

SACRAMENTO AREA REGION

El Dorado, Placer, Sacramento

"COBRA"

RATES FOR JANUARY 1, 2010 TO DECEMBER 31, 2010

RATES FOR JANUARY 1, 2010 TO DECEMBER 31, 2010

Rates are calculated at 102%; however not all carriers will require 102%

-- BASIC --

| PLAN CODE | PLAN NAME | 1 Party | 2 Party | 3 Party |
|-----------|------------------|----------|------------|------------|
| 101 | Blue Shield HMO | \$529.96 | \$1,059.92 | \$1,377.90 |
| 123 | Blue Shield HPN* | \$482.95 | \$965.90 | \$1,255.67 |
| 103 | Kaiser | \$512.61 | \$1,025.22 | \$1,332.79 |
| 105 | PERS Choice | \$467.53 | \$935.05 | \$1,215.57 |
| 125 | PERS Select* | \$436.46 | \$872.92 | \$1,134.79 |
| 121 | PERSCare | \$797.83 | \$1,595.67 | \$2,074.36 |
| 207 | PORAC | \$493.68 | \$924.12 | \$1,174.02 |

* Blue Shield NetValue and PERS Select are high performance physician network plans

BAY AREA REGION

Alameda, Amador, Contra Costa, Marin, Napa, Nevada, San Francisco, San Joaquin, San Mateo, Santa Clara, Santa Cruz, Solano, Sonoma, Sutter, Yolo, Yuba

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| PLAN CODE | PLAN NAME | 1 Party | 2 Party | 3 Party |
|-----------|------------------|----------|------------|------------|
| 102 | Blue Shield HMO | \$588.88 | \$1,177.75 | \$1,531.08 |
| 124 | Blue Shield HPN* | \$510.36 | \$1,020.71 | \$1,326.93 |
| 104 | Kaiser | \$543.21 | \$1,086.42 | \$1,412.35 |
| 106 | PERS Choice | \$518.91 | \$1,037.83 | \$1,349.17 |
| 126 | PERS Select* | \$484.43 | \$968.86 | \$1,259.52 |
| 122 | PERSCare | \$885.53 | \$1,771.07 | \$2,302.38 |
| 207 | PORAC | \$493.68 | \$924.12 | \$1,174.02 |

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LOS ANGELES AREA REGION

Los Angeles, San Bernardino, Ventura

"COBRA"

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-- BASIC --

| PLAN CODE | PLAN NAME | 1 Party | 2 Party | 3 Party |
|-----------|--------------------------------|----------|------------|------------|
| 302 | Blue Shield HMO | \$433.18 | \$866.37 | \$1,126.27 |
| 144 | Blue Shield Advantage | \$433.18 | \$866.37 | \$1,126.27 |
| 062 | Blue Shield HPN* | \$375.42 | \$750.84 | \$976.10 |
| 145 | Blue Shield NetValue Advantage | \$375.42 | \$750.84 | \$976.10 |
| 306 | Kaiser | \$421.43 | \$842.87 | \$1,095.72 |
| 321 | PERS Choice | \$461.46 | \$922.92 | \$1,199.80 |
| 080 | PERS Select* | \$430.80 | \$861.59 | \$1,120.07 |
| 326 | PERSCare | \$787.49 | \$1,574.98 | \$2,047.48 |
| 207 | PORAC | \$493.68 | \$924.12 | \$1,174.02 |

* Blue Shield NetValue and PERS Select are high performance physician network plans

OTHER SOUTHERN CALIFORNIA REGION

Fresno, Imperial, Inyo, Kern, Kings, Madera, Riverside, Orange, San Diego,
San Luis Obispo, Santa Barbara, Tulare

"COBRA"

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-- BASIC --

| PLAN CODE | PLAN NAME | 1 Party | 2 Party | 3 Party |
|-----------|--------------------------------|----------|------------|------------|
| 304 | Blue Shield HMO | \$495.00 | \$989.99 | \$1,286.99 |
| 142 | Blue Shield Advantage | \$495.00 | \$989.99 | \$1,286.99 |
| 064 | Blue Shield HPN* | \$429.00 | \$858.00 | \$1,115.40 |
| 143 | Blue Shield NetValue Advantage | \$429.00 | \$858.00 | \$1,115.40 |
| 308 | Kaiser | \$464.09 | \$928.18 | \$1,206.63 |
| 323 | PERS Choice | \$482.29 | \$964.57 | \$1,253.95 |
| 082 | PERS Select* | \$450.24 | \$900.48 | \$1,170.62 |
| 328 | PERSCare | \$823.03 | \$1,646.06 | \$2,139.87 |
| 207 | PORAC | \$493.68 | \$924.12 | \$1,174.02 |

* Blue Shield NetValue and PERS Select are high performance physician network plans

OTHER NORTHERN CALIFORNIA REGION

Alpine, Butte, Calaveras, Colusa, Del Norte, Glenn, Humboldt, Lake, Lassen, Mariposa,
Mendocino, Merced, Modoc, Mono, Monterey, Plumas, San Benito, Shasta, Sierra,
Siskiyou, Stanislaus, Tehama, Trinity, Tuolumne

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| PLAN CODE | PLAN NAME | 1 Party | 2 Party | 3 Party |
|-----------|-----------------|----------|------------|------------|
| 303 | Blue Shield HMO | \$597.74 | \$1,195.48 | \$1,554.12 |
| 307 | Kaiser | \$550.28 | \$1,100.56 | \$1,430.72 |
| 322 | PERS Choice | \$502.26 | \$1,004.52 | \$1,305.88 |
| 053 | PERS Select* | \$468.88 | \$937.77 | \$1,219.09 |
| 327 | PERSCare | \$857.12 | \$1,714.23 | \$2,228.51 |
| 207 | PORAC | \$493.68 | \$924.12 | \$1,174.02 |

* PERS Select is a high performance physician network plan

**OUT OF STATE REGION
"COBRA"
GROUP CONTINUATION COVERAGE
RATES FOR JANUARY 1, 2010 TO DECEMBER 31, 2010**

Rates are calculated at 102%; however not all carriers will require 102%

| -- BASIC -- | | | | |
|-------------|---|------------|------------|------------|
| PLAN CODE | PLAN NAME | 1 Party | 2 Party | 3 Party |
| ** | Kaiser Out-of-State | \$739.18 | \$1,478.37 | \$1,921.87 |
| 324 | PERS Choice | \$591.17 | \$1,182.34 | \$1,537.05 |
| 329 | PERSCare | \$1,008.85 | \$2,017.70 | \$2,623.01 |
| 207 | PORAC | \$493.68 | \$924.12 | \$1,174.02 |
| ** | These premiums cover all Kaiser out-of-state areas. | | | |