notably brings some rates down and sharply increases some other rates. And the notable ones to focus on would be

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1 Blue Shield, Access, and PERSCare. Maybe one or two others. 2

3 Can I just get some conf. from staff just to make 4 sure that the public's understanding this difference 5 between the retail adjusted, and retail non-adjusted rates from '18 to '19.

HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE:

That's correct. Thank you for the comment, Mr. Lofaso. You are correct and we should have clarified that a little better, but that's exactly right.

11 ACTING COMMITTEE MEMBER LOFASO: Appreciate that. 12 That, of course -- I also just want to quickly comment on 13 the regional rating issue and your attention to UnitedHealthcare. I know we had a good discussion about 14 15 this at the January off-site about how we're approaching 16 the regional rating factors. I really appreciate what you 17 all are doing with UnitedHealthcare and making sure those 18 swings are manageable and reflected by the appropriate 19 cost measure

20 Candidly, I hope we do more of this going 21 forward, but really appreciate what you're doing with 22 UnitedHealthCare at this juncture.

Thank you.

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CHAIRPERSON FECKNER: Thank you. Seeing no other requests from the dais, we do

have a number of requests from the audience. So when I --I'll call your name, three at a -- I'll call three at a time. Please come down to the -- your right, my left, and the microphones will be turned on for you. You'll have up 4 to three minutes to speak. And please give your name and affiliations for the record.

First I have Michelle Vollrath followed by Tim Behrens, followed by Larry Woodson.

Go ahead.

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10 MS. VOLLRATH: Good afternoon, Mr. Chair and fellow Board members. This is Michelle Vollrath. 11 I'm the Vice President from UnitedHealthcare. 12

13 Thank you for the opportunity to speak today. We 14 truly appreciate the privilege to serve those who serve 15 us. And we do not take responsibility lightly. During 16 the past four and a half years, we have priced our basic 17 plan offering utilizing all the data available, and done 18 so appropriately and responsibly.

19 Some of the factors impacting our rates include 20 contract changes, different vendors offerings entering and leaving the different markets, our -- the claims 21 22 experience of our members, and the demographics.

23 Although, our membership looks relatively unchanged from 2017 to 2018, we saw significant movement, 24 25 change in our overall footprint in both the north and

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south, which does impact our rates as well.

With that said, our regional factors continue to 3 be supported by experience in those regions. And as we 4 gain insight to another month of experience, we continue 5 to see similar trends emerging. We heard your concerns б last year, and we worked with staff offering a potential 7 solution by utilizing the elimination of the ACA taxes to 8 offset the Bay Area regional rates rather than spreading the impact across all of the regions. After providing 10 some modeling, these options were rejected by staff. 11 Therefore, we provided some additional alternative options to consider. 12

13 One option was to subsidize the Bay Area region 14 where the costs exist with the other regions. And the other option was to consider a network change in the Bay 15 16 Area specifically that would result in savings.

17 Unfortunately, these also were rejected too, but 18 we are committed to continuing to provide a strong option for CalPERS members, and will continue to work 19 20 collaboratively with staff to do so. Thank you for the 21 opportunity to speak.

22 CHAIRPERSON FECKNER: Thank you. We hope that 23 you continue to work hard for staff to do a better rate 24 for our members.

MS. VOLLRATH: Absolute.

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CHAIRPERSON FECKNER: They're still too high. MR. VOLLRATH: Thank you. CHAIRPERSON FECKNER: Thank you.

Mr. Behrens.

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5 MR. BEHRENS: Thank you, Chairman Feckner, and б members of the Committee. I'm Tim Behrens, the President 7 of the California State Retirees. Thank you for the 8 opportunity to comment. California State Retirees is very 9 concerned with the preliminary released this afternoon, 10 and with the process itself. Anthem HMO traditional, Blue 11 Shield Access+, Anthem EPO Del Norte, PERS Choice and 12 PERSCare all show large premium increases over the current 13 year.

While staff provides us with the monthly premium rates, they don't give us the CalPERS contribution rates, so we will know how these increases will actually affect our out-of-pocket costs. I think several of you mentioned that.

We don't see them till June when the rates have been permanently fixed. While those on Medicare who are fully vested will likely have their premiums fully covered, those retirees not on Medicare, but on basic plans and retirees on Medicare but with spouses and college age children on their insurance will likely be hit hard by those increased premiums.

