

MEETING  
STATE OF CALIFORNIA  
PUBLIC EMPLOYEES' RETIREMENT SYSTEM  
BOARD OF ADMINISTRATION  
PENSION & HEALTH BENEFITS COMMITTEE  
OPEN SESSION

ROBERT F. CARLSON AUDITORIUM  
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A P P E A R A N C E S

COMMITTEE MEMBERS:

Ms. Priya Mathur, Chairperson

Mr. Michael Bilbrey, Vice Chairperson

Mr. John Chiang, represented by Ms. Jeree Glasser-Hedrick

Mr. Rob Feckner

Mr. Richard Gillihan

Ms. Dana Hollinger

Mr. Henry Jones

Ms. Theresa Taylor

Ms. Betty Yee, represented by Mr. Alan Lofaso

BOARD MEMBERS:

Mr. J.J. Jelincic

Mr. Ron Lind

Mr. Bill Slaton

STAFF:

Ms. Marcie Frost, Chief Executive Officer

Ms Liana Bailey-Crimmins, Chief Health Director

Mr. Matt Jacobs, General Counsel

Ms. Donna Lum, Deputy Executive Officer

Mr. Brad Pacheco, Deputy Executive Officer

Dr. Kathy Donneson, Chief, Health Plan Administration  
Division

A P P E A R A N C E S C O N T I N U E D

STAFF:

Ms. Victoria Eberle, Assistant Chief, Health Plan  
Administration Division

Ms. Jennifer Jimenez, Committee Secretary

Ms. Shari Little, Chief, Health Policy Research Division

Mr. David Van der Griff, Senior Staff Attorney

ALSO PRESENT:

Dr. Richard Sun, Medical Consultant

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1 P R O C E E D I N G S

2 CHAIRPERSON MATHUR: Okay. I am going to call  
3 the open session of the Pension and Health Benefits  
4 Committee to order.

5 First order of business is roll call.

6 COMMITTEE SECRETARY JIMENEZ: Priya Mathur?

7 CHAIRPERSON MATHUR: Good afternoon.

8 COMMITTEE SECRETARY JIMENEZ: Michael Bilbrey?

9 VICE CHAIRPERSON BILBREY: Good afternoon.

10 COMMITTEE SECRETARY JIMENEZ: Jeree

11 Glasser-Hedrick for John Chiang?

12 ACTING BOARD MEMBER GLASSER-HEDRICK: Here.

13 COMMITTEE SECRETARY JIMENEZ: Rob Feckner?

14 COMMITTEE MEMBER FECKNER: Here.

15 COMMITTEE SECRETARY JIMENEZ: Richard Gillihan?

16 COMMITTEE MEMBER GILLIHAN: Here.

17 COMMITTEE SECRETARY JIMENEZ: Dana Hollinger?

18 COMMITTEE MEMBER HOLLINGER: Here.

19 COMMITTEE SECRETARY JIMENEZ: Henry Jones?

20 CHAIRPERSON MATHUR: He's here.

21 COMMITTEE SECRETARY JIMENEZ: Theresa Taylor?

22 COMMITTEE MEMBER TAYLOR: Here.

23 COMMITTEE SECRETARY JIMENEZ: Alan Lofaso for  
24 Betty Yee.

25 ACTING COMMITTEE MEMBER LOFASO: Here.

1           CHAIRPERSON MATHUR: And please also note for the  
2 record that Mr. Lind is in attendance and also Mr.  
3 Jelincic.

4           Okay. Second order of business is the DEO  
5 report.

6           DEPUTY EXECUTIVE OFFICER LUM: Good afternoon,  
7 Madam Chair, members of the Committee. Donna Lum, CalPERS  
8 team member.

9           I have two brief updates to share with you this  
10 afternoon. The first is related to some enhancements that  
11 we've recently made to the my|CalPERS. As you know, we  
12 are continuously looking for ways to enhance our customer  
13 experience with the services that we provide. And  
14 yesterday, we debuted a new look and feel on the  
15 my|CalPERS website for our members.

16           Basically, what we've done is we've enhanced the  
17 account summary, so now that is at the top of the  
18 homepage. And what that does is it gives our members easy  
19 access to their most requested information. We've also  
20 added pathways to retirement contribution and service  
21 credit information, as well as the retirement estimate  
22 calculator.

23           And in addition to that, we've added quick links  
24 to areas such as beneficiary information, contact  
25 information, where members can find their CalPERS ID, as

1 well as scheduling an appointment. And so what we've done  
2 is we have solicited input from our members with regards  
3 to the things that they are most interested in seeing when  
4 the interact with us through this -- this service vehicle.  
5 And we've done that through a couple of different  
6 measures.

7           One, we've done quite a bit of user testing of a  
8 prototype that was done in the 2016 Ed Forum. And so we  
9 got a lot of feedback there. In addition to that, we do  
10 collect indirect member feedback from our customer service  
11 team members, as they interface with our members quite a  
12 bit, and they often have great ideas of how to enhance the  
13 service.

14           And also with that, we do get inquiries that come  
15 in through our secure messaging, or directly into from our  
16 members. And so we've taken some of that information and  
17 used it to enhance my|CalPERS.

18           With the changes that have been made also, the  
19 new homepage showcases key information and allows members  
20 to more easily complete the tasks that they are accessing  
21 on the system. In addition to that, it does improve the  
22 user experience and increases functionality and empowers  
23 our members to get to the places quickly, in which they  
24 want to achieve services.

25           And also, it does provide an ongoing commitment



1 to our commitment to our membership, and that is to  
2 continue to provide the highest level of customer service  
3 that we can achieve. So I am very pleased to share with  
4 you that again this new homepage did debut yesterday, and  
5 we will continue to monitor and solicit feedback from the  
6 membership to determine if the changes we made have been  
7 of a benefit, as well as any additional changes that  
8 they'd like to see in the future.

9           The second item that I'd like to update you on is  
10 our CalPERS Benefit Education Events. Since we last met  
11 in May, we hosted another event, and that was held in  
12 Eureka on May 19th and May 20th. And once again, it was  
13 another very successful CBEE. The last time that we were  
14 in Eureka, it was in 2014, and we had nearly 300 members  
15 attend that event. This year we saw more than 430  
16 attendees at the two-day event.

17           Eureka is our most northern event, and it  
18 provides vital services to our members who are  
19 approximately five and five and a half hours away from  
20 either the Walnut Creek Regional Office or the Sacramento  
21 Regional Office. And so again, it's not surprising that  
22 this event was well attended.

23           Our next event will be on July 21st and 22nd.  
24 And it will be held in Santa Clara California. In your  
25 folders I do believe that you should have a flier that

1 lists the new dates for the remainder of 2017 and the rest  
2 of the CBEEs that we have planned for 2018.

3           Again, we continue to use the education events as  
4 a great way to connect with our members and to inform them  
5 about their Pension and Health Benefits. The events this  
6 year are nine, like we did last year. And again, it is an  
7 important measure, important way for us to interact with  
8 our membership in a face-to-face venue.

9           We will continue to provide updates to the  
10 Committee, and to remind you as the dates are nearing. As  
11 you can see from the list of events, we do have five that  
12 are scheduled in what we consider to be our more larger  
13 metropolitan areas, which reach a large number of our  
14 members. And likewise, we have four smaller events in  
15 some of our more remote areas.

16           Again, this was part of our -- you know, what we  
17 do is we look at where we've hosted events in previous  
18 years, and we look at the attendance, and we look at the  
19 population. And that helps us to drive where we're going  
20 to have our events each year.

21           So once again, we're looking forward to another  
22 very successful year of education events. Certainly, I  
23 know the team is always very happy to see many of our  
24 Board members and our exec staff in attendance, and we  
25 that you'll be able to join us in the 2000 -- the

1 remainder of the 2017 and 218 -- 2018 events.

2           That completes my report, and I'm happy to answer  
3 any questions you may have.

4           CHAIRPERSON MATHUR: Thank you very much, Ms.  
5 Lum. I don't see any requests to speak at this time, so  
6 thanks again.

7           Ms. Bailey-Crimmins.

8           CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: Good  
9 morning, Madam Chair and members of the Committee. For my  
10 opening remarks, I want to highlight significant  
11 accomplishments that the health program has made that  
12 positively impacted the 2018 rates that we plan to publish  
13 here today.

14           These accomplishments fall into four categories.  
15 The first is strong rate negotiations; two is innovative  
16 benefit design; three is responsible contract management;  
17 and four, is collaborative partnerships, both internally  
18 and externally.

19           Today, CalPERS achieves a significant milestone.  
20 Based on the four categories that I just mentioned, today  
21 marks the lowest total weighted increase in 20 years, 2.33  
22 percent. Individual plan rates may vary by -- so looking  
23 at specifically which plan you subscribe to. But overall,  
24 we take all those plans and weight them across each other,  
25 it is a 2.33. So on behalf of our members and employers,

1 we strive to make each year affordable, while delivering  
2 quality care.

3           This year the health program successfully  
4 negotiated a new pharmacy benefit manager contract, which  
5 has a projected savings in 2017 of 60 million -- \$63  
6 million. And it also reduced pharmacy trends, which has  
7 positively impacted the 2018 premiums.

8           The health benefit designs that we are proposing  
9 to the Committee today provides quality and aligns with  
10 the triple aim goals of better health, better care, and  
11 lower cost. If approved, these benefits are expected to  
12 save \$6 million in the first year, and the expectation is  
13 to gain greater savings in the second year and beyond.

14           I would like to take a moment of privilege. And  
15 I want to thank the CalPERS rate development team, which  
16 includes the Health Program, the Actuarial Office, and  
17 Legal Office for their commitment and dedication of  
18 working long hours between January and June. And so if  
19 they would please stand and be recognized by myself and  
20 the Committee.

21           (Applause.)

22           CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: It takes  
23 a small village.

24           (Laughter.)

25           CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: I would

1 also like to let you know, Ms. Mathur, that we -- the  
2 combo enrollment, the Medicare expansion, was not in the  
3 back of the room, but we will have that on the website  
4 immediately following this meeting.

5 So Madam Chair, that concludes my remarks, and  
6 I'm available for any questions.

7 CHAIRPERSON MATHUR: All right. Thank you very  
8 much, Ms. Bailey-Crimmins.

9 I want to add my congratulations and appreciation  
10 to your -- to the team that worked on these rates. And  
11 has been managing this increasingly complex set of  
12 relationships and contracts with our health plans. And I  
13 think -- you know, I just want to say last evening, we had  
14 a very long day of Committee meetings yesterday that went  
15 until 6:00 o'clock. But very cheerfully, a whole number  
16 of the team stayed behind, so that they could talk to me  
17 and the Vice Chair for, you know, another half an hour.  
18 So we were -- we were still -- we were still talking at  
19 6:45 last night, and they had already been there all  
20 weekends, and many weekends prior.

21 So I think they really do a yeoman's effort on  
22 behalf of our members, and I'm just so proud of the  
23 commitment, dedication, and effectiveness of this team.  
24 So thank you all.

25 Okay. We have a number of things on our agenda.

1 We are going to -- I'm just going to share that we're  
2 going to take a few things out of order. We are still  
3 going to do Agenda Item 3 and 4 next, but then we're going  
4 to do a couple of the information items. We're going to  
5 take up Agenda Items 8 and 9. Then we're going to move  
6 from there to Agenda Item 6, then back to 5, and then to  
7 7. I'll make sure to keep you all apprised as we go  
8 along.

9 (Laughter.)

10 CHAIRPERSON MATHUR: But I just wanted to give  
11 everyone a heads up, that we're not going to take all of  
12 the items in exactly the order that are on the official  
13 agenda.

14 Okay. So Agenda Item number 3 is the approval of  
15 the meeting minutes from the last Committee meeting. I  
16 know there have been a couple of changes. Would you like  
17 to highlight those?

18 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: Yes.  
19 Thanks, Madam Chair. Two changes. One is we corrected  
20 that we did not meet at 11:00 p.m. We actually met at  
21 11:00 a.m. I know you guys are dedicated. We just  
22 mentioned that. Also, there was misstatement for AHCA  
23 it's not Affordable Health Care Act. That means it's the  
24 American Health Care Act. So that's been reflected in the  
25 final minutes in front of you. So I just wanted note that

1 before you voted

2 CHAIRPERSON MATHUR: Thank you. So is there a  
3 motion for approval as amended.

4 VICE CHAIRPERSON BILBREY: Move approval

5 CHAIRPERSON MATHUR: Motion made by Mr. Bilbrey.

6 COMMITTEE MEMBER HOLLINGER: Second.

7 CHAIRPERSON MATHUR: Seconded by Hollinger.

8 Any discussion on the motion?

9 Seeing none.

10 All those in favor say aye?

11 (Ayes.)

