

**"COBRA" - STATE
GROUP CONTINUATION COVERAGE
RATES FOR JANUARY 1, 2010 TO DECEMBER 31, 2010**

Rates are calculated at 102%; however not all carriers will require 102%

| -- BASIC -- | | | | |
|----------------------|------------------------------------|----------------|----------------|----------------|
| PLAN CODE | PLAN NAME | 1 Party | 2 Party | 3 Party |
| 205 | Blue Shield HMO | \$527.43 | \$1,054.86 | \$1,371.32 |
| 141 | Blue Shield Advantage | \$527.43 | \$1,054.86 | \$1,371.32 |
| 042 | Blue Shield NetValue* | \$456.78 | \$913.55 | \$1,187.62 |
| 146 | Blue Shield NetValue Advantage | \$456.78 | \$913.55 | \$1,187.62 |
| 230 | CA Assoc. Hwy. Patrolmen (sub) *** | \$614.76 | \$1,193.47 | \$1,560.96 |
| 256 | CCPOA - North | \$488.35 | \$977.62 | \$1,319.49 |
| 266 | CCPOA - South | \$402.88 | \$806.67 | \$1,089.63 |
| 056 | Kaiser | \$504.89 | \$1,009.78 | \$1,312.71 |
| ** | Kaiser Out-of-State | \$739.18 | \$1,478.37 | \$1,921.87 |
| 222 | PERS Choice | \$497.00 | \$993.99 | \$1,292.19 |
| 045 | PERS Select* | \$463.97 | \$927.93 | \$1,206.31 |
| 278 | PERSCARE | \$848.13 | \$1,696.26 | \$2,205.14 |
| 207 | PORAC | \$493.68 | \$924.12 | \$1,174.02 |

*Blue Shield NetValue and PERS Select are high performance physician network plans
 **These premiums cover all Kaiser out-of-state areas.
 ***Calculated using the un-subsidized rate

Updated 9/03/2009