

MEETING
STATE OF CALIFORNIA
PUBLIC EMPLOYEES' RETIREMENT SYSTEM
BOARD OF ADMINISTRATION
PENSION & HEALTH BENEFITS COMMITTEE
OPEN SESSION

ROBERT F. CARLSON AUDITORIUM
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SACRAMENTO, CALIFORNIA

TUESDAY, SEPTEMBER 19, 2017

8:02 A.M.

JAMES F. PETERS, CSR
CERTIFIED SHORTHAND REPORTER
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A P P E A R A N C E S

COMMITTEE MEMBERS:

Ms. Priya Mathur, Chairperson

Mr. Michael Bilbrey, Vice Chairperson

Mr. John Chiang, represented by Ms. Jeree Glasser-Hedrick

Mr. Rob Feckner

Mr. Richard Gillihan

Ms. Dana Hollinger

Mr. Henry Jones

Ms. Theresa Taylor

Ms. Betty Yee, represented by Mr. Alan Lofaso

BOARD MEMBERS:

Mr. J.J. Jelincic

STAFF:

Ms. Marcie Frost, Chief Executive Officer

Ms. Liana Bailey-Crimmins, Chief Health Director

Mr. Matt Jacobs, General Counsel

Ms. Donna Lum, Deputy Executive Officer

Ms. Kathy Donneson, Chief, Health Plan Administration

Mr. Gary McCollum, Senior Life Actuary

Mr. CJ Nakayama, Manager, Longer-Term Care Program

Ms. Cheree Swedensky, Committee Secretary

A P P E A R A N C E S C O N T I N U E D

ALSO PRESENT:

Mr. Tim Behrens, California State Retirees

Ms. Cathy Jeppson, California Teachers Association,
California Faculty Association

Ms. Donna Snodgrass, Retired Public Employees Association

Mr. Larry Woodson, California State Retirees

I N D E X

	PAGE
1. Call to Order and Roll Call	1
2. Executive Report(s)	2
3. Consent Items	12
Action Consent Items:	
a. Approval of the August 15, 2017, Pension and Health Benefits Committee Meeting Minutes	
4. Consent Items	12
Information Consent Items:	
a. Annual Calendar Review	
b. Draft Agenda for November 14, 2017, Pension and Health Benefits Committee Meeting	
Information Agenda Items	
5. Long-Term Care Program Semi-Annual Report	12
6. CalPERS PPO Plans: Working Towards Optimizing Healthcare Outcomes	23
7. Summary of Committee Direction	41
8. Public Comment	42
Adjournment	64
Reporter's Certificate	66

1 P R O C E E D I N G S

2 CHAIRPERSON MATHUR: Good morning, everyone. I'm
3 going to call the Pension and Health Benefits Committee
4 meeting to order. The time is 8:02.

5 The first order of business is to call the roll.

6 COMMITTEE SECRETARY SWEDENSKY: Priya Mathur?

7 CHAIRPERSON MATHUR: Good morning.

8 COMMITTEE SECRETARY SWEDENSKY: Michael Bilbrey?

9 VICE CHAIRPERSON BILBREY: Good morning.

10 COMMITTEE SECRETARY SWEDENSKY: Jeree

11 Glasser-Hedrick for John Chiang?

12 ACTING COMMITTEE MEMBER GLASSIER: Good morning.

13 COMMITTEE SECRETARY SWEDENSKY: Rob Feckner?

14 COMMITTEE MEMBER FECKNER: Here.

15 COMMITTEE SECRETARY SWEDENSKY: Richard Gillihan?

16 COMMITTEE MEMBER GILLIHAN: Here.

17 COMMITTEE SECRETARY SWEDENSKY: Dana Hollinger?

18 COMMITTEE MEMBER HOLLINGER: Here.

19 COMMITTEE SECRETARY SWEDENSKY: Henry Jones?

20 COMMITTEE MEMBER JONES: Here.

21 COMMITTEE SECRETARY SWEDENSKY: Theresa Taylor?

22 Alan Lofaso for Betty Yee?

23 ACTING COMMITTEE MEMBER LOFASO: Here.

24 CHAIRPERSON MATHUR: Well, it looks like we have
25 a quorum, so we'll get right into the meat of the agenda.

1 First order of business is Executive Report.

2 DEPUTY EXECUTIVE OFFICER LUM: Good morning,
3 Madam Chair, members of the Committee. Donna Lum, CalPERS
4 team member. This morning I have a couple of updates that
5 I'd like to share with you.

6 And first off, I'd like to give you an update on
7 some recent activities that our team members across the
8 organization have had related to the recent hurricanes.
9 As you know, over the last couple of weeks, Florida,
10 Texas, and surrounding states have been recovering from
11 the devastation of the hurricanes. And following
12 Hurricane Irma and Harvey, our teams contact -- did some
13 outreach and to about 170 retirees that were impacted in
14 the zip codes by those -- by the two hurricanes.

15 We reached out to find out whether or not they
16 had received their August warrant. And then we also
17 wanted to find out if they anticipated that they would be
18 impacted in receiving their September warrant.

19 And luckily, we were able to reach more than 50
20 percent of the members by using the contact information
21 that we had on file. We left messages for about 25
22 percent of the members -- the additional members. And
23 unfortunately, we weren't able to reach the other 25
24 percent. However, we are still conducting outreach to try
25 to reach them with the contact information that we have.

1 I am pleased to share with you that approximately
2 90 percent of our retirees currently have direct deposit.
3 And as we were doing our outreach to the impacted members,
4 we were able to move several of them from their paper
5 warrant to direct deposit. And just emphasizing the 170
6 retirees that we reached out to are members or retirees
7 that were currently receiving paper warrants and not on
8 direct deposit.

9 In our efforts, we were able to do a couple of
10 things. We were able to wire transfer dollars for those
11 that were able to confirm hadn't received money. We were
12 able to change banking accounts and route money to
13 existing banks that they had access to. And more
14 importantly, we were able to get information in a variety
15 of ways to ensure that they would not be impacted by not
16 having the funds.

17 We are continuing to do more aggressive
18 communication and outreach to our retiree membership.
19 Being able to use these hurricane disasters as an example
20 of hopefully being able to transition the other 10 percent
21 of the retirees that are continuing to receive paper
22 warrants. So I think that this was, you know, an
23 excellent effort among a number of our team members in the
24 outreach. And I can speak for the team members that made
25 calls that were able to actually reach the individuals

1 that our members really did express a great deal of
2 gratitude and appreciation.

3 It's a difficult time that they were
4 experiencing, and to know that CalPERS had their best
5 interests in hand in wanting to make sure that they
6 received their retirement warrant.

7 So that's the first update.

8 Next -- yes, I'm sorry.

9 CHAIRPERSON MATHUR: No, I just wanted to say
10 thank you -- I just wanted to express my thanks to you and
11 the whole team for really going above and beyond to try to
12 reach all of these members, because in such a precarious
13 situation, the last thing you need is for the funds to run
14 dry, and particularly when you're trying to get out of
15 town or find a place to live temporary. And so it really
16 means a lot, I think, to our members.

17 DEPUTY EXECUTIVE OFFICER LUM: Thank you.

18 And then secondly, we are in full swing with open
19 enrollment. And we've completed the first week, which ran
20 from September 11th through September 15th. And I'm happy
21 to share with you that we've experienced a number of
22 improvements in the customer contact center, when we
23 compare our performance of the first week this year versus
24 last year.

25 And just to give you a couple of examples.

1 Although we did experience a one percent increase in the
2 number of calls -- we had about 200 additional calls over
3 last year. Despite the increase in volume, our average
4 wait time improved by 70 percent. Last year, during the
5 same time, the average wait time was about three minutes
6 and 22 seconds. And we are averaging less than a minute
7 in the first week of open enrollment.

8 Secondly, our service level -- our established
9 service level is to answer 80 percent of the incoming
10 calls in 60 seconds or less. In this area, we improved by
11 59 percent over last year, from 59 percent to 74 percent.
12 And again, this was a -- nearly a 26 percent improvement.
13 So our members are waiting less time on the call.

14 And then lastly, we do track the number of, what
15 we call abandoned calls. These are a percentage of calls
16 in which the member calls into the contact center, but
17 either, you know, decides on their own to hang up the call
18 or feels that the wait time might be too long. Last year,
19 we had a four percent abandonment rate call during the
20 first week of open enrollment, and this year we're down to
21 one percent.

22 So we believe that a lot of the proactive
23 planning that we did in anticipation of open enrollment,
24 our enhanced training to our contact center agents, the
25 work that we've done with our employers to help their

1 members -- their employees use the my|CalPERS on-line
2 access to be able to access their open enrollment
3 materials, as well as the partnership that we've had with
4 a number of our retiree associations who have also been
5 assisting the retirees and -- with information for open
6 enrollment, I think all of those things have aided in a
7 successful week. And we're certain that we will finish
8 the entire open enrollment with a number of positive
9 impacts.

10 And then lastly, I wanted to wrap-up this year
11 and give you a final update on our CalPERS Benefit
12 Education Events. We concluded the calendar year with our
13 last event last week, September 15th and 16th in Garden
14 Grove. The last time we were in Orange County, it was in
15 2015. And again, it was another successful event. We had
16 a 37 percent increase in the attendance.