12 CHAIRPERSON MATHUR: All opposed?

13 Motion passes.

14 Please also note for the record that Mr. Slaton  
15 has also joined us.

16 I've had no requests to pull anything off of  
17 Agenda Item number 4, so we'll move right on to agenda  
18 Item number 8, which is our Federal health care policy  
19 representative update. And on the phone we have Yvette  
20 Fontenot and Chris Jennings.

21 And, Mr. Pacheco, you want to kick us off?

22 DEPUTY EXECUTIVE OFFICER PACHECO: Yes. Thank  
23 you, Madam Chair. Brad Pacheco, CalPERS staff. I'm  
24 joined by Mary Anne Ashley and Gretchen Zeagler with our  
25 Legislative Affairs team.

1           Thank you for your flexibility for our colleagues  
2 on the east coast. The first report we have today is our  
3 federal health care policy report to discuss our work  
4 around the AHCA. And I believe that the Committee and the  
5 Board members received a letter that we sent at the end of  
6 May expressing some concerns around this area. And, Ms.  
7 Zeagler also attended some visits with the Yvette  
8 Fontenot. So I'll turn it over to Yvette and Chris to  
9 give an update.

10           CHAIRPERSON MATHUR: Ms. Fontenot, Mr. Jennings,  
11 go ahead.

12           MR. JENNINGS: Yeah. This is Chris Jennings.  
13 And I will start off, and then Yvette will supplement with  
14 other non-AHCA - we're call calling it the American Health  
15 Care Act - information that is of importance to CalPERS.

16           Obviously, if you are watching the news, you know  
17 that this is a very amazing immediate time where the  
18 leadership of the Senate Republicans are trying to  
19 finalize their bill and bring it up to a final vote as  
20 early as next week.

21           That, according to Republican Senator Corker has  
22 said and indeed the intention that the bill be brought up  
23 for a vote next week on Thursday. It will be passed by  
24 the Republicans as better than the quite unpopular outpast  
25 version of the American Health Care Act. Democrats will



1 dispute that.

2           There will be an all-Republican members meeting  
3 tomorrow to discuss broad strokes about what's in this  
4 legislation. Much of the bill is already with the  
5 Congressional Budget Office, but no one publicly has seen  
6 it, and very few Republicans, let alone Democrats.

7           This is -- they're likely, by the way, even when  
8 there is an understanding of what's in this bill, after  
9 the Congressional Budget Office scores it, and the likely  
10 reaction to it, there is expected to be an amendment to it  
11 on the Senate floor on Thursday of next week.

12           Democrats have attempted to slow Senate business  
13 through a series of parliamentary maneuvers to protect the  
14 Republican process, but this probably will not succeed.  
15 Before going on to the rumored bill and what's in it, at  
16 least as much as we know as the best intelligence as of  
17 this hour.

18           I thought I would quickly remind the Board of  
19 what CalPERS had said about the House bill just recently  
20 that Chairman -- the Finance Committee, Senator Hatch,  
21 Republican from Utah, requested our comments as well as  
22 the comments of many other people.

23           It helped set the stage for a quick description  
24 of what we know to be the modifications on the underlying  
25 legislation. On May 23rd, it was indicated, CalPERS CEO

1 Marcie Frost did forward a letter that is consistent with  
2 CalPERS past positioning on ACA and reforms to the law  
3 about concerns and priorities relative to the health bill.

4           While this was included in your monthly Board  
5 record, as a reminder, Cadillac -- here are the four  
6 primary issues that were raised by CalPERS in their  
7 letter. First, it was a recognition that the Cadillac Tax  
8 had been delayed, and that we welcomed that from '20 to  
9 '26 -- 2020 to 2026, but we also duly indicated  
10 disappointment that it did not include any reforms to the  
11 flawed legislation as it related to the Cadillac Tax or  
12 alternatively its repeal.

13           Secondly, the letter goes on to talk about  
14 coverage loss, and its implications related to cost  
15 shifting back to insured populations. It pointed to a  
16 Congressional Budget Office projection of nearly 23  
17 million newly uninsured Americans that would result from  
18 the AHCA, is what we call it for short, that could  
19 ultimately shift costs back to CalPERS and other such  
20 plans, as providers in our network seek to get higher  
21 reimbursement for uncompensated care.

22           Thirdly, we raised the issue of prescription drug  
23 costs. We raised concern that there was no explicit  
24 movement to address rising prescription drug costs in this  
25 underlying policy.

1           And fourth, we underscored a desire for, and a  
2 need for, bipartisan ship. We indicated that all  
3 sustainable policies in health care start and end with  
4 bipartisanship. And indeed, we cited Chairman Hatch's  
5 ongoing work with Ranking Member Wyden on this legislation  
6 on chronic care reform, improving the type of coordinated  
7 care we provide. And as we did that, we indicated our  
8 support for that type of approach to be made to overall  
9 health reform.

10           Now, let me quickly shift to what is rumored to  
11 be in the bill. Again, as I mentioned, no one really  
12 knows, but what has been rumored and seems to be true is  
13 policy related to Medicaid. The Medicaid expansion, which  
14 is an important part of the overall expansion, in addition  
15 to the exchange policy, phases-out beginning from -- over  
16 three years from 2020, to '23. In other words, beginning  
17 in 2020, that expansion that has made up probably for over  
18 half of the newly insured population, would be phased out  
19 completely, and it would be done relatively aggressively.

20           This is quicker than many Republicans in Medicaid  
21 expansion states have requested. For example, Senator  
22 Portman from Ohio and Senator Capito from West Virginia  
23 have asked for a seven year phase-out, but that is the  
24 compromise amongst the cause.

25           The House-passed bill would fully end the extra

1 funding for Medicaid in 2020. So some Republicans will  
2 say this is better in this -- than the House-passed bill.  
3 And, of course, Democrats will dispute largely related to  
4 the formulas, and how the overall policy affects the rest  
5 of the Medicaid program through much tighter caps on  
6 program growth.

7           And I won't go into all that detail, but it  
8 focuses on indexing future costs through the Consumer  
9 Price Index, rather than the Consumer Price Index of the  
10 medical cost, and as a consequence most experts believe  
11 that will be wholly inadequate. Again, that will be a  
12 debate on the Senate floor.

13           Now, the other issues you've heard about publicly  
14 is this whole issue and controversy about the House-backed  
15 bill as it related to preexisting condition protections.  
16 They were waivers to waive those protections altogether.  
17 The Senate is expected to keep the waivers and allow  
18 States to change health benefits, but they will not allow  
19 medical underwriting.

20           So Senate Republicans will claim that the  
21 fix -- that their policy actually addresses the House  
22 bill's shortcomings, while Democrats will say that the  
23 fact that you can modify the benefits to exclude services  
24 that people who have preexisting conditions require will  
25 no longer have them, undermines that argument.

1           Thirdly, the issue that's gotten quite a bit of  
2 attention is this so-called age tax, where older Americans  
3 will pay a lot more money, both through higher ratings, as  
4 well as less subsidies.

5           It appears that the Senate may continue to allow  
6 the higher ratings, but will increase the subsidies to  
7 help reduce those costs. Nonetheless, I think you can  
8 expect AARP to continue to oppose this legislation,  
9 because they'll stay it's a higher cost for the elderly,  
10 between 50 and 64.

11           As to prescription drugs, which was another  
12 issue, of course, that we raised, there are no additional  
13 prescription drug cost provisions in the House or in the  
14 Senate, as I mentioned, from what we've heard.

15           So again, these are all rumors, but it gives you  
16 an up-to-the-moment as-of-this-hour update as to where we  
17 are.

18           Now, the last part I'm going to convey to you  
19 is -- before I turn it over to Yvette is sort of an  
20 up-to-the-moment process update on the timing of all this,  
21 and how they're going to go about doing this.

22           In a way, this is the moment where this  
23 legislation will either succeed or fail in passing.  
24 Senator McConnell is not interested extending this debate,  
25 because it's deferring a lot of other policies he cares

1 about. So there is overwhelming pressure from himself to  
2 his members to pass this before the end of next week.

3 Whether he has the votes is very unclear, which  
4 I'm going to talk to you in a moment. Republicans can  
5 lose two votes, because they have 52. And there appear to  
6 be -- and while there appear to be many Republican  
7 Senators upset with the process and the rumored substance,  
8 there is sort of an ongoing respect of the Majority Leader  
9 McConnell's ability to bring members to his side, even on  
10 such a difficult vote.

11 In any case, this is obviously expected to be a  
12 very close vote. If it wins, it will likely be on a 50/50  
13 vote, with the Vice President breaking the tie.

14 All experienced Senate watchers are projected --  
15 are currently projecting that this vote could go in any  
16 direction, but they're projecting about a 50/50 likelihood  
17 that it will be passing. So it's not -- even the  
18 experienced ones of us have no idea.

19 On both sides of the aisle, on both sides of the  
20 stakeholder community, there is tremendously strong  
21 engagement, certainly in the last week or two, and up  
22 through next week, you will see much of that in the media  
23 as the debate process goes forth.

24 And finally, as I turn it over to Yvette, I  
25 should tell you that regardless of whether this

1 legislation passes or failure -- or fails, there is an  
2 ongoing issue about how the current law would be  
3 maintained, primarily because there is a monthly update as  
4 to whether the administration will provide cost-sharing  
5 subsidies that reduce premium costs. And in so doing,  
6 they're feeding a lot of uncertainty, which is  
7 contributing to -- you'll see this in California and  
8 elsewhere -- projections of higher premiums, and indeed  
9 plan pull-outs.

10           So in many ways, this is a very both fluid, but  
11 also -- and dynamic, but also unstable world. And it's  
12 unfortunate and, you know, I can only report on the  
13 dynamic. So please don't shoot the messenger.

14           (Laughter.)

15           MR. JENNINGS: With that, I'm going to turn it  
16 over to Yvette.

17           MS. FONTENOT: Great. Thanks, Chris.

18           The one thing I want to just add on the ACA  
19 repeal and replace front, Chris did a great overview of  
20 the legislative process. On the administrative side,  
21 tomorrow is also a very big day, in the sense that it is  
22 the deadline for plans to file premium and benefit designs  
23 to participate in the 2018 new -- open enrollment cycle.

24           So one of the big concerns has been whether there  
25 will be zero plan counties across the country in any

1 particular States. And tomorrow, we will have a much  
2 better picture of whether that may actually occur in  
3 States or not.

4           On -- I wanted to just touch on two of the other  
5 important issues that we track for CalPERS, one being drug  
6 pricing, and the second being delivery system reform very  
7 quickly. On the drug pricing front, there has been  
8 actually a good bit of action in all three branches of  
9 government over the past couple of weeks.

10           In the Congressional Branch, both of the relevant  
11 committees in the House and Senate have passed the  
12 legislation that's necessary to continue funding the Food  
13 and Drug Administration's work, both to approve novel  
14 drugs as well as generic drugs.

15           As those -- that piece of legislation moves  
16 through the committees, drug pricing was a part of that  
17 debate in both committees, but there was agreement to move  
18 forward, given the importance of the funding to the FDA,  
19 and to not delay the movement of that bill, in order to  
20 debate drug pricing at that moment in time.

21           The administration's budget that the President  
22 released includes a much higher level of user-fees than  
23 was either in the House or the Senate bill for funding  
24 FDA. And there is some expectation that the President  
25 will demand those higher levels from the industry, and



1 will not consider the congressional product. There is  
2 also some resistance among Senate Democratic leadership to  
3 allow this, or really any health care legislation, to be  
4 considered on the Senate floor, while the repeal and  
5 replace effort is ongoing.

6           So the House may move forward, but at the moment  
7 it's not clear whether that legislation will be  
8 reauthorized prior to the September 30th deadline for  
9 refunding the Food and Drug Administration.

