

MEETING  
STATE OF CALIFORNIA  
PUBLIC EMPLOYEES' RETIREMENT SYSTEM  
BOARD OF ADMINISTRATION  
PENSION & HEALTH BENEFITS COMMITTEE  
OPEN SESSION

ROBERT F. CARLSON AUDITORIUM  
LINCOLN PLAZA NORTH  
400 P STREET  
SACRAMENTO, CALIFORNIA

TUESDAY, APRIL 18, 2017

8:01 A.M.

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A P P E A R A N C E S

COMMITTEE MEMBERS:

Ms. Priya Mathur, Chairperson

Mr. Michael Bilbrey, Vice Chairperson

Mr. John Chiang, represented by Mr. Eric Lawyer

Mr. Rob Feckner

Mr. Richard Gillihan, also represented by Ms. Katie Hagen

Ms. Dana Hollinger

Mr. Henry Jones

Ms. Theresa Taylor

Ms. Betty Yee, represented by Mr. Alan Lofaso

BOARD MEMBERS:

Mr. J.J. Jelincic

Mr. Ron Lind

Mr. Bill Slaton

STAFF:

Ms. Marcie Frost, Chief Executive Officer

Mr. Matt Jacobs, General Counsel

Ms. Liana Baily-Crimmins, Interim Deputy Executive Officer

Ms. Donna Lum, Deputy Executive Officer

Dr. David Cowling, Chief, Center for Innovation

Dr. Kathy Donneson, Chief, Health Plan Administration  
Division

A P P E A R A N C E S C O N T I N U E D

STAFF:

Ms. Victoria Eberle, Assistant Chief, Health Plan  
Administration Division

Ms. Karen Pales

Ms. Shari Little, Chief, Health Policy Research Division

ALSO PRESENT:

Ms. Donna Snodgrass, Retired Public Employees Association

Mr. Larry Woodson, California State Retirees

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1 P R O C E E D I N G S

2 CHAIRPERSON MATHUR: You all quieted down in  
3 anticipation.

4 (Laughter.)

5 CHAIRPERSON MATHUR: Well, good morning,  
6 everyone. Welcome to the open session of the Pension and  
7 Health Benefits Committee.

8 First order of business is roll call.

9 COMMITTEE SECRETARY JONES: Good morning.  
10 Priya Mathur?

11 CHAIRPERSON MATHUR: Morning.

12 COMMITTEE SECRETARY JONES: Michael Bilbrey?

13 VICE CHAIRPERSON BILBREY: Good morning.

14 COMMITTEE SECRETARY JONES: Eric Lawyer for John  
15 Chiang.

16 ACTING COMMITTEE MEMBER LAWYER: Good morning.

17 COMMITTEE SECRETARY JONES: Rob Feckner?

18 COMMITTEE MEMBER FECKNER: Good morning.

19 COMMITTEE SECRETARY JONES: Katie Hagen for  
20 Richard Gillihan?

21 ACTING BOARD MEMBER HAGEN: Here.

22 COMMITTEE SECRETARY JONES: Dana Hollinger?

23 COMMITTEE MEMBER HOLLINGER: Here.

24 COMMITTEE SECRETARY JONES: Henry Jones?

25 COMMITTEE MEMBER JONES: Here.

1 COMMITTEE SECRETARY JONES: Theresa Taylor?

2 COMMITTEE MEMBER TAYLOR: Here.

3 COMMITTEE SECRETARY JONES: Alan Lofaso for Betty  
4 Yee?

5 ACTING COMMITTEE MEMBER LOFASO: Here.

6 CHAIRPERSON MATHUR: Well, we do have a quorum.

7 And please note for the record that Ron Lind and  
8 J.J. Jelincic have also joined us this morning.

9 Next order of business is the Executive Reports.

10 Ms. Lum.

11 DEPUTY EXECUTIVE OFFICER LUM: Good morning,  
12 Madam Chair, members of the Committee. Donna Lum, CalPERS  
13 team member.

14 A few updates for you this morning, first  
15 starting with a brief update on our pensionable  
16 compensation regulations. I just wanted to make you aware  
17 that the package has been delivered to the Office of  
18 Administrative Law. We expect that the public comment  
19 period will be from April 21st to June 6th. And then we  
20 also anticipate that the regulations would come back to  
21 this committee in August for final approval.

22 The next item is related to our on-line direct  
23 deposits for retirees. This is an update that I've  
24 provided to the Committee over the past couple of months.  
25 I did want to share with you that as of yesterday we began

1 mailing a communication to our retirees who have direct  
2 deposit for their only pensions.

3           The communication piece looks like this. It  
4 provides information about the direct deposit initiative,  
5 why we're doing it, some of the benefits. It does have a  
6 postage-paid attached postcard on here that will enable  
7 them to elect to opt in to paper if that's something that  
8 they choose to do.

9           The communication is going out to about 470,000  
10 retirees. And it does advise them that the due date to  
11 return the postage-paid card is July 1st. It also does  
12 provide information, again as I mentioned, should they  
13 decide that they want to opted in to paper, how that could  
14 be done separate.

15           We've also shared a draft of the communication  
16 with our retiree associations, and they did provide some  
17 feedback to help us to ensure that the communication is  
18 clear for the membership.

19           The next item is another update on our CalPERS  
20 educa -- benefits education events. We held our last  
21 event in Santa Barbara On March 17th and 18th. Santa  
22 Barbara is considered to be one of our smaller remote  
23 locations, as the members in that area are approximately  
24 one and a half hours away from our nearest regional  
25 office.

1           This event, as you know, provides quite a bit of  
2 information, education and access to CalPERS staff and  
3 team members to assist our members as they are nearing  
4 retirement or planning for retirement.

5           The total number of attendees for the Santa  
6 Barbara's event tripled from the number that we had back  
7 in 2008 when we were there last. So again, as we are  
8 continuing to see with each and every event that we have  
9 hosted this last year, the increase in attendance  
10 continues to grow.

11           One item worth noting is we have run into a  
12 situation at least on this last fair, and we anticipate in  
13 future fairs, where the Social Security Administration's  
14 absence due to federal budget constraints have prevented  
15 them for participating in the event. In order to ensure  
16 that our members continue to get information regarding  
17 Social Security, our CalPERS Social Security team stepped  
18 in and provided the presentations and they also staffed  
19 the exhibit booths so that they could continue to provide  
20 information to our members. And so that was a big change  
21 for us and something that again I wanted to thank the team  
22 for doing.

23           Our next event is going to be April 28th and 29th  
24 in Fresno.

25           And planning for the events for next year is well



1 underway. We currently have tentative dates and locations  
2 for nine events. And I anticipate having that schedule  
3 ready and available to share with the Committee and with  
4 the public in the next month or so.

5           And my last update is very exciting. As many of  
6 you may know, this is Financial Literacy Month. And I'm  
7 pleased to share with you that our customer support team  
8 in partnership with the Public Affairs Office has  
9 developed an excellent video series on helping members  
10 plan for their financial future. This is part of a  
11 project that we discussed with the Committee during the  
12 business planning process: Senator Rand financial  
13 literacy education for our members.

14           We believe it's important for our members to  
15 understand their responsibilities and benefits related to  
16 retirement planning early on, and especially the  
17 changes -- especially given the changes that have been  
18 brought about by the PEPRA, by the Public Employees  
19 Pension Reform. The videos help inform early- to  
20 mid-career employees about their options. This series of  
21 videos is entitled "Planning For Your" -- "Planning Your  
22 Retirement" -- or, excuse me -- "Planning Your Financial  
23 Future. And it covers a variety of topics such as  
24 budgeting, retirement income sources, examples of  
25 tax-deferred savings, managing debt, personal savings, and

1 health care costs. Each video is approximately two to  
2 three minutes long. And so let's take a look at video  
3 number 3, which is related to personal savings.

4 (Thereupon a video was played.)

5 DEPUTY EXECUTIVE OFFICER LUM: So as part of our  
6 marketing out of these videos, we will be promoting the  
7 videos through our employer bulletin asking our employers  
8 to engage in sharing the information. We also are  
9 providing the links to our stakeholder and our employer  
10 associations. We're promoting through social media. And  
11 we will also have these showing at our regional office  
12 monitors in the waiting rooms and made available at our  
13 Benefit Education Events as well as the Ed Forum.

14 And I also wanted to remind members of the public  
15 that you can access these 10 videos at the CalPERS home  
16 page at [www.CalPERS.ca.gov](http://www.CalPERS.ca.gov).

17 Madam Chair, that concludes my updates.

18 CHAIRPERSON MATHUR: Well, thank you, Donna. I  
19 really appreciate your continuing to advance this  
20 important initiative around financial planning and  
21 financial literacy, which I think we've all identified as  
22 a major -- can have a major impact on an individual and  
23 their long-term sustainability.

24 So appreciate the work.

25 DEPUTY EXECUTIVE OFFICER LUM: Thank you.

1 CHAIRPERSON MATHUR: We do have a couple of  
2 questions from the Committee.

3 So, Mr. Jones.

4 COMMITTEE MEMBER JONES: Yeah, thank you, Madam  
5 Chair.

6 Ms. Lum, regarding the electronic warrant stub,  
7 you mentioned that a member that would like to continue to  
8 receive a paper copy they would opt in. And I just wanted  
9 to verify that once they opt in, that's it for the  
10 duration; they don't have to do anything in year 2, 3, 4,  
11 5; they will continue to receive a paper copy?

12 DEPUTY EXECUTIVE OFFICER LUM: That's correct.

13 COMMITTEE MEMBER JONES: Okay.

14 And if some point in the future they wanted to go  
15 to electronic, they can make that option as well. But  
16 once they opt into paper, it's paper ongoing.

17 COMMITTEE MEMBER JONES: Okay. Thank you.

18 CHAIRPERSON MATHUR: Thank you.

19 Mr. Jelincic.

20 BOARD MEMBER JELINCIC: I enjoyed your little  
21 video --

22 DEPUTY EXECUTIVE OFFICER LUM: Thank you

23 BOARD MEMBER JELINCIC: -- on the question of  
24 whether you're going to have enough money in retirement.  
25 But unfortunately it kind of begs the question, do you

1 have enough money in your active employment years?

2 But my question really was: You've mentioned  
3 that the regs on sustainable comp have been -- made it  
4 over to the Office of Administrative Law. Do you know if  
5 the regs on the combo plan made it to the Office of  
6 Administrative Law?

7 INTERIM DEPUTY EXECUTIVE OFFICER BAILEY-CRIMMINS:  
8 (Nods head.)

9 BOARD MEMBER JELINCIC: That was a yes, just for  
10 the court reporter.

11 INTERIM DEPUTY EXECUTIVE OFFICER BAILEY-CRIMMINS:  
12 Yes, Mr. Jelincic.

13 BOARD MEMBER JELINCIC: Thank you.

14 CHAIRPERSON MATHUR: Thank you,  
15 No further questions from the Committee.  
16 So, Ms. Bailey-Crimmins.

17 INTERIM DEPUTY EXECUTIVE OFFICER BAILEY-CRIMMINS:  
18 Good morning, Madam Chair and members of the  
19 Committee. I'm Liana Bailey-Crimmins, CalPERS team  
20 member.

21 I have three items that I'd like to provide an  
22 update to you on. One is on the Affordable Care Act.  
23 Since it will be in law for the unforeseeable future, we'd  
24 like to remind the Committee of three taxes/fees that  
25 impact CalPERS; two, the successes that we've had in

1 relation to our employer outreach; and then lastly to  
2 highlight the accomplishments we've made to date with  
3 OptumRx.

4           So as we heard, on March 24th the ACA repeal and  
5 replace was -- basically hit a roadblock and they were  
6 unable to get the votes necessary. And so, as such, there  
7 have been reports and discussions of Congress and the  
8 Administration of trying to come up with a compromise.  
9 But, again, it looks like the ACA will be on the books for  
10 at least the unforeseeable future.