17 As we've seen with all of the CBEEs this past
18 year, we've had a great number of success in terms of the
19 number of attendees. And when we look back at the nine
20 events that we conducted this year, we were able to
21 educate and provide assistance to more than 12,500
22 attendees. These events are very important. They enable
23 our members to come and interact face-to-face with our
24 team members. And we also did a lot of education and a
25 lot of demonstration on my|CalPERS, really promoting the

1 on-line accessibility for our members.

2 One of the things that we experienced in Garden
3 Grove again, and I think we did in one of our other CBEEs,
4 is we were able to assist a member right there on the
5 exhibition floor with doing a end-to-end retirement
6 application from establishing the account, to assisting
7 with the actual application, and processing it through.

8 So we will continue with our CBEE schedule. We
9 have our events kicking off in January. The first CBEE
10 that we have scheduled will be in San Luis Obispo on June
11 26th and 27th. The remainder of the CBEE schedule is on
12 the CalPERS on-line website.

13 And, Madam Chair, that completes my report.

14 CHAIRPERSON MATHUR: January 26th and 27th?

15 DEPUTY EXECUTIVE OFFICER LUM: Yes. I'm sorry,
16 what did I say?

17 CHAIRPERSON MATHUR: You said June.

18 (Laughter.)

19 DEPUTY EXECUTIVE OFFICER LUM: Oh. January.

20 CHAIRPERSON MATHUR: Terrific.

21 DEPUTY EXECUTIVE OFFICER LUM: Thank you.

22 CHAIRPERSON MATHUR: Thank you very much, Ms.

23 Lum.

24 Ms. Bailey-Crimmins.

25 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: Good

1 morning, Madam Chair and members of the Committee. Liana
2 Bailey-Crimmins, CalPERS team member. For my opening
3 remarks, I have four items that I'd like to provide you
4 and update. Many of them actually complement what Ms. Lum
5 just provided you.

6 CalPERS and OptumRx have partnered to increase
7 the support for our health care members affected by the
8 Hurricane Harvey and by IRMA. Also, I would like to
9 provide you an update on the 2018 open enrollment, and
10 then the new health contract solicitations that are
11 currently under way, and then lastly the employer outreach
12 efforts that are scheduled for September.

13 So the first one is CalPERS' members are our
14 number one priority. So over the past month, the country
15 has come together in light of devastation that has hit
16 many families. And CalPERS specifically has approximately
17 2,000 PPO basic members in Texas and in Florida. To
18 ensure that CalPERS members living in those impacted areas
19 have a piece of mind that their medication needs are being
20 met, OptumRx has taken the following proactive steps:

21 First, they have lifted the refill too soon and
22 the drug utilization review edit requirements for 60 days.
23 Also, CalPERS has agreed to allow OptumRx to override
24 medications on a case-by-case basis, and at the discretion
25 of a pharmacist, and when it's clinically necessary.

1 For BriovaRx and BriovaRx Infusion Services,
2 Briova actually has been very proactive. They've called
3 members residing within those impacted areas, specifically
4 related to their specialty medication refills coming due
5 within the next 14 days. The goal is to determine how and
6 where the members want to receive their medications.

7 In addition to calling the members, Briova has
8 also faxed all of the retail pharmacies in the Florida and
9 Texas member networks, and made sure that they are aware
10 of this need to refill too soon, and also emailed members
11 where we had email addresses on file informing them of
12 what to do and how to contact them.

13 And then for 2018, the open enrollment obviously
14 is underway, and we have expanded our communication. So
15 in addition to written, we have now -- we are now using
16 email. And so we have sent three emails -- or we plan to
17 send three emails to all the CalPERS members regarding
18 open enrollment. In August, we sent an email to
19 subscribing members on releasing the on-line health plan
20 statements in my|CalPERS.

21 A second email was actually just sent last week
22 informing members that open enrollment is underway. And
23 then the last one will come next week to remind everyone
24 that open enrollment will close October 6th.

25 And then for August 28th through the first week,

1 we just completed as Ms. Lum mentioned, we've had over
2 57,000 members access health information via their
3 my|CalPERS account. This is a 17 percent increase over
4 2016. And as in previous years, open enrollment and
5 eligibility teams receive about 5,000 to 70 inquiries
6 during this period. And with just wrapping up the first
7 week, there have been nearly 2,200 transactions. And
8 those transactions, 83 percent of them were to make plan
9 changes.

10 For contract updates, CalPERS utilizes a
11 third-party administrator to collect health information
12 for our 1.4 million total covered lives. We use this data
13 specifically related to making sure for health care trends
14 and premiums and looking at data over a 10-year period.
15 Our current agreement expires November of 2018. And we
16 want to make sure we have enough time to Transition and
17 implement the new system.

18 So we have released the data warehouse
19 solicitation on August 18th. We are looking for technical
20 data warehouse administration services, and actuarial
21 analytical services. We anticipate an award date of April
22 of 2018.

23 And then for 2019 through 2023, HMO procurements.
24 Yesterday, we released our HMO solicitations to current
25 health plans doing business with CalPERS, and also others

1 that have shown interest. A friendly reminder, CalPERS
2 will be soliciting the HMO and PPO contracts on separate
3 cycles. And the current timeline has us bringing the
4 contracts for Board approval in February of 2018, which
5 will be the catalyst for the plans to enter into the 2019
6 premium negotiations.

7 And for employer outreach, the CalPERS Health
8 Program holds quarterly health policy discussions with our
9 employers. Upcoming health policy initiatives are things
10 that we talk about open enrollment, summary of benefit
11 changes. And our next policy discussion is scheduled for
12 September 29th at the Walnut Creek Regional Office. And
13 currently, the employer response is very positive, and we
14 have over 41 participants currently registered. And the
15 number continues to go up every single day.

16 And in closing, I want to personally thank the
17 Board members, the employers, retirees, the CalPERS team
18 members that joined us on September 12th at the CalPERS
19 Health Care Summit. CalPERS partnered with the National
20 Coalition on Health Care to bring the who's who of health
21 policy and innovators to discuss how health care
22 affordability and coverage means something to all of us.

23 And it was a great day filled with shared
24 perspectives from economists, providers, purchasers,
25 health plans, and others just to name a few. Again, thank

1 you for everyone that participated.

2 And, Madam Chair, that concludes my opening
3 remarks.

4 CHAIRPERSON MATHUR: Thank you very much.

5 Any questions from the Committee?

6 Seeing none. We'll move on to Agenda Item number
7 3, Approval of the Minutes

8 COMMITTEE MEMBER JONES: Move it.

9 VICE CHAIRPERSON BILBREY: Second.

10 CHAIRPERSON MATHUR: Moved by Mr. Jones, seconded
11 by Mr. Bilbrey.

12 Any discussion on the minutes?

13 Seeing none.

14 All those in favor say aye?

15 (Ayes.)

16 CHAIRPERSON MATHUR: All those opposed?

17 Motion passes.

18 I've had no requests to pull anything off of
19 Agenda Item 4.

20 So we'll move right into Agenda Item 5, long-Term
21 Care Program Semiannual Report.

22 Ms. Donneson.

23 (Thereupon an overhead presentation was
24 presented as follows.)

25 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

1 current program offering, customer service, and then I'll
2 be available for questions. Moving on to the program
3 updates.

4 --o0o--

5 LONG-TERM CARE PROGRAM MANAGER NAKAYAMA: I'd
6 first like to say that over the last few years we have
7 greatly stabilized the program. And I'd like to thank the
8 Committee, as well as the stakeholders, for their
9 continued support. From June 2013 through June 30th of
10 2016, we had a funded status of over 100 percent, and a
11 positive margin. This has been since the implementation
12 of the stabilization plan.

13 The current funded status and margin as of June
14 30th, of 2017 will be presented in the 2017 annual
15 valuation, which will be presented later this year.

16 I'd like to draw your attention to attachment 2,
17 slide 3, key statistics. Since our last report, we have
18 had a decrease of approximately 2,000 participants to just
19 over 128,000. The primary reasons for this decrease were
20 due to death, but they were also due to voluntary
21 disenrollment, nonpayment, and benefit exhaustion.

22 Additionally, our current funded status has gone
23 from -- has grown from 4.2 billion to 4.4 billion since
24 the last report.

25 Moving on to claims that are in attachment 2,

1 slide 5, our claims analysis indicated the average length
2 of claim was 3.4 years, and that the majority of our
3 claims came from our original product series that was
4 offered from 1995 to 2002. This is to be expected based
5 on the population of that original product series.

6 Then we move on, and we looked at who we are
7 providing benefits to and how much we were providing.
8 This is where we can really tell that we have a meaningful
9 coverage that provides meaningful benefits to our
10 participants. As of June 30th, 2017, we had over 7,200
11 people in claim, and paid, in the first six months of
12 2017, approximately \$149 million. Since the program's
13 inception, we have paid over \$2.2 billion in benefits.

14 Then we looked at the claims to see if anybody
15 received any discounts from our preferred provider
16 network. Our preferred provider network is something
17 that's contractually required of our TPA. It currently
18 has 1,975 contracted providers that provide anywhere from
19 a 5 to 20 percent discount.

20 When we looked at the people in claim, and
21 analyzed who was utilizing these contracted providers, we
22 found approximately two percent of the participants in
23 claim utilized these providers for an approximate annual
24 savings of \$1.2 million.