10           In the Executive Branch, there is an expectation  
11 that the President will soon release an executive order  
12 that directs the various agencies to develop  
13 recommendations to lower drug prices. It's not totally  
14 clear what the content will be, but, for example, the  
15 President could use this order to direct CMS to make it  
16 easier for drug companies and insurance companies to use  
17 value-based contracts in the drug space, which was a  
18 concept that's been supported both by drug makers and  
19 plans.

20           But there some federal regulations that get in  
21 the way of widespread enactment. So we expect that  
22 executive order any time in the next couple of weeks. And  
23 then finally, in the Judicial Branch, about two weeks ago  
24 the Supreme Court released a heavily anticipated decision  
25 related to patent disputes between the developers of new

1 biological medicines, and the manufacturers of biosimilar  
2 copies.

3           It was -- this was the first -- the Court's first  
4 ruling on the patent provisions of the biosimilar pathways  
5 that was enacted as part of the Affordable Care Act, and  
6 is deemed by many as a pathway for more biosimilar  
7 products -- cost saving more affordable biosimilar  
8 products to come to market.

9           On the delivery system reform side, as was  
10 mentioned, when Gretchen Zeagler was in Washington, we did  
11 meet with the Senate Finance Committee that had  
12 unanimously passed that legislation to advance care for  
13 those with chronic illnesses. It was a bipartisan  
14 unanimously-supported effort. And it was a piece of  
15 legislation which we referenced in the CalPERS letter on  
16 the repeal of the Affordable Care Act as being an example  
17 of how health care legislation should be moved through  
18 Congress.

19           We did meet with the Committee and offer any  
20 technical assistance or data that might be helpful. It's  
21 not clear whether the House will consider that  
22 legislation. Although, there's companion bills in the  
23 House for most of the pieces of that legislation. But it  
24 is an effort that is widely supported and would advance  
25 chronic care management, both in the Medicare and Medicaid

1 programs.

2           The administration still seems to be  
3 contemplating how to advance delivery system reform.  
4 There's been limited administrative action in this space  
5 as the Secretary and Administrator have gotten their teams  
6 into place. And we understand that they are looking for  
7 ways to use the Centers for Medicare and Medicaid  
8 innovation, which was the vehicle for the majority of  
9 changes that were made by the Obama administration in this  
10 place -- in this space more creatively, for more sort of  
11 market-oriented demonstrations and involving greater  
12 consumer engagement.

13           And then finally, just about five minutes before  
14 we got on the phone, the administration did release  
15 regulations on MACRA, which is the new physician payment  
16 system under Medicare that was put into place by the last  
17 Congress, and which will be the primary mechanism for  
18 transforming care delivery from volume to value based.

19           Those regs -- that propose reg just came out, as  
20 I said, about five minutes ago. And this really will be  
21 our first insight into the direction of this effort under  
22 the new administration.

23           So with that, I will wrap-up and we're happy to  
24 answer your questions.

25           CHAIRPERSON MATHUR: Well, thank you both very

1 much for your substantive overviews and reports. We do  
2 have a few questions from the committee.

3 Ms. Taylor.

4 COMMITTEE MEMBER TAYLOR: Yes. Thank you. I  
5 totally missed your final thing on what you said the  
6 Supreme Court decided. I didn't even catch it.

7 MS. FONTENOT: The Supreme Court Was debating a  
8 court case about patents --

9 COMMITTEE MEMBER TAYLOR: Right.

10 MS. FONTENOT: -- under the biosimilars pathway.  
11 That was enacted as part of the Affordable Care Act.

12 COMMITTEE MEMBER TAYLOR: Right.

13 MS. FONTENOT: And as a result of the ruling, the  
14 biosimilar company will generally be able to launch their  
15 products as soon as the data exclusivity on the innovative  
16 product expires. The innovators were arguing that they --  
17 the biosimilar companies should have to wait a prolonged  
18 period after the date of exclusivity expired, but the  
19 court ruling determines that they can actually go to  
20 market as soon as that exclusivity expires.

21 So it's generally seen as win for the biosimilars  
22 company, and for more production of those products.

23 COMMITTEE MEMBER TAYLOR: Thank you.

24 CHAIRPERSON MATHUR: Great. Thank you.

25 MS. FONTENOT: Sure.

1           CHAIRPERSON MATHUR: Mr. Jelincic.

2           BOARD MEMBER JELINCIC: Yeah. In your report,  
3 you had talked about the movement to the merit-based  
4 incentive payment system, and how less people or less  
5 physicians were being covered by it. I recognize new regs  
6 just came out, and so you may not have an answer, but  
7 why -- why did the movement to restrict and reduce the  
8 number of people moving to value based?

9           MS. FONTENOT: Mr. Jelincic, this was actually  
10 begun by the Obama administration. They had put out some  
11 proposed regs that had a fairly aggressive time frame for  
12 moving physicians towards more value based. And they got  
13 a fair amount of pushback that there weren't enough  
14 value-based designs yet for physicians to really be able  
15 to engage, and that they needed sort of slower pathway to  
16 transition into these new systems.

17           And so the Obama administration finalized regs  
18 that created more of a glide path that allows physicians  
19 to report less frequently over the first year of  
20 implementation, and then kind of move slowly and upward in  
21 their progress in the second and third year.

22           I'm assuming that the regs that were just  
23 released continues that glide path and probably creates  
24 even more flexibility for physicians, particularly small  
25 rural and independent practices to try and give them a

1 little more time to move into a real value-based system.

2 And I think this, you know, really has to do with  
3 the amount of practice transformation and investment  
4 that's required to move into these really data intensive  
5 value-based systems.

6 BOARD MEMBER JELINCIC: And on the -- you  
7 referenced Trump's budget cuts, do you think they're  
8 happening or are people going to push back on it --

9 MS. FONTENOT: Yeah, I think --

10 BOARD MEMBER JELINCIC: -- successfully push  
11 back?

12 MS. FONTENOT: Yeah, I think generally speaking  
13 the budget was not widely accepted in Congress. There  
14 were certain provisions that I think were probably more  
15 popular than others. But, for example, his proposal on  
16 funding the FDA by increasing the amount of industry user  
17 fees, the chairman of the relevant committee in the Senate  
18 wrote back a letter to that request saying that that was  
19 not the path they were going to be following.

20 And some of his additional cuts to Medicaid and  
21 his cuts to the National Institutes of Health and other,  
22 you know, popular political items, if not policy items,  
23 have sort of been roundly rejected by the relevant  
24 Chairmen in Congress.

25 So that process -- the 2018 budget process is

1 still playing out, but I don't see it being, you know,  
2 widely accepted as they move through their deliberations.

3 BOARD MEMBER JELINCIC: Thank you.

4 CHAIRPERSON MATHUR: Thank you.

5 Mr. Lofaso

6 ACTING COMMITTEE MEMBER LOFASO: Thank you, Madam  
7 Chair. Chris, if you're out there --

8 MR. JENNINGS: Yes

9 ACTING COMMITTEE MEMBER LOFASO: -- Alan Lofaso  
10 from the State Controller's office. You said two things  
11 that I wanted to understand a little bit more. So you  
12 mentioned broad outline of the Medicaid changes, and I  
13 appreciate you didn't try to go too in the weeds, but you  
14 also indicated the stakeholders were very active. And I  
15 can imagine if I was a stakeholder, I'd be just trying to  
16 figure out what's going on. But my question is are you  
17 able to appoint -- are you able to point to any  
18 incremental impacts that stakeholders are being able to  
19 get some success on, on these Medicaid and other issues  
20 that speak to the cost-shifting issue, or are we just  
21 trying to figure out what's going?

22 MR. JENNINGS: Yeah, that's a great question.  
23 You know, in the end of the day, the ultimate test will be  
24 the vote next week as to whether it happens or if it's  
25 pulled. If that's the case, then the stakeholder

1 community will have had an impact. But in the general  
2 rule, I would say that the hospitals in particular and the  
3 physician community, the Cancer Society, and AARP of --  
4 you know, in Washington we've -- we call special interest  
5 stakeholders that we like.

6 So in a way, the stakeholder dynamic are the most  
7 active and probably impactful have been met -- goes  
8 through period of -- and probably labor as well, but  
9 primarily through resources that have been dedicated to  
10 advertise against this legislation.

11 As I mentioned, the impact will be judged by the  
12 vote. I do think that some of the reaction by Republican  
13 Senators in Medicaid expansion States suggest that it has  
14 had an impact, that they hope to at least try to  
15 ameliorate some of the policies. But in terms of what  
16 we're hearing today, I think most of those stakeholders I  
17 mentioned will conclude that it was an inadequate attempt.

18 And then the question will be whether their  
19 continued opposition to the legislation has an impact on  
20 the final vote? But, I mean, I think right now most  
21 people think that there are between 43 and 45 pretty  
22 certain votes in the Senate in support of this  
23 legislation. The other five to seven are very difficult  
24 to get, and that they generally come from Medicaid  
25 expansion states.



1           ACTING COMMITTEE MEMBER LOFASO: Appreciate.

2           CHAIRPERSON MATHUR: Okay. Thank you very much.  
3 Well, thank you both for being with us this afternoon.  
4 And we can release you now.

5           We're going to move on to Agenda Item number 9.  
6 And we'll bring in Tom Lussier and Tony Roda. Do you want  
7 to -- do you have opening comments, Mr. Pacheco?

8           DEPUTY EXECUTIVE OFFICER PACHECO: No, I don't,  
9 Madam Chair. I believe that Tom and Tony are on the  
10 phone, and available to make their report.

11          CHAIRPERSON MATHUR: Terrific. Whichever of you  
12 wishes to go first?

13          Hello.

14          MR. RODA: Thank you, Madam Chair and members of  
15 the Board, staff. This is Tony Roda with Williams and  
16 Jensen. And I'm going to talk about tax reform and then  
17 I'm going to turn it over to Tom to talk about the items  
18 related to Social Security and Department of Labor rules.

19          But as a State and local plan generally, and  
20 qualified members of federal tax, we are not in the  
21 position of asking for very much on the legislative front.  
22 Sometimes that is the case.

23          Right now, we're playing more defense. So if  
24 things don't happen, that's a positive. And tax reform,  
25 you know, you're going to hear a lot about the depth of

1 tax reform, the fact that it's suddenly gotten a boost.  
2 You're going to hear the back -- back and forth wildly for  
3 months.

4 All I can say is having been a staffer during the  
5 last tax reform debate, that was exactly the case, and it  
6 was -- it was finally something that Congress was able to  
7 grind out. So right now, tax reform has been in the  
8 position of waiting for health care, and that is because  
9 the Ways and Means Committee Chairman said he would like  
10 to see the Cadillac tax and some of the other taxes, the  
11 medical device tax dealt with in that legislation where  
12 they can be offset where they can reduce Medicare  
13 spending, as opposed to bringing those tax cuts into tax  
14 reform, which it just makes the baseline much higher and  
15 easier to deal with, if health care can go first.

16 The other procedural item is that, you know, they  
17 want to take the same path the Republicans that they are  
18 with health care, namely that they want to use the special  
19 budget rule called reconciliation, which essentially for  
20 the important purposes is the Senate can pass it by a  
21 majority vote, and does not need to have a 60-vote margin.  
22 So it's very powerful. And in order to do that, they're  
23 going to need an FY '18 budget resolution, and they're far  
24 from that.

25 So Speaker Ryan spoke today at the National

1 Association of Manufacturers, a big highly touted speech  
2 on tax reform. And he said they're still on track, but  
3 we're going to do in 2017. So think about that in the  
4 context of tax reform, it's a year-long process, if it can  
5 be done.

6 We do anticipate something more detailed from the  
7 Trump administration in September. And we expect that the  
8 House Ways and Means and the Senate Finance Committee will  
9 also be continuing to hold hearings.

10 The goal here, unlike what they did with health  
11 care, is at the outset to try to get the House  
12 Republicans, Senate Republicans, and the White House on  
13 the same page.

14 Now, the new development late last week was the  
15 Senate Finance Committee sent out an email to the public  
16 asking for input on tax reform. And Tom Lussier,  
17 Gretchen, and I had a talk about this, whether it makes  
18 sense for CalPERS to provide comments.

19 For the following reasons we do not, at this  
20 point, think it does make sense and would have much of an  
21 upside.