For those on PERSCare, they will get a double 1 whammy, by having their deductibles in increase for urgent 2 3 care and specialists. We think it was ill-advised for 4 CalPERS to abandon using risk adjustment for the 2019 5 season, because that will clearly increase our б out-of-pocket costs for those on the more expensive plans. 7 For those in the 18 rural counties, this forces 8 those on PERSCare to choose between paying much more in 9 premiums per month, using current year CalPERS

10 contribution amounts, or choosing a cheaper plan that has 11 worse coverage, PERS Choice, PERS Select, and having to 12 pay twice as much coinsurance for non-preventive medical 13 treatment.

These preferred rates seem to arbitrarily single out a particular subset of retirees and force them to pay more for the same coverage or choose a lesser plan and even face having to change physicians in some cases.

18 We ask the Board members and the staff to find a 19 fairer method of rate setting before finalizing these 20 rates in June.

21 Thank you very much. 22 CHAIRPERSON FECKNER: Thank you. 23 Mr. Woodson. 24 MR. WOODSON: Larry Woodson, California State 25 Retirees. Thank you for the opportunity to comment.

There's a lot of information here. I hope I don't run over three minutes. I hope you will indulge me a little bit if I do.

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As Mr. Behrens stated, the preliminary rates released - I have just this morning, but it's afternoon now - will create hardships for members especially combination plan members and those retirees not on Medicare. Unfortunately, we aren't provided with the preliminary rates for combo families or for two or three parties plans. This is only for single party. And also, we don't see how much CalPERS contribution rates for fully vested 100/90 members is. So we're pretty much in the 12 13 dark on exactly how hard we're going to be hit.

14 But for the single-party information that we do 15 you have, and the five plans that Mr. Behrens mentioned, 16 they're significant increases. And, of course, Board 17 Members have already pointed out the significant hit for 18 PERSCare.

19 And I'll just speak for a second to the issue of 20 the insurance rates, because PERSCare -- the PPOs are 21 self-funded plans, and it's a different manner in which 22 you reach these rates. For the insurance companies, 23 frankly, and I mentioned this before, but with the tax cuts of 15 percent to these insurance companies, they're 24 25 going to be reaping millions and millions of dollars in

profits in 2019, the same year you're implementing these rates. And so I would hope that there would be a little more flexibility on the part of the insurers.

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Regarding the self-funded rates, you're setting them based on actuarial data from the previous year. And there's not a lot of flexibility, I suppose, you're not negotiating with anyone, and so it makes it more onerous to see this high rate.

9 I don't know what this 929 figure is. There's an asterisk here. I don't really understand what the 10 11 asterisk means. Maybe that's what you hope to come in 12 with at the final. So what I did is just I ran the 13 numbers of the 1,114 and that's \$389 more a month just for 14 a single payer. And if you use the 929, that's still \$205 15 more a month for a single payer. That's \$2,460 in a year. 16 This isn't for multiple plan, multiple family member 17 This is just for the single. They're going to be plans. 18 more for the multiple family plans.

19 The last thing I want to cover is the risk 20 adjustment by -- not by abandoning risk adjustment, which 21 is something that did bring PERSCare and would bring 22 PERSCare down. You -- just the nine months ago, there was 23 a report to this Committee that said quote, risk 24 adjustment allows the Board and plan carriers flexibility 25 to differentiate without adverse impact to members

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financially; two, it addresses cherry picking, carriers 1 pricing premiums to attract healthiest members; three, its 2 3 currently being done by University of California and other 4 major providers in California; and lastly, it -- the 5 positive aspects include more data from carriers than б before it was implemented, more plan choice since it was 7 implemented, and may be partly responsible for the very 8 modest premium increases CalPERS has been experiencing in 9 2017 and '18.

10 So why that's been abandoned as a tool, I don't I don't understand. And the results are before us 11 know. in a monthly premium of \$1,114, which will basically force 12 13 people in rural counties into less coverage, worse plans, 14 they don't have choices of HMOs. I hope that the Board 15 will take a serious look and the staff at making major 16 revisions, particularly in the self-funded plans. This is 17 it just not fair.

Thank you.