25 Moving on to the daily benefit amount purchase

1 option, on attachment 2, slide 10.

2 CHAIRPERSON MATHUR: Can I ask you to just
3 forward the slides, so that the audience can see also?

4 LONG-TERM CARE PROGRAM MANAGER NAKAYAMA: Oh,
5 this in reference to the attachment 2, the presentation is
6 just -- it has the highlights that we're covering.

7 CHAIRPERSON MATHUR: Oh, I see. It's not in --
8 okay. Thank you.

9 LONG-TERM CARE PROGRAM MANAGER NAKAYAMA: Not a
10 problem.

11 CHAIRPERSON MATHUR: Okay.

12 Sorry to interrupt you flow there.

13 LONG-TERM CARE PROGRAM MANAGER NAKAYAMA: Oh, no.
14 No worries. No worries.

15 Moving on to the daily benefit purchase option
16 that's on attachment 2 of -- or slide 10 of attachment 2.
17 We were tasked with that initiative by the Board in
18 October of 2012, and it provided eligible participants the
19 ability to purchase the daily benefit that they lost due
20 to mitigating a rate increase without being subject to
21 underwriting. We mailed this offer in April of 2017, and
22 we mailed approximately 1,400 offers, 473, or
23 approximately one-third, accepted this.

24 Now to talk about our long-term care
25 solicitation. We recently presented this to the Board in

1 June, so I'll be brief. The solicitation tack over a year
2 with the contract award, as I said, in June of 2017. We
3 feel that the overall solicitation was a success, and that
4 we obtained a more favorable contract. And we also
5 decreased the complexity of the contract by obtain -- by
6 negotiating a single per member per month price for all
7 the services within. The contract will become effective
8 January 1st of 2018.

9 Now, we will move on to our current program
10 offering --

11 --o0o--

12 LONG-TERM CARE PROGRAM MANAGER NAKAYAMA:

13 -- which is LTC4. This offering was opened for
14 enrollment as of December of 2013. And over the last
15 year, we have expanded eligibility to align with Internal
16 Revenue Code 26 USC 7702B. This allows us to outreach to
17 all prospective participants allowed under the Internal
18 Revenue Code for a State run long-term care plan.

19 Since opening the program, we've received almost
20 3,500 applications. And our current enrollment is over
21 2,000 in our current LTC4 plan. We continue to try to
22 increase enrollment through various marketing efforts. We
23 are primarily focused on employer benefit health fairs,
24 CalPERS Benefit Education Events, and the CalPERS
25 Educational Forum for Employers.

1 As we close-out this year, part of the
2 negotiations during the solicitation, the third-party
3 administrator will now have marketing supports in place to
4 assist us in our outreach efforts.

5 At this time, I will move on to customer service.
6 This begins on attachment 2, slide 15.

7 --o0o--

8 LONG-TERM CARE PROGRAM MANAGER NAKAYAMA: Our
9 third-party administrator receives approximately 10,000
10 calls per month. These are split between three
11 categories, customer service, claims, and rate increase.
12 The rate increase call volume is negligible as we have not
13 had a rate increase since 2016. And the remainder of the
14 calls were split fairly evenly between customer service
15 and claims.

16 One thing that's very important when we look at
17 customer service is customer satisfaction. Following
18 someone's phone call to our third-party administrator,
19 they are asked to take an optional survey. This optional
20 survey is rated on a scale from 1 to 5, with 5 being the
21 best.

22 We looked at three different areas: The overall
23 rating, the ability of the representative to understand
24 and resolve the issue, and the overall courtesy and
25 professionalism of the representative. When we analyzed

1 and tabulated the scores of a 4 or greater, across all
2 three of these categories, there was one to two percent
3 increase.

4 This concludes my presentation on the customer
5 service section. We've also covered program updates and
6 the current program offering. I'd like to thank the
7 Committee for their time today. This completes my
8 presentation, and I'm available for questions.

9 CHAIRPERSON MATHUR: Thank you very much, Mr.
10 Nakayama. We do have a question. Mr. Jones.

11 COMMITTEE MEMBER JONES: Yeah. Thank you, Madam
12 Chair.

13 My question relates to the causes for termination
14 in terms of the exhausted benefits. And I was just
15 wondering are the members included in this category
16 because their value of their plan was exhausted or is it
17 because they selected a shorter term coverage period, or
18 what are some of the disaggregated information in there?

19 LONG-TERM CARE PROGRAM MANAGER NAKAYAMA: When
20 a -- when a participant elects their plans, after there --
21 there's lifetime plans, and there's no defined benefit
22 there, but the remainder of the plans have a defined term
23 three, six, or ten years, and that equate -- that adds up
24 to a total coverage amount.

25 Once that total coverage amount has been

1 exhausted, they no longer have any coverage. In essence,
2 they've used up their plan.

3 COMMITTEE MEMBER JONES: And so are the majority
4 of the members there the three-year category or the
5 six-year category.

6 LONG-TERM CARE PROGRAM MANAGER NAKAYAMA: I do
7 not have that information at this time.

8 COMMITTEE MEMBER JONES: Okay.

9 LONG-TERM CARE PROGRAM MANAGER NAKAYAMA: We
10 could get it, if you'd like.

11 COMMITTEE MEMBER JONES: Okay, please.

12 CHAIRPERSON MATHUR: I think that would be --
13 that would be interesting to the Committee to have a sense
14 of sort of how it breaks down a little bit more.

15 Thank you.

16 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

17 DONNESON: Madam Chair, I would like to also speak the
18 partnership policies that are one to two years that are
19 offered between CalPERS and Department of Public Health.
20 So we do have shorter term policies than three years, and
21 we'll look at that as well.

22 CHAIRPERSON MATHUR: Thank you.

23 That sparked a couple other questions. Mr.
24 Lofaso.

25 ACTING COMMITTEE MEMBER LOFASO: Thank you, Madam

1 Chair.

2 Just one questions. Thank you very much for your
3 presentation. So if I look at slide 6 and slides 3, I see
4 decreasing enrollment and increased claims. Should I be
5 concerned about that or are there other variables that I
6 should think about?

7 LONG-TERM CARE PROGRAM MANAGER NAKAYAMA: These
8 have been -- it's been presented in the past. There's a
9 chart that has how claims would be rising and how
10 enrollment would be decreasing based on when participants
11 came in.

12 When we look at the overall health of our fund,
13 we really do look to the funded status, as well as the
14 margin. And those have been over a hundred percent and
15 the margin positive for -- since 2013 after the
16 stabilization.

17 ACTING COMMITTEE MEMBER LOFASO: So perhaps other
18 variables are the length of the claim, the savings from
19 the preferred providers, those kinds of things?

20 LONG-TERM CARE PROGRAM MANAGER NAKAYAMA:
21 Correct.

22 ACTING COMMITTEE MEMBER LOFASO: Thank you.

23 CHAIRPERSON MATHUR: Thank you.

24 Mr. Jelincic.

25 BOARD MEMBER JELINCIC: You mentioned that only

1 two percent of our people are using the preferred
2 provider. Have we done any work to find out why so few
3 are using it? Are people aware of it? Do we know
4 anything about that?

5 LONG-TERM CARE PROGRAM MANAGER NAKAYAMA: We
6 have -- we haven't dug into those analytics. We have done
7 articles in our long-term care newsletter that goes out to
8 all the people letting them know of our preferred provider
9 network. Within the long-term care scene, many people
10 like specifically choosing who's going to serve them. And
11 unless those people are on the contracted network, then
12 the people won't be using them.

13 BOARD MEMBER JELINCIC: And when you do that
14 outreach, do you point out that the member can save money?
15 It's not just the system that saves money, it's their
16 pocket book that is being impacted?

17 LONG-TERM CARE PROGRAM MANAGER NAKAYAMA: We
18 point out that there's discounts on the services that they
19 receive and the prices that they pay.

20 BOARD MEMBER JELINCIC: And do we point out that
21 the discount goes to them?

22 LONG-TERM CARE PROGRAM MANAGER NAKAYAMA: Yes,
23 it's a reimbursement program.

24 BOARD MEMBER JELINCIC: Okay. Thank you.

25 CHAIRPERSON MATHUR: Okay. Thank you very much.

1 LONG-TERM CARE PROGRAM MANAGER NAKAYAMA: Thank
2 you.

3 CHAIRPERSON MATHUR: So that's going to bring us
4 to Agenda Item number 6, CalPERS PPO plans.

5 (Thereupon an overhead presentation was
6 presented as follows.)

7 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

8 DONNESON: Madam Chair, members of the Pension and Health
9 Benefits Committee, Kathy Donneson, CalPERS team.

10 We have, in the past, been talking about looking
11 at our plan designs to incorporate a value-based insurance
12 design into one of our PPO plans, and we will continue
13 that dialogue today.

14 But in looking at our PPO plan for PERS Select as
15 a potential VBID design, we have also looked at our
16 PERSCare and PERS Choice plans as well to see how they
17 align in position.

18 --o0o--

19 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

20 DONNESON: As a background for our agenda today, we will
21 be discussing the background. And I want to spend a
22 little bit of time talking about the historical
23 development of our PPO plans. We will also talk about the
24 effect of the -- how we look at the three plans together
25 rather than just a VBID plan as a separate in isolation.

