

CalPERS PHM Dashboard for Large Basic HMO Plans, 2016

Health Plan	HMO Total ¹	Kaiser Permanente	Blue Shield Total ²	UnitedHealth care
Summary Demographics				
Number of Members (average)	839,853	478,594	230,706	53,983
Average Age	34.7	35.7	38.3	33.4
Gender (% female)	52.5%	52.7%	52.1%	53.7%
Gender (% male)	47.4%	47.3%	47.9%	46.3%
Major Chronic Conditions Prevalence - Percent of Members	Lower is Better			
Asthma	3.36%	3.57%	3.33%	2.18%
Coronary Artery Disease	0.77%	0.48%	1.38%	0.64%
Depression	4.48%	4.08%	5.72%	2.76%
Diabetes	5.69%	5.12%	7.06%	5.59%
Heart Failure	0.14%	0.10%	0.25%	0.14%
Hypertension	6.37%	4.54%	9.96%	5.86%
Lifestyle Risks (for Kaiser Permanente members only)	Lower is Better			
% of Adults who are Obese ³		43.67%		
% of Children who are Obese ³		7.99%		
% of Adults with Borderline/High Total Cholesterol		Not Available		
% of Adults with Blood Pressure >= 140/90		6.10%		
% of Adults who Smoke		6.64%		
Clinical Quality Measures⁴ (HEDIS Acronym)⁵	Higher is Better			
Breast Cancer Screening (BCS)	80.90%	84.93%	75.49%	76.95%
Cervical Cancer Screening (CCS)*	69.79%	70.85%	68.71%	68.73%
Colorectal Cancer Screening (COL)*	56.05%	57.22%	54.92%	53.59%
Diabetes – Nephropathy (CDC)*	86.98%	86.28%	89.25%	87.09%
Diabetes – Hemoglobin A1c Testing (CDC)*	88.62%	93.44%	84.85%	83.35%

Health Plan	HMO Total ¹	Kaiser Permanente	Blue Shield Total ²	UnitedHealth care
Clinical Quality Measures ⁴ (HEDIS Acronym) ⁵ Cont.	Higher is Better			
Coronary Artery Disease – Beta Blocker (PBH)	81.09%	84.14%	79.25%	76.19%
Chronic Obstructive Pulmonary Disease - Pharmacotherapy Management of COPD Exacerbation: Systemic Corticosteroid (within 14 days) (PCE-14)	81.46%	83.33%	77.95%	66.67%
Chronic Obstructive Pulmonary Disease - Pharmacotherapy Management of COPD Exacerbation: Bronchodilator (within 30 days) (PCE-30)	89.40%	91.03%	88.19%	66.67%
Asthma – Percentage with Adherent Use of Asthma Control Medications (MMA- Medication Compliance 50%)	64.30%	60.92%	69.58%	64.44%
Antidepressant Medication Management – Acute Phase (AMM-Acute Phase)	74.31%	78.41%	69.48%	66.39%
Antidepressant Medication Management – Continuation Phase (AMM-Continuation Phase)	57.26%	58.68%	56.10%	51.34%
Use of Imaging Studies for Low Back Pain (LBP)	85.41%	89.43%	78.69%	82.40%
Other Measures	Lower is Better			
Maternity Outcomes				
Cesarean Section Delivery Rates	27.80%	27.73%	27.86%	26.27%
Inpatient and Emergency Room				
Inpatient Admits Per 1,000	46.8	42.1	60.4	31.0
Plan All-Cause Readmission Rate (HEDIS PCR)	9.11%	8.95%	9.82%	6.99%
Readmits Per 1,000	2.5	1.3	0.9	0.1
Inpatient Average Length of Stay (days)	4.45	3.96	5.25	3.61
Emergency Room Visits Per 1,000	175.48	211.00	122.60	92.34

Notes:

Excludes Association plans. Only health plans with a population size of 50,000 or greater was reported to reduce data variation.

PHM: Population Health Management

¹ HMO Total includes: Anthem Total, Health Net Total, Blue Shield Total, Sharp Performance Plus, Kaiser Permanente, and UnitedHealthcare SignatureValue Alliance.

² Blue Shield Total includes: Blue Shield Access +, Blue Shield Access + EPO, Blue Shield NetValue.

³ "Obese" is defined as Body Mass Index (BMI) ≥ 30.0 .

⁴ As the Clinical Quality Measure analyses are not audited, these are considered "HEDIS-Like" data as opposed to "HEDIS."

⁵ "HEDIS Acronyms" are the three-letter designations used by the National Committee for Quality Assurance to uniquely identify HEDIS measures.

* "Hybrid measure" for which carriers gather additional information from patients' medical records for HEDIS. "Hybrid measure" are more difficult for HCDSS to report accurately due to requirement of additional data sets.