## ATTACHMENT C

**RESPONDENT'S ARGUMENT** 

September 7, 2016 "Respondent's Argument" CalPERS Executive office P.O.Box 942701 Sacramento, CA. 94229-2701 Fax (916)795-3972

Ref No.2015-1020 Herminia .Arras

Received	
SEP - 9 2016	
CalPERS Board Unit	

## Presently

I'm a Cal Pers member as of 1995, Employed by Lake Elsinore Unified School District Transportation Dept, as a School bus driver, now retired due to Industrial Injury. I've had no accidents and no traffic Violations in my years Driving for L.E.U.S.D.I was apart of School Bus Rodeo Team for several years. Reference #1 Proposed Decision, Summary pg.2 top paragraph

Mrs. Arras was not substantially incapacitated from performing the usual and customary duties of a school bus driver at the time she filed her application for industrial disability retirement.

Defense: . I was placed out side the school bus into a office as Modifyed dutie. Auguest 13, 2012 had Spasm, Stiffness, on upper & lower back along with tingling down to right leg & foot in L.E.U.S.D.school bus. On August 30,2012 I was placed on Work comp with Tri Star. For several Months. I received a letter VIA Certified and Regular mail in May 2013 from Sam Wensel Executive Director, Personal services that regarding my "personal" leave provisions & according to Classified Collective

Bargaining Agreement Article 10 -Leave Provisions. 10.8, illness leave shall not exceed five school months or 108 days. There fore the Doctor placed me on Modifed duties that was excepted. I was able to continue medical care through the year through Tri-star wk. comp having more therapy, chiropractic & acupuncture treatment up until presently July 30, 2016 with discloser to work case allowing Life time Medical coverage on Upper & Lower back, Shoulder, Neck Right leg & foot, Right Wrist Included.

Reference#2 same page down to #3 Application claming to have right to receive an industrial disability retirement on the base of orthopedic injuries to her neck, back, and right leg , foot, and ankle. Mrs. Arras claimed "pain on lower lumbar area cause by prolonged sitting and driving over bumps. Defense: Let the Records show in the MRI of back x-rays, Doctor Reports Emergency rooms. I Herminia Arras have given San Bernardino Cal Per's two C.D.s from: Doctor Matos, & Doctor Akmajain in April 2016 along side of Angelina Romo and Janel Garcia. who went with me to deliver to 3rd floor main office. On September 24,2016 with Judge Kimberly J. Belvedere along with my husband Ruben Arras that Judge Belvedere stated we were credible and sincere "noted" \$24-2016, Judge Belvedere stated that "she had nothing", "except what I had brought to her for that day". I feit deprive of my rights to display C.D of MRI. of Orhopedic Surgeons Report's. Prior to that day I was told by John Shipley that I could bring the MRI C.D., & reports Prior to date on a phone conversation. I was also told that for my 3<sup>rd</sup> attempt to disclose "Respondents Argument" as I was told to title this request, I could only have 6 page's for the Board to look over on Monday September 12, 2016. My Husband Ruben Arras who's Worked for L.E.U.S.D for 20 years also a CalPERS member, noticed many inconsistency's in Dates, Reports, Process's, as well as placing a Report that I don't feel came from Dr. Fiat? The date on his resent report was 2015. His Report that I would have remembered the Interview and the exam., Dr.Fait's report? When I met him I told him and John that I would have remembered Him as I have list of Doctors Business Cards on a sheet of paper. I told him maybe it was in passing.. Dr. Fait told me of the office he works out of in Moreno Valley, I said yes I know that place but that's were I went once to Dr. Kim in Moreno Valley for my Q.M.E., as my husband agreed with me as he was with me on that date., Dr. Faits Report also states many times at the appointment he said I had with him That I didn't remember or I had forgotten, It was over express that I had forgotten during questions he asked me on the report.

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#### Page 2:: 'Respondent's Argument'

Reference from pages of Matthew G. Jacobs General Council Form's

Page#1 #24 Reference: statement suggest that I was working in the year 2014 Defense: Exhibit #1 retired pending disability. 5-30-14 being I was still covered by Tri-star work comp for therapy.