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19 CHAIRPERSON FECKNER: Thank you. Before we go to 20 the next three, would someone from staff like to get up 21 and explain the asterisk.

22 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: Sure.23 Can you bring up that slide please.

24 So one of the things that we wanted to highlight 25 is that for PERS -- for PERSCare and PERS Choice so

1 everyone is aware, they are the exact same networks. 2 PERSCare is a 90/10 plan, and PERS Choice is an 80/20. So 3 they're exactly the same. They just have -- one has a 4 richer benefit than the other.

Historically, PERS Choice -- the other PPO plans have been offsetting the cost of PERSCare. So that's what risk adjustment did. With eliminating risk adjustment, what we are seeing between the 2018 final premium and the 2019 preliminary is purely the result of right-sizing -that is the true cost of a 90/10 plan is \$1,114.41.

What we talked about in closed, and I'm just going to mention it again, is we wanted to provide options to the Board. And as such, what the Board has decided is during open session in June, we will be bringing back an open dialogue, and be able to vote at that time if we want to figure out a way to get the premium down to \$929.88.

And so it's to potentially offset, so we don't have this huge swing and kind of smooth it out between now and over, you know, the 2019 rate period.

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CHAIRPERSON FECKNER: Okay. Thank you.

21 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: You're 22 welcome.

CHAIRPERSON FECKNER: So the next three to speak
 George Linn, Neal Johnson, Crystal McCary. Please come
 forward.

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Mr. Linn.

2	MR. LINN: Yeah. Good afternoon. My name is
3	George Linn. Mr. Chair, Committee members, other Board
4	members, while I don't disagree with anything that you've
5	already heard, I'm on a little different track. I'm a
6	contract agency person. And, you know, let's take a look
7	at the these contract agency things. I live in the Bay
8	Area. So the premium is 1,504, but if I'm in Los Angeles
9	it's 629, that's \$875 difference. That's more than a
10	hundred percent difference over the Los Angeles area.
11	And the previous year, the difference was 769.
12	So why did the difference go up? I thought that we were
13	looking at finding ways to kind of massage these regions
14	so that there was some equity in these regions,
15	remembering that the contract agencies are not part of the
16	State, and so the State employees who have the 100/90
17	formula and those kind of things, contract agencies don't
18	have those. So this is a direct hit on the members that
19	live in those areas.
20	And, you know, I find that even if you're looking
21	at the difference between United Health I'm talking
22	about UnitedHealthcare obviously. If I'm looking at the
23	UnitedHealthcare for southern for the Sacramento area,
24	if I'm looking at the difference between anything, and the

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Bay Area, the Bay Area people are just being hijacked.

We need to find a way. We keep hearing that 1 we're going to have this wonderful gathering and meeting 2 3 to try and figure out ways to massage these regions. Ι may not live that long. And I plan to live a long time, 4 5 in spite of what things may seem. б (Laughter.) 7 MR. LINN: But, you know, I think we need to get on the track on this thing, because it is outrageous that 8 9 that difference is that great. Maybe there's a 10 difference, but that much? So that's my concern. I think that we need to 11 12 take a better look at that number, especially the 13 UnitedHealthcare Bay Area number, as it relates to other 14 regions in the State. 15 Thank you. 16 CHAIRPERSON FECKNER: Thank you. Mr. Johnson. 17 MR. JOHNSON: Could you take her first? 18 CHAIRPERSON FECKNER: Certainly. Ms. McCray. 19 Neal is still writing. 20 MS. McCRAY: Yes. Good afternoon, Chair, Board 21 It is an honor to be speak with you today. members. My 22 name is Crystal McCray, and I work for the State of 23 California, California Environmental Protection Agency. 24 I'm an AGPA and I've been with State 30 years this year in 25 February. So the decisions that you make affect me deeply

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and in real-time.

As I listen to the conversations about the health care increases today, I'm going to take a slightly different tact. The numbers are important. But for me, I 4 think that what's important are my family, our quality of life, and the families of the 95,000 members that we represent at SEIU Local 1000.

8 Myself, I am the doting grandmother of three 9 beautiful grandchildren. And since they've been born -10 the ages are 11, 11, and 3 - I have tried to think of ways 11 that I can really have a long-lasting impact on their 12 lives. Rather than buying video games and toys, I've 13 decided to invest in experiences. Those experiences 14 include ballet, Boys and Girls Scouts of America, and 15 tutoring.