22 First is that Hatch in his stakeholder letter  
23 specified very specific categories, tax relief to the  
24 middle class, updating our international tax system,  
25 strengthening businesses. And probably a catch-all, which

1 is removing impediments and disincentives for savings and  
2 investments that exists in the current tax system.

3           So even that doesn't really apply to the kinds of  
4 things that we're looking at, which again is defense. The  
5 second point is that some of the items that we would  
6 certainly mention in the letter from CalPERS more than  
7 probably any other public sector pension fund, are  
8 negative to what Senator Hatch's legislative initiatives,  
9 PEPTA, the Public Employee Transparency Act and his  
10 annuity accumulation plan.

11           That kind of dovetails with number 3, which is  
12 with these items we're going to play defense, and we're  
13 going to play defense hard. But if these items are not  
14 really front and center in Hatch's thinking, in the  
15 context of tax reform, then why do we want to highlight it  
16 for him and for his staff. We don't want to instigate  
17 something that may not occur.

18           So for those reasons, we are thinking, at this  
19 point, that CalPERS comment would not be helpful and I  
20 would suspect that some of the national groups will  
21 comment. There's a meeting on Thursday this week with the  
22 Public Pension Network, which includes NCPERS and NASRA  
23 and NCTR, which I will be attending. And we're going to  
24 discuss that item at that meeting. So that's the latest  
25 in the big picture.

1           The substance that we're going to work against  
2 and continue to work against are the items that I -- two  
3 items I mentioned, PEPTA. If enacted, PEPTA would require  
4 would require CalPERS and every other State and local  
5 governmental plan to report annually to the federal  
6 Treasury Department on their funded status two different  
7 ways, two different methods. One, using your assumed rate  
8 of return, and second, using a different calculation using  
9 the Treasury Obligation Yield Curve, which is somewhere  
10 around three percent, I believe, at the moment.

11           This legislation is designed to stir headlines  
12 and create a further backlash against public plans. We've  
13 opposed this from day one with some of my other public  
14 pension plans, but certainly CalPERS has not been  
15 supportive of this legislation.

16           The second item in the substantive category in  
17 Senator Hatch's Annuity Accumulation Plan, which would be  
18 a new qualified plan under the federal tax code and an  
19 optional plan. But we do think, given Senator Hatch's  
20 rhetoric, that he would want to enact this and place it  
21 into the law as a clear alternative to defined benefit  
22 plans.

23           And what it would do is it would allow a plan  
24 sponsor to purchase single fixed-year annuities for their  
25 employees, and essentially that would be the retirement

1 plan.

2           There are lots of bells and whistles around that.  
3 One of the most negative things is that the plan sponsor  
4 could, in any year, change the salary rate at which their  
5 funding it, contribution rate. And only employer dollars  
6 can go into purchasing the annuity, not employee dollars.  
7 So we view this as extremely negative.

8           The newest issue, and this came out in a couple  
9 of our meetings that we did in Washington, Tom and I with  
10 Gretchen Zeagler. And this is a notion to require every  
11 new dollar in the defined contribution world so 401(k)s,  
12 457(b)'s, 403(b)'s should be under the Roth Rule, meaning  
13 that it has to be an after-tax contribution, and at  
14 distribution it would be tax-free.

15           So this is being done as a money grab. There is  
16 no real policy to doing this. This is essentially to push  
17 money or pull money into the 10-year budget window. So  
18 instead of the tax-deferred contributions, you have the  
19 tax -- after-tax contribution in the budget window.

20           There is opposition. There is the financial  
21 services community. However, I will say while they are --  
22 I've seen them in the action opposing it at various events  
23 with members of Congress, they're also big corporate  
24 entities that are worried about other issues than tax  
25 form, like what the corporate rate is going to be, and

1 what is the tax treatment of the life insurance industry,  
2 or the financial services sector in general.

3           So I think their opposition maybe -- if certain  
4 items fall away, or their big ticket revenue raisers --  
5 you've probably read about Speaker Ryan's proposed border  
6 adjustment tax - I really see that this Roth proposal as  
7 having a lot of traction. And that's unfortunate.

8           We don't really have good numbers on what it  
9 would mean. We can't -- we've never seen numbers that  
10 would predict what a person would do faced with this new  
11 choice, 'cause it is a new choice. So we are keeping our  
12 eyes on Roth issue very closely.

13           And with Speaker Ryan's speech today, there was  
14 an element of good news, which is he said very clearly  
15 that while we're going to clear out from the code a lot of  
16 special interest carve-outs, they're going to keep those  
17 that make the most sense. And we are in good company  
18 here. We said homeownership, charitable giving, and  
19 retirement savings. That was just today, before a  
20 national audience, Speaker Ryan. So that's a positive.  
21 It does -- it is inconsistent, however, in my thinking  
22 with this push to the Roth method. However, that is what  
23 he did say today.

24           So I think we have to be out early. I think with  
25 the California delegation we've done a couple rounds of

1 meetings. Tom and I have done some. I've done some with  
2 Mary Anne during one of her visits. We've done recently  
3 with Gretchen. We're going to continue to make sure the  
4 delegation is aware of our concerns.

5 And in one of those meetings, it was kind of our  
6 segue right now. Tom Lussier, we met with the House Ways  
7 and Means Committee Social Security subcommittee and  
8 talked about the Windfall Elimination Provision.

9 So with that, I'm going to end my remarks on tax  
10 reform. Of course I'll be around for questions, but I'll  
11 let Tom take it from there with the WEP discussion.

12 CHAIRPERSON MATHUR: Thank you.

13 MR. LUSSIER. Thanks, Tony. And as Tony  
14 mentioned, we actually had a very positive meeting when  
15 Gretchen was in Washington with the Majority staff for the  
16 Ways and Means Social Security Subcommittee.

17 We wanted Gretchen to have the opportunity to  
18 discuss with them firsthand the support that CalPERS has  
19 for a meaningful reform of the Windfall Elimination  
20 Provision. And we also wanted to hear directly from them  
21 where Chairman Brady was with regard to advancing that  
22 legislation in the current Congress.

23 As of this date, he hasn't introduced a specific  
24 piece of legislation. Although, he told us through staff  
25 that it remains his number one Social Security priority.



1 And we have confirmed that with Congressman Neal, who is  
2 his Democratic co-sponsor, and who also is now the ranking  
3 member of the Ways and Means Committee.

4           So we expect that at some time, and as Tony's  
5 pointed out, that the calendar for all of this is very  
6 much up in the air, given the current conditions in  
7 Congress. But the suspicion is that Mr. Brady is looking  
8 for a window of opportunity in the fall to advance his WEP  
9 reform proposal with Mr. Neal, probably in conjunction  
10 with some must-pass legislation that would carry it  
11 through the Congress.

12           There won't be -- as they told us, there won't be  
13 a stand-alone piece of legislation filed much before he's  
14 actually ready to advance the legislation. And we  
15 discussed why that was, and he assured us that, in no  
16 way -- and we understand this, that that in no way  
17 reflects any lack of commitment. But it does change the  
18 dynamic, because it has -- in the past Congress, we've  
19 reported to you on efforts to secure co-sponsors. We've  
20 met with a lot of California members to have them be  
21 co-sponsors. The Chairman has a very different strategy  
22 in this case.

23           We assured him that we were supportive and that  
24 we would stand ready to provide any technical assistance  
25 as he may need when the time is right.

1           While I'm discussing the WEP reform legislation,  
2 it's probably appropriate for me to simply mention that  
3 there are two additional pieces of legislation, Senate 915  
4 and House 1205, which would fully repeal both the WEP and  
5 the GPO. I know staff at CalPERS receives communication  
6 from members. I suspect many of you do as well in support  
7 of that full repeal legislation. But unfortunately as we  
8 have for many, many, many years, it is our view that there  
9 really has -- that neither bill in either House or Senate  
10 has any hope of passing.

11           It is important to note that House 1205 currently  
12 has 137 co-sponsors, including 35 members of the  
13 California delegation. But having said that, again, I  
14 would underscore that these full repeal bills, frequently  
15 with two times as many co-sponsors have been filed in  
16 every Congress for nearly 30 years and none of them have  
17 ever been reported out of the Committee.

18           So we tell you this so that we -- you're aware  
19 that we're aware of your member's support for these bills,  
20 but we also tell you this, because we believe it  
21 underscores why it's so important for us to work with Mr.  
22 Brady, and with the other California members of the  
23 California delegation on the Ways and Means Committee to  
24 exactly advance a meaningful reform in the current  
25 Congress.

1 I'd now like to turn to two regulatory issues --

2 CHAIRPERSON MATHUR: Tom, if you could fairly  
3 quickly.

4 MR. LUSSIER: -- that have been of interest to  
5 CalPERS --

6 CHAIRPERSON MATHUR: Tom, can I interrupt you  
7 real quick?

8 MR. LUSSIER: Yeah.

9 CHAIRPERSON MATHUR: If you could fairly quickly.  
10 We need to get the agenda moving a little bit.

11 MR. LUSSIER: Oh, sure.

12 CHAIRPERSON MATHUR: Thank you.

13 MR. LUSSIER: I'm just going to wind down. There  
14 are two issues, fiduciary rule, which has become  
15 effective, and -- as of June 9. There is legislation to  
16 reverse the rule. It may pass the House. We don't expect  
17 it to see much support in the Senate. The other issue is  
18 the regulatory rule as it relates to Secure Choice plans  
19 that was repealed in both the House and Senate earlier  
20 this year. We wanted you to know that there has been  
21 legislation that would effectively replace the rule with a  
22 law. It has 30 co-sponsors, including both California  
23 Senators. However, we believe that without bipartisan  
24 support, it's unlikely to be taken up.

25 So fiduciary rule is effective. Secure Choice

1 will need -- folks who want to do it will need to find a  
2 way, we believe, around the process without the rules  
3 provision.

4 With that, I think both of us would be happy to  
5 answer any questions that there are.

6 CHAIRPERSON MATHUR: Thank you very much.

7 I think your reports were very robust, so we have  
8 no questions. Appreciate your being on the phone with us  
9 today.

10 MR. RODA: Thank you.

11 MR. LUSSIER: Thank you.

12 CHAIRPERSON MATHUR: Okay. So now we are going  
13 to move back to Agenda Item number 6, which approval of  
14 the 2018 Medical and Pharmacy Benefits for PPO health  
15 plans.

16 (Thereupon an overhead presentation was  
17 presented as follows.)

18 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

19 DONNESON: If we could go to the agenda, Madam Chair,  
20 members of the Committee.

21 This is the third in a series of presentations I  
22 have made requesting, and I will request today, that you  
23 adopt all five of the health benefit designs that I'm  
24 going to -- that I have provided in Agenda Item number 6.

25 --o0o--

1 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

2 DONNESON: Speaking to the agenda, we are going -- it  
3 continues the dialogue on the designs that I'm asking you  
4 to approve. I will focus most of my remarks on the  
5 SilverSneakers program.

6 We will -- if you'll turn to the agenda item  
7 itself, page three.

8 Carl, next slide.

9 --o0o--

10 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

11 DONNESON: We have five benefit designs proposed. I will  
12 walk you through them and identify which plans are  
13 affected, if you -- should you approve this design.

14 The first is to expand the value-based purchasing  
15 design for an additional 12 medical procedures performed  
16 in ambulatory surgery centers. This applies to the PPO  
17 basic plans only, and not the Medicare plan. And for the  
18 remainder of these, these are all effective for the PPO  
19 plan, and not for the HMO plans.

20 The second benefit design I'm going to ask you to  
21 approve is site of care alignment for medical pharmacy, in  
22 which we want more members to get provider-administered  
23 drugs administered in less costly settings out of the  
24 outpatient hospital.

25 The third is a technology application for

1 personal device that provides both our Basic and Medicare  
2 PPO members the opportunity to seek options of care  
3 outside of the emergency room. Their health plans  
4 currently provide for 24-hour nurse line, and there's also  
5 911 available, but we would like both our Medicare and  
6 Basic members to have the opportunity to find less  
7 expensive care settings, if warranted.

8           The fourth is to continue and expand our PPO  
9 purchasing tools, which exist in our current contracts.  
10 Castlight is a tool for researching providers, in terms of  
11 benefit designs, and the costs associated with their  
12 explanation of benefits.