11           So what does this mean to CalPERS? There are  
12 three taxes/fees that currently impact us. One is the  
13 excess -- excise tax also known as the Cadillac Tax. The  
14 second is the Patient Center Outcomes Research Trust Fund,  
15 which is also known as the PCORI fee. And then the Health  
16 Insurer Tax, which is also known as HIT.

17           So the PCORI expires at the end of 2018. So  
18 that's good news. So unless there's an agreement at a  
19 federal level and they extend it beyond 2018, we'll no  
20 longer have to pay that fee. That fee currently accounts  
21 for about 20 cents or a little bit less per member per  
22 month.

23           And then for the Health Insurer Tax, in 2016 this  
24 specific tax accounted for about 3 percent of our rate  
25 increase in our plans. And then as we hit 2017, the

1 federal government had waived that tax and so our rates  
2 then went down.

3 But as we embark on 2018, it is unknown if it  
4 will continue. And so as such, some of the plans as we're  
5 going into rate negotiations are including the tax and  
6 others are not. So that's kind of where the magic lies  
7 with the negotiations team that we'll be watching.

8 And then when it comes to the excise tax, it was  
9 supposed to go in effect in 2018 but then was extended  
10 into 2020.

11 As you're aware, when we embark on the next  
12 five-year agreement, which goes from 2019 to 2023, that's  
13 smack right middle of our agreement. And so we have to be  
14 very conscious, and so the Health Policy and Research  
15 Division is currently monitoring alongside Legislative  
16 Affairs and our health care federal reps to ensure that we  
17 are completely aware of, as 2020 approaches, what that  
18 could potentially impact our agreements.

19 So I just wanted to let you know we are  
20 continuing to monitor the situation and the Pension and  
21 Health Benefits Committee will be the first place that we  
22 bring any of those impacts to; and we'll stay tuned, we'll  
23 keep you apprised of the progress that we make.

24 And then in March, the health policy and research  
25 team completed another round of employer outreach

1 sessions. Our focus engaged on employers on the upcoming  
2 policy changes and the potential impacts of ACA. We had  
3 21 employers participate at the Sacramento event. And  
4 because we open it up, we created a call-in feature and an  
5 additional 19 employers were able to participate,  
6 resulting in quite a few individuals. And as they --  
7 based on their comments we received, they want more from  
8 the team. And so what we're doing is working with the  
9 stakeholder engagement team to actually have another  
10 session at the end of June. So keep your eyes open  
11 because there will be more advertisement in relation to  
12 that employer outreach.

13           And last but not least, it's just -- we just hit  
14 our 100-day mark when it came to OptumRx. As we have  
15 talked about, the transition was less than stellar. The  
16 two teams, both OptumRx and CalPERS, have worked  
17 tirelessly to actually resolve the issues and implement  
18 changes necessary to meet the CalPERS expectations.

19           I also want to make you aware, there's been a lot  
20 of accomplishment, but what we realize is that the public  
21 and our members are not always aware of what's going on in  
22 relation to our progress. So we are working with Public  
23 Affairs on a communication plan which will be made  
24 available to our members via our website to make sure that  
25 they're completely aware of what we're doing.

1           Some of the most critical issues that still  
2 remain is specifically EGWP Medicare Part D. EGWP stands  
3 for the Employer Group Waiver Plan. The other is a  
4 Walgreens 90-day retail network. And then the last is  
5 customer service.

6           So specifically EGWP related to Medicare Part D,  
7 we are working with OptumRx. Our clinical team and their  
8 clinical team have boost up the review process when it  
9 comes to prior authorizations. So we want to increase the  
10 approval rates. We also want to decrease appeals. And we  
11 want to improve the member's experience.

12           So one of the things we've done is we've  
13 increased the clinical outreach. So instead of  
14 automatically if there's a medical office where  
15 potentially they've forgotten a middle initial or forgot  
16 to complete paperwork, we are actually having them reach  
17 out to that office to complete that paperwork on behalf of  
18 our member.

19           We're also reviewing the drug denials. If  
20 someone is 85 years old and have been on medication for  
21 the last 20 years, we are looking at reviewing all that to  
22 ensure that the tiering is in place and that they have the  
23 appropriate opportunities to remain on that medication.

24           And then when it comes to Walgreens, I mention  
25 this, especially in our rural areas Walgreens is not



1 always available. And so the teams have worked tirelessly  
2 again with OptumRx. And over the next 60 to 90 days,  
3 they're going to be opening another hundred plus pharmacy  
4 locations like Safeway and others for those specific  
5 areas. So that's good news.

6 And customer service. Despite the improvements  
7 that they have made in relation to the secret shopper pop  
8 quizzes and improving education, we still believe that  
9 they're contact center agents need more education. And as  
10 such, we are actually going to send our best of our best  
11 team and they're going to train the contact agents down in  
12 Southern California, specifically on our benefit designs  
13 and on our Medicare Part D EGWP questions. And we believe  
14 through this partnership, that will allow us to continue  
15 to improve customer service.

16 In addition to the ombudsman that I mentioned  
17 last committee meeting, we've also asked for a customer  
18 service rep manager that reports directly to our team.  
19 And that customer service rep manager will actually meet  
20 with us daily to go over any escalations. So we are  
21 really looking to continue to improve the OptumRx  
22 experience.

23 And in closing, I'd like to share some exciting  
24 news. I don't know if you're aware, Dr. David Cowling -  
25 he's sitting right behind me - was asked to present at the

1 June Academy Health Annual Research Meeting. And why this  
2 is so important is there will be about 2500 health service  
3 researchers across the nation that will be in attendance.  
4 And as many of you know, an academic conference they  
5 actually -- they choose who's going to speak through  
6 submittals. And only 10 percent of those submittals  
7 actually get accepted for an oral presentation.

8 So I'd like to acknowledge Mr. David Cowling for  
9 both -- he's done a poster review on our Sacramento ACO.  
10 And he's also being recognized on an oral report related  
11 to Castlight, which is our medical services compare  
12 shopper tool.

13 So with that I'd like to have you stand and be  
14 recognized.

15 (Applause.)

16 CHAIRPERSON MATHUR: Congratulations, David.

17 INTERIM DEPUTY EXECUTIVE OFFICER BAILEY-CRIMMINS:  
18 Great job.

19 And with that, that concludes my opening remarks,  
20 Madam Chair.

21 CHAIRPERSON MATHUR: Thank you very much.

22 I see no requests to speak. So we'll move on to  
23 Agenda Item 3, the action consent items. Approval of the  
24 March 14, 2017, meeting minutes

25 VICE CHAIRPERSON BILBREY: Move approval.

1 COMMITTEE MEMBER TAYLOR: Second.

2 CHAIRPERSON MATHUR: Moved by Bilbrey, seconded  
3 by Taylor.

4 Any discussion on the motion?

5 Seeing none.

6 All those in favor say aye.

7 (Ayes.)

8 CHAIRPERSON MATHUR: All those opposed?

9 Motion passes.

10 Agenda Item 4 are the consent items. I've had no  
11 requests to pull anything off consent.

12 So we'll move on to Agenda Item 5, Health Plan  
13 Trend Report.

14 (Thereupon an overhead presentation was  
15 Presented as follows.)

16 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE:

17 Good morning, Madam Chair and members.

18 CHAIRPERSON MATHUR: Good morning.

19 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE:

20 Shari Little, CalPERS team member. Today I'm  
21 pleased to present to you the Health Plan Trend Report.

22 --o0o--

23 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE:

24 The purpose of this report is to highlight the  
25 key membership trends and costs overall, and it helps --

1 by service category. Today's report will focus on 2016  
2 fiscal year. And as you know, the costs are stating a per  
3 member per month basis.

4 The dollar amounts on these charts represent the  
5 actual contracted allowed amounts versus the net -- that  
6 net value -- excuse me -- net amounts paid by the health  
7 care plans. Your allowed amounts provide us an  
8 opportunity to take a look at what HMOs pay and what --  
9 and PPOs pay versus what the member out-of-pocket costs  
10 are and give us an apples-to-apples comparison.

11 Our membership this year was about 1.2 million  
12 members. And the largest increase was in the  
13 UnitedHealthcare with the addition of 25,000 members. The  
14 largest decrease was of course with Blue Shield NetValue  
15 as we were unwinding the plan.

16 --o0o--

17 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE:

18 The changes in allowed PMPM by service category.  
19 Overall PMPM -- excuse me. Overall PMPM rose by 7.7  
20 percent across all the 13 service categories. Inpatient  
21 prescription drugs and ambulatory surgery account for  
22 about half of the total costs. The inpatient rose 2.8  
23 percent, prescription drugs at 2.4 percent, and ambulatory  
24 surgery at 7.8 percent. Medical prescriptions while  
25 contributing only 5 percent increased by approximately 40

1 percent.

2           The overall finding is, while PMPM increased 7.7  
3 percent, this rate is only slightly higher from last year.

4                               --o0o--

5           HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE:

6           So we're going to use this information obviously  
7 as we move into our rate development process. You'll hear  
8 a little bit more about that moving forward in our closed  
9 session and of course in the May open session. With the  
10 increasing trends and overall costs of services, we  
11 anticipate that there will be slight increases in premiums  
12 and out-of-pocket costs in prem -- for the basic plans.

13           Inpatient make up about 29 percent of the total cost,  
14 and rose only about 2.4 percent.

15           Prescription drugs make up 16 percent of total  
16 cost and rose by 2.8 percent.

17           The large categories of costs with relatively  
18 small percentage may increase and mitigate some of the  
19 premium increases. So we're looking at favorable outcomes  
20 with rate negotiations.

21           CalPERS will continue to analyze on an ongoing  
22 basis, and of course we want to continue to deliver the  
23 best care at the lowest cost.

24           So with that, I conclude my report and welcome  
25 any questions.

1 CHAIRPERSON MATHUR: Thank you.

2 Are there any questions from the Committee?

3 I see none. So I'll thank you for the report.

4 And we'll move on to Agenda Item Number 6, Health  
5 Benefit Design Proposals for 2018.

6 Ms. Donneson.

7 (Thereupon an overhead presentation was  
8 Presented as follows.)

9 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

10 DONNESON: Good morning, Madam Chair and members of the  
11 Pension and Health Benefits Committee. David Cowling is  
12 joining me at the table, because we're going to talk about  
13 some of the research that he did in terms of looking at  
14 the ambulatory surgery centers over the last two years.

15 --o0o--

16 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

17 DONNESON: For today, we're going to -- I'm going to give  
18 you a little background on the benefit designs that I will  
19 be presenting for 2018.

20 Then I'm going to talk about the four items that  
21 we are going to propose, which is:

22 To expand reference pricing for ambulatory  
23 surgery centers to an additional 12 procedures.

24 To look at a -- a medical site of care for  
25 pharmacy in terms of moving our members to less costly

1 sites for drugs that are -- are administered through  
2 providers in their offices.

3 We're going to look at an application that we  
4 believe will help reduce emergency room use in both our  
5 basic and Medicare members.

6 And finally, we'll talk about the Castlight and  
7 Welvie tools that are made available to our basic members  
8 for Castlight. But we also want to talk about expanding  
9 the Welvie tool, which is a surgical -- a pre-surgical  
10 education tool to our Medicare population.

11 --o0o--

12 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

13 DONNESON: I'm going to now turn this part of the  
14 presentation over to Dr. Cowling, who will talk about our  
15 experience with reference pricing with procedures in the  
16 ambulatory surgery center.

17 David.

18 CENTER FOR INNOVATION CHIEF COWLING: Thank you,  
19 Kathy.

20 Good morning, Madam Chair and Committee members.

21 After the successful hip and knee value-based  
22 purchasing design program, CalPERS implemented value-based  
23 purchasing design for three inventory surgery center  
24 procedures in 2012 amongst our PPO population -- basic PPO  
25 population. And we implemented that with Anthem for

1 colonoscopy, cataract, and arthroscopic surgery. And the  
2 way it works is if a member goes to an ambulatory surgery  
3 center, they pay the standard deductible and their regular  
4 co-insurance. And if they go to a hospital outpatient  
5 facility, they would pay the deductible, their regular  
6 co-insurance, and then they would pay the amount above the  
7 reference price.