16 And each time that I get a raise, and my greatest 17 thought is how can I invest in them and their future even 18 greater, the health care increases takes away just a 19 little bit. And every time I take away from an experience 20 of these children, I take away from the future of America. 21 And that's how it impacts my household.

22 Now, don't get me wrong, I have co-workers who 23 have to make the choice between health care, medication, therapy, and all type of physical ailments against their 24 25 wallets, which is also very unfair. Thankfully, I do not

have a health care story, but please consider myself, the 95,000 members that we represent at SEIU Local 1000, and 3 the children of America and their futures. This is also being affected. 4

5 And the one thing I'd like to say is that it's б not just here for our members that health care is becoming 7 unsustainable and unbearable. It's all over America. We 8 must hold these insurers accountable. And I would like to 9 say that we want to partner with you, the PERS Board, as 10 we move forward in understanding that it is important that 11 our members not only have a living wage, but attainable and sustainable health care costs. 12

13 Thank you so much for your time, and thank you so 14 much for listening.

Thank you.

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Mr. Johnson.

CHAIRPERSON FECKNER:

MR. JOHNSON: Neal Johnson, SEIU 1000.

18 I come today to talk a little about options. The 19 Board -- and some of those have been mentioned a little. 20 You know, we could eliminate plans in the future. We --21 another option that has been used before is to freeze 22 enrollments. That one I think was fairly effective. We 23 could -- in the example that was talked about a little earlier about pharmacy benefits. You know, we -- Optum 24 25 provides pharmacy benefits for a number of the plans, but

we have three plans that still run their own pharmacy. We may want to think about do we really want all of those plans running pharmacies.

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And another one, which has been also tried, is removing certain providers, hospital networks, or something. I know that it may create problems with access in certain areas and HMO licensing, but those are options.

8 We have looked over the last few years at risk 9 adjustment, and now are going away from it, for better or 10 for worse. But those are some of your options. The 11 health plans also have options. And Mr. Feckner I think 12 in his opening remarks was very apropos. You've got to 13 really sharpen your pencil, really work to roll these 14 rates to somewhat reasonable numbers.

15 I mean, we see -- my I first reaction was a real 16 mixed bag of some going down, some going up. Mr. Lofaso 17 pointed out that, yes, that -- we previously had risk 18 adjustments. So we're looking at one set of numbers 19 versus another that aren't totally similar, but some of 20 the rates we were seeing were really obscenely 21 increased -- seeing increases. And so maybe that really 22 will force the Board to exercise one of its options, or 23 the plan are choosing their option of saying goodbye and no longer being public servants to California. 24

And those, I think, are the options that really

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1 need to be explored over the next 30 days. And some of 2 them are maybe longer term issues of how, you know, we go 3 five-year plans. We might want to go one-year with some 4 of them. And if you haven't shaped up, that's sayonara 5 time.

Anyway, I wish you the best of luck on these
deliberations, and we will provide whatever input we can.
8 Thank you very much and...

9 CHAIRPERSON FECKNER: Thank you. So that 10 exhausts the speakers requests list. We want to say let's 11 just stay tuned. We have 30 days. We'll be back having 12 this discussion again, and hopefully the plans that are 13 here have been paying attention, and they'll decide to sit 14 down and work diligently with our staff and decide whether 15 or not they choose to stay in our fund system or not.

16 So with that, we can move on to Item 7, CalPERS 17 dialysis utilization and cost.

Ms. Bailey-Crimmins.

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(Thereupon an overhead presentation was presented as follows.)

21 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: Good 22 afternoon, Mr. Chair --

CHAIRPERSON FECKNER: Good afternoon.
 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: -- and
 Board members. Liana Bailey-Crimmins, CalPERS team

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1 member. Today before you is an information item on the 2 utilization and cost of dialysis treatment for CalPERS' 3 members. We bring this item today to you because at the 4 time we were preparing this agenda item, there were to 5 ballot initiatives related to establishing State 6 regulation on kidney dialysis clinics.

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CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: The first initiative was 1810. It set limits for patient charges and imposed penalties when charges were deemed excessive.

The second initiative was 1811, which places operational requirements, such as staffing standards, as well as limits when it comes to the price dialysis clinic -- clinics may charge. Due to having not enough signatures, 1811 initiative, which was the second initiative, failed on May 1st.