13           And the second is to continue the Welvie program  
14 for the Basic member. This is a tool that allows a member  
15 to seek alternatives to surgery. And we do know that  
16 members use this, so that they may have been advised for  
17 surgery, but they choose not to do so, and to find  
18 alternative means of recovery. We would also like to  
19 expand this Welvie product to the Medicare population.

20           And then the final one is the SilverSneakers  
21 program, which I would like to address in more detail for  
22 this agenda item in terms of cost benefit.

23                           --o0o--

24           HEALTH PLAN ADMINISTRATION DIVISION CHIEF

25 DONNISON: If we go to the next slide, we have done some

1 fairly significant research between May and June in terms  
2 of the benefits of exercise and membership in the  
3 SilverSneakers program. What we have found -- and I would  
4 like to -- before I go through what we have found, I'd  
5 like to call your attention to an attachment 1, which  
6 lists the physiology impacts. And it's from a 2015 book  
7 written for physicians by physicians. It's written for  
8 physicians in terms of treating the older adult on the  
9 importance of the physiological effects of exercise and  
10 the benefits.

11           So first, the first article that we reviewed  
12 found that there is an impact on depression. That greater  
13 physical exercise does have a tendency to be associated  
14 with lower depression rates. Older Medicare members with  
15 diabetes who participated in sponsored club benefits had  
16 reductions in total cost of care at the first year, and it  
17 continued through the second year.

18           SilverSneakers participants are older, and  
19 interestingly enough they're more likely to be men. Now,  
20 this was a 2008 study, so perhaps the women have caught  
21 up. But they are typically -- this population is  
22 typically associated with higher costs. And in the  
23 SilverSneakers program by year two, those that  
24 participated and continued their participation had fewer  
25 admissions.

1           The SilverSneakers participants total health care  
2 costs were 0.2 percent, or two one hundredth -- two-tenths  
3 of a percent lower than the control group, that's for  
4 total cost of care. Whereas, the inpatient admission  
5 costs were 3.2 percent lower. And that will be the study  
6 that we have used to estimate costs.

7           But finally, and this is where I think this is  
8 the most important aspect of why we would want you to  
9 adopt SilverSneakers for the PPO, is that cardiovascular  
10 health, lung health, insulin sensitivity improves,  
11 strength training improves, pain relief is maintained over  
12 time.

13           And I'd like to point out just one notable aspect  
14 about pain relief. We've -- I've talked to, and Dr. Sun  
15 has talked to you, about low back pain. And oftentimes  
16 surgery is indicated as a treatment. But evidence has  
17 shown that when you have an acute onset of low back pain,  
18 exercise, walking, and physical therapy are more important  
19 than -- as long -- as well as non-steroidal  
20 anti-inflammatories is a much better way to treat low back  
21 pain than to go to an orthopedist, go to a primary care  
22 physician, et cetera.

23           So I think I think that the evidence is starting  
24 to show that these programs do work for the older American  
25 and the aging American. And I believe that they are --



1 would be beneficial for our memberships, for the PPO  
2 members.

3           Moving on to slide 5, let's look at the savings  
4 we've associated with SilverSneakers. So we used -- and  
5 this is in the agenda item, it's on page four of five. So  
6 we looked at our Medicare costs. And this is the CalPERS  
7 share of costs. This is not the CMS share of costs. So  
8 if you look at that table at the top of page four, you've  
9 got the CalPERS Medicare, what we pay out of our  
10 supplement plan, our inpatient costs are about \$490  
11 million. And then our -- this supported about 18.9  
12 thousand patients' admissions. The average cost of  
13 admission is around 25,000.

14           Again, this is -- comes out of our supplement  
15 plan. This is not paid for by CMS. And if we apply a  
16 potential 1.4 percent deduction -- reduction in the number  
17 of these inpatient hospitals, that would reduce a first  
18 tier an inpatient hospital admission of about 265  
19 patients.

20           Now, where did we come up with the savings?

21           We looked at -- the potential impact for the  
22 savings is 6.87 million per year. And if you look at the  
23 footnote, the 1.4 is based on our study. And then we  
24 applied it to the amount that we could save should  
25 approximately 265 patients not be admitted.

1           The SilverSneakers cost is approximately 5.7  
2 million. And then the net -- we -- it's difficult to take  
3 the millions and put them into a PMPM due to the fact that  
4 this is a population that's actually using the benefit.  
5 The benefit is based on per visit cost, as well as an  
6 \$0.80 PMPM cost.

7           So we've built those figures into our savings.  
8 We built them into our cost, and we would come up with an  
9 annual net savings of approximately 1.15 million.

10           So we believe, and we recommend, that  
11 SilverSneakers, in addition to the other benefit designs  
12 for the PPOs, be adopted.

13           I would now like to walk through slide 6. These  
14 are all of the costs and savings that are put forward in  
15 this agenda item. The attachments have more detail. It  
16 summarizes the detail that we presented in April and May.  
17 So it -- what we have done is simply displayed the tables  
18 that you have seen before in summary format.

19           And based on these -- our recommendation for  
20 these five benefits for our PPO basic plans, we would save  
21 approximately \$5.5 million. There's a slight savings in  
22 terms of the additional benefits we're asking for the  
23 Medicare tools, which is about 0.15 million. And then we  
24 have -- if you look at the table below, we would  
25 anticipate our Medicare savings with SilverSneakers to be

1 approximately 1.15.

2           So between the 1.3 million, which is all of the  
3 Medicare, plus the 5.5 million, that's a little over  
4 six -- about six and a half million dollars. That's what  
5 we recommend. We believe that the benefits of these --  
6 the benefits of these designs for the PPO justify your  
7 adopting all of the recommended changes.

8           Next slide, Carl.

9                                 --o0o--

10           HEALTH PLAN ADMINISTRATION DIVISION CHIEF

11 DONNESON: Finally, just to show how this links to the  
12 strategic plan, these items, if adopted, address  
13 value-based insurance design, site of care alignment, and  
14 with SilverSneakers population health.

15           Our next steps are to -- Carl, next.

16                                 --o0o--

17           HEALTH PLAN ADMINISTRATION DIVISION CHIEF

18 DONNESON: Our next steps are to seek your approval. We  
19 will produce ongoing results, and we will come back with  
20 progress reports.

21           That concludes my presentation. I would like you  
22 to take action to adopt our recommended benefit designs.

23           CHAIRPERSON MATHUR: Thank you.

24           Questions from the Committee.

25           Mr. Gillihan.

1           COMMITTEE MEMBER GILLIHAN: Thank you, Madam  
2 Chair.

3           So with respect to SilverSneakers, and I can  
4 appreciate the health benefits from increased activity and  
5 exercise. So I'm not opposed to this expansion, but I  
6 would note that we're going to spend somewhere in the  
7 neighborhood of \$6 million to save a million. And because  
8 there's a lot of assumptions underlying these estimates,  
9 I'm just wondering if there's a way we can revisit this in  
10 a year to see if we -- if our continued participation in  
11 the program is justified after we have some more  
12 experience in the program

13           CHAIRPERSON MATHUR: I think it makes sense to  
14 have a report back on the performance of the program, and  
15 the actual savings, and reassess it then.

16           HEALTH PLAN ADMINISTRATION DIVISION CHIEF  
17 DONNISON: Thank you.

18           CHAIRPERSON MATHUR: Thank you.

19           This is an action item.

20           Mr. Jones.

21           COMMITTEE MEMBER JONES: I move staff  
22 recommendation.

23           VICE CHAIRPERSON BILBREY: Second.

24           CHAIRPERSON MATHUR: Thank you. Motion made by  
25 Jones, seconded by Bilbrey.

1 And discussion on the motion?

2 Seeing none.

3 All those in favor say aye?

4 (Ayes.)

5 CHAIRPERSON MATHUR: All opposed?

6 Motion passes.

7 Now, let's get down to why everyone is in the  
8 room today, Agenda Item number 5, 2018 Health Benefit  
9 Rates. Item A is the HMO plan rates. Are you going to do  
10 them together or separately.

11 Together. Okay.

12 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE:

13 Good afternoon, Madam Chair and members of the  
14 Committee. Shari Little, CalPERS team member.

15 I'm pleased to be here today to present to you  
16 the final proposed HMO and PPO rates in Items 5a and 5b.  
17 For those of you that do not have our packet, we have  
18 published versions of the rates in the back of the room or  
19 on-line available to those who couldn't be with us today.

20 CHAIRPERSON MATHUR: If you're in the audience  
21 and you don't have a copy, if you could share with your  
22 neighbors, that would be great. We want to make sure  
23 everyone has access to the information.

24 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE:

25 Thank you. It was a little bit comprehensive, so

1 we didn't put it up on a slide deck. There are a lot of  
2 numbers to look at.

3 (Thereupon an overhead presentation was  
4 presented as follows.)

5 CHAIRPERSON MATHUR: Um-hmm.

6 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE: So  
7 for 2018, CalPERS will be adding a new HMO offering from  
8 Western Health Advantage. We're also offering another  
9 Medicare HMO option through Anthem Blue Cross for one  
10 year. This plan was added in response to some of the  
11 feedback we received from our members enrolled in combo  
12 enrollments plans, where UnitedHealthcare does not offer a  
13 basic option with their Medicare plan. And I will refer  
14 to my colleague in just a minute on that.

15 But I wanted to point out that the combined  
16 weighted average for CalPERS this year in the overall  
17 program is 2.3 percent increase. It's the lowest we've  
18 had in about 20 years, so we're very pleased with that.

19 So if I could just take a moment to talk a little  
20 bit about our added offering, Dr. Donneson.

21 HEALTH PLAN ADMINISTRATION DIVISION CHIEF  
22 DONNESON: Good afternoon. Yes, we were asked in -- to go  
23 back and look at options for Medicare in terms of the  
24 split combo plan. And we did so, and we felt this is the  
25 best option for the Board is to use the Anthem HMO basic

1 plan, which has a broader coverage area combined with an  
2 Anthem traditional Medicare Advantage plan.

3 And then this is a one-year expansion. We will  
4 revisit it in a year with all of our contracts. We wish  
5 to anyone who might be interested in enrolling this to  
6 understand that it is for one year, as we reevaluate all  
7 of our Medicare and basic plan options for 2019 to 2023.

8 And we will have an extensive communication plan  
9 with our members to ensure that they understand that.

10 Thank you.

11 CHAIRPERSON MATHUR: Thank you.

12 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE:

13 Thank you, Kathy.

14 So moving on. Some of the highlights. Anthem  
15 Blue Cross HMO will be expand

16 --o0o--

17 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE:

18 Some of the highlights. Anthem Blue Cross HMO  
19 will be expanded into Monterey pending approval from  
20 Department of Managed Health Care. We also have Health  
21 Net SmartCare that will adding -- be adding additional  
22 cities. And Kaiser expanding into Washington State.

23 And as I mentioned earlier, Western Health  
24 Advantage will provide coverage in El Dorado, Placer,  
25 Sacramento, Yolo, Colusa, Solano, Napa, Sonoma, and Marin

1 counties.

2 --o0o--

3 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE: So  
4 agenda 5a presents the final proposed rates for the HMOs,  
5 which includes Anthem Blue Cross, Blue Shield of  
6 California, Health Net, Kaiser, Sharp, UnitedHealthcare,  
7 and Western Health Advantage.

8 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: Madam  
9 Chair, we request that the Committee make a decision or  
10 action at this time.

11 CHAIRPERSON MATHUR: Thank you. So this is an  
12 opportunity for the Committee to make a motion to adopt  
13 the rates. Just the HMO rates.

14 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE:  
15 Just the HMO first, and the PPO next.

16 CHAIRPERSON MATHUR: Mr. Jones.

17 COMMITTEE MEMBER JONES: I move adoption.

18 COMMITTEE MEMBER TAYLOR: Second.

19 CHAIRPERSON MATHUR: Motion made by Jones,  
20 seconded by Taylor.

21 Any discussion on the motion?

22 Mr. Jelincic.

23 BOARD MEMBER JELINCIC: Just a question. Does  
24 that cover both basic and Medicare in this motion?

25 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE:



1 Yes, it does.

2 BOARD MEMBER JELINCIC: Thank you.

3 CHAIRPERSON MATHUR: Thank you.

4 Any further discussion on the motion?

5 Seeing none.

6 All those in favor say aye?

7 (Ayes.)