8           And so for these three procedures the reference  
9 prices were 1500 for colonoscopy, 2,000 for a cataract,  
10 and 6,000 for arthroscopic surgery.

11                   --o0o--

12           CENTER FOR INNOVATION CHIEF COWLING: And so  
13 slide 4 we see that to evaluate these programs we  
14 partnered with UC Berkeley. And there was some un --  
15 Anthem gave Berkeley some unique data. They gave them the  
16 non-CalPERS commercial population for California as well.  
17 So we have a true comparison to be able to see what was  
18 going on in CalPERS population versus the rest of  
19 California.

20           And so what we see here is the percentage of  
21 patients choosing ambulatory surgery center for cataract  
22 surgery.

23           Important thing to note is that the price  
24 differential between going to a hospital outpatient is  
25 7500 for the hospital outpatient versus 2,250 for the



1 ambulatory surgery centers.

2           And so the blue line here is the CalPERS  
3 population and the orange dotted line -- I hope it's  
4 orange but not pink or something. But what we see is that  
5 for the CalPERS population it increased -- use of the  
6 ambulatory surgery center increased from 76 percent to 91  
7 percent; whereas for the rest of the California population  
8 it increased just a little bit.

9           And so the savings from this part is all due to  
10 the members changing from hospital outpatient to the  
11 ambulatory surgery centers.

12                                   --o0o--

13           CENTER FOR INNOVATION CHIEF COWLING: And So if  
14 we go to the next slide, slide 5, is colonoscopy, we have  
15 a similar story to tell, which is that our members  
16 increased its use of ambulatory surgery center from 68  
17 percent to 90 percent. And the rest of California was  
18 pretty flat across that time period.

19           And, again, the prices at the hospital  
20 outpatients are about 80 percent higher or about a  
21 thousand dollars per procedure.

22                                   --o0o--

23           CENTER FOR INNOVATION CHIEF COWLING: And on  
24 slide 6 we can see the same story for the arthroscopic  
25 surgery. Our members went to the ambulatory surgery

1 centers 60 percent of the time, and that increased to 83  
2 percent over the time period.

3 And again in California, it was fairly flat in  
4 terms of the use of the ambulatory surgery centers. And  
5 in this situation, the difference between hospital  
6 outpatient and ambulatory surgery centers is about \$4,000.  
7 So every member who chooses to go to the ambulatory  
8 surgery center is a substantial amount of savings.

9 --o0o--

10 CENTER FOR INNOVATION CHIEF COWLING: So slide 7  
11 is the results from UC Berkeley. These results were  
12 published in peer-review journals like Health Affairs and  
13 JAMA Internal Medicine.

14 And what we see here is that the savings for  
15 these three procedures was between 17 and 28 percent in  
16 spend. And this accounts for about \$5 million per year in  
17 savings.

18 And one really important part here is that there  
19 was no change in complication rates; and, in fact, they  
20 were slightly better. And this is maybe not surprising.  
21 We know that sending people to higher volume facilities  
22 usually increases quality, and that's what we saw here.

23 Kathy.

24 --o0o--

25 CHAIRPERSON MATHUR: Can we interrupt for some

1 questions at this time? Would that be appropriate?

2 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

3 DONNISON: Absolutely.

4 CHAIRPERSON MATHUR: All right. Thank you.

5 Mr. Jelincic.

6 BOARD MEMBER JELINCIC: Looking at slides 4, 5,  
7 6, where you compare us to the non-CalPERS population, you  
8 said that was the Anthem data. Do we --

9 CENTER FOR INNOVATION CHIEF COWLING: That's  
10 correct.

11 BOARD MEMBER JELINCIC: Do we know if any of the  
12 non-PERS Anthem that would have been included in that use  
13 reference pricing or some other forms of incentives to  
14 direct people the way we want them to go?

15 CENTER FOR INNOVATION CHIEF COWLING: So I don't  
16 know about other incentive items but other reference  
17 pricing programs, because Anthem does have other  
18 purchasers who are using reference pricing, and those were  
19 excluded from this population.

20 BOARD MEMBER JELINCIC: Those were excluded?

21 CENTER FOR INNOVATION CHIEF COWLING: Excluded  
22 from this non-CalPERS population. My understanding, it's  
23 not a huge amount of their commercial population, but it  
24 was excluded from these numbers.

25 BOARD MEMBER JELINCIC: Okay. So it really

1 reflects changes on the natural rather than through  
2 incentives.

3 CENTER FOR INNOVATION CHIEF COWLING: Yes.

4 BOARD MEMBER JELINCIC: Thank you.

5 CHAIRPERSON MATHUR: One of the outcomes of our  
6 hip and knee reference pricing model approach was that the  
7 marketplace as a whole changed and we saw pricing come  
8 down. Have we seen something similar for these other  
9 procedures that you've talked about today, the cataract,  
10 colonoscopy, and arthroscopy?

11 CENTER FOR INNOVATION CHIEF COWLING: Yes. So I  
12 usually tell that story as the hip and knees is a market  
13 story. Whereas that program changed the way the market  
14 priced hips and knee procedures. This is a consumer  
15 story. So in this case, our members changed their  
16 behavior rather than the providers changing their  
17 behavior.

18 CHAIRPERSON MATHUR: Okay. And you still --

19 CENTER FOR INNOVATION CHIEF COWLING: So those  
20 prices were fairly stable across time, and we didn't see  
21 price changes in the hospital outpatient charts.

22 CHAIRPERSON MATHUR: Okay. I wonder if -- over  
23 the long term is if others adopt this type of approach as  
24 well, we'd see more movement in the market.

25 Okay. Thank you. You can continue.

1 Kathy, you need to turn your mic on, I think.

2 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

3 DONNESON: Oh, thank you.

4 So we're here today to talk about four benefit  
5 designs that we would like you to consider for making a  
6 decision in June 2017 when you approve the rates.

7 As you can see from David's presentation, the use  
8 of ambulatory surgery centers has been a success story for  
9 CalPERS, and it's successful for a reason:

10 One, these are procedures that are elective and  
11 they can be prescheduled.

12 They're safe. And patient safety is one of our  
13 biggest concerns in terms of looking at any benefit design  
14 we propose, such as value-based purchasing for ambulatory  
15 surgery; or even the pharmacy medical side of care. So  
16 please keep in mind that safety is always our first  
17 consideration.

18 And also quality as equal to or better. And as  
19 David has explained, and what we originally thought, is  
20 that volume in surgery centers actually is a quality  
21 component; that the more that occurs by the surgeons, the  
22 safer is the environment for the patient.

23 So I'd like you to look at your agenda item on  
24 page 3 of 5, which has a table with 12 additional  
25 procedures we would like you to consider in terms of

1 reference pricing for ambulatory surgery centers. This is  
2 not the entire list that I was provided by Anthem Blue  
3 Cross. There are others. But these are the 12 that we  
4 thought we'd like you to consider, because you will note  
5 especially with the results from colonoscopy, the  
6 upper -- the gastrointestinal disorders is our fourth  
7 highest spend. When we created the hip and knee  
8 replacement reference pricing, we did so because it  
9 represented a significant portion of spend just on two  
10 procedures, hip replacement and knee replacement. But the  
11 musculoskeletal disorders overall accounted and still does  
12 account as our number one cost category for health  
13 spending. So we went to the gastrointestinal as number 4,  
14 number 2 being cancer care and number 3 being heart.

15 So that's why you see a number of the  
16 gastrointestinal procedures here, including laparoscopic  
17 gallbladder, which five years ago could not be safely done  
18 in an ambulatory surgery center but can be today because  
19 of advances in technology.

20 We've also added a few additional procedures  
21 outside of the GI tract such as hysterectomies, which  
22 falls under the GU system, which is another high cost -  
23 it's I think either number 6 or number 7. So we looked at  
24 both volume and we looked at cost and we looked at  
25 procedures that we know are high priced for us.

1           We've also provided in this table the difference,  
2 the high range and the low range for an ambulatory surgery  
3 center compared to an outpatient hospital center. And as  
4 we presented our earlier work, in moving to the procedures  
5 that David talked about, we knew that for the very same  
6 procedure for both safety prequalification, and quality,  
7 that they could have the same procedure in an outpatient  
8 hospital facility, but right across the street was an  
9 ambulatory surgery center that was considerably less. So  
10 we have provided both the high and low values for these  
11 for comparison, as well as the recommended reference price  
12 by the Anthem not just pricing team but the clinical team  
13 as well. We would not put these procedures on a list to  
14 have you consider if it hadn't been fully vetted by  
15 physicians at Anthem.

16           These reference prices represent the statewide  
17 geographic -- statewide geography and does not reflect a  
18 reference price by a specific region. So our members --  
19 our PPO members who would be reference priced, it wouldn't  
20 matter where they -- where they lived in terms of the  
21 reference price that they would receive in their -- in  
22 their service area.

23           So that is our recommendation that we consider,  
24 and have you continue the consider for June expanding  
25 reference pricing for the procedures listed in this agenda

1 item.

2 --o0o--

3 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

4 DONNESON: I also want to talk to you about aligning our  
5 site of care for medical pharmacy. Medical pharmacy is  
6 provider-administered drugs, whether it's in an outpatient  
7 hospital facility, an infusion center, a physician's  
8 office; or the home. We have in the past presented the  
9 site of care alignment materials to you in terms of  
10 medical pharmacy which is paid not on the pharmacy benefit  
11 but on the medical benefit.

12 So you can have the very same drug with the very  
13 same infusion dosage administered in one of four settings.  
14 And let me give you an example. There's a very expensive  
15 drug called Remicade, and we -- CalPERS spends quite a bit  
16 of money on Remicade. It is an infused drug. It can be  
17 safely administered in the home under this -- with the  
18 supervision of a skilled nurse. It could be infused in an  
19 infusion center, it could be infused in a physician's  
20 office, it could also be infused in an outpatient hospital  
21 setting.

22 The same drug, same infusion depending on site of  
23 care will also -- will also be more costly if you're in an  
24 outpatient hospital than if you're in the physician's  
25 office or the infusion center or the home.



1           So we are going to continue to look at this. It  
2 is a program Anthem is making available to CalPERS as a  
3 purchaser and to other purchases as well. But we want to  
4 make sure that before we come back to talk to you in May  
5 and have you make a decision in June, that we fully  
6 understand how this particular program works.

7                           --o0o--

8                   HEALTH PLAN ADMINISTRATION DIVISION CHIEF

9   DONNESON: As this Committee knows, the use of the  
10 emergency room is another cost driver for CalPERS; and not  
11 only does it drive our costs, it drives the convenience  
12 for the member, the member's cost share. We would like to  
13 see any procedures that can safely be dealt with outside  
14 of the emergency room be handled in an alternate site of  
15 care.

16           So Anthem is making available an application that  
17 can go on to a personal device that allows a member to  
18 look up an alternate site of care to the emergency room.  
19 Now, it does not replace the medical component to any type  
20 of emergency. We still we have the nurse helpline. We  
21 have other methods that they -- we still want them to go  
22 to the emergency room if they feel they need to. But it's  
23 just a tool to help them determine if there's an alternate  
24 site of care; and it's called the Quick Care options.

25                           --o0o--

1 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

2 DONNESON: This last one, the last I wish to talk to you  
3 about in terms of benefit design, actually is a  
4 continuation of tools that we already have in place. The  
5 Castlight tool has been invaluable in terms of any type of  
6 reference pricing for our members to know where to go.

7 In addition to the EOC, our explanation of  
8 coverage, the Welvie on-line tool is offered as a tool for  
9 members to be educated on alternatives to surgery. And  
10 our members are using the Welvie tool. Currently it is  
11 available through the -- to the basic plan members which  
12 we wish to continue. However, under a CMMI, a Centers for  
13 Medicaid and Medicare Innovation grant, Medicare has  
14 identified that this tool is also valuable to the elderly  
15 in giving them an option in terms of their care. So we  
16 would like to recommend that this be expanded to the  
17 Medicare population as well.