1 And finally, we're going to look at just a little tiny bit
2 at how risk adjustment affects the Select plan in terms of
3 the premium and where we may want to position the VBID
4 plan in terms of risk adjusting or not risk adjusting.

5 And I have Mr. Gary McCollum with me today to
6 talk about any actuarial information you'd like to have.

7 So I want to move on to the history of our PPO
8 plans. In 1989, we stood up the PERSCare plan as a
9 self-funded PPO plan with a 90/10 benefit, that is 90
10 percent of the cost share -- after cost share was borne by
11 the employer and 10 percent by the member.

12 --o0o--

13 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

14 DONNISON: In 1993, we added the PERS Choice plan. Again,
15 the share of cost was, after -- the employer contributions
16 after-share of cost was 80 percent for the employer and 20
17 percent for the employee. In 2008, we stood up the PERS
18 Select plan as a self-funded plan. And we did that as we
19 looked at a narrower network for hospitals. And it still
20 had that 80 percent, 20 percent contribution level between
21 employees and employers.

22 But if they used -- if they went and used a tier
23 2 hospital instead of a tier 1 hospital, which was the
24 lower cost hospital in the network, that then became a
25 cost share of 70 percent and 30 percent.

1 As our plans have developed over time, and as we
2 have looked at continuing to add value to the PPO plans,
3 between 2007 and 2010, we really started to focus on the
4 population health of the plan, not just the disease
5 management within the plan. We looked at those services
6 that might better serve the healthier population to keep
7 them healthy, preventive services. We looked at generic
8 versus brand -- preferred brand and non-preferred brand.
9 We looked at the integration and consolidation of
10 providers into integrated health models.

11 So there is a foundation in terms of population
12 health, integrated health models, redesign of our pharmacy
13 programs, and a value-based purchasing design approach.
14 And we want to continue that, and we are continuing that.

15 In terms of our value-based purchasing design at
16 the time we looked at the health of the population, we
17 also looked at the cost and where services were being
18 delivered. And we did that because we wanted patient
19 safety and quality to be remain -- to be constant or
20 improve, and that the only thing we would vary as we moved
21 our members -- guided our members to different locations
22 for services would be the cost component.

23 In 2011, we implemented the value-based
24 purchasing design for hip and knee replacement surgeries.
25 And that has proven to be a good -- a success, in that we

1 are paying the actual price for those services at a fixed
2 price.

3 In 2012, we expanded our value-based purchasing
4 design, again holding cost and quality constant to seek
5 better services in ambulatory surgery care centers and
6 outside of the more expensive outpatient hospital
7 services. And in 2018, you gave us permission to go ahead
8 and continue to expand that component of value-based
9 purchasing.

10 We are also now, in 2018, looking at medical
11 pharmacy. And again, you allowed us to improve our plan
12 design such that we would be guiding our members to lower
13 cost providers in terms of provider administered
14 pharmaceuticals, out of the more expensive outpatient
15 hospital and into the less expensive physician's office
16 infusion center and home.

17 We now come to continuing to look at value-based
18 insurance design. And that is looking at our benefits as
19 an insurance product, and how to align those benefits to
20 guide our members to higher value care away from lower
21 value care.

22 And in looking at where we are going to -- in --
23 through this presentation, we're going to be looking at
24 the value-based insurance design. But again, I'd like you
25 to bear in mind that value is not just about insurance,

1 cost quality, but it's also about whether a procedure or
2 not is necessary.

3 We are not here today to talk about the overuse
4 or underuse of misuse of services. But as we look at our
5 benefit design, I would like us all to bear in mind that
6 that is one of our strategic planning initiatives that we
7 will continue to review going forward.

8 --o0o--

9 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

10 DONNESON: As we looked at a possible VBID design, we
11 looked to Connecticut and Minnesota in terms of how they
12 were using a value-based insurance design. And we looked
13 at it in the context of how we were doing value-based
14 purchasing. And we -- in comparing those three
15 approaches, which you'll find in attachment 1, we felt
16 that some of the constraints for the Connecticut and the
17 Minnesota approaches might be difficult to implement.
18 Whereas, we have experience with implementing purchasing
19 designs and insurance designs.

20 And so we believe that the approach we're putting
21 forward is a CalPERS-unique approach, incorporates the
22 ideas from those other two states, but it becomes a unique
23 approach through CalPERS.

24 In looking at redesigning the PERS Select VBID,
25 in January, when we had the CalPERS off-site, we looked at

1 the idea that we could do insurance design that would give
2 the PPO Select, if it became a VBID, the attributes of an
3 HMO without being an HMO, therefore available to 58
4 counties within California.

5 And we continue to look at that design in terms
6 of what do we -- how would we guide our members to value
7 care. And we talked about the -- our current TPA is
8 Anthem and the enhanced personal care program, which has
9 an attribution model. That is, our members voluntarily
10 attribute to a primary care physician. But as you know,
11 they can go outside of primary care. They can go direct
12 to specialists. They actually could go direct to an
13 orthopedist that may direct them to surgeries within a
14 hospital.

15 So as we looked at a value-based approach for
16 Select, we would include such things as mandatory
17 attribution to a primary care. That would be a VBID
18 provider who would direct the care up to other VBID
19 services.

20 We also looked at the idea of providing
21 deductible credits if they chose to do healthy approaches
22 to their own care, which would include a health risk
23 assessment, smoking cessation program, if they had a
24 chronic condition, that they would participate in chronic
25 condition programs on a more mandatory versus voluntary

1 basis.

2 We also talked about the idea that we could
3 direct them to laboratories for chronic conditions, such
4 as regular six-month checks on hemoglobin A1Cs. And if
5 they went to those laboratories, they would get a reduced
6 cost share.

7 So we discussed many of those ideas in January,
8 and we put out just a sample matrix on how to look at
9 insurance design as the Select product, and then as the
10 VBID product. But as we looked at those -- that specific
11 design, we also thought how do we compare our PERS Choice
12 plan and our PERSCare plan to a VBID design?

13 And that -- you will see that we have arrayed the
14 three PPO plans in attachment 2. Again, we -- this is
15 part of conceptualizing a VBID plan, but aligning it to
16 our Choice plan and our Care plan.

17 And as we move forward, we would be bringing back
18 a more solidified approach in terms of using not just our
19 internal actuary, but our external actuaries, and the
20 Anthem actuaries to not only just look at the three plans
21 in alignment for insurance design, but how did they
22 benchmark against what other employers are doing.

23 I would also like to turn to Mr. McCollum to just
24 briefly, very briefly, touch upon the effect of risk
25 adjustment on the three plans though Choice tends to

1 plan with its current members. After we risk adjust it,
2 that premium goes up to 661. That's an indication that
3 the PERS Select plan currently has younger and healthier
4 lives in it, and it gets risk adjusted up.

5 Now, the PERSCare plan is the exact opposite.
6 The PERSCare plan has older less healthy lives in it, and
7 it's premium by itself is over \$1,000 there. And after
8 risk adjustment, it goes down to 776.

9 Now, those two risk-adjusted premiums, 661 and
10 776, align with the value of the plans compared to each
11 other. The Select plan has a different network. It's a
12 narrow network that's more efficient, and a slight benefit
13 difference in the tiered hospitals.

14 The PERSCare plan has a richer benefit, so it
15 should cost more, and it does. And that difference there
16 is about 18 percent. And that reflects the difference
17 between the plans in their benefit designs and their
18 network differentials.

19 So that's my brief discussion on risk adjustment.
20 I'll pass it back to Kathy.

21 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

22 DONNISON: Moving on to what will be our next steps.

23 --o0o--

24 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

25 DONNISON: We will continue to engage the actuarial teams

1 within CalPERS, the external actuary consulting firm and
2 the Anthem actuaries. And that will take us about a month
3 or so to do the real analytics, and to flesh this out a
4 little more in terms of the three plans and how they
5 relate to each other, and then how it -- how those two
6 plans, Care and Choice, would relate to Select as a VBID
7 plan.

8 So we will take some time during the next few
9 months to flesh that out fully and come back in December
10 with an update to the Board.

11 I believe that since we are looking at insurance
12 design and benefit design, it is possible to develop some
13 of the -- to develop a VBID insurance design for 2019, and
14 we would continue to explore that with you into February,
15 and then also continue to look at premiums associated with
16 not just a VBID, but the other PPO plans as well.

17 That concludes my report, and we're happy to
18 answer questions.

19 CHAIRPERSON MATHUR: Thank you.

20 Before I turn to questions, I just do want to say
21 that I think, you know, this VBID option is really -- I
22 think the Board has expressed -- the Committee and the
23 Board has expressed great interest in this, particularly
24 as you noted, I just want to highlight, this -- you know,
25 in the rural -- in a lot of the rural counties where we've

1 been unable to offer a true HMO. We've tried different
2 things, and EPO in some counties. But it's been very hard
3 to get a true HMO structure.

4 And so this could provide an alternative that is
5 very HMO like, and so would help sort of solve -- bridge
6 that gap in those counties which currently don't have
7 access to each HMOs. So I think it's very attractive and
8 depend -- obviously, the devil is in the details, and
9 we'll continue working on that.