8 CHAIRPERSON MATHUR: All those opposed?

9 Motion passes.

10 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE:

11 Thank you, and Item 5b for the PPOs.

12 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: Madam

13 Chair, we request the Committee to make a decision on the  
14 PPOs.

15 CHAIRPERSON MATHUR: Oh. Thank you. Okay. So  
16 we need a motion also on the PPO rates.

17 COMMITTEE MEMBER TAYLOR: I'll make a motion.

18 CHAIRPERSON MATHUR: Moved by Taylor.

19 VICE CHAIRPERSON BILBREY: Second.

20 CHAIRPERSON MATHUR: Seconded by Bilbrey.

21 Any discussion on the motion?

22 This is again just for the Basic and the Medicare  
23 rates.

24 Seeing no discussion. All those in favor say  
25 aye?

1 (Ayes.)

2 CHAIRPERSON MATHUR: All those opposed?

3 Motion happened -- motion passes.

4 (Laughter.)

5 CHAIRPERSON MATHUR: Motion happens.

6 (Laughter.)

7 CHAIRPERSON MATHUR: It's only 3:00 o'clock.

8 (Laughter.)

9 CHAIRPERSON MATHUR: Okay. Well, thank you very  
10 much for this -- I mean, that was -- that seemed like a  
11 very simple vote, but it's the -- it's the result of quite  
12 a lot of work on behalf of -- on the part of our team here  
13 at CalPERS, included -- and the Board as well spent a lot  
14 of time deliberating various -- various items in closed  
15 session as well. But I just want you all to know that  
16 this is -- this is truly the result of dedication and  
17 commitment on behalf of our members from this team. So  
18 thanks again for all your efforts.

19 Okay.

20 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE:

21 Thank you, Madam Chair and Board. And I just  
22 want to just mention that we're just now going to go --  
23 our next steps will be to communicate to our Board members  
24 about open enrollment, and we will see you next month.

25 CHAIRPERSON MATHUR: Sounds good.

1 We do have one comment from the Committee  
2 Mr. Jones.

3 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE:  
4 Yes. I apologize.

5 COMMITTEE MEMBER JONES: Yeah. Thank you, Madam  
6 Chair. Just wanted to echo your comments and also applaud  
7 the staff, because we received those rates a month ago,  
8 and we asked you to go back and twist arms, renegotiate,  
9 and do whatever you have to do to bring those rates down.  
10 And I just want to thank you for coming back with a better  
11 position than we had in May. So thank you again

12 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE:  
13 Thank you.

14 CHAIRPERSON MATHUR: Thank you for your comments.  
15 All right. So now, we'll move on to Agenda Item  
16 number 7, Long-Term Care Contract Award.

17 (Thereupon an overhead presentation was  
18 Presented as follows.)

19 HEALTH PLAN ADMINISTRATION DIVISION CHIEF  
20 DONNESON: Madam Chair, Kathy Donneson, CalPERS staff.  
21 This is Agenda Item number 7. It is the long-term care  
22 contract award.

23 The agenda provides information to this Committee  
24 regarding contract award 2016-8180, long-term care  
25 solicitation evaluation results.

1           The California Public Employees' Retirement  
2 System solicited proposals for a five-year agreement  
3 beginning in 2018 for its third-part administrator for its  
4 Long-Term Care Insurance Program

5           We were tasked in June to develop a competitive  
6 negotiation approach. That's June of 2016 that consisted  
7 with the Government Code section 21663. We come now  
8 before you having concluded all aspects of this  
9 competitive solicitation with a -- with successfully  
10 negotiated contracts from two firms Long Term Care Group,  
11 and CHCS.

12           I will now turn it over to Victoria Eberle to  
13 present all of the details of this solicitation and to ask  
14 for your award of the contract.

15                               --o0o--

16           HEALTH PLAN ADMINISTRATION DIVISION ASSISTANT  
17 CHIEF EBERLE: Thank you, Kathy. Madam Chair, members of  
18 the Committee, this agenda is an action item for  
19 solicitation 2016-8180. In our agenda item today,  
20 highlight the background of the solicitation, the  
21 timeline, the approach we took, the proposal content and  
22 the independent assessment, and the transition.

23           The CalPERS Long-Term Care Program started in  
24 1995 and currently we have an enrollment of 128,000 active  
25 participants, and 100,000 inactive participants.

1                   --o0o--

2                   HEALTH PLAN ADMINISTRATION DIVISION ASSISTANT

3 CHIEF EBERLE: With this, we have four blocks of product  
4 series LTC1, LTC2, LTC3, and LTC4 which is currently under  
5 open enrollment.

6                   The goal of the solicitation was to identify  
7 bidders who could wholly do the services of a third-party  
8 administrator for our Long-Term Care Program, and to bring  
9 to you a negotiated contract that is favorable to CalPERS  
10 at a competitive price point. The goal has been met, and  
11 I am pleased to take you through the process we took.

12                   --o0o--

13                   HEALTH PLAN ADMINISTRATION DIVISION ASSISTANT

14 CHIEF EBERLE: The solicitation itself, as Kathy said, has  
15 taken well over a year, and has consumed the time of at  
16 least 100 CalPERS team members across the enterprise from  
17 inception to present.

18                   --o0o--

19                   HEALTH PLAN ADMINISTRATION DIVISION ASSISTANT

20 CHIEF EBERLE: In 2016, phase one was released and that  
21 was the minimum qualification. At that time, we had three  
22 bidders, CHCS, Long Term Care Group, otherwise known as  
23 LTCG, and Long Term Care Partners.

24                   In September 2016, phase two was started, and the  
25 firms were provided questionnaires to complete on their

1 capabilities, management plans, workplans, staffing plans,  
2 and of course our financial proposals.

3 The firms were also provided at this time  
4 de-identified data to help them prepare the response to  
5 the solicitation. In October of 2016, we held  
6 confidential discussions to answer any questions that  
7 bidders might have prior to their written submission.

8 January 4th, 2017, the submissions from each  
9 bidders were due and Long Term Care Partners withdrew from  
10 the solicitation.

11 --o0o--

12 HEALTH PLAN ADMINISTRATION DIVISION ASSISTANT  
13 CHIEF EBERLE: Between the time period of January and  
14 February, we had evaluations and scored their submissions  
15 through an iterative process, which allowed us to ask  
16 questions of the bidders as they were going through to  
17 understand each bidder's offering to CalPERS.

18 Between January and May, the team performed  
19 reference checks, on-site visits, and an independent  
20 assessment of information technology systems. And between  
21 February and June, the competitive negotiations were held  
22 resulting in signed letters agreements from both bidders.

23 Each bidder's capabilities, their management  
24 plans, their workplans, their staffing plans, and  
25 financial proposals were all consensus scored. At the

1 conclusion of the evaluation, both bidders earned four out  
2 of five stars, placing them in a highly competitive range.

3 --o0o--

4 HEALTH PLAN ADMINISTRATION DIVISION ASSISTANT

5 CHIEF EBERLE: The summary of the stars is seen on page  
6 one of attachment 2.

7 --o0o--

8 HEALTH PLAN ADMINISTRATION DIVISION ASSISTANT

9 CHIEF EBERLE: Given the complexity of the Long-Term Care  
10 Program, the CalPERS team wanted to ensure that each  
11 bidder's information technology capable -- capabilities  
12 were agile and strong. In the end, the CalPERS team  
13 engaged the external long-term care consultants Optimity  
14 Advisors to identify and assess each bidder's information  
15 technology.

16 Consistent with the CalPERS team findings,  
17 Optimity concluded that both bidders had strong  
18 information technology systems, and employ similar systems  
19 in the terms of policy administration, claims  
20 adjudication, care management, and customer call center  
21 services offered.

22 However, to note, two distinct notices -- two  
23 distinct differences were noted. LTCG offers a full web  
24 experience via the portal that members can use. CHCS  
25 currently does not have this feature, but would build it,

1 if selected. LTCG also has a formal information  
2 technology business plan over three years to improve its  
3 current system. CHCS did not present a proposal in their  
4 business plan to improve systems.

5 --o0o--

6 HEALTH PLAN ADMINISTRATION DIVISION ASSISTANT

7 CHIEF EBERLE: The transition would be very different  
8 depending on which bidder is chosen. If CHCS is chosen,  
9 the transition activities would commence immediately for a  
10 negotiated go-live date of June 1, 2018. The transition  
11 plan entails migration of our current business including  
12 the 128 active participants -- the 128,000 active  
13 participants, the approximately 100,000 inactive  
14 participants, the four blocks of business we spoke  
15 earlier, but more importantly 22 years of historic data,  
16 most it in paper form.

17 The transition team will be comprised of a team  
18 that's made up of the CalPERS program staff, CHCS staff,  
19 LTCG staff, a project manager, and an on-site long-term  
20 care consultant to perform independent validation and  
21 verification.

22 We would also develop a proactive communication  
23 plan to keep stakeholders and participants aware during  
24 all phases of implementation.

25 If LTCG is selected, a traditional transition is



1 not necessary. However, technology enhancements to be  
2 implemented over three years, would be in effect, and  
3 monitored by the same type of team structure, CalPERS team  
4 member, the bidder, a project manager, an external on-site  
5 consultant to perform independent validation and  
6 verification. And, of course, we would have a  
7 communication plan just the same to make sure that all  
8 members and participants knew what was going on.

9           If selected, LTCG, their start date would be  
10 January 1, 2018. And although both bidders are very  
11 strong and fully capable of being successful as the  
12 CalPERS long-term care third-party administrator, there  
13 could be only one.

14           The competitive negotiation approach utilized in  
15 solicitation 2016-8180 consistent with Government code  
16 21663, the CalPERS team recommends that the Long Term Care  
17 Group is awarded the contract for the third-party  
18 administrator services commencing January 1, 2018 through  
19 December 31st, 2020.

20           That concludes our presentation -- 2022. And  
21 that concludes my presentation.

22           We'll take any questions. Thank you.

23           CHAIRPERSON MATHUR: Thank you.

24           This is an action item. What's the pleasure of  
25 the Committee?

1 Mr. Jones.

2 COMMITTEE MEMBER JONES: Thank you, Madam Chair.

3 I move adoption.

4 COMMITTEE MEMBER FECKNER: Second.

5 CHAIRPERSON MATHUR: Motion made by Jones,  
6 seconded by Feckner.

7 Any discussion on the motion?

8 Seeing none.

9 All those in favor say aye?

10 (Ayes.)

11 CHAIRPERSON MATHUR: All those opposed?

12 Motion passes.

13 Again, this is another item where the team spent,  
14 as you mentioned, a hundred different people dedicating  
15 time over the course of over a year on this very important  
16 project that really does impact quite a number of our  
17 members. So thank you and all of those involved.

18 Okay. We are now going to move on to agenda Item  
19 number 10, State Annuitant Contribution Formula.

20 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE:

21 Hello again, Madam Chair and members of the  
22 Committee. Agenda Item number 10 provides the State  
23 annuitant contribution rates, which are based on the 2018  
24 health premiums, provide -- excuse me, provided in the  
25 attachment in this agenda item.

1 Government code section 22871 sets forth that an  
2 employer contribution for health benefits for State  
3 employees and annuitants shall be based on the principle  
4 of a weighted average of premiums for the top four health  
5 plan benefits

6 The four largest health plans for 2018 are  
7 Kaiser, Blue Shield Access+, UnitedHealthcare, and the  
8 PERS Choice Preferred Provider Organization.

9 This is an information item only, and I will take  
10 questions, if you have any.

11 CHAIRPERSON MATHUR: Any questions from the  
12 Committee?

13 Seeing none.

14 All those in -- or sorry, this is not an  
15 action -- oh, Mr. Jelincic, go ahead.

16 BOARD MEMBER JELINCIC: Yeah. I recognize that  
17 the 80/80 and the 85/80 are actually determined by CalHR.  
18 But since they do it off our data, do we have some idea  
19 what those numbers are, because I think we probably have a  
20 member or two that would be interested.

21 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: Mr.  
22 Jelincic, we are permitted to provide an estimate, but it  
23 truly -- with us providing an estimate, it really needs to  
24 come from CalHR. That's my understanding is that we can't  
25 distribute it, other than just via an estimate. Maybe --

1 BOARD MEMBER JELINCIC: Is that your position or  
2 can they give what they think the number is going to be,  
3 and recognizing it is, in fact, an estimate?