18 --o0o--

19 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

20 DONNESON: And then the last -- and to conclude, this  
21 presentation, I just want to reference the savings chart  
22 on page four of five of this agenda item. And each one of  
23 these options that I've provided does have savings. One  
24 of the things that David did not mention in his  
25 presentation is the increase in our membership using the

1 ambulatory surgery center option. And so while this page  
2 of the agenda item provides the savings for expansion,  
3 which is the first row of the 2018 net savings comparison,  
4 it is assumed 10 percent, but we've already seen that  
5 anywhere from 15 to 20 percent will migrate. So this is a  
6 very conservative estimate of \$2 million in terms of  
7 expanding value-based purchasing design.

8 I did put the 5 million because those are ongoing  
9 for the current three that we have. And then 3 million  
10 would be the estimated savings in aligning the medical  
11 pharmacy to sites of administration.

12 And then the remainder -- the use of the  
13 emergency app would be a small savings but its intent is  
14 to at least pay for itself so that it adds another tool  
15 for our members who might want to have another option  
16 besides the emergency room.

17 So that concludes my portion of the presentation.  
18 I appreciate your attention, and thank you. And I'm  
19 available, as is David, for any additional questions.

20 CHAIRPERSON MATHUR: Thank you. We do have some  
21 questions.

22 Ms. Taylor.

23 COMMITTEE MEMBER TAYLOR: Yes, thank you, Madam  
24 Chair.

25 I just want to clarify - and I know this is what

1 I'm reading - but these tools are all for our PPO plans,  
2 correct.

3 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

4 DONNESON: Correct.

5 COMMITTEE MEMBER TAYLOR: Okay. And it's Anthem  
6 that is doing most of the work for us?

7 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

8 DONNESON: It's Anthem who's our third party  
9 administrator.

10 COMMITTEE MEMBER TAYLOR: All right. Great. And  
11 I appreciate that. Thank you.

12 CHAIRPERSON MATHUR: But on that point though, is  
13 it -- would it be valuable to consider its use -- the  
14 utilization of some of these tools through the HMO as  
15 well? And are we having conversations about that?

16 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

17 DONNESON: We certainly could go back to our HMOs and  
18 consider this as well and bring you a report in May on  
19 what that might look like.

20 CHAIRPERSON MATHUR: Seems like that might add  
21 additional value to our members and might have positive  
22 impact on some of the rates as well --

23 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

24 DONNESON: Yes.

25 CHAIRPERSON MATHUR: -- if utilization in the

1 highest costs centers goes down.

2 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

3 DONNESON: Correct.

4 CHAIRPERSON MATHUR: Okay. Mr. Lofaso.

5 ACTING COMMITTEE MEMBER LOFASO: Thank you, Madam  
6 Chair.

7 Congratulations, Mr. Cowling, again. Thank you  
8 both for your comments on quality and safety.

9 I had one question but I just wanted to -- the  
10 last two questions. I get -- I was under the impression  
11 that some of these tools that are Anthem proprietary are  
12 also in the Anthem HMO just because Anthem offers them.  
13 And the real point of the question is, I thought some of  
14 these tools the Chair made reference to were proprietary  
15 for certain plans. And are they expandable? Can you  
16 clarify?

17 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

18 DONNESON: I don't believe either one of these are --  
19 well, let me start with Welvie. Welvie is not a  
20 proprietary tool just to Anthem. It is a company that  
21 makes this tool available to both the HMO plans as well as  
22 the PPO plan.

23 For the Castlight tool, it is -- it's a  
24 subcontractor relationship with Anthem in terms of how we  
25 obtain it, and it's used for our basic members. Because

1 it actually does require that we load claims data, both  
2 medical and pharmacy, in order for it to function. But  
3 Castlight itself is not proprietary.

4 ACTING COMMITTEE MEMBER LOFASO: Appreciate that.  
5 That's confused me a little bit.

6 But the real reason I punched up was the  
7 Medicaid -- the medical pharmacy side of care. The staff  
8 memo says it exempts oncology. Can you elaborate on that?

9 HEALTH PLAN ADMINISTRATION DIVISION CHIEF  
10 DONNESON: Yes, thank you. The oncology program is  
11 actually administered as a program in its entirety in  
12 another program that we have through Anthem. And so this  
13 particular one would not include those oncology drugs  
14 because they're administered in another way through the  
15 Anthem PPO.

16 ACTING COMMITTEE MEMBER LOFASO: Thank you.  
17 Thank you, Madam Chair.

18 CHAIRPERSON MATHUR: Thank you.  
19 Mr. Jelincic.

20 BOARD MEMBER JELINCIC: You referenced a pricing  
21 chart or a savings chart.

22 Can you tell me where it is, because I can't --

23 HEALTH PLAN ADMINISTRATION DIVISION CHIEF  
24 DONNESON: It's Page 405 in the actual written agenda  
25 item.

1 CHAIRPERSON MATHUR: It's not in the  
2 presentation. It's in the agenda item.

3 BOARD MEMBER JELINCIC: Okay. But I'm looking at  
4 the agenda item and --

5 CHAIRPERSON MATHUR: Page 4?

6 BOARD MEMBER JELINCIC: Page 4 of 5, Item 6.

7 COMMITTEE MEMBER HOLLINGER: 38 of the iPad.

8 BOARD MEMBER JELINCIC: 38 of the iPad.

9 CHAIRPERSON MATHUR: In the middle, "2018 Net  
10 savings comparison."

11 BOARD MEMBER JELINCIC: I see the chart I just  
12 don't see where it's showing the savings. Maybe I'm just  
13 not reading it right.

14 CHAIRPERSON MATHUR: The savings are under  
15 "Basic." You see \$2.04 million?

16 BOARD MEMBER JELINCIC: Oh, That's 2. -- okay.

17 CHAIRPERSON MATHUR: You see that?

18 BOARD MEMBER JELINCIC: I see it now. I just  
19 wasn't understanding what I was looking at.

20 HEALTH PLAN ADMINISTRATION DIVISION CHIEF  
21 DONNESON: We will try to do better next time. Thank you.

22 BOARD MEMBER JELINCIC: If I'm the only one who  
23 didn't get it, I wouldn't worry about it.

24 (Laughter.)

25 BOARD MEMBER JELINCIC: They'll be happy to help

1 me find it.

2 Thank you.

3 CHAIRPERSON MATHUR: All right. Thanks, J.J.

4 I just had one amplifying question on page 3 of 5  
5 with respect to the reference pricing for the additional  
6 12 procedures. And I think you did address this. But  
7 these reference prices that are being recommended, our  
8 members will be able to find high quality providers at  
9 these prices anywhere in California, in any region of  
10 California; is that correct?

11 HEALTH PLAN ADMINISTRATION DIVISION CHIEF

12 DONNESON: Yes, we believe that to be true. But we will  
13 take another month and make sure that we vet this more  
14 thoroughly and come back with additional information for  
15 you.

16 CHAIRPERSON MATHUR: Okay. Thank you.

17 All right. I see no further requests from the  
18 Committee.

19 So we'll move on to Agenda Item 7. Health Care  
20 Beliefs - Planning.

21 INTERIM DEPUTY EXECUTIVE OFFICER BAILEY-CRIMMINS:

22 Thank you, Madam Chair. Today's information item  
23 will lay out a framework and an approach to developing a  
24 set of CalPERS health care beliefs.

25 (Thereupon an overhead presentation was



1           Presented as follows.)

2           INTERIM DEPUTY EXECUTIVE OFFICER BAILEY-CRIMMINS:

3           So over the past several years CalPERS has set  
4 national precedence when it developed both pension and  
5 investment believes, which has helped guide decision  
6 making, provided context to our actions, and improved our  
7 overall management of programs.

8           As an influencer in the health care space,  
9 CalPERS will act as a guide for others to follow.

10          So my three main takeaways for you today is:

11          One, the timeline of events, which will be  
12 milestones over the next seven to eight months of our  
13 journey that we'll be embarking together.

14          Two is our inclusive approach, which we will be  
15 reaching out to our stakeholders, which are actives,  
16 employers, and our retirees, and we'll be asking them  
17 their priorities of where we will have the strongest voice  
18 on behalf of the health care industry.

19          And then, last, pull back the curtain and show  
20 some of the considerations that we will be discussing as  
21 we develop health care belief statements.

22                               --o0o--

23          INTERIM DEPUTY EXECUTIVE OFFICER BAILEY-CRIMMINS:

24          So as you can see by the graph, beliefs are built  
25 on a set of foundational building blocks; starting at the

1 most specific, which will be the laws and regulations.  
2 And as we move up the pyramids to the beliefs, that's  
3 where you reach the highest level, which is where the  
4 Board has decided it wants to be.

5           We already have established guidelines. And we  
6 have set priorities. In the February Board meeting where  
7 we set the federal rep, I think there was four or five  
8 priorities. CalPERS has a set of core values. And  
9 obviously we'll be working on our belief statements.

10           As a reminder, beliefs are the lens with which we  
11 see everything. So that is extremely important that we  
12 establish a timeline that we think we can be successful  
13 at.

14           So what you have in front of you is in -- today  
15 we are talking about our framework. May and June is where  
16 we're going to be working with public affairs and  
17 stakeholder engagement to reach out to our population of  
18 employers and retirees and actives. We're also going to  
19 be looking at internal stakeholders such as the staff and  
20 the executives.

21           As question hit the July off site

22                           --o0o--

23           INTERIM DEPUTY EXECUTIVE OFFICER BAILEY-CRIMMINS:

24           As we hit the July offsite, based on those  
25 stakeholder outreach efforts, we're going to look at where

1 we can come up with eight to ten priorities that overlap  
2 between all of those outreach efforts. And we'll be  
3 working with coming to the July offsite with a set of  
4 actual belief statements with which the Board can react  
5 to.

6 And as you know, July will end and we'll only  
7 have about two weeks before we actually start the August  
8 Board session. If we need to, this schedule actually  
9 permits us to add another workshop or another session in  
10 August if we need more time.

11 And then in September, the goal is to present  
12 here at the Pension and Health Benefits Committee our  
13 belief statements, with then goal after the October Ed  
14 Forum to publish those beliefs and then retire the  
15 guidelines.

16 --o0o--

17 INTERIM DEPUTY EXECUTIVE OFFICER BAILEY-CRIMMINS:

18 So what type of milestones will we hit along our  
19 way? One is we want to build upon the successes we've  
20 already established. In our current state we currently  
21 have the guidelines and the priorities which will help  
22 guide the conversation.

23 And then as we progress on the milestone chart,  
24 we want to establish a desired state. Again, where can  
25 CalPERS continue to have the highest amount of -- the

1 largest voice in the health care industry?

2           And then discussing perspectives is extremely  
3 important as we look at a health care belief statement,  
4 and I'll go into more detail on a future slide. But  
5 understanding the lens and perspective by how that belief  
6 statement is actually written.

7           And then, last, the industry says that about 8 to  
8 10 beliefs are really the sweet spot. You go more than 10  
9 beliefs, a lot of times it ends up being very difficult  
10 for people to remember, because a belief is something that  
11 we all should be able to live by and be able to cite. So  
12 that's kind of the goal is to hit the 8 to 10.

13                           --o0o--

14           INTERIM DEPUTY EXECUTIVE OFFICER BAILEY-CRIMMINS:

15           So as I was talking about our reach to the  
16 stakeholders, we want to look at where again we can  
17 provide the biggest influence. So as an example, if  
18 disease management innovation, you have a list of those  
19 that are in the center of the slide. But as you establish  
20 what those -- those focus areas are, we also have to be  
21 very conscious of the drivers. There are obviously  
22 driving forces to ensure that when we develop a belief  
23 statement, it's a good fit for CalPERS, that it reflects  
24 the members that we -- we serve, and then obviously the  
25 right -- you know, with the triple aim, and then a quality

1 access and affordable health care is extremely important.