10 But to the extent that we can offer something
11 meaningful to our members, I think -- I think there will
12 be some appetite for that.

13 I do have a couple questions from the Committee.
14 So, Mr. Jones.

15 COMMITTEE MEMBER JONES: Yeah. Thank you, Madam
16 Chair.

17 Yes, Ms. Donneson, I'm looking at the -- what you
18 provided to us on the value-based insurance design. From
19 a historical point of view, you talked about Connecticut,
20 PERS Select and then the Minnesota design. And I was
21 looking at the CalPERS pros and cons, and it's kind of
22 striking that -- I guess my question is what do you plan
23 to do to deal -- going forward to deal with the cons?
24 You've got -- it may lower prem -- may not lower premiums
25 enough to satisfy employees -- employers; higher employee

1 cost burden for use of hospital facilities for Care;
2 members avoid Care because of higher cost share; member
3 confusion and dissatisfaction.

4 So those are some serious cons in terms of going
5 forward. So I just would like to get a sense of how you
6 plan to deal with those going forward.

7 CHAIRPERSON MATHUR: Mr. Jones, I'm sorry, were
8 you referring to attachment 2 or to the agenda item
9 itself?

10 COMMITTEE MEMBER JONES: Oh, attachment 1.

11 CHAIRPERSON MATHUR: Attachment 1.

12 COMMITTEE MEMBER JONES: Attachment 1, page 2 --

13 CHAIRPERSON MATHUR: Thank you. Just to get
14 everyone in the same place.

15 COMMITTEE MEMBER JONES: -- 51 of the iPad.

16 CHAIRPERSON MATHUR: Thank you.

17 COMMITTEE MEMBER JONES: Thank you.

18 HEALTH PLAN ADMINISTRATION DIVISION CHIEF
19 DONNESON: These cons, of course, we wanted to lay them
20 out, because they do represent the things we have to think
21 about, not only in the design, but also in how we
22 communicate to our members, but also our providers,
23 because it's going to be really important, as we've
24 learned in hip and knee replacement surgeries, ASCs, all
25 of integrated health models, population health, all of

1 those items have required a lot of thought in terms of
2 cons associated with moving forward with different
3 innovative ideas.

4 We do have risk mitigation in place in terms
5 of -- in terms of these cons. And I think that the best
6 risk mitigation is going to be looking at the PPOs
7 together. If you take the choice, which has the most
8 population, and get -- and has a relatively stable and --
9 plan, then our members do have choice.

10 So to -- they do not have to go to a VBID, but I
11 think it's going to be attractive to members who do care
12 about their health, even chronic condition members. I
13 think you will see -- even though there may be some higher
14 cost shares, I think you're going to see movement to a
15 VBID, not just because of a lower premium, but because the
16 focus is on health.

17 The other part of that spectrum is the Care, the
18 care product. There are those that are in Care that are
19 going to stay in Care. And by looking at our three
20 together, we can design product delivery in terms of our
21 providers and our population health that may better serve
22 that population. So we've tried to identify these cons,
23 and they do look -- they do look like they would be
24 difficult to surmount.

25 But we've been doing an awful lot of this work

1 for over 15 years, and I believe that we, together with my
2 team and our external stakeholders, would have the ability
3 to develop three products that would meet the needs of
4 CalPERS as modern products moving forward.

5 CHAIRPERSON MATHUR: Well, maybe they're better
6 not called cons, as much as challenges, that we need to
7 figure out how to mitigate --

8 HEALTH PLAN ADMINISTRATION DIVISION CHIEF
9 DONNESON: Yes.

10 CHAIRPERSON MATHUR: -- because obviously we're
11 not going to -- we're going to do all we can to avoid
12 having these problems crop up.

13 HEALTH PLAN ADMINISTRATION DIVISION CHIEF
14 DONNESON: Yes. This was an attachment that we put out --

15 CHAIRPERSON MATHUR: Yeah.

16 HEALTH PLAN ADMINISTRATION DIVISION CHIEF
17 DONNESON: -- in the July off-site, when we discussed this
18 with the Minnesota team.

19 COMMITTEE MEMBER JONES: Okay. And I think your
20 response about the members will have a choice is
21 ultimately the right decision, so we're not forcing this
22 on our members. Okay.

23 CHAIRPERSON MATHUR: Thank you.

24 Mr. Lofaso.

25 ACTING COMMITTEE MEMBER LOFASO: Thank you, Madam

1 Chair. Thank you all for your presentation.

2 A good example of the leadership CalPERS got to
3 show off at the summit last week, and what we're doing
4 going forward.

5 As we've been talking about VBID, it seems like
6 the \$64,000 question is are the deductibles about cost
7 shifting or are they about behavior change?

8 And certainly, the HMO observation the Chair
9 made, you know, relates to that. But just from a -- and I
10 know there's a lot of details you have, but just in terms
11 of your thinking, I wonder if you could just sort of walk
12 me through and give me a flavor. The \$5,000 family
13 deductible obviously gets one attention.

14 But just sort of walk me through in a practical
15 since as to how a member avoids that deductible by --
16 through behavior change.

17 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

18 DONNESON: Thank you. One of the reasons we arrayed the
19 three plans is that they all currently share the same cost
20 share. In looking at the three plans and in forming our
21 thinking coming forward today, while we gave the example
22 of the high deductible, we would probably moderate that
23 high deductible. We'd look at the level of incentives.
24 If you look at the chart, the chart identifies incentives
25 if you do certain things, if you attribute -- if you

1 follow certain behavioral -- behavioral efforts
2 administered by the physician.

3 We'd probably look at moderating that a bit, in
4 terms of where the cost share would be. I think if you
5 think about -- after the member share of cost, I think we
6 would look at maybe 70/20 aligned to 80 -- or 70/30,
7 aligned to 80/20, aligned to 90/10. We would look at the
8 three in concert, not one independent of the other. And
9 we would probably look at some additional design on the
10 Care product as well, so that as we come forward thinking
11 about this, savings that accrue to the employer would be
12 collectively accruing across the three plans, rather than
13 a single plan.

14 So we went back actually and we've looked at
15 this, the original design, and we're continuing to think
16 about how we deal with a VBID cost share in concert with
17 the Choice cost share and the Care cost share.

18 ACTING COMMITTEE MEMBER LOFASO: Thank you.
19 Waiting for details, but that's -- appreciate that. Thank
20 you.

21 CHAIRPERSON MATHUR: Thank you.

22 Mr. Gillihan.

23 COMMITTEE MEMBER GILLIHAN: Thank you Madam
24 Chair. Thank you for the presentation and your continued
25 work on this front. I have a couple thoughts and these

1 probably won't be a surprise to my colleagues on the dais.

2 We continue to be concerned about the rate of
3 increase in the health care costs and spending, and what
4 it means on the employer side in particular, as well as to
5 our members. But the question I have is this enough to
6 move the needle? Is this -- if we were to go down this
7 path, is there enough benefit both to the participants and
8 the employers to make it worth our efforts? And I know
9 that's a question that we'll answer over time. I'm not
10 expecting an answer today.

11 But my sense is this may not be enough to make a
12 meaningful change in the overall strategy. And
13 secondarily, I just want to make sure that we don't put so
14 much focus on this that we lose sight of other things we
15 need to be doing with our other providers to hold them
16 accountable for the rate increases they pass on to us
17 every year. And that includes on the prescription drug
18 side as well. And I see it looks like we're going to have
19 some public comment on that. So I'll reserve comment on
20 that until that time.

21 Thank you, Madam Chair.

22 CHAIRPERSON MATHUR: Thank you.

23 Ms. Hollinger.

24 COMMITTEE MEMBER HOLLINGER: Yeah. Thank you.

25 And thank for your work on this. I know in other areas of

1 insurance industry, when we're looking for cost savings,
2 it ends up being an out-of-pocket. And one of the things
3 that they've done to incentivize behavior and lower
4 premiums is getting members like Fitbit that automatically
5 gets monitored if you do certain levels of activity,
6 keeping your premium lower, et cetera, checking in in
7 certain times with a health care coach and diet.

8 So I see trends that we're able to monitor that.
9 And obviously we don't know yet the long-term impact, but
10 at least it's incentivizing behavior.

11 CHAIRPERSON MATHUR: Thank you.

12 Mr. Jelincic.

13 BOARD MEMBER JELINCIC: I've been in Kaiser since
14 the 5th grade, so I clearly am not afraid of narrow
15 networks, nor gatekeepers. But as I listened to the
16 presentation, there were a few things that struck me.

17 One was the comment, well, we're looking for cost
18 savings that accrue to the employer. And, you know, our
19 real obligation is to our beneficiaries. The goal has got
20 to be better health outcomes. And incentivizing people to
21 do the right thing is probably a good thing. Well, it is
22 a good thing.

23 But I will point out that, you know, lower
24 benefits lead to lower costs. And insurance just seems to
25 work out that way. So I think we need to make sure that

1 we're really focusing on the positive health outcomes not
2 necessarily the costs. And I will give a heads up to the
3 employers, and quite frankly the unions, they need to
4 start thinking about this.

5 If we go down this road, it may very well have an
6 impact on the 100/90 formulas, the 80/80s, the 85/80s.
7 And so both sides need to think seriously about how that
8 may impact them and their future negotiations. And so I
9 just toss that out as a heads up. That's not PERS'
10 problem. Although obviously, it impacts our members, and
11 so we ought to be at least mindful of it.