The Legislative Analyst's Office has contacted us for information to assist them during their analysis phase of the ballot initiative. And SEIU has also requested information for us -- from us. So in your Board books and also in the back of the room, we've included the data analysis that was provided to date under full transparency.

We also want to point out there was a typo. That's one of the reasons that it is also in the back of

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Instead of HMO Medicare, it said HMO basic, so the room. we've corrected that. And then again, it's available in the back of the room.

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We felt that it was important that you as Committee members receive the same formation and have an opportunity to ask the health team questions, if you have them, in regards to this particular agenda item.

As a reminder, a member diagnosed end-stage renal disease, or permanent kidney failure, is -- requires 10 long-term dialysis treatment. And as such, the law states 11 that a person diagnosed with ESRD who's on a commercial 12 health plan, which our members are, can be become eligible 13 for Medicare during a three-month waiting period and a 14 30-day coordination period.

15 So after 33 months, CalPERS is deemed the primary 16 insurer. It's an automatic qualifier. So for CalPERS 17 members on our health plans, once the 33-month 18 coordination period has elapsed, they now may become 19 Medicare, and Medicare will become the primary insurer, 20 CalPERS will become the secondary insurer.

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22 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: So when 23 it comes to our data, in 2017, there were 1,550 CalPERS members receiving dialysis treatment, which is about one 24 25 percent of our health program members, 998 were on

1 Medicare, and 552 in basic, again, as people transition, depending on where that 33-month period is. 2 3 --000--4 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: Slide 5 5 show our utilization and cost. So In 2017, CalPERS spent б \$62 million on dialysis treatment, and the basic members, 7 because we were the primary insurer, received 33 percent 8 of the treatment, but was 58 percent of the CalPERS cost. 9 CalPERS is a strong negotiator and as such our 10 unit price for dialysis treatments are below the 11 benchmark. --000--12 13 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: The 14 benchmark is MedInsight which is a Milliman actuary tool. 15 And if you can see on the slide, our unit price in basic 16 plans was \$632 -- or \$631, which was 8.2 percent below the 17 benchmark, and for Medicare it was \$227, which is seven 18 percent below the benchmark. 19 In summary, the CalPERS legislative team will 20 continue to monitor this initiative and will keep the 21 Board apprised if we get any addition information request. 22 With that, that concludes my opening -- or my 23 comments, and if there's any questions I'd be happy to 24 take them? 25 CHAIRPERSON FECKNER: Thank you. Ms. Mathur.

COMMITTEE MEMBER MATHUR: Yes, I -- you know, I've read several news reports around dialysis, and not just the pricing of dialysis, but also how well some of these private providers of dialysis are really treating and delivering care to our -- to members -- or to patients rather.

7 And some of the concerns I've heard are that they 8 try to get too much throughput and they don't do an 9 adequate job of recalibrating and cleaning the equipment. 10 And so members -- or patients could get an infection or 11 some other -- or some other problem could arise from that. 12 Another is that patients might not be apprised of their 13 options, that dialysis might not be their only option, 14 that perhaps a kidney transplant would actually be a 15 better option for prolonging life and ensuring quality of 16 life. But that because these dialysis centers are trying to increase their numbers, they are not adequately 17 18 advising patients around those -- so those are a couple of 19 the concerns that I've heard.

And I'm wondering have you looked at this from a quality of care, best practices, evidence-based care perspective, and some of those risks to our -- to patients and our members specifically?

24 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: So25 specifically this information was just to show you the

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data of who is, from a demographics, from a cost utilization. We have not dived into the quality of care piece. Obviously, that's related. Wd don't have access to the medical records, but we can definitely see if there are appeals, if there are issues, are the outcomes of what we're expecting for our members for any condition that they have, are being treated as such.

8 Obviously, we have one view into it as the 9 primary insurer, and then after 33 months they go into 10 Medicare. So that lens shifts a little bit. But if 11 you're interested in getting more information around that, 12 we would be happy to bring that back.

13 COMMITTEE MEMBER MATHUR: I do think it would be 14 worth doing a survey of what studies are available around 15 the kind of care that's being delivered. And I'm not 16 necessarily setting a particular timeframe when this 17 should be -- come back. I think we should work with the 18 Chair as to what's appropriate. But I do think it would 19 be worth ensuring that our members are getting the best 20 possible care, and that they're being well taken care of.