2 But on the flip side, we also have restraining  
3 forces. So as you're aware, there's federal and state  
4 policies that we're going to need to be aware of. There  
5 is changing technology; every 18 to 24 months health care  
6 technology changes and so sometimes those costs are trying  
7 to be built into our plans, and so we have to be very  
8 cognizant of that.

9 And health care is a very dynamic market. So  
10 just being very aware of hospital consolidations and how  
11 that actually reduces the, you know, competition in the  
12 market, and then trade-offs. So as we decide in one area,  
13 sometimes there's a tradeoff on the other. So as we go  
14 through this, it's important that we'll be discussing that  
15 more in July.

16 --o0o--

17 INTERIM DEPUTY EXECUTIVE OFFICER BAILEY-CRIMMINS:

18 And then perspective. So as we look at this  
19 example, is -- this is an example specifically related to  
20 pharmacy. So as a State department, we are an employer.  
21 And so if you look at writing a belief statement related  
22 to pharmaceuticals, you will see that from an employer's  
23 belief statement we might write, "We will only pay for new  
24 drugs that are more effective than alternatives." But  
25 also, we have federal pol -- you know, we have federal



1 stakeholder engagement calendar we plan to leverage. We  
2 would have loved to have waited to the October Ed Forum,  
3 because a lot more employers; but then that would have  
4 really pushed the belief statements to probably mid of  
5 next year.

6           And we get asked on a consistent basis to write  
7 letters of support and actually have an active voice in  
8 legislation. Recently we were asked related to  
9 Medicare-Medicaid invocation. And the beliefs would have  
10 helped to decide if we actually provide that letter of  
11 support or not. Because we don't want to water down our  
12 voice. We want to make sure we focus on the things that  
13 we believe.

14           And then obviously July we'll have our belief  
15 work -- I don't want to call it a workshop. It will be an  
16 opportunity for all of us to interact. And then hopefully  
17 in August we'll be presenting that back to the Pension and  
18 Health Benefits Committee.

19           So this is again a high level. It's just kind of  
20 a taster of the planning process we'll be undertaking.  
21 But that concludes my presentation, and I'm available for  
22 questions.

23           CHAIRPERSON MATHUR: Thank you.

24           Mr. Jones.

25           COMMITTEE MEMBER JONES: Yeah, thank you, Madam

1 Chair.

2 First of all, thank you for a very clear picture  
3 of where we're going with the investment beliefs. It's  
4 very well --

5 CHAIRPERSON MATHUR: Health beliefs.

6 (Laughter.)

7 COMMITTEE MEMBER JONES: I know why I'm saying  
8 investments.

9 (Laughter.)

10 COMMITTEE MEMBER JONES: Health beliefs.

11 But the question I have is that -- and I agree  
12 that it should not be more than 8 to 10. But lessons  
13 learned from our investment beliefs strategy, they bought  
14 us only 8 or 10 first and the Committee started asking  
15 questions, so they have to bring more. And from that we  
16 came up with our 10. So I just wanted to know what was  
17 your view of, you know, how many you're going to bring for  
18 us to get to the 8 or 10.

19 INTERIM DEPUTY EXECUTIVE OFFICER BAILEY-CRIMMINS:

20 Well, I'm all about full transparency. So what  
21 I'm going to show you is what the employers come up with,  
22 the retirees, and really show you where the overlap is.  
23 And then basically we'll provide you 8 to 10, which is  
24 where all the overlap will occur, where all of us are in  
25 agreement. But I'll also provide you some areas of belief



1 statements in some of the others that are also maybe not  
2 as common theme but show you the full picture so that you  
3 can react to.

4 COMMITTEE MEMBER JONES: Okay. Great. Thank  
5 you.

6 CHAIRPERSON MATHUR: Thank you, Mr. Jones.  
7 Ms. Taylor.

8 COMMITTEE MEMBER TAYLOR: Thank you, Madam Chair.

9 So -- and I as I'm looking at this specifically  
10 for the -- you're using the pharmaceuticals, I was hoping  
11 that I could encourage you to look at not just -- we're  
12 kind of in a box here with the pharmac -- what you're  
13 looking at here. So I'm hoping to encourage you folks to  
14 look at not just market-based but is there -- you know, is  
15 this belief going to translate into can we purchase  
16 across, you know, Canada and Mexico, you know, that kind  
17 of thing? Are we -- it can't just be that we're trying to  
18 contain the cost here in the United States. Are there  
19 other avenues as well as in health care itself? You know,  
20 let's not just keep ourselves in this box of it's only  
21 this market-based as we look at believes.

22 INTERIM DEPUTY EXECUTIVE OFFICER BAILEY-CRIMMINS:  
23 So if I hear you correctly, Ms. Taylor, it's just  
24 being very open. I know I gave four examples and -- of  
25 the types of lenses and perspectives we can take on.

1 COMMITTEE MEMBER TAYLOR: Right.

2 INTERIM DEPUTY EXECUTIVE OFFICER BAILEY-CRIMMINS:

3 But obviously there are more that we can be  
4 discussing as we have conversations with the stakeholders  
5 and with the Board.

6 COMMITTEE MEMBER TAYLOR: Right, bigger picture.

7 Yeah, absolutely.

8 Thank you.

9 INTERIM DEPUTY EXECUTIVE OFFICER BAILEY-CRIMMINS:

10 Thank you.

11 CHAIRPERSON MATHUR: I think one other thing  
12 that's important to note and to keep in mind is, in the  
13 Pension Beliefs, we have our 11th belief, which is, you  
14 know, that we believe that all working Americans should  
15 have access to health care or should have -- sorry --  
16 retirement security. And I think there's probably some  
17 appetite to consider something similar on the health side.

18 So that exhausts the questions on this item.

19 So that will bring us to Agenda Item Number 8,  
20 Health Care Combination Enrollments.

21 (Thereupon an overhead presentation was  
22 Presented as follows.)

23 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE:

24 Good morning again, Madam Chair and members.

25 At the February Board meeting you asked -- we

1 asked the Board to approve the submission of a reg package  
2 to go to the Office of Administration[sic] Law clarifying  
3 that all family members in combination plans enroll in one  
4 basic and one Medicare plan from the same insurance --  
5 health insurance carrier.

6 We also heard from retirees that expressed desire  
7 to kind of move forward and explore other opportunities  
8 where they had the opportunity to enroll in multiple  
9 plans. So we went back and we -- you directed us to go  
10 back and provide an analysis to you. So we started out by  
11 asking some basic questions of:

12 Why don't we allow members to do this already?

13 What would happen if we do?

14 And what would that entail from an operational  
15 standpoint to do so?

16 So this required looking at numerous processes  
17 and policies and systems. And I will thank my team and  
18 HPRD for doing a great job in a very short amount of time.  
19 I think we've done a pretty good job with a thorough  
20 analysis, but I'm sure there will be questions to follow.

21 So with that, I'm going to turn it over to Karen  
22 Pales, who's going to talk to you a little bit about our  
23 findings.

24 MS. PALES: Good morning, Madam Chair, members of  
25 the Committee. Karen Pales, CalPERS team member. This

1 morning I'm going to present Agenda Item Number 8, and  
2 it's an information item.

3 As you may recall, the proposed Medicare  
4 Combination Plan --

5 CHAIRPERSON MATHUR: Karen, I'm sorry to  
6 interrupt you. Could you move the mic a little bit closer  
7 to you.

8 MS. PALES: Sure.

9 CHAIRPERSON MATHUR: Thank you.

10 MS. PALES: As you may recall, the proposed  
11 Medicare Combination Plan regulation didn't change the way  
12 that we do business. However, we believed that the  
13 regulation clarification was necessary to dispel any  
14 confusion about CalPERS enrollment rules or our  
15 intentions. At the February Pension and Health Benefits  
16 Committee meeting and then the next day at the Board  
17 meeting, we understood there was some confusion for both  
18 the Board and our retirees. Therefore we're here today to  
19 clear up any misconceptions.

20 Medicare plan enrollees and their families need  
21 to know that we are their advocates when we analyze health  
22 benefit options. We want the best for our members.

23 --o0o--

24 MS. PALES: Today I'm going to present our  
25 analysis of what the CalPERS health benefits landscape

1 would look like if we allowed members to enroll in health  
2 plans offered by multiple carriers. The multi-carrier  
3 concept would cost between 12- and \$15 million for CalPERS  
4 system changes and take about four years to submit a  
5 budget change proposed and then develop and implement the  
6 system change.

7 I realize that in prior discussions there was a  
8 million-dollar figure that was mentioned. We did some  
9 digging on that and found that it actually wasn't related  
10 to the multi-carrier enrollment within CalPERS systems and  
11 partners. The one-million-dollar figure actually related  
12 to one of the Medicare optimization ideas that was  
13 researched back in 2012. It was specifically the Medicare  
14 exchange pilot project that we were thinking of for 2013,  
15 but we didn't move forward on that.

16 The multi-carrier concept would mean departing  
17 from the group health plan model of an eligible subscriber  
18 and their eligible dependents currently used to develop  
19 our rates and transmit electronic data. And instead we  
20 would have to use something similar to what's used in the  
21 individual market.

22 Any of CalPERS' external business partners such  
23 as our health plans or the contracting employers or the  
24 State Controller's office would need to make changes to  
25 their systems also and their health contribution and

1 deduction processes.

2           Before I share more details about what we  
3 discovered in our research, I'd like to set the groundwork  
4 for what HPRD does and what our responsibility is to our  
5 members. I'll then talk a bit about how we got to this  
6 point and maybe help us understand why we're having this  
7 discussion at this point in time. And then, lastly, I'm  
8 going to talk about our experience with implementing the  
9 single UnitedHealthcare Medicare Advantage Plan back in  
10 2016 and how that implementation affected families  
11 enrolled in the combination health plans.

12   --o0o--

13           MS. PALES: As a health benefits purchaser in the  
14 large group market, CalPERS is continually assessing  
15 innovative ways to provide high quality accessible and  
16 affordable health care to our more than 1.4 million  
17 members in both our Medicare and our basic plans.

18           When we evaluate Medicare and basic plan options,  
19 we do so with an eye on what types of benefit design best  
20 suit all of our enrollers. For our Medicare members we  
21 strive to provide high quality plans, plans that provide a  
22 superior level of care and offer a wide range of benefits.  
23 Our retirees worked hard for these promised benefits and  
24 they deserve them.

25           Our Medicare members have a choice of HMO plans

1 from both Kaiser and UnitedHealthcare and also our  
2 PERS-branded PPO plans. These plans are accessible  
3 throughout California and out of state.

4 But we always strive to do better, to respond to  
5 the needs of our Medicare members.

6 --o0o--

7 MS. PALES: Let's take a look at the timeline.  
8 So in 2012, HPRD embarked on multiple strategic efforts at  
9 the direction of the Pension and Health Benefits  
10 Committee. Medicare optimization was one of the 21 health  
11 benefit purchasing initiatives that HPRD pursued.

12 Various Medicare plan options were emerging at  
13 that time, and they allowed Medicare eligible individuals  
14 to enroll in plans that had attractive prices. But these  
15 options didn't have the Medicare plan coupled with the  
16 basic plan for the families, which was how CalPERS had  
17 traditionally offered our plans.

18 So at that point we realized our regulations  
19 prevented us from considering some of these options, and  
20 we proposed a number of legal changes that were enacted in  
21 2013. These changes were intended to allow the Board to  
22 direct the CalPERS team to rapidly implement any Medicare  
23 plan options that they saw as an opportunity and to  
24 provide Medicare-eligible retirees more diverse plan  
25 options and that might best meet their needs, while also

1 reducing administrative costs.

2 In 2014, HPRD began looking at a product called a  
3 Medicare exchange. Ultimately the Medicare exchange  
4 option didn't get pursued basically because it could have  
5 exposed the retirees to high premiums and potentially  
6 denial of coverage issues. They would also have required  
7 some benefit design data system and administrative  
8 changes. And these types of changes were not then and  
9 kind of aren't now in line with CalPERS' stated strategic  
10 objective to provide the high quality accessible and  
11 affordable health care to its members.