12 Thank you.

13 CHAIRPERSON MATHUR: Thank you.

14 Excuse me. Well, I think this is the beginning
15 of a conversation that we will continue to have over the
16 next several months in advance of rate negotiations next
17 year and benefit decisions next year.

18 So I see no further requests on this item, so
19 that brings us now to Agenda Item 7, which is summary of
20 Committee Direction.

21 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: Madam
22 Chair, I have one item. It's to provide an enhanced
23 long-term analysis, specifically referring to the three-,
24 six-, and ten-year enrollment data. And we'll be bringing
25 that back to you.

1 CHAIRPERSON MATHUR: And to break out the
2 exhausted benefits by type, I think, by sort of what
3 caused the exhaustion of benefits.

4 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: Thank
5 you, ma'am.

6 CHAIRPERSON MATHUR: Okay. Thank you.

7 All right. That brings us now to Agenda Item 8,
8 which is Public Comment. We do have several members of
9 the public who wish to comment. And I have received a
10 request to allot each speaker five minutes, and so I will
11 do so.

12 I will read your names, and if you could please
13 come up to these two seats to my left. The mix is already
14 on. You'll have five minutes in which to speak. And
15 please identify yourself and your affiliation for the
16 record.

17 So Tim Behrens and Larry Woodson are up first,
18 and then Kathy Jeppson and Donna Snodgrass following them.

19 MR. BEHRENS: Good morning, Madam Chair and
20 members of the Committee.

21 CHAIRPERSON MATHUR: Good morning.

22 MR. BEHRENS: Tim Behrens, the President of the
23 California State Retirees. I'd like to thank you for the
24 opportunity to comment today.

25 My remarks this morning regard CalPERS PBM

1 contract with OptumRx, which took effect in January
2 replacing the CVS Caremark PBM contract. As you know, and
3 you've heard before from me and others, there have been
4 numerous implementation problems which CalPERS and Optum
5 have been addressing. CSR believes progress has occurred,
6 but unfortunately we continue to receive numerous
7 complaints from our retiree membership.

8 These complaints fall into several categories:
9 Increased and excessive costs for the same drugs under
10 Caremark; prescription denials; repeated denial of
11 appeals; long hold times and multiple transfers with
12 OptumRx customer service; and the inability to speak with
13 the same representative familiar with the issue on
14 follow-up calls.

15 These situations have caused financial hardship,
16 extreme stress, and, in some cases, potential negative
17 health consequences especially for our older retirees.

18 And I would refer -- as an older retiree myself,
19 that I'm talking about even older than me, 80-year olds,
20 we're getting a lot of calls from our 77 to 85 year old
21 retirees regarding these issues.

22 CalPERS announced when entering into this
23 contract that approximately 10,000 members would be
24 negatively impacted with regard to cost and prescription
25 of availability. We have been hearing from those 10,000.

1 Their stories are compelling and in some cases shocking to
2 hear.

3 We have concluded that the vast majority of the
4 complaints stem from the OptumRx formulary, which is
5 significantly more restrictive than the prior CVS
6 formulary. Some commonly used drugs have been changed
7 from tier 1, under CVS, to a higher tier, or removed
8 entirely from the formulary now being used.

9 Pre-authorization restrictions have been imposed
10 on some drugs, which were not required under the old CVS.
11 We believe the only solution at this time is for CalPERS
12 to amend the current contract and changed the formulary to
13 be consistent with the former CVS formulary.

14 This Board approved a five year 4.9 billion
15 dollars contract with Optum. This is an average increase
16 for drugs of 8.4 percent per year, over five years from
17 the CVS contract. You are paying for more. It's costing
18 us more, and I think we both are receiving less.

19 We request immediate review of the Optum and CVS
20 formularies in order to correct the hardships created for
21 those 10,000, if not, many more members.

22 Larry Woodson, CSR's chair of Health Benefits
23 Committee has been the primary recipient of our member
24 complaints. He will be sharing a few of those member
25 stories at this time with you. If you have any questions

1 for, me I'd be happy to answer them.

2 CHAIRPERSON MATHUR: Thank you, Mr. Behrens.

3 MR. BEHRENS: Thank you.

4 CHAIRPERSON MATHUR: Mr. Woodson, I think your
5 mic has been turned off -- oh, now it's on.

6 MR. WOODSON: Hello.

7 CHAIRPERSON MATHUR: There you go.

8 MR. WOODSON: Okay.

9 Good morning. Larry Woodson, California State
10 Retirees. Thank you for the opportunity to comment.

11 As Mr. Behrens stated, I've been the primary
12 recipient of member complaints regarding OptumRx. I think
13 the website and some customer service issues have
14 improved, but we continue to have a steady stream, and
15 actually increasing stream of complaints regarding
16 excessive cost, prescription denials, denials of appeals,
17 and confusing information.

18 I've spoken with many members and want to share
19 just a handful of their stories with you, so that you
20 understand the nature of the negative impacts that this
21 contract is having on what CalPERS staff projected to be
22 about 10,000 members. I'm providing no names or
23 locations, but all were willing for me to share their
24 experiences.

25 First, I received an email and had a phone call

1 with an 86-year old lady who'd been receiving Nexium due
2 to side effects from a generic. And unde CVS, she paid
3 \$40 for a 90-day supply. Her prescriptions were rolled
4 over January 1 from Optum -- or to Optum, and she received
5 a new 90-day supply from their mail order service. Two
6 weeks later she received a bill for \$543. She had no
7 prior notice of this outrageous price. She tried to
8 resolve this with Optum and CalPERS to no avail.

9 She was hospitalized for 10 days in an unrelated
10 matter, returned home, and returned to a second notice
11 saying she was delinquent in her payment.

12 This is one of many complaints I referred on to
13 Optum's account executive. And Mr. Ring to his credit,
14 has been very responsive, able to help some -- resolve
15 some of these issues. He was able to get this bill
16 reduced to \$100 and the retiree was very relieved, but it
17 should not require elevation to a vice president to get
18 resolution, and \$100 is still excessive.

19 Other members have notified me more recently of
20 excessive costs for Nexium as well. One was quoted a
21 price of \$240, another \$600, last week I had a quote of
22 that. And then a 93-year old lady said she was given a
23 quote of \$793. The same 93-year old lady was also denied
24 two other prescriptions she had been getting with CVS
25 unless here doctors filed for exception and

1 pre-authorization. She receives part-time in-home
2 support, does not drive, and told me this has caused her
3 great stress.

4 The worst case I think is from an elderly lady
5 who has Barrett's esophagus, which can lead to esophageal
6 cancer, if untreated. Dr. Mark Hynum, a physician on our
7 CSR Health Benefits Committee, informed me that
8 prescription strength Nexium is indicated for patients
9 with Barrett's esophagus who continue to have symptoms on
10 generics, which was this woman's case. And yet, she was
11 denied on appeal until the third level when she finally
12 was allowed. And she's been without that critical drug
13 for eight months.

14 Another example, an 86-year old lady also had her
15 blood pressure medication jump from \$40 under CVS to
16 \$92.50 under Optum. Another elderly retiree had been
17 receiving lidocaine patches for chronic neck and back
18 pain, avoiding opioids, and CVS had provided the patches
19 at a tier 1 reasonable cost. Optum required pre-approval
20 request for this same thing, and she was -- it was denied.

21 A number of members have complained that
22 pre-authorizations or appeals submitted by their doctors
23 have been lost or delayed by Optum. There are many more
24 stories in which drugs were available at a reasonable cost
25 under CVS and are now bumped up to higher tiers or not on

1 the formulary. They include Atacand, Levothyroxine,
2 Zolpidem, VESicare and many more.

3 Members are frustrated, angry, don't understand
4 how CalPERS could have agreed to a contract that hurts
5 them like this. It's hurting members, especially on lower
6 fixed incomes in their pocket books, and in some cases
7 could potentially affect health.

8 There are too many examples of the Optum
9 formulary obstructing the patient-doctor relationship, and
10 imposing impediments to establish reasonably priced drug
11 treatment.

12 In conclusion, Medicare Part D changes may affect
13 some of this, but it cannot account for the breadth of
14 problems members are having, nor the extreme cost
15 increases for the same drugs. It's clear that members
16 will continue to face these problems unless the formulary
17 is changed to mirror the former CVS formulary. Please
18 direct staff to explore this alternative. I've submitted
19 written comments with additional complaints.

20 Thank you for your time.

21 CHAIRPERSON MATHUR: Thank you very much for your
22 comments. We have two other speakers who want to speak on
23 OptumRx and then I'll ask Liana Bailey-Crimmins to come up
24 and address some of the concerns you've raised.

25 Okay. So we have Kathy Jeppson and Donna

1 Snodgrass.

2 MS. JEPPSON: Good morning. Thank you for the
3 opportunity to speak before the Board. My name is Kathy
4 Jeppson, and I am a retired - she said with a smile -
5 Emeritus professor from the Cal State University system.

6 I'm a current CPA licensed in California and
7 active, and I have attended all of the last 10 years
8 CalPERS Board meetings for California Teachers
9 Association.

