

**"COBRA" - STATE  
GROUP CONTINUATION COVERAGE  
RATES FOR JANUARY 1, 2011 TO DECEMBER 31, 2011**

Rates are calculated at 102%; however not all carriers will require 102%

<b>-- BASIC --</b>				
<b>PLAN CODE</b>	<b>PLAN NAME</b>	<b>1 Party</b>	<b>2 Party</b>	<b>3 Party</b>
205	Blue Shield HMO	\$613.71	\$1,227.43	\$1,595.66
141	Blue Shield Advantage	\$613.71	\$1,227.43	\$1,595.66
042	Blue Shield NetValue*	\$528.07	\$1,056.15	\$1,372.99
146	Blue Shield NetValue Advantage	\$528.07	\$1,056.15	\$1,372.99
230	CA Assoc. Hwy. Patrolmen (sub) ***	\$614.76	\$1,193.47	\$1,560.96
256	CCPOA - North	\$553.81	\$1,109.09	\$1,497.07
266	CCPOA - South	\$456.82	\$915.07	\$1,236.20
056	Kaiser	\$533.03	\$1,066.06	\$1,385.88
**	Kaiser Out-of-State	\$800.99	\$1,601.97	\$2,082.56
222	PERS Choice	\$546.16	\$1,092.32	\$1,420.01
045	PERS Select*	\$477.60	\$955.21	\$1,241.77
278	PERSCARE	\$866.59	\$1,733.18	\$2,253.14
207	PORAC	\$537.54	\$1,006.74	\$1,279.08

\*Blue Shield NetValue and PERS Select are high performance physician network plans  
 \*\*These premiums cover all Kaiser out-of-state areas.  
 \*\*\*Calculated using the un-subsidized rate