21 And so I would suggest that we should look -- we 22 would dive a little deeper into this issue.

Thank you.

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CHAIRPERSON FECKNER: Thank you. Ms. Taylor. VICE CHAIRPERSON TAYLOR: So, yes, I -- I want to

echo Ms. Mathur's sentiments here, because as I understand it, we're 58 percent cost out of 33 percent usage, is that correct? Is that what I'm looking at?

CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: So what we're saying is that the 1,550 members, the one percent, when we looked at that, there's two groups. There's the people that we are the primary insurer on --

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VICE CHAIRPERSON TAYLOR: Right.

CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: -- which is the 552 basic members. Then there's the 998 people that are Medicare worthy where we are the secondary insurers. For basic members, which is the 552 --12

> VICE CHAIRPERSON TAYLOR: I get it.

14 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: -- they 15 received 33 percent of the treatment, but obviously were 16 58 percent of the cost because we were the primary 17 insurer.

18 VICE CHAIRPERSON TAYLOR: Right. So -- and I 19 think that's part of one of the problems that we see here. 20 There's very few companies. There's no competition. And 21 these companies tend to charge what they can -- all the 22 market can bear, and I think that's what we're seeing when 23 it -- when we have to pay for it for our first 33 months 24 or whatever -- however long it was.

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So I think it's important and imperative that we

1 kind of do a deep dive on the care, the cost. And I have 2 heard more than a few reports over the level of care of 3 these facilities and how dangerous they are.

That and that they aren't giving them -- they aren't giving their patients the options. They're not even informing them of the options of possibly a transplant. And I think that it's important that we look at these issues, because it is -- these are not a lot of our members, but these are some of our members.

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CHAIRPERSON FECKNER: Thank you --

11 Seeing no other requests to speak, I do have a 12 number of requests from the audience. So I'll call you 13 down two at a time. Please over here on my left, your 14 right.

15 Ladies, please stay there in case there's any 16 questions.

We have first two are David Miller -- all right
get off the dais --

(Laughter.)

20 CHAIRPERSON FECKNER: -- and Thomas Hiltachk,
 21 please come on down.

22 COMMITTEE MEMBER MILLER: There's a lot of us.
23 (Laughter.)
24 MR. MILLER: Hello. I'm David Miller from SEIU
25 UHW. I'm the Research Director. And I wanted to thank

you for raising this issue. Thank you, Chair and Board. It's a very important issue. We think dialysis is a very 3 significant cost driver throughout health care. And so to that end, I think we'll be seeking your endorsement for 4 5 our ballot measure, the Fair Pricing for Dialysis Act. Ιt б runs right at this issue. This issue of competition was raised. We've hopefully circulated a study from Blue Sky, which will show you that there is significant problems with competition in the market. Eighty percent of the 10 market is consolidated into -- I'm sorry, 70 percent of the market is consolidated into two providers. When you 11 run an HHS index, which the justice department uses to 12 13 look at consolidation of markets, it is considered an extremely consolidated market, which is troubling. 14

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15 As a purchaser of health care, you're going to 16 have difficulties getting a good price. Monopolies also 17 have other side effects, lower quality, lower patient 18 choice. We think this actually may be impacting the 19 transplant issue that people have raised.

20 If you look at -- I mean, I also handed out a quick PowerPoint that the for-profits have a significantly 21 lower rate of putting people on the transplant list, which 22 23 means you have less chance of getting a transplant, than the non-profits. 24

So we think the profit motive is raising serious

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questions. So we think there's a lot to dive in here. We think our ballot measure addresses a lot of these issues. We use a medical loss ratio to regulate the industry, so 3 4 that the cost of providing care is not necessarily 5 It's a metric that's used on the insurance side impacted. б of the industry. For that very reason, you want to pay 7 for direct medical care, you want to limit overhead and profits, so that why -- is why we selected it.

9 And then I would just say, you'll probably see 10 things in the news about what's included and what's weighs 11 not included in our ballot mesh. And I just want to say 12 for the record that physicians and medical directors are 13 actually covered under our ballot measure. So I just want 14 to be crystal clear on that, because there's been some 15 misinformation

Thank you.

