

Wellness Strategy Update

August 2015

Health and Wellness Strategy Update

- Request for Information
- BART Pilot
- Online Solutions
- Items for Consideration

Request for Information (RFI)

- Released June 1, 2015
 - Health and wellness solution vendors
 - Services that could be provided to CalPERS active employees, retirees, and adult dependents
- 13 companies responded
- Services range from online software solutions to full-service wellness management
- Pricing varies greatly depending upon vendor and solution
 - \$0.50 PMPM to \$7.50 PMPM plus management fees

BART Pilot



weightwatchers



- Weight Watchers
 - Available to eligible employees and adult dependents
 - Free Online *Plus* digital and mobile tools
- Launches August 1, 2015
- Preliminary participation data expected November 2015
- Ends April 30, 2016

Items for Consideration

- Wellness programs are typically implemented by employers
- CalPERS is limited as a health plan purchaser
- Online solutions
 - Address challenges of dispersed membership
 - Reduce staffing needs
- How to pay for it?
 - Impact to health premium rates
 - Excise tax risk

Questions?