12 But with that option appearing to be at a  
13 dead-end, we considered a new option in 2015, and that was  
14 that single non-Kaiser HMO plan offered by  
15 UnitedHealthcare.

16 So let's look at what made this UnitedHealthcare  
17 plan so appealing.

18 --o0o--

19 MS. PALES: This plan option had a basic and a  
20 Medicare plan coupled so it would provide for the  
21 families. And it provided a more affordable and  
22 benefit-rich enrollment option, and it was going to be  
23 good for the majority of our Medicare and combination  
24 enrollment families. It also required no difficult  
25 benefit design or data system changes.



1           It's also really important to keep in mind that  
2 although the UHC Medicare Advantage Plan did offer premium  
3 savings to the enrollees for 2016, implementing it wasn't  
4 just a financial decision. The Board looked at all  
5 aspects of the plan.

6           As you can see on the slide, some of the best  
7 things about the UHC Advantage Plan that made it really a  
8 good fit for CalPERS were the extra benefits that we  
9 included. The Silver Sneakers program, for example, the  
10 House Calls program, they have a comprehensive national  
11 network of providers; and they offer vision and dental  
12 options for our retirees who don't have the vision and  
13 dental as part of their retiree benefit package. These  
14 are valuable benefits that we had heard time after time  
15 from our retirees that they wanted as part of their  
16 CalPERS Medicare options, so we were pretty excited when  
17 we found a plan that offered them.

18                               --o0o--

19           MS. PALES: When we implemented the united single  
20 Medicare option back in 2016, all Medicare members and  
21 combination plan families that were enrolled in our Anthem  
22 HMO, the Blue Shield, Health Net, and Sharp, they would no  
23 longer be able to remain enrolled in those HMO plans. So  
24 the combination plan members were notified by CalPERS that  
25 a plan change was going to be required for the 2015 open

1 enrollment period, because their Medicare basic HMO option  
2 wasn't going to be available to them.

3           The notification informed them that if they  
4 didn't select a health plan during open enrollment, the  
5 family would be administratively transferred either to  
6 UnitedHealthcare if there was basic available in their  
7 region or to PERS Choice PPO if the UnitedHealthcare basic  
8 plan wasn't available in their area. And these changes  
9 were effective January 1st of 2016.

10                           --o0o--

11           MS. PALES: When you look at the CalPERS health  
12 benefit population, there's about 270,000 Medicare plan  
13 members. And in any given year, there's right around  
14 62,000 individuals enrolled in the combination plans.  
15 That would be the association plans, our HMOs, and our  
16 PPOs. The overall population size seems to remain fairly  
17 consistent year after year.

18                           --o0o--

19           MS. PALES: Prior to the plan year 2016  
20 approximately 15,000 individuals were enrolled in the  
21 Anthem HMO, the Blue Shield, the Health Net, and the  
22 Sharp, the combination plans that were no longer available  
23 after the UHC Medicare advantage implementation.

24           These individuals needed to take a plan change  
25 for plan year 2016. And in 2015, this population, this

1 15,000 represented about 1.1 percent of CalPERS  
2 approximately 1.4 million health program members.

3           Of the 15,000 combination plan individuals, a  
4 little over half of those people are in basic health  
5 plans. If UnitedHealthcare was not available in their  
6 basic plan service area, many of those individuals now  
7 find themselves in the PERS Choice PPO. And they do face  
8 higher out-of-pocket costs than they experience when they  
9 enrolled in the HMO. They retain the ability to access  
10 the providers they had before, but now they have  
11 deductibles and co-insurance.

12                           --o0o--

13           MS. PALES: Our research on the impacts to  
14 members, business partners, and CalPERS Health Benefits  
15 program from allowing a multi-carrier enrollment for  
16 combination families, it included looking at both internal  
17 and external systems, processes, regulations, and costs.  
18 Allowing multi-carrier enrollment for combination  
19 enrollment families, it would allow each member in the  
20 combination plan enrollment the ability to select the  
21 health plan and the carrier of their choice. And it could  
22 also allow those basic plan members to remain in the HMO  
23 where they would not be subject to the deductibles and the  
24 co-insurance.

25           The potential impacts to systems and business

1 partners is more far reaching though. Each of the areas  
2 we identified in our research as being impacted is  
3 explored in detail in the agenda item so I'm not going to  
4 go into a lot of detail here. I just wanted to highlight  
5 a few potential impacts at a high level.

6           Allowing multi-carrier enrollments for  
7 combination enrollment families could result in increased  
8 administrative costs, potentially leading to higher health  
9 premiums. This would be from things like increased  
10 transactions which could require additional resources, and  
11 things like the IT investment of up to \$15 million and  
12 four years for the CalPERS system changes. It would be a  
13 movement away from group health plan processes to  
14 something much more aligned with the individual market.  
15 As a group health plan, CalPERS has the single party of  
16 that two party in the family enrollment tiers. The  
17 structure is used for enrollment, for data exchange, and  
18 for health plan rate development.

19           There would also be changes to data interfaces  
20 with our external partners, including our health plans,  
21 the State Controller's office, and contracting employers  
22 who would need to implement changes to their systems and  
23 would most likely incur costs to do so.

24           And it would be a variance from established  
25 electronic data handling practices that help ensure

1 compliance with the American National Standards Institute,  
2 the ANSI standards, for large group health plans under  
3 HIPAA.

4           As a large group health plan, CalPERS uses  
5 electronic records. The definitions of subscriber and  
6 dependent are clearly laid out in the ANSI standards. As  
7 an example, under the large group portion of the ANSI  
8 rules the subscriber is eligible for benefits based on  
9 their association with a sponsor, which in CalPERS' case  
10 would be the employer. And then the dependents are  
11 eligible for health benefits based on their association  
12 with the subscriber.

13           So the idea that we could do some type of a  
14 placeholder subscriber role so that the dependents could  
15 enroll in their own right is actually not allowed under  
16 the ANSI rules for the large plans -- the group plans.

17           It would also make changes to many of the  
18 my|CalPERS system processes including things like our  
19 health enrollments, our health contracts, and our public  
20 agency billing. As an example, many of our employers set  
21 their health contribution rate based on the plan that the  
22 employee's enrolled in. If the family was in more than  
23 one plan, that would require a change for the employer and  
24 potentially a new health contract, a resolution with  
25 CalPERS to reflect that new cost-sharing agreement.

1           It's also really important to keep in mind that  
2 CalPERS adopted a new five-year strategic plan in  
3 February, which includes among its overarching goals  
4 health care affordability and reduction of complexity  
5 across the organization.

6           So the Board would clearly take these goals into  
7 consideration in any future changes to the CalPERS  
8 business model.

9                               --o0o--

10           MS. PALES: So what does this look like moving  
11 forward? This is an information item, so we're not asking  
12 the Committee to make any -- take any action here. But we  
13 do however want to provide you with some understanding of  
14 the landscape as we see it moving forward from today.

15           We recognize that for some of our combination  
16 enrollment families for now, they're in a tougher spot  
17 than they were before 2016. But they still have access to  
18 quality health care, and they can currently select the  
19 Kaiser or the UnitedHealthcare Medicare Advantage plans,  
20 or any of our PERS-branded PPO plans.

21           As I mentioned at the beginning of my  
22 presentation, CalPERS is continually assessing innovative  
23 ways to provide high quality, accessible, and affordable  
24 health care to our 1.4 million members in both our basic  
25 and our Medicare plans.

1           And as you all well know, health care is a  
2 dynamic industry and ideas are being introduced and tested  
3 regularly. The landscape for health care is changing  
4 constantly at the federal, the state, and the local  
5 purchaser level. So we're going to continue working with  
6 our partners across the state and in Washington D.C. to  
7 advocate for our program and to collaborate on any  
8 emerging ideas. If and when we discover a plan option  
9 that in the balance is a good fit for both our members and  
10 our program, having the ability for the enrollings in the  
11 combination plans to choose separate carries might turn  
12 out to be beneficial for us.

13           We're always moving forward and we're always  
14 looking for opportunities. We never know what's going to  
15 come over the next hill or what options we might discover.  
16 So if and when opportunities present themselves, we'll do  
17 the analysis and we'll assess the options, and anything  
18 promising we'll bring forward to the Committee for  
19 consideration.

20           This concludes my presentation, and I would be  
21 happy to answer any questions.

22           HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE:

23           And just a point of clarification. There was an  
24 earlier question. We have not submitted the reg package  
25 to the Office of Administrative Law. We're waiting for

1 Board direction first.

2 CHAIRPERSON MATHUR: Okay. Thank you.

3 Well, I thank you for such a thorough and  
4 comprehensive overview and analysis. I know it took a  
5 yeoman's effort to get it done for today, and I think you  
6 did a wonderful job.

7 You have spurred quite a lot of questions from  
8 the Committee, so I'll move to those questions now.

9 Mr. Jones.

10 COMMITTEE MEMBER JONES: Yeah, thank you, Madam  
11 Chair.

12 I also want to thank you for the analysis. It's  
13 a -- it could serve as a template to be used to provide  
14 information so that informed decisions can be made when  
15 you're making major changes that affect so many members.  
16 And because I look through my lens differently now based  
17 on this information than I did when I was told \$1 million  
18 and now it's \$15 million and that doesn't even include the  
19 impact on the state agencies and local school districts  
20 and cities and counties. And so -- and also the impact  
21 the risks that are involved with HIPAA and some of the  
22 other memorandums of understanding, et cetera.

23 So I have the information now to be informed. So  
24 I just want to thank you for it.

25 MS. PALES: You're welcome.



1 CHAIRPERSON MATHUR: Thank you, Mr. Jones.

2 Ms. Taylor.

3 COMMITTEE MEMBER TAYLOR: Thank you, Madam Chair.

4 I also want to thank you for this. I know we  
5 asked you to come back because we had some concerns about  
6 this. Really, really thorough. I appreciate it.

7 I had one question on our 15,000 folks that  
8 needed to make plan changes. And then I think you said  
9 half may have to go to the PPO. Are those our rural folks  
10 basically?

11 MS. PALES: It depends on the coverage in their  
12 area. So it just depends on whether -- what plans we have  
13 available in their area.

14 And also an interesting point for consideration,  
15 is that of those 15,000, only 1500 were in a position  
16 where their only option was the PPO. In many of the areas  
17 of California we have more than one option.

18 COMMITTEE MEMBER TAYLOR: That's awesome?

19 All right. That's what I wanted to clarify.

20 Thank you.

21 CHAIRPERSON MATHUR: Thank you.

22 Mr. Lawyer.

23 ACTING COMMITTEE MEMBER LAWYER: I appreciate the  
24 report.

25 I was curious that since over a year has elapsed

1 since United has served as the sole non-Kaiser Medicare  
2 Advantage plan. What has been the member experience for  
3 those impacted combination enrollees in terms of customer  
4 service, complaints, or anything of that sort?

5 MS. PALES: So we reached out to our member  
6 account services area and the call center folks, and they  
7 don't actually track to that level of detail. So they  
8 didn't have numbers for us on, you know, folks that had  
9 called with concerns. Although they were able to tell us  
10 that there was only one situation that rose to the level  
11 of an appeal.

12 ACTING COMMITTEE MEMBER LAWYER: Appreciate it.

13 CHAIRPERSON MATHUR: Thank you.

14 Please note for the record that Mr. Slaton has  
15 also joined us this morning.

16 Mr. Lofaso.

17 ACTING COMMITTEE MEMBER LOFASO: Thank you, Madam  
18 Chair.

19 Again, also, thank you for the report.

20 Just one quick background question. There's been  
21 a lot of measurable savings throughout the system from the  
22 Medicare option, just to point that out for the record.

