

# Wellness Platform

## Purpose

- The Wellness Platform initiative will utilize evidence-based programs with outcomes and measurements to ultimately create flexible wellness options that will engage employers, members, and providers.

## Project Approach

- Sponsor a worksite health & wellness pilot project
- Conduct a wellness needs assessment and outreach
- Evaluate existing and potential wellness programs

# CalPERS – BART Workforce Health Pilot

## Roles

- Sponsored by CalPERS
- BART labor and management participation
- Implemented by Kaiser



## Approach

- Begin development Summer 2014
- Options for shifts and facilities, including yards
- Labor/management collaboration key to success

# Wellness Needs Assessment and Outreach

## Public Agency Survey

- Interest in CalPERS-sponsored statewide wellness platform
- Majority of employers do not sponsor wellness program

## Focus Groups

- CalPERS-led wellness
- Engage labor and management

## Health Plan Administration Division (HPAD) Wellness RFI

# CalPERS Current State of Wellness

- Each plan offers variety of services
- Members access services of plan in which they are enrolled
- Plans promote wellness programs
- Plans utilize their own:
  - Contracted providers
  - Products
  - Services

# Range of Employer Engagement

## Reliance on health plan for wellness

- Limited employer engagement
- Varying incentives and approaches