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CHAIRPERSON FECKNER: Thank you.

18 MR. HILTACHK: Good afternoon, members. My name 19 is Tom Hiltachk. I'm representing the California Dialysis 20 Council this afternoon, and also the ballot measure 21 committee opposed to the dialysis measure.

22 The members of the California Dialysis Council 23 serve about 66,000 Californians, who receive daily dial --24 or three times a week dialysis treatment for periods of 25 four hours at a time, and about 1,500 CalPERS members as

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you've been told.

About 75 organizations have already taken positions against the initiative, including the California Medical Association, the California chapter of American College of Emergency Physicians, the American Nurses Association, and many other health leaders.

7 This measure is dangerous for patients, and is 8 costly for CaPERS. I wrote a letter to Ms. 9 Bailey-Crimmins last week, and I've made a copy of that 10 available to you that outlines many of the issues that I'm 11 going to discuss briefly today.

For starters, CalPERS itself has, as a government payer, is exempt from the initiative itself. And therefore, their -- because CalPERS is a government payer, there is no benefit, a financial benefit, to CalPERS. And, in fact, because of the way the initiative is written, there's actually a financial hit to CalPERS, mainly in higher cost for your members.

19 Simply put, this initiative has the -- creates a 20 business operating situation where clinics will be driven 21 out of business. They'll have to reduce access, limit 22 care, or actually leave the field of dialysis treatment. 23 The reason for that is because the price limit is set at 24 115 percent of direct patient care costs, but the 25 definition of direct patient care cost is extremely

limited.

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And therefore, Bill Hamm, the former Legislative Analyst for the State of California, and now a economic consultant with the Berkeley Research Group analyzed this initiative, and concluded that as many as 83 percent of clinics would have net operating losses as a consequence of this initiative.

8 That directly affects access and care for your 9 CalPERS members. More importantly, what happens is when a 10 patient is unable to get treatment at a outpatient setting 11 like a dialysis clinic, they're left really no alternative 12 except to go to the hospital. And in most cases, that's 13 the emergency room. And as you know that's probably the 14 most expensive place to receive medical care.

15 That direct affects the cost drivers that affect 16 your health premiums as you've been talking about this 17 afternoon.

So for all these reasons, and the reasons
outlined in my letter, we will be respectfully requesting
you to oppose this initiative. It's dangerous for your
members and costly for CalPERS.

Thank you.

CHAIRPERSON FECKNER: Thank you.

24The next two are Ehteshau Hamid and Terry25Brennand.

I'm sure I butchered that, but I tried not to. 1 2 MR. HAMID: That was a good try. 3 (Laughter.) 4 MR. HAMID: It took me 30 years just how to learn 5 how to spell it, so -б (Laughter.) 7 MR. HAMID: -- so... 8 CHAIRPERSON FECKNER: Mr. Hamid, please. 9 MR. HAMID: Thank you. Thank you very much for 10 letting me speak over here. My name is Ehteshau Hamid. 11 And I am actually a caregiver with Fresenius. And I'd 12 just like to say I oppose this initiative -- this ballot 13 initiative. So that's all I want to say. 14 CHAIRPERSON FECKNER: Thank you. 15 MR. HAMID: Thank you very much. 16 CHAIRPERSON FECKNER: Mr. Brennand. 17 MR. BRENNAND: Mr. Chair and members, Terry Brennand on behalf of SEIU California. 18 I'm not going to 19 belabor you with a discussion about the initiative, per 20 I think that once it's before you, we'll have that se. debate and conversation. 21 22 I want to echo the comments of Ms. Mathur and Ms. 23 Taylor about gathering accurate information about the 24 industry, and what this initiative does relative to the 25 industry when it's before you I think sometime in June.