4 CHAIRPERSON MATHUR: Mr. Gillihan.

5 COMMITTEE MEMBER GILLIHAN: I don't have any  
6 concerns if staff presents an estimate that's their  
7 estimate.

8 BOARD MEMBER JELINCIC: Yeah.

9 (Laughter.)

10 BOARD MEMBER JELINCIC: And that's fine.

11 CHAIRPERSON MATHUR: No guarantee that it's  
12 accurate, or that it reflects what the administration is  
13 going to calculate -- CalHR is going to calculation.

14 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: So, Madam  
15 Chair, is that Board directed to go ahead and distribute  
16 that?

17 CHAIRPERSON MATHUR: That -- then that -- as long  
18 as -- yes, then that's fine.

19 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: Okay.

20 CHAIRPERSON MATHUR: Okay. Anything else on  
21 Agenda Item number 10?

22 We will move on to Agenda Item number 11 then,  
23 Update on Transition Care Program Pilot.

24 Thank you, Ms. Little.

25 (Thereupon an overhead presentation was

1 presented as follows.).

2 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

3 DONNESON: Could we go to the agenda, please?

4 --o0o--

5 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

6 DONNESON: Good morning -- or good afternoon Madam Chair,  
7 and members of the Committee. Today, we're going to talk  
8 about the completion of the Transition Care Pilot, which  
9 we started in 2015.

10 And as any really good study, we don't want to  
11 deliver results that haven't been evaluated. And Dr.  
12 David Cowling, just behind me, did the evaluation studies  
13 that we will be presenting today.

14 Today, I'm going to talk about why we conducted  
15 the pilot, how it was constructed, and the outcomes and  
16 lessons learned.

17 --o0o--

18 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

19 DONNESON: Thirty percent of Medicare patients are  
20 readmitted within 60 days of discharge according to one  
21 study. As you just saw in the prior agenda item, looking  
22 at it does cost us money. It's not totally paid by CMS.  
23 There are costs associated with each admission.

24 What other studies have found is that gaps in  
25 care exist between the hospital discharge and the first

1 physician visit. And usually that occurs after the  
2 patient has been discharged to home. Also, what has been  
3 discovered is if good post-acute discharge care and  
4 transition care planning is performed, readmissions are  
5 reduced.

6 We conducted this pilot to look at transition  
7 care from the hospital to the home, or from the hospital  
8 skilled nursing to the home to see if we could determine  
9 what needs there might be in terms of follow-up care as  
10 the patient recovers in the home, and to look at avoiding  
11 readmissions, because that is better care than perhaps  
12 what they are getting when they are discharged from the  
13 hospital.

14 We also wanted to know if our long-term care  
15 participant pool -- participant holders of policies, if  
16 care is delivered in a lower cost setting, such as the  
17 home with lower attendant costs associated with that care  
18 delivery would that reduce health care costs in terms of  
19 our PPO supplement plans.

20 So when we pick the participants for the study,  
21 we wanted to look specifically at the Medicare population.  
22 They had to be 65 years and older. We picked area  
23 hospitals in Sacramento, so eight area Sacramento  
24 hospitals, and we -- so they both had to -- they had to  
25 have both coverage for long-term care and coverage for the

1 PPO supplement plan.

2           We also looked at a participant database of  
3 members who had been readmitted or admitted in the prior  
4 one to two years. This pilot was a partnership between  
5 Anthem Blue Cross, CalPERS, Long Term Care Group, and a  
6 company called AccentCare who's provided discharge  
7 planning nurses that could go in and counsel the long-term  
8 care members who were transitioning from their inpatient  
9 to their outpatient home.

10                           --o0o--

11                   HEALTH PLAN ADMINISTRATION DIVISION CHIEF

12 DONNISON: As I said, eight greater Sacramento hospitals  
13 participated in the pilot. We used the AccentCare  
14 discharge planning nurses who actually got privileged at  
15 the hospitals to work with the discharge planners when  
16 they were admitted. Our members carried cards that said  
17 they were part of the pilot, had they chosen to volunteer  
18 to participate. And that told the -- that told the  
19 discharge planner to call the transition care nurse and  
20 assist in this supervision of that transition from  
21 hospital to home at the time of discharge. Again, this  
22 was a voluntary reprogram, and it was at no cost to the  
23 participants. And we did have some invited participants  
24 decline from the program.

25                           --o0o--

1 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

2 DONNESON: This is the evolution of our pilot. We  
3 originally looked at some of the most frail of our  
4 population -- Medicare population who had had multiple  
5 admissions, either in the prior year or the prior two  
6 years. So we took a day to set and we looked at the  
7 frailty of the member that is associated with the  
8 diagnoses, and then we looked at whether to -- how many --  
9 whether they had been readmitted -- whether they had been  
10 admitted and then readmitted within the time period. And  
11 we found that there were, of this population, a number of  
12 them that had multiple admissions in a single year.

13 The problem with that data set - there were about  
14 440 - was that it was the most frail of the population,  
15 and so over that initial period we actually lost our  
16 members. They passed away.

17 And, in fact, one of the members who the  
18 discharge nurse was called -- the transition care nurse  
19 was called, and the member had passed away in the ICU, and  
20 that nurse assisted the family in making preparations for  
21 their loved one.

22 So we thought maybe we better expand the  
23 population to all 65 and older Medicare members within the  
24 greater Sacramento area, and that was approximately 1,140.

25 So between February and March of 2016, you can



1 see from this timeline that with the initial 440 that we  
2 launched, we then expanded it to another 1,150 approximate  
3 participants. But then as we proceeded -- as we proceeded  
4 to look at the needs of this population, we actually  
5 started looking at home care case management with the  
6 membership, as well as home safety visits.

7 So it evolved. We had 440. We then expanded to  
8 1150 or so. And that also included the spouses, because  
9 one of the things we have found out is that carrot home --  
10 if there is a spouse is often managed by the spouse.

11 And these also our long-term care policyholders,  
12 so we wanted to make sure that if they had needs of  
13 assistance with daily living, or they wanted to know how  
14 to open a claim, or they wanted to know about adult  
15 respite because the spouse gets stressed as part of that  
16 care giving, then we wanted to make sure that they had  
17 availability through the Long Term Care Group, as well as  
18 AccentCare nurse to coordinate that care.

19 We also looked at patients that might have been  
20 admitted through the emergency room. So we looked at ER  
21 visits that did not lead to an admission.

22 So, in summary, on our timeline and our scope, it  
23 did expand. But we believe that even though the original  
24 intent was to reduce readmissions, we found out some much  
25 more valuable lessons associated with the pilot, when it

1 was evaluated.

2 --o0o--

3 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

4 DONNESON: One of the things that we learned is that, one,  
5 just having Long Term Care Group and the AccentCare nurses  
6 work together, our members were -- they were actually more  
7 educated about what their benefits were. Whether they  
8 needed them now or not, they at least had a greater  
9 understanding.

10 Most of them in State -- in the terms of safety,  
11 a lot of what we found, through these nurses, is that  
12 safety is an issue in the 65 and older population in terms  
13 of grab bars, in terms of getting trip rugs. We had a  
14 member who kept being readmitted, because there were  
15 tripping over their rugs and falling down.

16 One of the -- we also diverted a house fire, when  
17 one of the participants tried to light the fireplace, and  
18 it hadn't been lit for more than eight years.

19 We learned that that health coordination is  
20 really more community and social services coordination.  
21 Oftentimes, members need to find transportation to the  
22 physicians's office, or they need to identify the support  
23 from the society for the blind, because of macular  
24 degeneration.

25 So these were the types of things in terms of

1 just health coordination we are finding out. Oftentimes,  
2 it's not medical care they need. Although, when we get to  
3 pharmacy it is medical supervision that they need. Often,  
4 i's community and social services.

5 Our greatest safety issue, in terms of  
6 readmission to the hospital, was on medication  
7 reconciliation. The greatest danger to any -- probably  
8 any person, but because this was our Medicare population,  
9 the greatest danger to readmission is Medicare --  
10 medication interaction, and the failure to reconcile  
11 medications.

12 The fact that you have two seniors living in the  
13 home each having their own medications oftentimes they're  
14 mixing them up in the cabinets, oftentimes the discharge  
15 medications are inconsistent with the medications at home.  
16 So the biggest safety issue we encountered was medication  
17 reconciliation. And that is probably the biggest reason  
18 that you have readmissions from this population.

19 And finally prevention. As I said, we did look  
20 at preventing not just going back to the hospital, but  
21 going back to the ER. And now I'm going to turn it over  
22 to Dr. Sun to talk about the evaluation.

23 --o0o--

24 DR. SUN: Good afternoon. Richard Sun, medical  
25 consultant for CalPERS. Before the program was

1 implemented, we developed a thorough quantitative and  
2 quality evaluation plan with the Health Policy Research  
3 Division. The difficulty of obtaining participants and  
4 the evolving eligibility criteria impacted our ability to  
5 implement that plan, including our intended primary  
6 outcome of re-hospitalization.

7 As you can see from the table on page three,  
8 there were 257 participants in the TCP program, that is  
9 the intervention group. There were 884 in, what we  
10 called, comparison group one who met the risk score  
11 criteria and were offered participation in the program,  
12 but who did not enroll.

13 Comparison group 2 included those who were not  
14 offered participation in the program. They had lower risk  
15 scores, including a lower average age, fewer hospital  
16 admissions, and fewer emergency room visits prior to the  
17 program. The small size of the intervention group causes  
18 uncertainty in the results, which do not allow us to form  
19 definitive conclusion about the impact of the  
20 intervention.

21 Nevertheless, they suggest that the program  
22 decreased emergency room visits compared with the other  
23 two groups. In contrast, comparison group one seemed to  
24 have greater decreases in hospital admissions, and length  
25 of stay than the intervention group.

1           Dr. Donneson has already touched upon the  
2 programs anecdotal benefits. I will add that as part of  
3 the evaluation, the CalPERS nurse consultant at the time  
4 reviewed the nurses notes generated by the program. She  
5 identified possible areas for improvement, including  
6 making the nurse's interactions with the families and  
7 participants more comprehensive.

8           In summary, we will continue to follow  
9 developments in minimizing hospital readmissions in our  
10 population health management efforts.

11           This concludes our presentation, and we're happy  
12 to answer any questions.

13           CHAIRPERSON MATHUR: Thank you very much.

14           Mr. Jelincic.

15           BOARD MEMBER JELINCIC: In page three of four,  
16 the comparison group, comparison group 1, which were the  
17 people that were eligible but declined to participate or  
18 didn't respond, you pointed out they had a greater  
19 decrease -- or a greater increase -- no, a greater  
20 decrease in admits, but even then they're still the  
21 highest group. Do we have any idea why apparently the  
22 people who declined tended to be less healthy than the  
23 people who accepted?

24           DR. SUN: We do not have any explanation for  
25 that.

1 BOARD MEMBER JELINCIC: Okay. Thank you.

2 CHAIRPERSON MATHUR: Thank you.

3 Well, despite the small sample size, I think  
4 this -- this actually did -- clearly, there are some  
5 lessons that were -- that we were able to glean from this  
6 study. And it's an important area to review, particularly  
7 given that we are -- we do provide health benefits, and we  
8 also offer this long-term care product, and ensuring that  
9 we are both efficiently using the services -- that our  
10 members are efficiently using the services, but also that  
11 they're getting the best care and having the best outcomes  
12 is clearly our long-term term objective.

13 So I think this kind of work and continuing on  
14 with this kind of work is important. So I thank you for  
15 your efforts on this, and let's see what the next -- what  
16 the next study teaches us.

17 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

18 DONNESON: Thank you. And I'll just stay up here.

19 CHAIRPERSON MATHUR: Okay. So we're going to go  
20 over now to Agenda Item number 12, the Spousal Surcharge  
21 for Contracting Agency Member Health Benefit  
22 Contributions.

23 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

24 DONNESON: Thank you, Madam Chair, members of the  
25 Committee.

1           In March, we reported the close-out of the 2012  
2 to 2017 strategic plan. There are a couple of items that  
3 we were asked to follow-up on. And one was the spousal  
4 surcharge. And I just want to be clear, we understand it.  
5 It's a spousal surcharge for employers. And there is  
6 interest from all also the State employer as well as the  
7 contracting agencies.