Defense:: On August 13,2012 I had a Industrial Injury will driving L.E.U.S.D. school bus, I had Spasms, numbress fingling on upper neck, lower back, right side leg & foot. I was told to report to work comp. Doctor, due to being in a L.E.U.S.D. bus, It was reported on August 30, 2012. Work comp place me off my regular duies as a bus driver, then called me back to work for Modified work in LE.U.S.D. Transportation Department in May 2014. I received a letter Dated May 13,2013 from Sam Wensel Executive Director Personnel Services. That in "Regarding your "personal" illness leave provisions accordance to Classified Collective bargaining Agreement I would have to request an extension to the number of days that I was already off. I was denied the extension, from L.E.U.S.D. Personal services, signed by Sam Wensel, I was called to a meeting on May 9<sup>th</sup> 2013 with Sam Wensel, Julie Scranton, Janive District Nurse, Elizabeth Miller, & Tootsie Bishop, at this meeting my Husband Ruben Arras and Attorney Ted Kennedy attended. I was given words from Janive that I was a liability driving a school bus because if an Emergency occurs I would not be able to pull a child off bus due to the weight limit of lifting from L.E.U.S.D.& also Doctors reports.: school bus. Exhibit #3 form in file from Herminia Arras.9-7-2016.. As to the district on May 9<sup>th</sup> 2013. I followed through with request of an extension as I was still under going treatment and physical therapy and evaluations all that have been recorded and placed in records and files.

Prior a sever Industrial Injury while driving my LE.U.S.D. school bus in the year 1999. Not caused by me.. I had taken at tack team of students on the school bus at 4a.m.morning to a track meet at the University of Riverside, after dropping off students I was told to Park school bus around the reservoir where they had produce and crops. I was told to stay on dirt path and follow around to park behind another bus. I followed instructions and ended up in a water reservoir of 10 feet wide 10 feet deep. The bus tire's went in water reservoir along with front axle., Bus was towed out. The University was sorry for not having a screen placed over ditch nor cones, lights, or roped off. This caused pain to neck and shoulder area, through report to work comp test was done to my neck found to facture disc damaged C-4, C-5, in 2000 Work comp covered surgery disc repair.. It was told and said that I may have more complications' later, like arthritis. I was never advised to switch to another jobs in L.E.U.S.D .after surgery. I never said that I was completely healed as stated on Dr. Fiats report.. I've had tendemess as Doctor Akmajain said I may have. As of 2011 noticed changes in my sleep pattern, difficulty in doing my regular house keeping, aches and pain on body. Doctors and specialists were puzzled until the MRI was taken in year of 2011 & 2012. Even then after the first set of MRIs were taken there was change noticed to the MRI. As Dr. Fiat stated in front of Judge on July 24, 2016 That anytime after having surgery as Herniated Disc the Degerated Disease increases. I addressed Dr. Fiats Response to the Judge that day as reference after having an Industrial Injury In School Bus property of L.E.U.S.D.. I showed my right leg, ankle & foot as evidence of on going swollenness, Inflammation along with my pain medication taken daily according to daily activity.

Defense: Regular Doctor follow ups, Daily routine in & out of home not able to do. Not able to walk up or down stars as a step well going into school bus. Stiffness in the Areas covered by Tri-star work comp. Swollen andles & foot. Fatigue, sleepless nights, Headaches still occurring, spasuns, stiffness, mood swings, shoulder & neck pain and soreness, shortness of breath, difficult to walk with inflammation to right leg ankle & foot. Inability to sit long periods of time, or stand long periods of time or clean, sweep, mop or do windows with out having spasms. Not able to work with difficulty of stiffness & spasms. Pain range is now in a 8 level out of 10.. I haven't had pain level no lower than a 5 ...Sexual relations have stop due to back, leg, neck,. Marriage rough because of this..

I'm Presently taking tramadol pain meds. Or Extra strength Tylenol daily I apply Hot & cold compus. I've been using electro pad stimulators applied to area of pain. I uses an electric back massager on areas of discomfort, stiffness, aches, I signed up for L.A. fitness center to go into pool only and soak in spa, walk in water, water movement for body parts. The judge said it wasn't enough evidence just to have pain. Again I had 3 Industrial Injuries while working for L.E.U.S.D. as a school bus driver, Not caused by me. While drive school bus 1999, 2011 & 2012 I plead for the panel to understand I can not work or find employment any where else as my age and disabilities increase; My body will need surgery eventually for lower lumbar due to Industrial Injury In a school bus not caused by me Herminia Arras of L.E.U.S.D. for 18 years.

On Thursday May 30th 2014 I Herminia Arras sent Paper work for Retirement pending Disability.

I was asked to meet with Sam Wensel on May 9, 2013 to discuss options due to liability of weight restrictions as to how much a child weight if an emergency occurred to carry or pull off school bus. There for I was given 3 options.

#1 Retire

#2. To take a complete physical and MRIs & x-rays

.#3 To apply for another position in L.E.U.S.D.