10 The reason I'm here today is to comment on the
11 continuing problems with the changeover of OptumRx, and
12 like CSR to request that you amend the current Optum
13 formulary to mirror the former CVS Caremark formulary with
14 the same tiers.

15 I don't think that the Board is aware of all of
16 the continuing problems with OptumRx, but I want to make
17 sure that you understand that I do not think that is the
18 fault of anyone, particularly the fault of the staff at
19 CalPERS.

20 The reason for that is that originally most
21 people were told to contact Optum directly. Word gets
22 around fast, and many complaints then went directly to
23 Optum bypassing CalPERS. As a consequence, CalPERS I
24 don't think has been totally aware of all of the
25 continuing ongoing problems.

1 There's always going to be problems with the
2 changeover, and this is no exception. One example that I
3 worked on was for another faculty member at a different
4 campus. With the prior pharmacy manager, he received
5 Lotemax for his deteriorating eye condition. His co-pay
6 was \$50, which was for a one week supply.

7 When he went to refill the prescription after the
8 changeover, he was told that his co-pay had jumped to \$182
9 per week, which is almost a 400 percent increase over the
10 prior co-pay. This would result in an annual co-pay for
11 one prescription of almost \$10,000, of course subject to
12 the maximum out-of-pocket amount that a member has to pay.

13 Lotemax is still in the Optum formulary, but was
14 moved up to a tier 3. And with a tier 3, the pharmacy
15 manager can increase the co-pay, which you can see that
16 they did. He appealed twice and was denied. And he was
17 going to go to the next level of appeal, but his two
18 physicians felt that they had already spent enough time on
19 the appeal and did not want to continue, because it's
20 lengthy and time-consuming. And as the member, he didn't
21 feel that he could continue on his own.

22 Now, this is just one example of a problem that I
23 have looked at. And I think something needs to be done
24 with -- and I've heard that CalPERS, the staff, is working
25 with Optum, but I don't think that they realize how many

1 people this is -- members it is affecting.

2 So thank you for your time.

3 CHAIRPERSON MATHUR: Thank you very much, Ms.
4 Jeppson.

5 Ms. Snodgrass.

6 MS. SNODGRASS: Hi. Good morning. This is Donna
7 Snodgrass, Director of Health Benefits, Retired Public
8 Employees Association.

9 And I just mirror everything that my colleagues
10 have said before and I have -- I'm going to add to that.
11 Since January this year, RPEA has been receiving requests
12 for help dealing with OptumRx. Some of them were normal
13 transition issues.

14 They began with the co-payment increases, as much
15 as from \$40 for a 90-day supply of a medication to \$900
16 co-pay, and no Walgreens in the vicinity near them.
17 You've heard some of those before.

18 And I'll give credit to the CalPERS staff that
19 every issue that I've escalated to staff management has
20 been dealt with, but it shouldn't have escalated to that
21 point to begin with. Optum has been unresponsive at times
22 at the lowest level, when we make the phone calls to the
23 numbers that have been given to us.

24 And the contacts we receive now have gone from
25 simple phone calls and emails from our members to

1 multi-page letters having to line-out the difficulties
2 that -- that they've been having over and over and having
3 to re-contact.

4 The member, in this case -- and these have been
5 forwarded again to the staff. I just want to make it
6 known that this shouldn't be happening. One gentleman in
7 Gustine, California put the prescription in, didn't get
8 it, sent it in for the 90-day supply, got close to the end
9 of his -- what he had at home, made a phone call, and they
10 had lost the request to refill.

11 So he resubmitted all the paperwork to Optum as
12 requested, still didn't receive the medication, made
13 another phone call to Optum and was told that the
14 medication had shipped, give it three days. He waited the
15 three days, nothing. Called back to Optum, a different
16 operator, the medication has been shipped. He says, well,
17 it's not here. I don't understand.

18 So she put him on hold and went and checked some
19 things and said it hasn't even been filled. We don't know
20 why the notation says that it has been shipped to you. So
21 it's a run-around situation and now the member is out of
22 his medication at home, so he's got a gap.

23 We have another member in Pie Town New Mexico
24 with a simple request that other pharmacy providers have
25 given her a simple receipt because she has a third

1 insurance to reimburse her co-pays for expensive
2 medication for her husband. OptumRx has refused to give
3 what she needs -- the receipt she needs for this other
4 insurance that she's historically received. They told her
5 it's not our job. You need to call CalPERS to get this
6 documentation.

7 To make it a little more disturbing, the phone
8 call to CalPERS staff, at the lowest level, said that she
9 had to call OptumRx, and that was the end of that phone
10 call. This, I believe, is being handled by management
11 staff now, but I just wanted to call to your attention
12 that there's -- appears, at times, maybe not always, that
13 the attitude in customer service is not there that we
14 need.

15 And, yeah, we're old people, but we shouldn't be
16 ignored. This is -- we're looking at overall health.

17 So I just think that that needs -- the attention
18 needs to be called to that. We need better customer
19 service along with the other issues that are going on.

20 Thank you.

21 CHAIRPERSON MATHUR: Thank you. Well, I want to
22 thank all four of you for raising these really important
23 issues that obviously are impacting our members. I think
24 our team is aware of a lot of the issues that have -- that
25 you've articulated, and has been working very hard with

1 OptumRx to rectify them, but I'll let Ms. Bailey-Crimmins
2 respond.

3 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: Madam
4 Chair, members of the Committee, our members are our
5 priority. And immediately following this meeting, we will
6 be meeting with the retirees and Optum and we will bring
7 back a report to you on what we've done to rectify the
8 situation.

9 I do want to let you know the numbers are stating
10 that prior auths have gone down, even though statistically
11 things are moving in somewhat of the right direction.
12 There was an alarming statistic that the overturn rate is
13 still on the increase, which is not acceptable to us and
14 not acceptable to our members.

15 So with that, we take this seriously, and I hope
16 our members know that they remain our priority and we will
17 get this resolved.

18 CHAIRPERSON MATHUR: Thank you very much.

19 We have several members of the Committee who have
20 questions or comments.

21 Mr. Jones.

22 COMMITTEE MEMBER JONES: Yeah. Thank you, Madam
23 Chair. Yeah. This information and reports it's
24 compelling. And so I'm glad to hear you say that right
25 after this meeting you will be meeting with our retirees

1 and Optum. And I just would like to make sure we exhaust
2 a review of our contract with Optum, and see what options
3 we have to deal with some of these issues, and report back
4 to us to let us know what steps we can take, because this
5 can't continue to go on this way.

6 CHAIRPERSON MATHUR: Mr. Gillihan.

7 COMMITTEE MEMBER GILLIHAN: Thank you, Madam
8 Chair. So this is enraging. We pay a ton of money for
9 this benefit, and to hear that our retirees, who are some
10 of our most vulnerable population we serve, are being
11 treated as a number on a file rather than human beings
12 with compassion is unacceptable. And I -- Madam Chair, I
13 would ask that we bring Optum's CEO in front of this
14 Committee to explain their perspectives on customer
15 service and servicing our clients, because this is
16 outrageous.

17 CHAIRPERSON MATHUR: Thank you for that
18 suggestion. I think I will work with our team to invite
19 Optum to come up and speak with us. I think that is a
20 good suggestion.

21 Mr. Bilbrey.

22 VICE CHAIRPERSON BILBREY: I want to echo the
23 comments of my fellow colleagues on this Committee about
24 the issues. I mean, this is impacting people's lives and
25 their health, and could have very serious impacts on their

1 health. And I want to see us do -- make some actions
2 sooner than later. I don't -- you know, we've talked now
3 a little bit how far do we go when we keep talking about
4 it's getting better, but not yet. We're not good enough.

5 I hope that by the end of the year we make a
6 determination either to stay with Optum, move from Optum.
7 We definitely need to look at the formulary situation.
8 That's been going on now for months and months. And if we
9 need to, at the next meeting, make some changes in the
10 formulary, then I think we need to do it. So it's a very
11 big concern.

12 CHAIRPERSON MATHUR: Thank you, Mr. Bilbrey. Mr.
13 Lofaso.

14 ACTING COMMITTEE MEMBER LOFASO: Thank you, Madam
15 Chair. Definitely echo Mr. Gillihan's suggestion about
16 the CEO. I've got to say the data is challenging to
17 understand. Prior authorizations are up, they're down.
18 As I was listening to the comments, and I've been trying
19 to recall all of the transition discussions we had last
20 year. And I remember we seem to have a decent sense of
21 isolating the impacted population. I do remember a
22 significant figure out there that was bandied about, about
23 prescriptions under CVS that previously required various
24 steps to get them, that would not have those steps at
25 Optum. There was sort of a suggestion that it might be

1 easy over here and more difficult over there.

2 And my recollection is our focus was how will the
3 pop -- subpopulation for which it's difficult, have their
4 time to settle it all out, you know, get through the
5 pre-authorization process again and again.

6 I'm wondering if Optum could put this in a better
7 context for us. If we had enough of this data last year
8 to get a sense of what that population was, it would be
9 really great if Optum would tell us what happened in a
10 digestible format. What are the population who had the
11 overlap from the less advantageous position? How many
12 were initially denied? How many were ultimately approved
13 and any other variables?

14 And they can throw in the ones who got the
15 windfall from the better -- if they want, but -- I'm not
16 trying to make a PR point for them. So if that would be
17 possible, I think that would be good.