1 I'd encourage you to look very closely, because even though you have a small one percent of your 2 3 population currently in dialysis, it's one of the fastest 4 growing medical procedures in the entire medical industry. 5 And if it's not a problem for you now, it will be soon. б And this business model is not sustainable for your 7 members, and your health systems. 8 Thank you for your time. 9 CHAIRPERSON FECKNER: Thank you. 10 Seeing no other requests, anything else Ms. 11 Bailey-Crimmins? CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: 12 No, that's it, Mr. Chair. 13 14 CHAIRPERSON FECKNER: All right. Thank you. 15 That brings us to Agenda Item 8, Summary of 16 Committee Direction. Do you have any summaries. 17 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: I have 18 one item, based on the dialysis conversation we just had. 19 We would like to provide a survey or at least some 20 analysis regarding a full dialysis study regarding health 21 outcomes and costs for our members, and to be able to 22 bring that back to you. 23 The question I'd like to ask is, is there a specific time that you'd like that to come before you. 24 25 Ms. Mathur.

1 CHAIRPERSON FECKNER: I don't think there's a 2 time frame. Ms. Taylor said she could wait till August, 3 so... CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: 4 Thank 5 you. б CHAIRPERSON FECKNER: All right. Thank you. 7 Brings us to Agenda Item 9 -- oh, Mr. Jones. 8 Just a second. 9 Yes, sir. 10 COMMITTEE MEMBER JONES: Thank you, Mr. Chair. 11 Yeah, Mr. Chair, I wonder if it would -- and maybe they are planning to do this, but a few of the speakers talked 12 13 about the actual rates the member pays in our proposals. 14 So I wonder if we could get that information also when you 15 come back in June out of pocket? 16 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: Yeah, 17 typically we provide the 100/90 and the 80/80. 18 COMMITTEE MEMBER JONES: Okay. 19 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: And once 20 we know what those are, we will share what that expense is 21 from a member perspective. 22 COMMITTEE MEMBER JONES: Okay. Thank you. 23 CHAIRPERSON FECKNER: Very good. Thank you. Brings us to Agenda Item 9, public comment. 24 Ι 25 have one request from the public. Mr. Fountain, please

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2 MR. FOUNTAIN: Good afternoon. I'm Jerry 3 Fountain. I'm the Chief Financial Officer for the 4 California State Retirees. And I appreciate this 5 opportunity to speak to the Board.

What I would like to do at this time is just make the Board aware of a Senate Joint Resolution that is currently in Appropriations Committee. And the subject of that resolution has to deal with firearms.

10 I'm not going to address anything about fire But contained in that resolution is a statement 11 arms. 12 that the resolution calls upon the California Public 13 Employees Retirement System to engage with companies with 14 which it is invested, that produce and sell fire arms to 15 determine a reasonable method for those companies to 16 withdraw from the production and sale of firearms. And if 17 they're not successful, CalPERS is to produce a plan to 18 divest from those companies.

Provisions under the California Constitution allows the legislature to retain its authority by statute to continue to prohibit investment by the retirement board where it is in the public interest to do so, and provide that provisions satisfy the standards of fiduciary care and loyalty required of a retirement board.

Now having said that, existing law provides under

the California constitution that, "The members of a retirement board of a public pension or retirement system shall discharge their duties with respect to this system solely in the interest of and for the exclusive purpose of providing benefits to participants and their beneficiaries".

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The fiduciary responsibility of this Board under the California Constitution, which vests the sole and exclusive fiduciary responsibilities over the assets of public pension or retirement system is with this Board.

Now having said that, the California -- CalPERS is the largest public retirement pension system in the country investing billions of dollars across multiple asset classes. Investment returns sustain a large portion of CalPERS ability to provide pensions and retirement benefits to its members.

In the 2015 analysis by the Wilshire Association found that provisions -- previous divestment efforts have collectively reduced the present value at that time of the CalPERS portfolio by an estimated \$8.3 billion. Today, we have heard, because of recent divestments, it is over \$10 billion now.

And it's believed that the CalPERS is empowered to fulfill the commitments to its stakeholders and exercise their fiduciary responsibility and not be swayed

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1 by social issues within the investments, and not to allow 2 the legislature to pass any legislation that would direct 3 this Board, one way or another, how to invest in the future of CalPERS and its stakeholders. 4 Thank you. 5 CHAIRPERSON FECKNER: We thank you for your б 7 comments. And staff and the Board will be watching that 8 carefully. 9 Thank you. 10 So seeing other requests to come before us, this 11 meeting is adjourned. 12 (Thereupon the California Public Employees' Retirement System, Board of Administration, 13 Pension & Health Benefits Committee open 14 15 session meeting adjourned at 1:24 p.m.) 16 17 18 19 20 21 22 23 24 25

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