At this meeting There was Sam Wensel, Julie Scranton, Elizabeth Miller, Janiva who's District nurse at time. I had my Husband Ruben Arras attend and Attorney William Kennedy

First of all I Loved my Job and never thought I would have to be put off bus by options.

Second I asked if I took this physical would I have to have x-rays & MRIs? I was told yes a complete do all over again. I refused due to radiation issues of my family blood line have had cancer. I Never know it was called "fitness for duty physical exam".

Thirdly Sam Wensel told me I could apply for another position in district. I ask her would I have to apply for position? She responded yes! Apply, Test, Interview for position...Sam Stated there should be some openings as a cross guard walker for students. I went home to check on line. There were no openings! I was disappointed and I had only a few days to decide.

During this time I had been on Modified duty for L.E.U.S.D. transportation Department. I made a decision to Retire Fending Disability due to limitations in my everyday walk of life. & Restrictions put on my Body due to Infinistrial Injury. Please review MRI. From two other Doctors. Three Orthopedic surgeons Recommended Surgery.

Please consider all evidence & facts in accepting my Proposal. Gratefully

Herminia I. Arras

	Exhibit
a state of Disting	Lake Elsinore Unified School Distric Date of Last Date work
Governing Board Heid Matthes Dodd President Jum I. Saucado	RESIGNATION NOTIFICAT Reason & Comments Retirement PENDINE District Disablety.
Clark Stan Crippen Mambar Tem Inonas Mambar Susari E. Scott Hembar	To: <u>PERSONNEL SUPPORT SI</u> From (please print): <u>Herminia Arras</u>
Prendez	Position: <u>School Bus Driver</u> Location/Site: <u>L.E.U.S.D. Ironsportation</u> Effective Date of Resignation <u>S-30-2014</u> (Last Working Day)
Administration Dr. Doug Kimberly Superintendent	Reason: Retirement
Dr. Georgis Landon Deputy Superintendent Administrative & Fiscal Support Services Dr. Gregory J. Bowers	
Assistant Superintendent Pacifites & Operations Dr. Akin Guevara Assistant Superintendent Instructional Support Services	comments: Retirement Pending District Disablity. Disablity Net Cause by Employee's Fault, 1999 Driver
Np Meyer Assistant Supprintendent Personnel Support Services Sem Wansel Executive Director Personnel Support Services	Was directed to drive al School bus around A reservair at Riversite Comments University at 430 AM For a Hich School track team most after. Junion off Studenty Oriver was directed Into A water wash Dravin 208420
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(951) 253-7000 545 Changy Street Lake Ekinone, CA 92530 www.Jeusd.k12.ca.us	Hurnsted Disc. <sup>1</sup> Spasom 2012 <sup>11</sup> <sup>11</sup> Carpool Tunne
PAGE 05/10	ZIRRAA XANNAJATZOA Z868723130 MACE:11 3102\00\00

# **CalPERS EXHIBITS**

HERMINIA I. ARRAS Agency Case No. 2015-1020 OAH Case No. 2016020967

EXHIBIT		I.D.	EVID.	
	JURISDICTIONAL DOCUMENTS			
1	Statement of Issues dated February 24, 2016			
2	Notice of Hearing and Proof of Service dated May 23, 2016			
3	Application for Service Retirement dated June 30, 2014			•
4	Application for Disability Retirement dated September 23, 2014	TARCE		
5	Letter from BNSD to Herminia Arras denying disability retirement dated June 19, 2015			
6	Letter of Appeal from Herminia I. Arras dated July 27, 2015	Amea	W Date	
	MEDICAL REPORTS	N. 48 8 8 8 8	511	
7	Curriculum Vitae of James Michael Fait, M.D.	Line(C)		
8	IME Report of James M. Fait, M.D., M.D. dated April 28, 2015		0.545	
		<b>Bisco</b>	eenere	
	JOB DESCRIPTIONS			
9	Lake Elsinor Unified School District Job Description - Bus Driver	K-miss	TINE POSS	
10	Physical Requirements of Position/Occupational Title	For Job	Descript	<u>on</u>
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## MAX H. MATOS, M.D., F.A.A.O.S., Q.M.E. DIPLOMATE, AMERICAN BOARD OF ORTHOPAEDIC SURGERY

June 24, 2013

Lauren Belger, Esq. 3536 Concours Street Suite 210 Ontario, CA 91764

Tristar Risk Management P.O. Box 2805 Clinton, IA 52733-2805

RE: EMPLOYER OCCUPATION DATE OF INJURY CLAIM # WCAB # SSR ID # DATE OF EVALUATION

#### ARRAS, HERMINIA I.

Lake Elsinore Unified School District Bus Driver CT 1/1/10 to 1/10/12, 1/19/12

6/24/13

### PRIMARY TREATING PHYSICIAN'S PERMANENT AND STATIONARY REPORT

Ms. Herminia I. Arras returns to my Riverside office today on June 24, 2013 for orthopaedic follow-up referencing the above date of injury.

