

## CalPERS Population Health Management Dashboard for Basic Health Plans (excluding Association Plans) 2015 Baseline

Summary Demographics	
Number of Members (average)	1,069,145
Average Age	36.8
Gender (% female)	52.9%
Gender (% male)	47.1%
Major Chronic Conditions Prevalence - Percent of Members	
Asthma	3.37%
Chronic Obstructive Pulmonary Disease	0.55%
Coronary Artery Disease	1.03%
Depression	4.98%
Diabetes	6.05%
Heart Failure	0.15%
Hypertension	7.03%
Lifestyle Risks (for Kaiser Permanente members only)	
% of Adults who are Obese <sup>1</sup>	43.10%
% of Children who are Obese <sup>1</sup>	7.80%
% of Adults with Borderline/High Total Cholesterol	Not Available
% of Adults with Blood Pressure >= 140/90	6.20%
% of Adults who Smoke	7.20%
Clinical Quality Measures <sup>2</sup> (HEDIS Acronym) <sup>3</sup>	
Childhood Immunization (CIS-Combination 3)	Not Available
Breast Cancer Screening (BCS)	77.26%
Cervical Cancer Screening (CCS)	72.37%
Colorectal Cancer Screening (COL)	54.81%
Diabetes – Nephropathy (CDC)*	87.70%
Diabetes – Retinal Eye Exam (CDC)*	6.19%
Diabetes – Hemoglobin A1c Testing (CDC)*	87.91%
Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents – Total – Body Mass Index Percentile Documentation (WCC)*	5.32%
Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents – Total – Counseling and Nutrition (WCC)*	5.82%
Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC)*	3.80%
Coronary Artery Disease – Beta Blocker (PBH)	86.31%
Chronic Obstructive Pulmonary Disease - Adherent Use of Short-Acting Bronchodilator Medications (PCE2)	81.03%
Asthma – Percentage with Adherent Use of Asthma Control Medications (MMA-Medication Compliance 50%)	68.82%

Anti-depressant Medication Management – Acute Phase (AMM-Acute Phase)	73.14%
Anti-depressant Medication Management – Continuation Phase (AMM-Continuation Phase)	56.26%
Low Back Pain (LBP)	84.74%
Hypertension (CBP)	Not Available
<b>Other Measures</b>	
<b>Maternity Outcomes</b>	
Cesarean Section Delivery Rates	20.9%
% of Deliveries Before 37 Weeks Gestation	10.6%
<b>Inpatient and Emergency Room</b>	
Inpatient Admits/1,000	47.3
Plan All-Cause Readmission Rate (HEDIS PCR)	10.0%
Readmits/1,000 (based on HEDIS PCR numerator)	2.6
Inpatient Average Length of Stay (days)	4.7
Emergency Room Visits/1,000	179.6

**Notes:**

<sup>1</sup> "Obese" is defined as Body Mass Index (BMI)  $\geq 30.0$ .

<sup>2</sup> As the Clinical Quality Measure analyses are not audited, these are considered "HEDIS-Like" data as opposed to "HEDIS."

<sup>3</sup> "HEDIS Acronyms" are the three-letter designations used by the National Committee for Quality Assurance to uniquely identify HEDIS measures.

\* "Hybrid measure" for which carriers gather additional information from patients' medical records for HEDIS.