

CalPERS PHM Dashboard for Basic PPO and HMO Health Plans compared with Benchmarks, 2015

Health Plan	PPO Total ¹	PPO Benchmark ³	HMO Total ²	HMO Benchmark ³
Summary Demographics				
Number of Members (average)	238,805		829,820	
Average Age	39.9		34.5	
Gender (% female)	53.5%		52.7%	
Gender (% male)	46.5%		47.3%	
Major Chronic Conditions Prevalence - Percent of Members⁴	Lower is Better			
Asthma	3.75%		3.86%	
Coronary Artery Disease	1.93%		0.84%	
Depression	6.72%		4.73%	
Diabetes	7.58%		6.08%	
Heart Failure	0.28%		0.14%	
Hypertension	12.69%		6.98%	
Clinical Quality Measures⁵ (HEDIS Acronym)⁶	Higher is Better			
Breast Cancer Screening (BCS)	69.06%	69.6%	80.69%	73.2%
Cervical Cancer Screening (CCS)*	67.88%	71.7%	73.40%	74.7%
Colorectal Cancer Screening (COL)*	44.46%	57.1%	53.96%	62.8%
Diabetes – Nephropathy (CDC)*	87.12%	87.4%	87.92%	90.4%
Diabetes – Hemoglobin A1c Testing (CDC)*	84.47%	88.8%	89.03%	90.1%
Coronary Artery Disease – Beta Blocker (PBH)	85.71%	83.8%	86.55%	84.4%
Chronic Obstructive Pulmonary Disease - Pharmacotherapy Management of COPD Exacerbation: Systemic Corticosteroid (within 14 days) (PCE-14)	65.25%	78.2%	77.17%	80.1%
Chronic Obstructive Pulmonary Disease - Pharmacotherapy Management of COPD Exacerbation: Bronchodilator (within 30 days) (PCE-30)	78.81%	78.2%	81.79%	80.1%
Asthma – Percentage with Adherent Use of Asthma Control Medications (MMA-Medication Compliance 50%)	74.37%	77.6%	67.22%	77.7%

Health Plan	PPO Total ¹	PPO Benchmark ³	HMO Total ²	HMO Benchmark ³
Clinical Quality Measures⁵ (HEDIS Acronym)⁶ Cont.	Higher is Better			
Antidepressant Medication Management – Acute Phase (AMM-Acute Phase)	73.14%	66.6%	73.47%	66.4%
Antidepressant Medication Management – Continuation Phase (AMM-Continuation Phase)	60.32%	51.1%	54.79%	50.3%
Use of Imaging Studies for Low Back Pain (LBP)	82.69%	74.9%	85.32%	75.4%
Other Measures	Lower is Better			
Maternity Outcomes				
Cesarean Section Delivery Rates	34.1%		27.7%	
Inpatient and Emergency Room				
Inpatient Admits Per 1,000	53.2		46.8	
Plan All-Cause Readmission Rate (HEDIS PCR)	9.85%	10.9%	10.6%	10.9%
Readmits Per 1,000	2.0		0.8	
Inpatient Average Length of Stay (days)	5.1		4.5	
Emergency Room Visits Per 1,000	150.6		175.59	

Notes:

Excludes Association plans.

PHM: Population Health Management

¹ PPO Total includes: PERSCare, PERS Choice, and PERS Select.

² HMO Total includes: Anthem Total, Health Net Total, Blue Shield Total, Sharp Performance Plus, Kaiser Permanente, and UnitedHealthcare SignatureValue Alliance.

³ Information from National Committee for Quality Assurance (NCQA) "2016 State of Health Care Quality". Only 2015 HEDIS benchmarks are fully available as of December 2017 data query.

⁴ Chronic conditions defined by Truven, difficult in gathering national benchmarks that also uses Truven's definition of chronic conditions.

⁵ As the Clinical Quality Measure analyses are not audited, these are considered "HEDIS-Like" data as opposed to "HEDIS."

⁶ "HEDIS Acronyms" are the three-letter designations used by the NCQA to uniquely identify HEDIS measures.

* "Hybrid measure" for which carriers gather additional information from patients' medical records for HEDIS. "Hybrid measures" are more difficult for HCDSS report accurately due to requirement of additional data sets.