23 I wasn't around for the history in 2012, '13,  
24 '14. This item's helped me understand a lot of these  
25 small group exchange HIPAA nuances relative to the large

1 group plan ones. But since you mentioned that the  
2 Medicare exchange option that was being looked at in  
3 '12-'13, I think you said it put -- would have put those  
4 retirees at risk for some cost increases, and I think I  
5 heard you say some benefit limitations. So not to dwell  
6 on the past, but is there any relevance to that exchange  
7 consideration experience that has any relevance to what  
8 risks we might incur if we tried to get ourselves in an  
9 exchange mindset. Notwithstanding the reasons why it's  
10 super gargantuan task, but are there other risks to  
11 enrollees based on the other experience with the other  
12 exchange analysis? That's really my question.

13 MS. PALES: So that exchange analysis was  
14 actually a private exchange, so the Medicare enrollees  
15 would have left CalPERS. And so they wouldn't have the  
16 guaranteed issue that we offer. So it's a -- really if we  
17 do something within the CalPERS program, CalPERS rules  
18 would apply. This was actually something separate.

19 ACTING COMMITTEE MEMBER LOFASO: Okay. Apples  
20 and orange. I appreciate the clarification.

21 CHAIRPERSON MATHUR: We would have had no control  
22 over benefit design changes or whether people would be  
23 admitted for health insurance or denied coverage.

24 MS. PALES: Right. So when they first start and  
25 if they never move plans, they would have been fine. But

1 if they made a change to plans, they could have gone  
2 through some issues in terms of like the issuance of the  
3 health plan and the costs of the health plan.

4 CHAIRPERSON MATHUR: Thank you.

5 Mr. Jelincic.

6 BOARD MEMBER JELINCIC: Yeah. I raise the issue  
7 on the briefing. ANSI as an excuse -- I -- I find  
8 difficult to believe. At least I looked at the website of  
9 one of the vendors, and there was no indication that a  
10 dependent couldn't be listed as a subscriber. I don't  
11 know about the particular provider we use, but I think  
12 that's solvable.

13 But more troubling is actually going back to  
14 February, when we said, "This regulation was just a  
15 clarification. We weren't taking anything away from  
16 anybody." And as you -- at least some of you are aware, I  
17 asked, "Pull the old agenda items," because I was told the  
18 Board made this decision, you know back in '12.

19 But when you look at the agenda item, which was  
20 when we adopted at that point the amended regs that we  
21 have now amended again, the agenda item and the regulatory  
22 history says that CCR thought 99.501 subdivision A  
23 currently requires employees, annuitants, or family  
24 members enrolled in part A and B of Medicare to enroll in  
25 a Medicare supplement plan provided by the same carrier as

1 family members enrolled in the basic plan.

2           Amendments to this section remove the requirement  
3 that Medicare Supplement plans be provided by the same  
4 carrier providing coverage to family members in a basic  
5 plan.

6           So it seems to me that we have actually made a  
7 significant change, not just a clarification.

8           Now, we've giv -- I thought your report was  
9 excellent in explaining why we very well probably want to  
10 do what we are doing. But it -- we did in fact take  
11 something away.

12           The other problem is, it's another example of  
13 changing the policy to match our procedures rather than  
14 changing our procedures to match our policy.

15           So I thought it was an excellent report. I  
16 understand why we do it. I think it's actually probably  
17 the right decision. But it is -- the change was much more  
18 than just a clarification.

19           Thank you.

20           MS. PALES: Mr. Jelincic, I understand what  
21 you're saying. And back -- I was not part of the actual  
22 team that worked on this back in '12 and '13. But the  
23 intent of the regulation change that happened in 2013 was  
24 to allow the Board flexibility. And what we discovered  
25 was that the actual language in the regulation - and we

1 didn't really notice this till later obviously - it didn't  
2 say exactly what we thought it said. So it -- it was --  
3 the clarification from our perspective was to change the  
4 language to be what the intent was. When we went back to  
5 look at the actual regulatory package, the intent was not  
6 to allow members to choose; it was to allow the Board  
7 options to offer them better products. And I think that  
8 was lost in translation.

9 BOARD MEMBER JELINCIC: But that wasn't what the  
10 agenda item said. And so, I mean, that's -- you know, if  
11 that was the intent, it wasn't well done. But again I  
12 will point out, that's not what it said. And, you know,  
13 at some point regulations are rules so that people know  
14 what the rules are. As you know, I voted against the one  
15 that's currently -- had -- either is or is not currently  
16 at Office of Administrative Law. I thought earlier -- or  
17 I was told it was. I thought I heard you say it was not  
18 yet there.

19 MS. PALES: Just a confusion. It hasn't left the  
20 building yet.

21 BOARD MEMBER JELINCIC: Okay. It has not left  
22 the building yet.

23 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE:  
24 Waiting for your direction.

25 BOARD MEMBER JELINCIC: Okay. But one of the

1 issues -- you know, I voted against that because it said  
2 this is our rules unless we change our rules. And I think  
3 that a regulation ought to be, "This is the rule." And if  
4 at some point we change our mind on what the rule ought to  
5 be, then we go back and change the regs; because it  
6 defeats the purpose to say "This is the rule maybe."

7 But thank -- but, you know, given the  
8 complexities, I understand why we are doing it. So I'm  
9 not going to have heartburn over the decision. But the  
10 process really does in fact trouble me.

11 Thank you.

12 CHAIRPERSON MATHUR: Thank you.

13 INTERIM DEPUTY EXECUTIVE OFFICER BAILEY-CRIMMINS:  
14 Madam Chair, this --

15 CHAIRPERSON MATHUR: Yes.

16 INTERIM DEPUTY EXECUTIVE OFFICER BAILEY-CRIMMINS:  
17 I'd just like to comment.

18 I want to make sure that the Committee is aware,  
19 that the regulation, the way it stands today with the  
20 revision, it does leave it open for the Committee to make  
21 a decision at any point in time. If you decide for us to  
22 decide to move to a split care without an additional  
23 regulation change. So that did -- the intent of what your  
24 vote was to provide that flexibility did actually come to  
25 fruition, so I wanted to make sure you're aware of that.

1 CHAIRPERSON MATHUR: Thank you.

2 Mr. Slaton.

3 BOARD MEMBER SLATON: Thank you, Madam Chair.

4 When I first got on this Board I thought the  
5 investment side of this organization was the most complex.  
6 I have changed my mind.

7 (Laughter.)

8 BOARD MEMBER SLATON: So thank you for the  
9 report. That of it to me is it costs way too much money  
10 to do it, it takes four years to do it, and it has privacy  
11 issues, has all sorts of complexities that make it  
12 essentially impractical to go down that path.

13 So the question is, what other paths might there  
14 be? And I did receive some data from staff about the  
15 actual -- the basic members with only a PPO option when we  
16 implemented the UHC Medicare Advantage. And that the  
17 actual basic members in combination enrollment total 850  
18 families. Is that --

19 MS. PALES: 850 individuals from that one  
20 snapshot. And so it's a point-in-time look.

21 BOARD MEMBER SLATON: Okay. So that -- 850  
22 individuals, that includes --

23 MS. PALES: In basic plans. So the rest were in  
24 the Medicare.

25 BOARD MEMBER SLATON: Right. So that's the



1 universe. And it's like a large bucket with a drip coming  
2 in and a hole coming out. There's people coming in and  
3 out of that all the time. But the number I presume stays  
4 relatively consistent.

5 MS. PALES: The 62,000 in combination plans stays  
6 consistent. We do not know the age and regional location  
7 and availability of PPO versus HMO of who is in a  
8 combination plan at any particular time.

9 BOARD MEMBER SLATON: So it could grow or it  
10 could shrink --

11 MS. PALES: Absolutely.

12 BOARD MEMBER SLATON: -- we don't really know.

13 But statistics being what they are, it's not  
14 going to go 5 times this number or 10 times this number.

15 So my question is -- and I had some conversations  
16 earlier about the chance to do a reimbursement thing,  
17 because, you know, there's a maximum out of pocket in a  
18 PPO. So you can kind of forecast what the actual number  
19 is. And in dollar numbers it's a lot smaller than the \$15  
20 million to revise the system.

21 But then it looked like maybe there's an  
22 opportunity here to have another -- I mean, it's kind of  
23 back to the future. So we kind of consolidated and came  
24 up with one Medicare Advantage plan. That's a great plan,  
25 great services, new SilverSneakers, all the great options

1 that are in there. But now we have this group. So the  
2 question is, could we do a procurement to have another  
3 Medicare Advantage -- and again I'm sorry about my lack of  
4 knowledge of the terminology -- but essentially solve this  
5 problem with another carrier for people in those areas  
6 where they essentially can have a low cost plan plus  
7 Medicare Advantage.

8 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE:

9 We thank you for the question, Mr. Slaton, and  
10 we're actually exploring that option right now. We heard  
11 your feedback and it's a great solution. We will -- we  
12 can come back to you with that. We're researching it as  
13 we speak.

14 BOARD MEMBER SLATON: Well, you'll come back to  
15 the Committee. I'm --

16 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE:

17 Yes, to the Committee.

18 BOARD MEMBER SLATON: Right, yeah. Because I  
19 think that, you know, sometimes there's kind of an  
20 out-of-box solution that we hadn't thought of. And  
21 although this is great for 99 percent of the universe,  
22 there's that 1 percent that, you know, it's important for  
23 the Committee to pay attention to.

24 So I hope that could happen, and I look forward  
25 to seeing it.

1           CHAIRPERSON MATHUR: Okay. Thank you. That will  
2 come back to the Committee at a future time.

3           Mr. Lofaso.

4           ACTING COMMITTEE MEMBER LOFASO: Thank you, Madam  
5 Chair.

6           I appreciate the thoughtfulness of Mr. Slaton.  
7 And I know of course he'll be back next month when you  
8 come -- whenever the future month.

9           But one key issue -- and thank you all for - as  
10 I've heard about this morning - for your tolerance of my  
11 rapid-fire questions to try to understand it. But it  
12 seems to me a key challenge is what you mentioned a moment  
13 ago, Ms. Pales, which is, as we drill down on that smaller  
14 population where there are gaps in the availability of  
15 Medicare HMO, which is to say Advantage coverage, there's  
16 some fluidity in that 850-person population. And I'm  
17 still confused that you focused on the number on the basic  
18 side of the equation in contrast to the Medicare side of  
19 the equation. But with a combination family, there's  
20 always one accompanying the other, so it is what it is.

21           That said, it seems to me your challenge - and  
22 it's just more a comment unless you want to respond - is  
23 zeroing in on what is available to meet the needs of that  
24 discrete population. And that sounds very challenging and  
25 I know you all are up to it.

1 Thank you.

2 MS. PALES: So just to clarity, Mr. Lofaso. The  
3 reason that I drilled down on the basic members is that  
4 the Medicare plans are available. It's the lack of the  
5 basic plan. So the Medicare enrollee in the PPO is not  
6 facing the co-insurance and the deductibles like the basic  
7 plan member. So they're experiencing something way  
8 different than what they experience in the HMO. So they  
9 really are the population that's concerned more, right?

10 But to your question about the regional, I guess,  
11 coverage and the way that this population, can we agree  
12 with that? And I believe they're looking for a solution  
13 that would offer the areas, you know, that are not covered  
14 currently. So wherever people would be, that would be the  
15 goal, to offer something in those areas. So there's  
16 nothing I guess ideally where there's no HMO option, or do  
17 the best that we could.

18 ACTING COMMITTEE MEMBER LOFASO: But not to  
19 belabor the issue, especially at this degree of research,  
20 but it seems to me the problem comes to multiple levels.  
21 The immediate problem is the -- the Medicare cost sharing  
22 is what it is. So the family's immediate challenge is the  
23 cost sharing on the basic side.

24 MS. PALES: Agreed.

25 ACTING COMMITTEE MEMBER LOFASO: That's the

1 initial problem. But if you want to -- but one of the  
2 reasons that problem exists is because they don't have a  
3 Medicare option that they can go into to combine with a  
4 more favorable basic HMO option. So while the immediate  
5 experience of the problem is on the basic side with the  
6 co-insurance, the avenue to the dissolution is expanding  
7 the Medicare options.

8           Again, I know it's very confusing to discuss  
9 because of the way the two interact.

10           MS. PALES: But I think you have both the symptom  
11 and the problem, yeah. Yes, I think you understand  
12 perfectly.