8           At the time that we reviewed why the surcharge  
9 was not pursued between 2012 and 2017, in speaking to the  
10 team that worked on it, it was that there -- it's an  
11 administratively complex effort that has to be  
12 administered through an employer. It is not  
13 really -- it's difficult -- it's actually, probably  
14 according to the Government Code, impossible for us to  
15 administer the program.

16           And so, I -- the -- when I was asked to go back  
17 and take a look at it, the first thing I did was contact  
18 our Legal Office to ask if we could, if there was a way  
19 that the premiums could be surcharged in terms of a  
20 spouse. And it's about a spouse who has alternative  
21 coverage through a non-contracted PERS program. So  
22 somebody who might have a health plan through a federal  
23 government, be the spouse of a State or contracting agency  
24 subscriber, that's what the surcharge is for.

25           We do understand -- and in this agenda item, we

1 cite research that spousal surcharge is a method that is  
2 incorporated by other employers as an incentive for the  
3 spouses to use -- the benefit eligibility awarded through  
4 their own employer.

5           As we -- as our legal team looked at whether we  
6 could surcharge through the premium, they examined  
7 Government Code section 22890. And I won't get into the  
8 specifics of it of the -- how the statute reads. It's  
9 just that our Legal Office advised and we concurred that  
10 neither the State nor the contracting agencies could build  
11 a surcharge into the premium.

12           CHAIRPERSON MATHUR: Okay. Thank you.

13           So I think that -- that is -- okay. We do have a  
14 question from the Committee.

15           Mr. Gillihan.

16           COMMITTEE MEMBER GILLIHAN: Thank you, Madam  
17 Chair. Maybe we looked at the question a little too  
18 narrowly. And I don't know why we only looked at it from  
19 the public agency perspective and not the State  
20 perspective, because I think this is something we've been  
21 interested in is a possible alternative to help rein in  
22 again the ever-increasing cost of health care. As an  
23 employer, it's incredibly expensive. And it's the  
24 employers that unfortunately bear the burden -- the brunt  
25 of these costs.



1           So if an employer were to negotiate this with  
2 their employees or a subset of their employees, is CalPERS  
3 not able to facilitate an employer coming to the system  
4 saying we've negotiated this arrangement, and we need you  
5 to help implement it?

6           CHAIRPERSON MATHUR: We have our legal counsel.

7           COMMITTEE MEMBER GILLIHAN: Would that -- would  
8 that be contrary to Government Code?

9           HEALTH PLAN ADMINISTRATION DIVISION CHIEF

10 DONNESON: I just want to clarify something before we turn  
11 it over to the Legal Office. We understand that the State  
12 had great interest in this. We were not trying to exclude  
13 the State by calling it for a contracting agency. It's  
14 just that when it was presented, I guess several years ago  
15 as part of that strategic plan, it was felt to be  
16 administratively expensive for both -- for all employers,  
17 including the State of California.

18           That it was not our intent that you should not or  
19 that the CalHR should not be included as we reviewed this.  
20 And as I expect our legal counsel is going to advise you,  
21 that whether it's the State of California or a contracting  
22 agency, the Government code applies.

23           So I'll turn it over to Mr. David Van der Griff.

24           CHAIRPERSON MATHUR: Thank you.

25           Mr. Van der Griff.

1 SENIOR STAFF ATTORNEY VAN der GRIFF: Good  
2 afternoon, Madam Chair, members of the Committee.

3 We would interpret that, in general, a memorandum  
4 of understanding, or MOU, collectively bargained MOU does  
5 not take precedence over provisions of PEMHCA, unless  
6 provisions of PEMHCA provide for that precedence.

7 So again, from our perspective, should the State  
8 negotiate this or a contracting agency, for that matter,  
9 negotiate this into their agreements, we would think that  
10 would be inconsistent with PEMHCA, as PEMHCA does not  
11 provide for that.

12 COMMITTEE MEMBER GILLIHAN: Thank you. So PEMHCA  
13 doesn't have supersession language that would allow an MOU  
14 to be controlling. But the truth is this system and the  
15 State changes laws all the time. In fact, this system  
16 runs an annual housekeeping bill every year to clean up  
17 Government Code.

18 So I would just hate that we would look for the  
19 first hurdle and use that as a reason to stop research  
20 into this, because if this was something an employer,  
21 perhaps the State, or other public agency employers are  
22 interested in, to help manage their costs to enable to  
23 keep providing benefits, I think it's something that we  
24 should help them with, if they so choose.

25 So I think it warrants -- I don't know. I feel

1 like we just found the first roadblock and called it a  
2 day. And I think it deserves a better look than that.

3 Thank you.

4 CHAIRPERSON MATHUR: Thank you.

5 Mr. Slaton.

6 BOARD MEMBER SLATON: Thank you, Madam Chair. I  
7 agree with Mr. Gillihan that, you know, I think further  
8 exploration of this from a legislative standpoint, I  
9 think, makes some sense to be able to do it. But the  
10 other question I have is what about a spouse that does  
11 have -- in other words, there it's not necessarily  
12 elected, it's provided, how do we do coordination of  
13 benefits?

14 SENIOR STAFF ATTORNEY VAN der GRIFF: In general,  
15 there is a in coordination of benefits provision within  
16 all of our health plan arrangements. There are -- as I  
17 say, there are provisions that do set out the procedures  
18 and how you do coordinate benefits in those situations,  
19 where, right, the spouses both enroll in their respective  
20 employer's coverage, and then it's a determination to  
21 which one is primary and which one is secondary.

22 BOARD MEMBER SLATON: Okay. And we don't -- we  
23 don't mandate it one way or the other, that --

24 SENIOR STAFF ATTORNEY VAN der GRIFF: We don't  
25 mandate in terms of the spouses, in terms of which

1 coverage they should enroll in is the question or --

2 BOARD MEMBER SLATON: Oh, I'm just -- I'm  
3 asking -- you know, there's some organizations that have  
4 where your coverage is conditional upon you don't have  
5 other coverage available to you.

6 SENIOR STAFF ATTORNEY VAN der GRIFF: Yeah.

7 BOARD MEMBER SLATON: If you have other coverage  
8 available to you then that's the coverage you should use.  
9 And I -- my guess is we don't take that approach.

10 SENIOR STAFF ATTORNEY VAN der GRIFF: We don't  
11 take that. Yeah, we do not take that approach. I mean,  
12 we offer -- you know, if we have the coverages available  
13 for our members, employees, either State or contracting  
14 agencies, and generally their spouses, domestic partners,  
15 and other dependents.

16 So we don't put a condition, if you're eligible,  
17 then you can enroll, and they --

18 BOARD MEMBER SLATON: So just -- just enlighten  
19 me just a little bit on how that coordination of benefits  
20 works, where is the first dollar spent in spousal  
21 coverage? Does it come out of our plans, does it come out  
22 of their plans? It depends on the situation?

23 SENIOR STAFF ATTORNEY VAN der GRIFF: It depends  
24 on the -- I mean, we have it explained in the evidences of  
25 coverage for each plan that we offer, and it sets forth --

1 I don't know what chapter and versus right off the top of  
2 my head right now, but we can certainly get back to you  
3 with that.

4 BOARD MEMBER SLATON: Thank you.

5 CHAIRPERSON MATHUR: Thank you.

6 Mr. Jelincic.

7 BOARD MEMBER JELINCIC: And I disagree with the  
8 two Governor appointees. But if, at some point, we do  
9 pursue it, one of the issues that I think has to be  
10 thought about is what happens if you have a couple where  
11 they are both CalPERS employers, but they are different  
12 employers?

13 And so I think that's another little -- if we  
14 pursue, that's another twist that I would encourage you to  
15 make sure you look at.

16 SENIOR STAFF ATTORNEY VAN der GRIFF: Yeah. And  
17 I think I would just add to Mr. Slaton's in terms of the  
18 coordination of benefits. It most likely is going to  
19 depend on which coverage the spouse uses to go for the  
20 services that they are accessing.

21 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

22 DONNESON: The coordination of benefits is often -- often  
23 happens at the provider's office. So that's why we may  
24 not have total visibility on how it works. So I, as a  
25 calPERS member, may go. I'm the subscriber. My benefits

1 prevail in terms of that benefit. As a military officer,  
2 I have secondary coverage through the -- my military  
3 benefit, which could be coordinated. My husband also has  
4 that type of coverage as well as he's on Medicare, so  
5 coordination of benefits often happens at the provider's  
6 offers.

7           And not to make this a lengthy discussion, we  
8 don't have a great visibility on it, but certainly as if  
9 we go -- continue to explore this, we'll try to understand  
10 a little more about that.

11           CHAIRPERSON MATHUR: Thank you.

12           Mr. Bilbrey.

13           VICE CHAIRPERSON BILBREY: Thank you, Madam  
14 Chair. While I understand this doesn't specifically  
15 interfere with collective bargaining, we're kind of  
16 approaching there where employers and their members come  
17 to agreements and we just administer benefits.

18           If employers wish to have this impediment taken  
19 care of, certainly they could pursue something by  
20 legislation. But I'm not sure CalPERS is really the one  
21 that should go down that route myself. So I caution our  
22 committee members on where we're going with this item.

23           CHAIRPERSON MATHUR: Thank you, Mr. Bilbrey.

24           Mr. - Ms. Taylor.

25           COMMITTEE MEMBER TAYLOR: Yes, I was -- I repeat

1 what Mr. Bilbrey said. It was my understanding that there  
2 was some direction here from Mr. Gillihan to -- for you  
3 guys to look into some legislation. And I agree, I think  
4 that should be sought through other means. I don't think  
5 CalPERS is the appropriate place for that legislation to  
6 be sought. And I will also add that as an employee of the  
7 State of California, I don't want to see my benefits  
8 degraded anymore than they already have been. And I think  
9 it makes it difficult for us to, you know, recruit great  
10 people.

11 So that's my thinking on this. I just want to  
12 make sure that we -- and one other question I had was is  
13 it the same Government Code section that you were quoting  
14 that applies to the State of California as it does to --

15 SENIOR STAFF ATTORNEY VAN der GRIFF: No. No.  
16 There are separate -- they're identical, but separate  
17 provisions within PEMHCA.

18 COMMITTEE MEMBER TAYLOR: Okay. Thank you.

19 CHAIRPERSON MATHUR: Okay. Thank you.

20 That was an information item. I see no further  
21 requests to speak.

22 So that will bring us to Agenda Item number 13,  
23 Summary of Committee Direction.

24 CHIEF HEALTH DIRECTOR BAILEY-CRIMMINS: Thank  
25 you, Madam Chair. The first action item is to come back

1 in a year and report back on the SilverSneakers prog --  
2 SilverSneakers program progress back to the Committee.

3 The second action item is to distribute the  
4 CalPERS estimated 80/80 and 85 rates -- our 80/80 amounts.  
5 And then it sounded like we were not directed to lead the  
6 spousal surcharge open. So we only have the two items.

7 CHAIRPERSON MATHUR: That's right. Okay.

8 And finally, public comment. I have received no  
9 requests to speak. Is there any member of the public who  
10 wishes to address the Committee at this time?

11 Seeing none.

12 We are adjourned. Thanks, everyone.

13 (Thereupon the California Public Employees'  
14 Retirement System, Board of Administration,  
15 Pension & Health Benefits Committee open  
16 session meeting adjourned at 3:37 p.m.)

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## 1 C E R T I F I C A T E O F R E P O R T E R

2 I, JAMES F. PETERS, a Certified Shorthand  
3 Reporter of the State of California, do hereby certify:

4 That I am a disinterested person herein; that the  
5 foregoing California Public Employees' Retirement System,  
6 Board of Administration, Pension & Health Benefits  
7 Committee open session meeting was reported in shorthand  
8 by me, James F. Peters, a Certified Shorthand Reporter of  
9 the State of California;

10 That the said proceedings was taken before me, in  
11 shorthand writing, and was thereafter transcribed, under  
12 my direction, by computer-assisted transcription.

13 I further certify that I am not of counsel or  
14 attorney for any of the parties to said meeting nor in any  
15 way interested in the outcome of said meeting.

16 IN WITNESS WHEREOF, I have hereunto set my hand  
17 this 26th day of June, 2017.

18  
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21 

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23 JAMES F. PETERS, CSR  
24 Certified Shorthand Reporter  
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