

PERS Select (New): VBID Program Definitions



Anthem Engage

A mobile health app that simplifies the way members receive and record information about their health and plan benefits. The app records activities to qualify for points or rewards, allows members to receive personal health alerts, receive program suggestions that matter to their health, sync up with their fitness devices, track their biometric levels, including body mass index (BMI), blood pressure and cholesterol, access health benefits information, find a doctor or facility in the plan, and get reminders about scheduling, checkups and important tests.



Healthy Pregnancy Program

To encourage the healthy deliveries of newborns, enrolling in a Healthy Pregnancy Program will waive the coinsurance for a delivery.



Credits

Participation in the following may reduce the member's deductible by \$100 per program (\$500 maximum).

Non-Smoking Certification

Promote a healthy lifestyle by offering members a reduction in their deductible when they certify that they are non-smoking.

Biometric Screening (Quest Analytics)

Partnership with Quest Diagnostic to direct members without a physician referral to complete a lab diagnostic screening and receive a reduction in their deductible.

ConditionCare

Members that can be treated by disease management programs are encouraged to actively become Health Action Certified Members. Applicable to member with Asthma (pediatric or adult), Chronic Obstructive Pulmonary Disease (COPD), Coronary Artery Disease (CAD), Diabetes Type 1 or 2 (pediatric or adult), or Heart failure (HF).

Wellness (Flu Shot/Immunizations)

Provide members with a reduction in their deductible when they receive flu shots/immunizations.

Second Opinion (ConsumerMedical)

Members with complex conditions receive a reduction in their deductible if they request a second opinion. Typically, this is for conditions such as: Musculoskeletal, Oncology cases, Neurological, and Rheumatoid (Lupus, Arthritic disease etc.).