13           ACTING COMMITTEE MEMBER LOFASO: Appreciate it.  
14 Thank you, Madam Chair.

15           CHAIRPERSON MATHUR: I think it's important to  
16 note that despite our best efforts and the efforts of our  
17 plan partners, we've been unable in our history to get HMO  
18 coverage throughout the entire state --

19           MS. PALES: Agreed.

20           CHAIRPERSON MATHUR: -- for basic or Medicare.  
21 And so any expansion would unlikely cover every additional  
22 county that's not included in the UnitedHealthcare  
23 coverage area. It would be -- hopefully we're able to  
24 achieve some expansion through a second solicitation, but  
25 I don't want to set expectations too high that we're

1 going --

2 MS. PALES: Thank you for the clarification.

3 CHAIRPERSON MATHUR: -- to be able to provide a  
4 very broad --

5 HEALTH POLICY RESEARCH DIVISION CHIEF LITTLE:  
6 Thank you, Madam Chair. We'll certainly look  
7 into it and --

8 MS. PALES: There's never, you know, perfection.

9 CHAIRPERSON MATHUR: Mr. Bilbrey.

10 VICE CHAIRPERSON BILBREY: Thank you, Madam  
11 Chair.

12 So these possible other solutions, how soon would  
13 that come back to the Committee? And more specifically,  
14 would it be something that we could make recommendations  
15 on and maybe having time for our open enrollment this  
16 year?

17 MS. PALES: Ms. Donneson is going to speak to  
18 that.

19 HEALTH PLAN ADMINISTRATION DIVISION CHIEF  
20 DONNESON: Good morning, Madam Chair, members of the  
21 Committee.

22 As you're aware, under Government Code 22850, you  
23 do have the ability to engage in plans. We have run a  
24 number of solicitations in a very creative way. We  
25 believe that we could immediately begin work on looking at

1 coverage areas where we used to have the basic plan match  
2 to the Medicare under some of our larger plans such as  
3 Blue Shield or Anthem HMO. So you have my commitment that  
4 we would immediately start to look at it.

5 We have developed documents actually back to 2015  
6 when we examined through the benefit design and pricing  
7 mechanism for rates, we do have those documents that we  
8 can pull off the shelf.

9 I agree that we can't be too optimistic, but we  
10 certainly have the capabilities and the knowledgeable  
11 staff in the procurement arena, which falls within my  
12 division, to be able to at least attempt to do so within  
13 the next couple of months. But I don't wish to make  
14 promises I can't keep.

15 CHAIRPERSON MATHUR: Yeah. Thank you.

16 So we do have two members of the public who wish  
17 to speak, and I'll ask them to come down at this time.  
18 Take these two seats to my left. Donna Snodgrass from  
19 RPEA and Larry Woodson from CSR.

20 And please identify yourself and your affiliation  
21 for the record. And you will have three minutes in which  
22 to speak.

23 MS. SNODGRASS: Before I start, I've tried to  
24 whittle this down as short as possible, but I may go 3  
25 minutes and 30 seconds. Is that okay?

1           CHAIRPERSON MATHUR: I will allow both of 3  
2 minutes 30 seconds.

3           MS. SNODGRASS: Thank you.

4           I'm Donna Snodgrass, Director of Health Benefits  
5 for the Retired Public Association -- Retired Public  
6 Employees Association.

7           In history, on May 15th, 2013, that's the date  
8 that Secretary of State filed the language for the  
9 California Code of Regulations Title 2. That language  
10 then was written and recommended by CalPERS to allow for  
11 combination plans families to have the same or different  
12 carriers within the same household.

13           Beginning in May of 2012, staff first presented  
14 recommendations for this language, quoting, "Proposed  
15 regulatory amendments will provide the Board the  
16 flexibility to offer one or more Medicare supplemental  
17 plans by the same or different carriers, even under  
18 combination family enrollments."

19           In August of 2012, CalPERS Board of  
20 Administration approved revised proposed language to  
21 further clarify rules regarding enrollments and to specify  
22 that Medicare supplemental plans can be offered by the  
23 same or different carriers even under combination family  
24 enrollments.

25           And, further, in August of 2012, amendments



1 actually remove the requirement that the Medicare  
2 supplemental plans be provided by the same carrier  
3 providing coverage for family members enrolled in a basic  
4 plan. This proposal was moved and carried at the Board  
5 meeting that month.

6 In February of 2013, the report to the Board  
7 through the Committee, Agenda Item 10, public comment had  
8 begun on November 2nd, 2012, and now the language was back  
9 to the Board to adopt.

10 The CalPERS Board, through this Committee and  
11 staff recommendation, wrote and approved the regulation in  
12 2012 and '13. The language was very specific and the  
13 meeting was very clear during discussions. There were no  
14 substantial risks cited or discussed during the process,  
15 even during the public comment section or period.

16 Now, in September 2016, staff recommendation is  
17 to clarify the regulation. In 2012 and '13, CalPERS staff  
18 and this committee spent a year being very open and  
19 specific. Even though written and approved by CalPERS,  
20 you never implemented your own regulation.

21 The language that was changed in '16 and '17 did  
22 nothing to clarify existing language. The new language  
23 not only reverses the ability for the member to decide the  
24 best coverage for their family, but it appears to  
25 preemptively deny separate carriers in certain instances

1 so that no exception can be approved.

2 Now we're hearing negatives concerning HIPAA,  
3 exorbitant My|CalPERS and related costs, increased staff  
4 work, employers, et cetera.

5 Why are the issues arising now? Were they there  
6 four years ago? And if so, why weren't they addressed  
7 then? Were they overlooked?

8 If a mistake was made, can't you just admit it,  
9 say "We made a mistake" and explain that it has to be  
10 changed?

11 There are roughly 62,000 members in combined  
12 families today. That number will increase each year.  
13 Will there be insurance plans available to meet the needs  
14 of this aging membership? Through this process, we  
15 received the message, maybe not intentionally, that the  
16 good of the many outweigh the good of the few.

17 This issue is just one example of why we get so  
18 frustrated at times with the Board and the process.

19 And thank you for allowing me to vent.

20 CHAIRPERSON MATHUR: Thank you, Ms. Snodgrass.

21 Mr. Woodson.

22 MR. WOODSON: Good morning. Can you hear me  
23 okay?

24 CHAIRPERSON MATHUR: Yes.

25 MR. WOODSON: All right. Larry Woodson, Chair of

1 the Health Benefits Committee, California State Retirees.

2 Madam Chair and members of the Board, thank you  
3 for the opportunity to comment. I'm commenting as well on  
4 the staff analysis regarding the obstacles and costs to  
5 implementing multiple-carrier choice for combo families.  
6 We concur with Donna Snodgrass's comments.

7 And why is this important to us? Just for some  
8 historical perspective, I think a little over a year ago  
9 Dr. Donneson presented to this Committee as well as  
10 stakeholders a trend analysis in which she said that in  
11 the year 2002 there were approximately a dozen carriers  
12 and health plans available to our retirees.

13 Today there are three. So choice is -- has  
14 become limited. We've lost a lot of choice.

15 I'd like to clarify something regarding the  
16 Kaiser -- the non-Kaiser HMO, specifically  
17 UnitedHealthcare. It does have some advantages. But it  
18 has a much more restrictive provider network for basic  
19 plan members. And it's -- the 1500 that was cited  
20 is -- where rural community members where UnitedHealthcare  
21 was not available, there's a much larger number, myself  
22 included, particularly in the Sacramento area that had to  
23 make a choice of whether to lose all their physicians for  
24 their family members or go to PERSCare, which is a more  
25 expensive plan to you and to us.

1           And to me personally it cost me \$2,800 more last  
2 year. So I am sensitive to that.

3           Regarding the staff analysis. Just four years  
4 ago, when you adopted the regs allowing the  
5 multiple-carrier choice, the staff analysis concluded that  
6 the benefits outweighed the risks something like 4 to 1.

7           It was a good idea. The only potential risk was  
8 identified as, quote, impacts to my|CalPERS may include  
9 system changes required to accommodate different plan  
10 options.

11           Four years later, the analysis concludes many,  
12 many obstacles and a hundred thousand dollar -- hundred  
13 thousand staff hours to change my|CalPERS and related  
14 work. That's 56 staff working full time for a year to  
15 make the changes that would be necessary, at a cost of \$15  
16 million. And to me this defies reason. I think it needs  
17 more inquiry. Four years ago it was projected to be  
18 acceptable risk. And so why are these -- I mean, HIPAA  
19 hasn't changed, ANSI rules haven't changed. And so  
20 it's -- it really I think begs the question -- I would  
21 hope that the Board would perhaps ask the staff for more  
22 analysis regarding that hundred thousand hours. We intend  
23 to do the same.

24           Thank you.

25           CHAIRPERSON MATHUR: Thank you very much for your

1 comments.

2 Okay. That will bring us to Agenda Item 9, which  
3 is a Summary of Committee Direction.

4 Ms. Bailey-Crimmins.

5 INTERIM DEPUTY EXECUTIVE OFFICER BAILEY-CRIMMINS:

6 Thank you, Madam Chair.

7 So I have two items that I had as a Committee  
8 directive. One was to bring back as a report additional  
9 information related to Castlight and the Welvie tools and  
10 the potential of using those within the HMO. So that was  
11 one item.

12 And then the other item was basically -- based on  
13 our discussion related to combo enrollment, the team is  
14 going to bring back in several months - we'll get you an  
15 actual date - of analysis of potentially another program  
16 or plan that would be available to individuals that were  
17 impacted that don't have coverage within either  
18 UnitedHealthcare Medicare Advantage or Kaiser.

19 So those are the two actions that I have listed.

20 CHAIRPERSON MATHUR: Thank you. I have those  
21 two. The one other one I have is additional information  
22 on the reference pricing to ensure that there is access  
23 across California at the reference pricing.

24 INTERIM DEPUTY EXECUTIVE OFFICER BAILEY-CRIMMINS:

25 Great. Thank you.

1 CHAIRPERSON MATHUR: To good quality care.

2 Oh, Mr. Jelincic.

3 Excuse me. Sorry. One moment.

4 There you go.

5 BOARD MEMBER JELINCIC: One of the other things  
6 is, in lieu of a lack of direction, I assume that these  
7 will -- the proposed regs from February will be going to  
8 OAL now.

9 INTERIM DEPUTY EXECUTIVE OFFICER BAILEY-CRIMMINS:  
10 That is correct, Mr. Jelincic.

11 BOARD MEMBER JELINCIC: Okay. Thank you.

12 CHAIRPERSON MATHUR: Thank you.

13 That brings us to Agenda Item Number 10, which is  
14 Public Comment.

15 Is there any member of the public who wishes to  
16 speak at this time?

17 Seeing none.

18 The open session is adjourned.

19 And we will enter into closed session at 5  
20 minutes before 10.

21 (Thereupon the California Public Employees'  
22 Retirement System, Board of Administration,  
23 Pension & Health Benefits Committee open  
24 session meeting adjourned at (9:42 p.m.)

25

## 1 C E R T I F I C A T E O F R E P O R T E R

2 I, JAMES F. PETERS, a Certified Shorthand  
3 Reporter of the State of California, do hereby certify:

4 That I am a disinterested person herein; that the  
5 foregoing California Public Employees' Retirement System,  
6 Board of Administration, Pension & Health Benefits  
7 Committee open session meeting was reported in shorthand  
8 by me, James F. Peters, a Certified Shorthand Reporter of  
9 the State of California;

10 That the said proceedings was taken before me, in  
11 shorthand writing, and was thereafter transcribed, under  
12 my direction, by computer-assisted transcription.

13 I further certify that I am not of counsel or  
14 attorney for any of the parties to said meeting nor in any  
15 way interested in the outcome of said meeting.

16 IN WITNESS WHEREOF, I have hereunto set my hand  
17 this 24th day of April, 2017.

18  
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21 

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24 Certified Shorthand Reporter  
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