This permanent impairment evaluation was performed in accordance with the American Medical Association Guides to the Evaluation of Permanent Impairment, 5<sup>th</sup> edition. I spent 1½ hours reviewing the history and performing the physical examination. Two and one-fourth hours were spent reviewing medical records, including my own records, and diagnostic studies. Three and one-fourth hours were spent rating impairment and formulating my opinions.

Exhibit

1520 NUTMEG PLACE, SUITE 110 COSTA MESA, CA 92626 PHONE

4354 LATHAM STREET, SUITE 100 RIVERSIDE, CA 92501 PHONE (!

## RE: ARRAS, HERMINIA I. June 24, 2013

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South land Spine & Rehabilitation Medical Center Max H. Matos, M. D., F. H. H.O.S.; Q. M.E. Riverside, CH.

## DISCUSSION:

Ms. Herminia I. Arras is a 53-year-old bus driver whom I have followed for work related injuries. The patient has been treated conservatively and surgically, has had appropriate diagnostic studies, and has been evaluated by specialists as indicated. The findings and recommendations of all consultants are hereby incorporated by reference into this report.

It is my professional opinion that this patient's orthopaedic injuries have stabilized. No further significant improvement can be expected with additional conservative care. The patient has reached maximal medical improvement and can be considered permanent and stationary for purposes of rating. Impairment rating is performed in accordance with the AMA Guides to the Evaluation of Permanent Impairment, 5<sup>th</sup> edition.

## **Objective Factors of Disability:**

Per physical examination and diagnostic studies summarized above.

Impairment Rating and Rationale;

Spine in pairment is 45% WPL

Upper extremities impairment is 14% WPL

Pain impairment is 3% WPL

## <u>TOTAL COMBINED WHOLE PERSON IMPAIRMENT: 56%</u> <u>Per Combined Values Chart, p. 8-2, 2005 CA PDRS</u>

<u>Cervical spine</u>: Impairment of the cervical spine can be rated using the diagnosis-related estimates (DRE) method or ROM method. However, given that the DRE method provides a higher rating this is the method chosen. According to AMA Guides, 5<sup>th</sup> edition on Chapter 15, page 380, it states, "In the small number of instances in which the ROM and DRE methods can both be used evaluate the individual with both methods and award the higher rating."

For the sake of completeness and convenience, my ratings and rationale for both methods are provided below:

<u>Cervical DRE:</u> Clinical history and examination findings are compatible with a continuous trauma injury. There is loss of range of motion in all planes. There are no significant signs of cervical radiculopathy noted. However, she complained of occasional pain across the nuchal area with occasional radiation to both upper extremities. The pain increases with lifting, pushing, pulling, and prolonged neck positions. She occasionally wakes up at night due to pain. She

RurDrive And none Unifinal CH. (951)253-7000

- Tendemess,
- History of disc herniation with extrusion noted at L4-5 and L2-3.
- Weakness in the right ankle extensor,
- Decreased sensation to the L5 dormatomal distribution right.

#### WORK RESTRICTIONS:

The examinee has returned to her usual and customary work as a bus driver.) The examinee will be precluded from pushing, pulling or lifting greater than 35 pounds and no repetitive bending or stooping.

### CAUSATION;

Cansation is industrial based on cumulative trauma coupled with an underlying degenerative condition.

#### APPORTIONMENT:

The examines's condition is a combination of cumulative trauma based on driving a large school bus which requires prolonged sitting and running over bumps. Therefore, her lumbar spine can be apportioned <u>50% industrial</u> and 50% non-industrial due to the degenerative condition.

For her cervical spine, the examinee's job requires frequent turning and twisting of her head which would have resulted in cumulative trauma which would be apportioned 90%, and 10% due to a non-industrial degenerative condition.

For her carpal tunnel syndrome, there is cumulative trauma and is 100% industrial based on cumulative trauma.

#### FUTURE MEDICAL TREATMENT:

The examine really responds to acupuncture treatment. Therefore, she is a candidate to receive up to 12 acupuncture sessions per year.

The possible need for decompression and fusion of the lumber spine still remains as a possibility in the future.

She can be treated with medication including nonsteroidal anti-inflammatory medication and medication such as muscle relaxers as needed.

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Date of Exam: April 12

t. Matos. M.D. F.A.A.O.S