18 I have a customer service question. I don't know
19 if it's fair to direct it to Ms. Lum. But I have heard
20 this issue about constantly going back to the call and a
21 different rep. And clearly, this is a system where the
22 same case requires lots of follow up. And I, myself, have
23 heard anecdotes of individuals who've had to walk through
24 that thing. Is that a standard in call centers? I know
25 this is not necessarily kind of quite the situation in the

1 ones that you directly administer, Ms. Lum. But is this a
2 standard that you understand that we require of the
3 outsourced call service, if you could elaborate?

4 DEPUTY EXECUTIVE OFFICER LUM: Thank you. Again,
5 Donna Lum, CalPERS team member.

6 So just to clarify, the members that are using
7 OptumRx are contacting the OptumRx contact center, not the
8 CalPERS contact center. I do believe that there are
9 provisions within the contract that we have with OptumRx
10 that do address performance and wrap-up.

11 I don't know what those are in the contract. I'm
12 sure that Liana has a team member that is here that can
13 address that. But it isn't unusual that there are some --
14 there are those types of performance measures, and it just
15 depends on how they're being managed, and how much
16 emphasis is being put on them.

17 And in these cases, certainly our members are
18 feeling very distressed with the service that they're
19 getting. And I would hope that we are looking at how that
20 performance measure is being addressed and whether it is
21 really wrap it up and move on, or if they are attempting
22 to really service the member as we would hope that they
23 would.

24 CHAIRPERSON MATHUR: I think the specific
25 question, if I can restate it from you, is that this

1 question of whether you can go back -- when you call back,
2 if you can get the same representative to help you again?
3 I think it's pretty typical that you don't get the same
4 representative. You get whoever is next in the queue, is
5 that right? And are there systems --

6 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: That is
7 correct, Madam Chair. In addition to Mr. Lofaso's comment
8 regarding customer service, we have the ability, which
9 we've -- I talked to the team before I came up here. We
10 will be doing -- listening to all of our calls,
11 specifically to hear what type of customer service they
12 received, if they received conflicting or wrong
13 information, and we'll be addressing those service levels
14 within Optum within their contract terms.

15 So we will be doing that. We do it periodically.
16 But because of this situation, to the upping that we are,
17 we will be upping those listening statistics to bring that
18 back to you.

19 ACTING COMMITTEE MEMBER LOFASO: Appreciate that.
20 And I -- I mean, I'm not an expert on call centers, and I
21 appreciate it's difficult to get a system to get back to
22 Joe after you spoke to Joe. But I think I've also heard
23 suggestions that the files were such that individuals felt
24 they had to almost start from scratch. And I'm gathering
25 that's a performance metric.

1 And I really appreciate you coming up to speak,
2 Ms. Lum. I don't know who's entirely responsible for the
3 outsourced contracts. I didn't mean to put you on the
4 spot, but anyway, thank you.

5 CHAIRPERSON MATHUR: Well, yeah the quality of
6 the notes from call to call is really a significant
7 component of good customer service, I think.

8 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS:

9 Absolutely. And we've actually, as we reported
10 prior, Donna's team is actually trained. We went --
11 actually gone down to their contact center to let Optum
12 know what quality of customer service we expect to deliver
13 to our members. And so they've had one-on-one training,
14 both from her team, our team specifically on how to deal
15 with our retiree population, because, you know, there's a
16 lot of complexities, where we wanted to make sure that
17 things were streamlined, that it's efficient, and they get
18 the right information, because we want to make sure that
19 they receive the same quality of service from Optum as
20 they would if they had called Ms. Lum's contact center.

21 CHAIRPERSON MATHUR: Yeah. And have they fully
22 staffed up now? I know they had to hire --

23 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: They
24 have.

25 CHAIRPERSON MATHUR: -- a hundred or so?

1 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: Yeah. So
2 they are staffed up. The big thing for us obviously is
3 return -- you know, when they have retention issues. So
4 they've been able to keep their numbers, but they're
5 fairly new contact agents.

6 CHAIRPERSON MATHUR: Okay. We have a few other
7 questions or comments.

8 Ms. Glasser-Hedrick, please.

9 ACTING COMMITTEE MEMBER GLASSER-HEDRICK: Thank
10 you. Yeah, I support all the comments that have been made
11 by the Committee. But I did want to ask, we've heard a
12 lot today from the retirees. Is this an issue that's more
13 widespread among active members as well, or are the drugs
14 in question drugs that are more consistent with ailments
15 that elderly people tend to have or retired people have?

16 GENERAL COUNSEL JACOBS: I'm sorry to interrupt,
17 if I may, Madam Chair. This is public comment, and it's
18 fine to ask staff a question or two about what we've
19 heard, but I would suggest that the better way to proceed,
20 at this point, would be to agendize it for a future
21 meeting, so we could have a more -- a fulsome discussion
22 of these issues.

23 CHAIRPERSON MATHUR: Thank you for the
24 recommendation.

25 Let's talk about agendizing it for November then.

1 I know we have a very crowded agenda in November, but
2 still I think the urgency of this merits it.

3 Are there -- so if that's okay, Ms. -- if there
4 are any -- if members of the Committee have specific
5 questions they want addressed in November, please make
6 sure to let me and Ms. Bailey-Crimmins know, and we'll
7 make sure to have those answers in November.

8 I think there are still a few who wish to speak,
9 so I'll turn to the other Committee members.

10 Mr. Feckner.

11 COMMITTEE MEMBER FECKNER: Thank you, Madam
12 Chair. I want to thank the retirees for speaking today.
13 I spoke to a group of retired PEGC members a couple of
14 weeks ago. They had similar comments and complaints about
15 Optum. I appreciate the fact that you're willing to meet
16 with the retirees after this meeting.

17 However, that's not meeting in my opinion that
18 needs to take place. It's the meeting Mr. Gillihan
19 brought forward that the CEO of Optum needs to come here.
20 This is a very large and lucrative contract for them, and
21 they can either handle it or they can't. And it's time to
22 fish or cut bait.

23 CHAIRPERSON MATHUR: Thank you.

24 (Applause.)

25 CHAIRPERSON MATHUR: Ms. Hollinger.

1 COMMITTEE MEMBER HOLLINGER: Yeah, I agree with
2 Mr. Feckner. And the only thing I would add that I'd like
3 to see agendized, are there any sanctions in the contract
4 that you could address in November for their failure to
5 service our retirees and live up to the terms of the
6 contract?

7 Thank you.

8 CHAIRPERSON MATHUR: Okay. Thank you.

9 Mr. Jelincic.

10 BOARD MEMBER JELINCIC: Yeah, I hope the invite
11 to the CEO is sort of like an invite to come to the
12 principal's office and talk to me.

13 I'm -- you know, this is not a new complaint.
14 I'm glad that it's finally gotten the kind of attention it
15 has. But my question is how much control do we have over
16 the formulary?

17 CHAIRPERSON MATHUR: I think maybe questions like
18 that we'll make -- we'll just bring back in November the
19 answers to those questions. It will be part of the
20 November item. We're not -- so that we don't expand this
21 public comment into an agenda item that's not noticed.

22 BOARD MEMBER JELINCIC: Can I at least get, we
23 have a lot of control, little control, just a general
24 answer?

25 CHAIRPERSON MATHUR: Do we have an answer?

1 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: A
2 formulary is very fluid. And so even if we had stayed on
3 the formulary of CVS Caremark, based on patient safety and
4 medication changes, they change. So we do have -- in
5 fact, we've -- the launch of our OptumRx contract, their
6 formulary was every restrictive. They've pretty much
7 followed what was off the CMS website, and we had had a
8 customized formulary with CVS Caremark. And we have
9 worked really hard over the last, you know, six to ten
10 months to align it more to what our members need, but it
11 sounds like there's a lot more work to be done.

12 BOARD MEMBER JELINCIC: So we have some, but not
13 a great deal.

14 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: That is
15 correct.

16 BOARD MEMBER JELINCIC: Okay. Thank you.

17 CHAIRPERSON MATHUR: Okay. Thank you.

18 That concludes public comment. Is there any --
19 is there any other member of the public who wishes to
20 speak at this time?

21 Seeing none. That brings us to the end of our
22 agenda. We are adjourned.

23 Thanks, everyone.

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(Thereupon the California Public Employees'
Retirement System, Board of Administration,
Pension & Health Benefits Committee open
session meeting adjourned at 9:23 a.m.)

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1 C E R T I F I C A T E O F R E P O R T E R

2 I, JAMES F. PETERS, a Certified Shorthand
3 Reporter of the State of California, do hereby certify:

4 That I am a disinterested person herein; that the
5 foregoing California Public Employees' Retirement System,
6 Board of Administration, Pension & Health Benefits
7 Committee open session meeting was reported in shorthand
8 by me, James F. Peters, a Certified Shorthand Reporter of
9 the State of California;

10 That the said proceedings was taken before me, in
11 shorthand writing, and was thereafter transcribed, under
12 my direction, by computer-assisted transcription.

13 I further certify that I am not of counsel or
14 attorney for any of the parties to said meeting nor in any
15 way interested in the outcome of said meeting.

16 IN WITNESS WHEREOF, I have hereunto set my hand
17 this 25th day of September, 2017.

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24 Certified Shorthand Reporter
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